

FEDERATION INTERNATIONALE DE GYMNASTIQUE



# Parkour World Cup Chengdu (CHN)

6 and 7 April 2019



## WORK PLAN

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## FOREWORD

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The Workplan for the FIG Parkour World Cup competition in Chengdu (CHN) to be held on 6 and 7 April 2018 (competition days) has been developed between the FIG Headquarters and the LOC, in accordance with the following FIG regulations and rules (as valid in 2019 and as far as Parkour is concerned):

- Statutes
- Code of Ethics
- Technical Regulations
- Code of Discipline
- Judge’s Rules (General and Specific)
- PK Code of Points
- Advertising and Publicity Rules
- Rules for Accreditation
- Medical Organisation of the Official FIG Competitions
- Doping Control Rules
- Media Guideline
- License Rules
- and subsequent decisions of the FIG Executive Committee and Technical Committee.

All participating Federations and athletes commit to respect the Statutes and all FIG Regulations, especially with regards to the license, the age and the nationality of the gymnasts, as well as the respective Regulations concerning “Insurance” art. 11.10 of the Technical Regulations.

### 1. FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)

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Website: <http://www.gymnastics.sport>

#### FIG Officials

President	Morinari Watanabe
Secretary General	Nicolas Buompane
President of the FIG Parkour Commission	Charles Perrière
Member of the FIG Parkour Commission	Hariya Kazuyoshi

#### PK Athletes’ Representative

Athletes’ Representative and member of the PK Commission	Micaela Bueno-Pugh
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#### FIG Staff

PK Sports Events Manager	Jakub Koslacz
Sports Events Manager	Claudia Schönsleben

## 2. HOST FEDERATION AND LOCAL ORGANISING COMMITTEE (LOC)

### Host Federation and Local Organising Committee:

CHINESE GYMNASTICS ASSOCIATION

5, Tyuguan Road

100763 Beijing

China

+86.13910171092

Email: [chngym@263.net](mailto:chngym@263.net)

Contact Person: Mr. Zhang Hongliang

### LOC Officials and Staff

Director	Mr. Miao Zhongyi
Event Director	Mr. Guo Zhenming
Competition Manager	Mr. Jia Wuhua
International Liason	Mr. Zhang Hongliang
Venue Manager	Mr. Li Jun
Accommodation and meals	Mr. Pei Wenxin
Local transportation	Mr. Wang Mingyang

## 3. PROVISIONAL PROGRAMME

<b>ARRIVAL</b> <span style="float: right;">date 04/04/2019</span>						
Start Time	Finish Time	Duration	Total	Event	Place	
17.00 h	19.00 h	02:00:00	02:00:00	COORDINATION MEETING FIG-LOC	HOTEL	
20.00 h	21.00 h	01:00:00	03:00:00	ORIENTATION MEETING	HOTEL	
<b>TRAINING</b> <span style="float: right;">date 05/04/2019</span>						
Start Time	Finish Time	Duration	Total	Event	Place	
10.00 h	12.00 h	02:00:00	02:00:00	MORNING INDIVIDUAL TRAINING SESSION	FIELD OF PLAY	
10.00 h	14.00 h	04:00:00	00:00:00	WORKSHOP	FIELD OF PLAY	
12.00 h	14.00 h	02:00:00	04:00:00	JUDGES INSTRUCTION	HOTEL	
14.00 h	16.00 h	02:00:00	06:00:00	AFTERNOON INDIVIDUAL TRAINING SESSION	FIELD OF PLAY	
14.00 h	18.00 h	04:00:00		WORKSHOP	FIELD OF PLAY	
17.00 h	19.00 h	02:00:00	08:00:00	ATHLETES MEETING	HOTEL	
<b>FIRST DAY OF COMPETITION</b> <span style="float: right;">date 06/04/2019</span>						
Start Time	Finish Time	Duration	Total	Event	Place	
09.00 h	09.30 h	00:30:00	00:30:00	WARM-UP SPEED RUN MEN	FIELD OF PLAY	
09.45 h	10.30 h	00:45:00	01:15:00	QUALIFICATION SPEED RUN MEN	FIELD OF PLAY	
10.35 h	11.05 h	00:30:00	01:45:00	WARM-UP FREESTYLE WOMAN	FIELD OF PLAY	
11.15 h	11.40 h	00:25:00	02:10:00	QUALIFICATION FREESTYLE WOMAN	FIELD OF PLAY	
10.00 h	14.00 h	04:00:00	00:00:00	WORKSHOP	FIELD OF PLAY	
<b>BREAK</b>						
13.00 h	13:30h	00 :30 :00		Opening Ceremony	FIELD OF PLAY	
13.30 h	14.00 h	00:30:00	02:40:00	WARM-UP SPEED RUN MEN	FIELD OF PLAY	
14.05 h	14.15 h	00:10:00	02:50:00	PRESENTATION FINAL SPEED RUN MEN	FIELD OF PLAY	
14.15 h	14.45 h	00:30:00	03:20:00	FINAL SPEED RUN MEN	FIELD OF PLAY	
14.50 h	15.20 h	00:30:00	03:50:00	WARM-UP FREESTYLE WOMAN	FIELD OF PLAY	
15.20 h	15.30 h	00:10:00	04:00:00	PRESENTATION FINAL FREESTYLE WOMAN	FIELD OF PLAY	
15.30 h	16.00 h	00:30:00	04:30:00	FINAL FREESTYLE WOMAN	FIELD OF PLAY	
16.05 h	16.30 h	00:25:00	04:55:00	PODIUM CEREMONY	FIELD OF PLAY	
14.00 h	18.00 h	04:00:00	00:00:00	WORKSHOP	FIELD OF PLAY	

**SECOND DAY OF COMPETITION****date 07/04/2019**

Start Time	Finish Time	Duration	Total	Event	Place
09.00 h	09.30 h	00:30:00	00:30:00	WARM-UP FREESTYLE MEN	FIELD OF PLAY
09.45 h	10.45 h	01:00:00	01:30:00	QUALIFICATION FREESTYLE MEN	FIELD OF PLAY
10.50 h	11.20 h	00:30:00	02:00:00	WARM-UP SPEED RUN WOMAN	FIELD OF PLAY
11.25 h	11.55 h	00:30:00	02:30:00	QUALIFICATION SPEED RUN WOMAN	FIELD OF PLAY
10.00 h	14.00 h	04:00:00	00:00:00	WORKSHOP	FIELD OF PLAY
<b>BREAK</b>					
13.30 h	14.00 h	00:30:00	03:00:00	WARM-UP FREESTYLE MEN	FIELD OF PLAY
14.05 h	14.15 h	00:10:00	03:10:00	PRESENTATION FINAL FREESTYLE MEN	FIELD OF PLAY
14.15 h	14.45 h	00:30:00	03:40:00	FINAL FREESTYLE MEN	FIELD OF PLAY
14.50 h	15.20 h	00:30:00	04:10:00	WARM-UP SPEED RUN WOMAN	FIELD OF PLAY
15.25 h	15.35 h	00:10:00	04:20:00	PRESENTATION FINAL SPEED RUN WOMAN	FIELD OF PLAY
15.35 h	16.05 h	00:30:00	04:50:00	FINAL SPEED RUN WOMAN	FIELD OF PLAY
16.05 h	16.35 h	00:30:00	05:20:00	PODIUM CEREMONY	FIELD OF PLAY
14.00 h	18.00 h	04:00:00	00:00:00	WORKSHOP	FIELD OF PLAY
18.30h	20.30h	02:00:00		CLOSING BANQUET	Hotel

**4. SITE, PODIUM AND OBSTACLES**

The podium has a dimension of 45 x 10 m.

The obstacles are provided by Taishan.

For the plan of the site see Appendix 1

A warm-up / stretching area is located next to the podium.

**5. TRANSPORTATION and VISAS**

Please refer to the directives for details on International Transportations and Visas.

**Arrivals**

The LOC personnel will be present at Chengdu airport with greeting signs to welcome the delegations / athletes, provided the arrival time has been communicated. The picture of the greeting sign is as below:



Transportation is provided from the airport to the hotels for the invited athletes and those delegations (athletes) having booked their accommodation via the LOC.

Transportation between the hotel and the competition site will be provided by the LOC. The schedule for shuttle buses may be distributed at accreditation.

**Departures**

Transportation will be coordinated by the LOC from the official hotels to the airport based on the travel forms from the delegation / information of the athletes. The departure dates and time must be confirmed during the Orientation meeting.

## 6. ACCREDITATIONS

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Access to the site is ruled by accreditation. Accreditations are handed out in the lobby of the official hotel upon arrival.

## 7. MEETINGS AND OTHER EVENTS

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### Orientation Meeting

The Orientation Meeting held in English will take place **4 April 2019 at 20:00 at the Hotel**.

Important and detailed information concerning the organisation of the World Cup competition will be provided by the LOC and the FIG.

**Participation is compulsory** all athletes or heads of delegation (for the athletes being part of the delegation) and judges.

### Judges' Instructions, Briefings and Draw

All the judges are required to take part in this instruction and in all subsequent briefings. Judges who do not participate will not be authorised to judge.

### Athletes' meeting

The athletes' meeting will take place **5 April at 17:00 at the Hotel**. Athletes are invited to attend and to discuss with their representative.

	Time and date	Place
Orientation meeting	20:00 on April 4	Minjiang Hall on the 4 <sup>th</sup> floor
Judges' meeting	12:00-14:00 on April 5	Tuojiang Hall on the 4th floor
Athletes' meeting	17:00-19:00 on April 5	Tuojiang Hall on the 4th floor

### Workshops

All days workshops are organised for local young Parkour athletes who wish to receive initiation into the sport. The workshops are under the leadership of the LOC. Athletes are welcome to attend during their free time and encourage the future Parkour Champions.

## 8. INSURANCE

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Refer to the Technical Regulations and the Directives.

## 9. ACCOMMODATIONS

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All delegations, athletes, and officials are accommodated in the

Phoenix Lake Tianquan Hotel  
No. 88, Shijianian Middle Road, Qingbaijiang District, Chengdu  
Phone number: +86 13618077190  
Website: [www.fenghuanghutianquanhotel.com](http://www.fenghuanghutianquanhotel.com)

Distance to the competition site: 2 km and 8 minutes' drive

## 10. MEALS

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Please refer to the directives for details on orders, payment, etc.

The athletes invited by the FIG will be offered full board. Meals will be served as follows in the hotel:

	Time	Place
Breakfast	07:00-10:00	2 <sup>nd</sup> floor with room key
Lunch	11:30-13:30	4th floor with accreditation
Dinner	18:00-20:00	4th floor with accreditation

### Closing evening

The closing banquet will be held at 18:30 on April 7, 2019 in Qingbaijiang Hall of the Phoenix Lake Tianquan Hotel on the 4th floor.

## 11. TRAINING

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Please refer to the official detailed training schedules (see point 3).

## 12. COMPETITION

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Competitions will be conducted in accordance with the 2019 FIG Technical Regulations including Section 7 for PK, the current PK COP and other technical directives of the FIG.

Speed Running Qualifications are run one after the other, finals by pairs, but without knock out system, only the time counts.

### Athletes' drawing of lots

The drawing of lots will take place during the Orientation meeting, **5 April at 20:00 hours** at the hotel.

### Timing and Scoring

The scoring system is provided by SEIKO Time System.

Details for scoring freestyle see Appendix 2 and 3.

Details for timing see Appendix 4

## 13. ANNOUNCEMENTS DURING COMPETITIONS

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During the competitions, the announcements will be made in Chinese and in English.

## 14. SCORING

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The scoring system is provided by the Runnar company.

Details see Appendix 6 A and 6B.

## 15. AWARD CEREMONIES

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The awards ceremonies will be held immediately after each final. The athletes are requested to attend.

## **16. MEDICAL SERVICES**

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The medical service is provided by the Local Organizing Committee according to the FIG Rules "MEDICAL ORGANISATION OF THE FIG COMPETITIONS".

## **17. ANTI DOPING CONTROL AND THERAPEUTIC USE EXPEMPTIONS**

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Anti-doping control will be organized according to the valid WADA Code, Standards and FIG Anti-Doping Rules.

The anti-doping controls may take place at any time.

As per the applicable FIG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at FIG Events, any athlete in need of a TUE is responsible, together with his/her Federation, to submit his/her request to the FIG no later than 30 days before the start of this competition. No TUE request will be accepted nor approved on spot, except for duly justified emergency cases

## **18. PRIZE MONEY**

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The Prize Money will be transferred by account by the FIG at the end of the World Cup competition

The following Prize Money in CHF will be allocated for each category (speed running and freestyle, men and women:

Ranking	Total of CHF 15 000
1	CHF 7000
2	CHF 5000
3	CHF 3000

Should less than 4 federations participate in the World Cup competition (Speed Running and/or Freestyle), no prize money will be paid.

## **19. MEDIA AND TV**

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### **Television**

CCTV will guarantee television production of the competition. Competitors are requested to strictly follow the instructions of the Local Organising Committee.

### **Cameras and video recording**

All runs will be recorded in high definition by digital video cameras.

In order to protect television rights, personal video or TV cameras and recording is prohibited. The only exceptions are the host broadcaster, and the 2 video cameras for judging purpose.

Photos may be taken.



## 20. ANY OTHER USEFUL INFORMATION

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### Plugs / sockets used in China



### Currency

The CHN currency is the Yuan.

### Weather in Chengdu in April

Min 9° - Max 20°

Rain: cloudy and possibly rain

**GMT – 8 hours**

There will be a national Cheerleading competition inside the Competition hall on April 6-7, 2019.

### Appendices

Appendix 1: Site and course

Appendix 2: Judges Form

Appendix 3: Calculation of final score

Appendix 4: Freestyle calculation of final score