

UNION EUROPÉENNE DE GYMNASTIQUE  
EUROPÄISCHE TURNUNION  
EUROPEAN UNION OF GYMNASTICS



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## ***Invitation***

# ***COACHES' COURSE Aerobic Gymnastics***



***Latina (ITA)***  
***July 12<sup>th</sup> to 18<sup>th</sup>, 2020***

**EUROVISION**  
OPERATED BY EBU

**SMARTSCORING**



**To the UEG  
Member Federations**

**INVITATION TO THE AEROBIC GYMNASTICS COACHES' COURSE  
July 12<sup>th</sup> to 18<sup>th</sup>, 2020 in Latina (ITA)**

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Dear Sirs,

The Technical Committee UEG for aerobic gymnastics in cooperation with the Italian Gymnastics Federation invites interested coaches from the UEG member federations to participate in this course.

For further details about this event, please contact directly the Organiser.

**PARTICIPANTS**

The camp is limited to 5 coaches per federation.

**VENUE**

The camp will be held from July 12<sup>th</sup> to 18<sup>th</sup>, 2020 in Latina, ITA at:

**Accademia Nazionale Ginnastica Aerobica FGI  
Palestra "Il Chiodo"  
Via dei Liguri 2  
04100 Latina**

**HOTEL**

**PARK HOTEL \*\*\*\***

Via dei Monti Lepini, 25,  
04100 Latina

**ARRIVAL – DEPARTURE**

Arrival on Sunday July 12<sup>th</sup>, 2020 in the morning.

Departure on Saturday, July 18<sup>th</sup>, 2020

If needed, transfer from the airport in **Roma FCO** can be arranged for 15 Euro/person for one way (only for groups of at least 5 persons; for smaller delegations kindly contact the OC).

Transfer from the railway in Latina can be arranged for 5 Euro/person for one-way (kindly contact the OC).

**Please send your travel details by 6<sup>th</sup> June 2020 to the Accademia Nazionale.**



## LANGUAGE

The course will be held in English.

The coaches' course/workshops will include all aspects of aerobic including:

- Progression and development of pair and group elements
- Training and conditioning
- Code of points
- Table of difficulty
- Constructing a routine
- Development plans
- Specific requests indicated on the inscription form
- Everything you ever wished to know about this exciting gymnastics discipline

Leisure activities will be proposed.

**All the participants should be familiar with the FIG AER Code of Points. They must have their personal copy of FIG AER CoP 2017 – 2020**

## **Theory and Practical Training Sessions with the UEG TC Members and expert coaches:**

Maria Cristina Casentini (ITA)

Vladislav Oskner (RUS)

Monika Wiethoff (GER)

Lefky Ferentinou (GRE)

## REGISTRATIONS

The registrations have to be sent within the fixed deadlines to the following address:

**UEG Office, [info@ueg.org](mailto:info@ueg.org)**

**Definitive entry:** May 6<sup>th</sup>, 2020

**Nominative entry:** June 6<sup>th</sup>, 2020

## ACCOMMODATION

Please contact directly the organising committee for the reservations.

**Accademia Nazionale Ginnastica Aerobica FGI**

**Il Chiodo Fitness Center**

**Via dei Liguri 2**

**04100 Latina**

**Tel. 0773610498**

**Gigliola Carosi - 0039 339 7367053 / Cristina Casentini - 0039 335 5865509**

**[info@ilchiodofitnesscenter.com](mailto:info@ilchiodofitnesscenter.com)**

## PARTICIPATION FEE

**EURO 550.-** Accommodation and full board are included.

**50% of the registration** must be paid by the date of definitive entry **May 6<sup>th</sup>, 2020**.

**The remaining 50% of the registration** must be paid by **June 6<sup>th</sup>, 2020**





**By submitting the provisional and/or definitive and/or nominative registrations for this Event, you agree to the processing of personal data contained in the forms of inscription purposes related to this UEG event and the publication of photos and/or moving images**

#### **DEFINITIVE AND NOMINATIVE APPLICATIONS**

By submitting a provisional and/or definitive and/or nominative application, you accept that data you input will be transmitted to and saved by the UEG. Submitted information for the application to an official UEG event will be transmitted through the UEG office to the official LOC. NF has access to its data at all times in order to amend it.

#### **DUTY OF THE LOC**

The LOC undertake not to disseminate to its own clients the data submitted by the UEG and NFs, to use the information exclusively for the event, to respect the retention/erasure period provided and to take any useful measure to safeguard the information in its possession.

#### **DATA PROCESSING**

Data submitted to UEG and transferred to the LOC may be used for the following purposes:

- Preparation of the organisation of this event
- List of athletes and coaches designated by name
- List of delegations and accompanying persons designated by name

#### **DUTY OF UEG**

UEG shall supply the most recent data to their LOC on time and on a regular basis.

#### **DUTY OF THE LOC**

The LOC undertake not to disseminate to its own clients the data submitted by UEG and NFs, to use the information exclusively for the event, to respect the retention/erasure period provided and to take any useful measure to safeguard the information in its possession.

#### **RETENTION OF INFORMATION IN ORDER TO PREPARE THE EVENT**

The LOC is entitled to retain for a 6-month period the information related to the entries and the organisation of the event.

After this deadline, all information received shall be erased except for the accounting data such as invoicing. The legal deadline of the host country shall apply.

#### **PUBLICATION OF PHOTOS AND/OR MOVING IMAGES**

By submitting a provisional and/or definitive and/or nominative application through the NF, all participants agree to be filmed, televised, photographed, identified and otherwise recorded during the event under the conditions and for the purposes now or hereafter authorized by the UEG in relation with the promotion of the event. The NF and the participants agree that all photos and moving images taken at the event shall be used solely for personal and non-commercial purposes unless prior written consent is obtained from the UEG.

#### **CONTACT**

UNION EUROPEENNE DE GYMNASTIQUE (UEG),  
Avenue de la Gare 12, 1003 Lausanne, Switzerland  
Tel : +41 - 21 - 613.10.20, E-Mail: info@ueg.org



**Definitive Registration**  
**AEROBICS COACHES COURSE**  
**LATINA - ITA**

The Federation of .....

is interested in the participation in the aerobic coaches' course in Latina

yes ..... no .....

Number of participants:

Coaches ..... (max 5)

The inscription of additional coaches has to be approved by the TC but is only possible if the course is not yet booked out.

**We confirm having taken note of the agreement regarding data protection  
(page 5 of this invitation)**

Date: ..... Signature: .....

To return to  
UEG Secretariat – [info@ueg.org](mailto:info@ueg.org)

**Deadline: 06.05.2020**



**Nominative Registration**  
**AEROBICS COACHES COURSE**  
**LATINA - ITA**

The Federation of .....

enters the following participants

**Coach:** Name, First name and Size T-Shirt

1. ....
2. ....
3. ....
4. ....
5. ....

**We confirm having taken note of the agreement regarding data protection  
(page 5 of this invitation)**

Date: ..... Signature: .....

To return to  
UEG Secretariat – [info@ueg.org](mailto:info@ueg.org)

**Deadline: 06.06.2020**

# Information about travelling

Name of the team/NF: .....

Coach: ..... Mobile number: .....

Email: .....

## ARRIVAL

Date: .....

Time: .....

Bus ... Train ... Car ...

Flight ... Flight number and airport .....

We need transportation for persons n° .....

We need transportation from the railway station .....

We need transportation from the Bus station .....

## DEPARTURE

Date: .....

Time: .....

Bus ... Train ... Car ...

Flight ... Flight number and airport .....

We need transportation for persons n° .....

We need transportation from the railway station .....

We need transportation from the Bus station .....

This information is to be sent to the LOC: [info@ilchiodofitnesscenter.com](mailto:info@ilchiodofitnesscenter.com)

**Please send a copy to Cristina Casentini, President UEG AER-TC:  
cristina.casentini@federginnastica.it**

**Deadline: 06.06.2020**