



**48th International Trampoline
Competition of Friendship 2020**
(Youth Olympic Hopefuls' Competition)
Jablonec nad Nisou (CZE), 9-10 October 2020



DIRECTIVES

Dear sport friends,

The Gymnastics Federation of the Czech Republic has the pleasure to invite your Federation to participate in the aforementioned traditional International Event.

DISPLINE	Trampoline Gymnastics, Individual and Synchro Competition
HOST FEDERATION	Czech Gymnastics Federation Zátokova 100/2, P.O.Box 40, 160 17 Praha 6, Czech Republic Contact person : Vladimír Zeman Phone / Fax : (+ 420) 242 429 260 E-mail : trampoliny@gymfed.cz , cqf@gymfed.cz Website : http://gymfed.cz
LOCATION	Jablonec nad Nisou, Czech Republic
DATES	9th-10th October 2020
VENUE	City Sports Hall Jablonec nad Nisou U Prehrady 4747/20 , 466 02 Jablonec nad Nisou, Czech Republic Tel./fax: +420 483 368 740 e-mail: hala.recepce@sportjablonec.cz web-site: www.sportjablonec.cz
APPARATUS SUPPLIER	EUROTRAMP Ultimate Trampolines with 4x4 mm beds (Art.No. 03150) EUROTRAMP HDTMD (Art.No. HDT501)
RULES AND REGULATIONS	The event will be organized under the FIG Code of Points 2017-2020 and related FIG rules and Newsletters, as valid in the year of the event, except for any deviation mentioned in these directives.
FEDERATIONS INVITED	Gymnasts from the FIG affiliated federations and/or their clubs in good standing may participate. The clubs have to respect their national eligibility rules for participation in the international events.
AGE LIMITS	<ul style="list-style-type: none">- Senior men & women 17 years and older (born 2003 and before)- Junior boys & girls 15-16 years (born 2004-2005)- Junior boys & girls 13-14 years (born 2006-2007)- Youth boys & girls 11-12 years (born 2008-2009) <p>In synchronised competition, the age of the older gymnast determines the age category in which the pair must enter.</p> <p>Valid FIG licence is recommended for the gymnasts.</p> <p>Delegations have to prove the age of the gymnasts (FIG licence, national licence, passport, personal ID, insurance, etc.), if requested by LOC.</p>
CAPACITY LIMITS	200 gymnasts & synchro pairs approximately divided into 2 competition days. In the case of higher interest of individual gymnasts, some or all synchro categories may be cancelled to give the chance to compete to more gymnasts.
JUDGES AND JURIES	Judges with a current valid FIG brevet are welcomed. For discount for FIG breveted judges see the ACCOMMODATION AND MEALS section.

	<p>National judges are preferred with highest national category. The LOC may require the proof of the national judging brevet or ask respective NF for confirmation the national category.</p> <p>All participating delegations have to provide 1 judge for 1-10 gymnasts, 2 judges for 11-20 gymnasts, etc.</p> <p>Higher entry fee (EUR 45,- per gymnast / pair) will be applied for federations / clubs with more than two (2) gymnasts for the number of gymnasts with missing judge. Examples :</p> <table border="1" data-bbox="475 371 1453 613"> <thead> <tr> <th>Gymnasts</th> <th>Pairs</th> <th>judges</th> <th>Ind.fee</th> <th>Syn.fee</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>1</td> <td>0</td> <td>2x 30 EUR</td> <td>1x 30 EUR</td> </tr> <tr> <td>8</td> <td>4</td> <td>0</td> <td>8x 45 EUR</td> <td>4x 45 EUR</td> </tr> <tr> <td>8</td> <td>4</td> <td>1</td> <td>8x 30 EUR</td> <td>4x 30 EUR</td> </tr> <tr> <td>18</td> <td>9</td> <td>1</td> <td>10x 30 EUR 8x 45 EUR</td> <td>5x 30 EUR 4x 45 EUR</td> </tr> <tr> <td>18</td> <td>9</td> <td>2</td> <td>18x 30 EUR</td> <td>9x 30 EUR</td> </tr> </tbody> </table>	Gymnasts	Pairs	judges	Ind.fee	Syn.fee	2	1	0	2x 30 EUR	1x 30 EUR	8	4	0	8x 45 EUR	4x 45 EUR	8	4	1	8x 30 EUR	4x 30 EUR	18	9	1	10x 30 EUR 8x 45 EUR	5x 30 EUR 4x 45 EUR	18	9	2	18x 30 EUR	9x 30 EUR
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<p>ENTRY FEES</p>	<p>Entry fee EUR 30,- per gymnast, EUR 30,- per synchronised pair, EUR 45,- per gymnast / pair from federations / clubs with more than two (2) gymnasts for the number of gymnasts with missing judge.</p> <p>Entry fees are non-refundable.</p> <p>If the event is cancelled due the extraordinary or protective measures by the Czech authorities or by the organiser, entry fees paid will be reimbursed to the respective federations and clubs.</p>																														
<p>COVID-19</p>	<p>LOC is cooperating and consulting with the Czech regional health authority of the Liberec region.</p> <p>All participants have to follow the Anti-Covid measurements. The Heads of the Delegations and the coaches are responsible for their delegations' members.</p> <p>Current & Extraordinary and protective measurements by Czech Ministry of Health and regional health authorities can be found on :</p> <ul style="list-style-type: none"> - https://koronavirus.mzcr.cz/en. <p>The rules for entering the territory of the Czech republic a list of countries with low risk of Covid-19 can be found on :</p> <ul style="list-style-type: none"> - www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx. <p>Hand disinfection will be available at all entrances in the sports hall and hotels. Please bring enough personal respiratory protective equipment (face masks, etc.) and personal hand sanitizers.</p> <p>To protect yourself, bring please also your personal magnesium.</p> <p>For more information, see also the ANTI-COVID MEASUREMENTS section.</p>																														
<p>ACCREDITATION</p>	<p>Accreditation will be held at the competition venue.</p> <p>Sworn statement(s) of absence of to Covid-19 contacts and symptoms for all delegations' members has to be handed in at the accreditation (either Individual Sworn statements or Collective Sworn statement).</p> <p>During accreditation the following will be checked as well :</p> <ul style="list-style-type: none"> - delegation members participation, passports or any similar kind of ID may be requested - proof of the cover note or photocopy of the valid insurance policy - payments (entry fees, accommodation, Prague transfers, T-shirts) 																														

	<ul style="list-style-type: none"> - age of the gymnasts, FIG licence, national licence, passport, personal ID, etc. may be requested - qualification of the judges, FIG or national brevet may be required. <p>If possible, hand in also the Competition Cards during the accreditation.</p>
SWORN STATEMENT	<p>Individual Sworn statement of absence of to Covid-19 contacts and symptoms has to be signed by the participant or by his legal representative (for minors).</p> <p>Collective Sworn statement of absence of Covid-19 contacts and symptoms with the list of participants can be signed by representative of sending off federation / club, head of delegation or coach provided the statement information required is sufficiently known or proven to the signing person.</p>
IDENTITY PHOTO	<p>Send please identity colour photos of your delegation members with the Nominative entry (deadline 25.09.2020) - JPG format, size 45mm x 35 mm, resolution 800x600 pix.</p>
EVENT FORMAT	<p>Valid FIG Trampoline Code of Points including Time of Flight & Horizontal Displacement, FIG tie-break rules for Qualifying Round and FIG requirements for first routine(s) will be applied.</p> <p>Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category). In addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final.</p> <p>Finals will start from zero, FIG tie-break rules will be applied.</p> <p>First routines :</p> <ul style="list-style-type: none"> - <u>Seniors</u> : requirements for first routine for FIG events (FIG A) - <u>Juniors</u> : requirements for first routine for FIG events (FIG B) - <u>Youth</u> : requirements for first routine for WAGC (FIG 11-12), no first routine in synchro. <p>Difficulty limit per element in junior and 11-12 youth category as per valid FIG Code of Points and FIG WAGC Rules.</p> <p>If 3 participants / pairs or less in a category, the competition format of the category can be changed or the category can cancelled or joined to another category.</p> <p>Every standard starting group will have approximately 20 minutes warm-up on the competition apparatus prior the Qualifying Round.</p> <p>Depending on hardware and software components, the judging of execution per element could be applied as per § 18.2.5 of FIG Code of Points.</p>
PROVISIONAL SCHEDULE	<p>Thursday 08.10.2020 Arrivals to Jablonec or Prague Scheduled training (14.00 - 20.00)</p> <p>Friday 09.10.2020 Competition Day 1 Scheduled training</p> <p>Saturday 10.10.2020 Competition Day 2</p> <p>Sunday 11.10.2020 Departures from Jablonec/Prague</p> <p>Definitive time schedule will be handed out upon arrival.</p>
MEDICAL SERVICES	<p>Medical services will be provided by the LOC during trainings and competitions.</p>
VISA	<p>Please verify immediately with your travel agent or the Czech Embassy or Consulate in your country if a visa is required for your travel to Czech Republic. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made as soon as possible to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and</p>

	departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.									
SUPPORTING LETTER FOR THIRD COUNTRIES	<p>Supporting letter of Czech National Sport Agency might be necessary for the participants from non-European Union countries. The LOC will be happy to assist each Delegation member with organising official supporting letter, provided that the request is made before as soon as possible to the LOC.</p> <p>The request must include full name, gender, date of birth, citizenship and passport number, email contact, phone contact and the arrival and departure dates of the Delegation Member.</p>									
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations and clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p>									
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations and clubs must pay for the travel costs of their delegation members.</p> <p>The Travel Form must be returned to the LOC by 25.9.2020.</p> <p>Don't buy the travel tickets before the event is confirmed only after the Definitive entries !</p>									
PRAGUE TRANSFERS	<p>The city of Jablonec nad Nisou is situated 120 km of Czech capital Prague. The LOC will provide the transportation from Prague Airport / train station / bus station to Jablonec nad Nisou and back to Prague Airport / train station / bus station for all those who have ordered this in the Definitive entry. Cost per person (return) is 35 EUR.</p>									
LOCAL SHUTTLE SERVICE	<p>The shuttle bus service between the official hotels and Sports Hall will operate from Thursday October 8th, 2020 to Saturday October 11th, 2020.</p> <p>Delegations having own transport are asked to use it also for local transport where possible.</p>									
ACCOMMODATION AND MEALS	<p>The invited participating federations and clubs must pay for the accommodation and meals expenses of their delegation members.</p> <p>Option A:</p> <p>Hotel Břízky***+, Průběžná 22, 466 04 Jablonec nad Nisou, Czech Republic, tel.: +420 483 737 240, fax: +420 483 317 256, e-mail: hotel@brizky.cz, web site: www.brizky.cz, free parking, 1 km walking to the sports hall.</p> <p>Full package = 3 nights with breakfast, dinner on Thursday, lunch and dinner on Friday, lunch and dinner on Saturday, hotel - venue transfers, free hotel fitness. Prices for <u>whole stay</u> (=3 nights) <u>per person</u> :</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding-left: 20px;">in single room</td> <td style="text-align: right;">.....</td> <td style="text-align: right;">280,- EUR</td> </tr> <tr> <td style="padding-left: 20px;">in double room</td> <td style="text-align: right;">.....</td> <td style="text-align: right;">225,- EUR</td> </tr> <tr> <td style="padding-left: 20px;"><i>(in triple room - limited capacity</i></td> <td style="text-align: right;"><i>.....</i></td> <td style="text-align: right;"><i>215,- EUR</i></td> </tr> </table> <p>For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz / cgf@gymfed.cz if necessary.</p> <p>Cancellation policy :</p> <ul style="list-style-type: none"> - cancellation of the team after September 30th : cancelation fee of EUR 10 per person will be applied - cancellation after October 6th or no show of the team : cancelation fee of EUR 60 per person in single room and EUR 40 per person in 	in single room	280,- EUR	in double room	225,- EUR	<i>(in triple room - limited capacity</i>	<i>.....</i>	<i>215,- EUR</i>
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	<p>double / triple room will be applied. Small changes may be accepted without cancelation fee.</p> <p>If the event is cancelled due the extraordinary or protective measures by the Czech authorities or by the organiser, full fees paid will be reimbursed to the respective federations and clubs.</p> <p>Option B:</p> <p>Hotel Merkur***, Anenské náměstí 8, 466 04 Jablonec nad Nisou, Czech Republic, tel.: +420 483 312 741, fax: +420 483 311 971, e-mail: recepce@hotelmerkur.cz, web site: www.hotelmerkur.cz, in the city center, 2 km walking to the sports hall.</p> <p>Hotel Rehavital***, Jugoslávská 30/11, 466 01 Jablonec nad Nisou, Czech Republic, Tel.: +420 483 317 591, fax: +420 483 317 592, e-mail: info@rehavital.cz, web site: www.rehavital.cz, in the city center, 1,5 km walking to the sports hall.</p> <p>Full package = 3 nights with breakfast, dinner on Thursday, lunch and dinner on Friday, lunch and dinner on Saturday, hotel - venue transfers. Prices for <u>whole stay</u> (=3 nights) <u>per person</u> :</p> <table data-bbox="544 689 1463 792"> <tr> <td>in single room</td> <td>.....</td> <td>220,- EUR</td> </tr> <tr> <td>in double room</td> <td>.....</td> <td>185,- EUR</td> </tr> <tr> <td><i>(in triple room - limited capacity</i></td> <td>.....</td> <td>175,- EUR)</td> </tr> </table> <p>For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz / cqf@gymfed.cz if necessary.</p> <p>Cancellation policy :</p> <ul style="list-style-type: none"> - cancellation after September 30th : cancelation fee of EUR 10 per person will be applied - cancellation after October 6th or no show : cancelation fee of EUR 35 per person in single room and EUR 25 per person in double / triple room per person will be applied <p>If the event is cancelled due the extraordinary or protective measures by the Czech authorities or by the organiser, full fees paid will be reimbursed to the respective federations and clubs.</p> <p>The official accommodation capacity is limited and will be handled on the “first come first serve” basis. In the case of exceeding the limit the appropriate alternative accommodation will be offered by the LOC by individual way.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>Discount for judges with valid FIG brevet:</p> <p>For judges with valid FIG brevet representing the delegations using the official full package accommodation - discount per judge and full package in option A: EUR 55 and in option B: EUR 45.</p>	in single room	220,- EUR	in double room	185,- EUR	<i>(in triple room - limited capacity</i>	175,- EUR)
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FINAL BANQUET	No banquet will be organised in 2020. Dinner will be served in the official hotels.									
PAYMENT	<p>The event will be confirmed only after the Definitive entries !</p> <p>Payment deadline for entry fees + stay costs + Prague-Jablonec return transfer costs is 25.09.2020.</p> <p>Payment has to be transferred to :</p> <p>Moneta Money Bank, Vítězné náměstí 2, Praha 6</p> <table data-bbox="501 1845 1401 1944"> <tr> <td>Account No.</td> <td>1724809504/0600</td> </tr> <tr> <td>IBAN</td> <td>CZ64 0600 0000 0017 2480 9504</td> </tr> <tr> <td>BIC / SWIFT</td> <td>AGBACZPP</td> </tr> </table> <p>for Czech Gymnastics Federation, Zátokova 100/2, P.O.Box 40, 160 17 Praha 6</p>	Account No.	1724809504/0600	IBAN	CZ64 0600 0000 0017 2480 9504	BIC / SWIFT	AGBACZPP			
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	<p>Please note that your federation / club is responsible for covering all bank fees in connection with bank transfers.</p> <p>On request, the LOC can accept the cash payment upon arrival.</p>																							
MEDIA AND SOCIAL MEDIA	<p>Czech TV will broadcast the competition highlights.</p> <p>Event on the Czech Gymnastics website : - https://www.gymfed.cz/kalendar/detail/1950.</p> <p>Event on Facebook : - https://www.facebook.com/events/886076401917635.</p>																							
FRIENDSHIP CUP 2020 T-SHIRTS	The LOC will hand out the Friendship Cup 2020 T-Shirts (á EUR 10,-) to all those who have sent their order with the Definitive Entry.																							
DEADLINES SUMMARY	<table border="1"> <tr> <td>Declaration of interest (traditional participants)</td> <td>15.08.2020</td> </tr> <tr> <td>Visa Request Form</td> <td>as soon as possible</td> </tr> <tr> <td>Supporting letter Request Form (Third countries)</td> <td>as soon as possible</td> </tr> <tr> <td>Definitive Registration (incl. accommodation, Prague transfers and T-shirts)</td> <td>11.09.2020</td> </tr> <tr> <td>Confirmation of the event to be decided by LOC</td> <td>after Def.entries</td> </tr> <tr> <td>Payment (entry fees, accommodation, Prague transfers, T-shirts)</td> <td>25.09.2020</td> </tr> <tr> <td>Nominative Registration + identity photos + Travel Form</td> <td>25.09.2020</td> </tr> </table>	Declaration of interest (traditional participants)	15.08.2020	Visa Request Form	as soon as possible	Supporting letter Request Form (Third countries)	as soon as possible	Definitive Registration (incl. accommodation, Prague transfers and T-shirts)	11.09.2020	Confirmation of the event to be decided by LOC	after Def.entries	Payment (entry fees, accommodation, Prague transfers, T-shirts)	25.09.2020	Nominative Registration + identity photos + Travel Form	25.09.2020									
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ANTI-COVID MEASUREMENTS	<p>A. Czech authorities measurements (situation as of 01 September 2020)</p> <ul style="list-style-type: none"> - The rules for entering the territory of the Czech Republic & list of countries with low risk of Covid-19 <ul style="list-style-type: none"> - www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx - https://koronavirus.mzcr.cz/en/list-of-countries-according-to-the-level-of-risk - Simplified scheme for entry into the Czech Republic <table border="1"> <thead> <tr> <th></th> <th>Risk level</th> <th>Entry as before Covid-19</th> <th>PCR test /* or quarantine</th> <th>Supporting letter /**</th> </tr> </thead> <tbody> <tr> <td rowspan="2">EU+ countries</td> <td>on low risk list</td> <td>YES</td> <td>NO</td> <td>NO</td> </tr> <tr> <td>NOT on the list</td> <td>NO</td> <td>YES</td> <td>NO</td> </tr> <tr> <td rowspan="2">Third countries</td> <td>on low risk list</td> <td>YES</td> <td>NO</td> <td>NO</td> </tr> <tr> <td>NOT on the list</td> <td>NO</td> <td>YES</td> <td>YES</td> </tr> </tbody> </table> <ul style="list-style-type: none"> /* ... PCR test after entering Czech Republic, at own expenses ** ... Supporting letter of Czech National Sport Agency - List of countries with low level of risk (situation as of 01.09.2020) <i>Andorra, Australia, Belgium, Bulgaria, Denmark, Estonia, Finland, France, Croatia, Ireland, Iceland, Italy, Japan, Canada, Korea, Cyprus, Liechtenstein, Lithuania, Latvia, Luxembourg, Hungary, Malta, Monaco, Germany, Netherlands, Norway, New Zealand, Poland, Portugal, Austria, Greece, San Marino, Slovak Republic, Slovenia, Thailand, Tunisia, Sweden, Switzerland, Vatican, United Kingdom</i> - Current & Extraordinary and protective measurements by ministry of health and regional health authorities <ul style="list-style-type: none"> - https://koronavirus.mzcr.cz/en - Compulsory wearing respiratory protective equipment (<i>respiratory equipment (nose, mouth), such as a respirator, face mask, mouthpiece, scarf, shawl or other device to prevent the spread of droplet</i>) <ol style="list-style-type: none"> a) in the internal spaces of buildings <ul style="list-style-type: none"> - public and administrative authorities 		Risk level	Entry as before Covid-19	PCR test /* or quarantine	Supporting letter /**	EU+ countries	on low risk list	YES	NO	NO	NOT on the list	NO	YES	NO	Third countries	on low risk list	YES	NO	NO	NOT on the list	NO	YES	YES
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- healthcare facilities
- social service
- polling stations on elections
- b) in means of public transport
- c) in Prague : in internal spaces of metro, railway stations and airports.
- Restrictions for large events including sport events
 - Maximum of 500 persons at indoor events, in each of the structurally separated sectors of the facility
 - Respiratory protective equipment with more than 100 people attending at any one time in each structurally separated indoor sectors of the facility; exception for
 - athletes or exercising persons during training sessions, exercising, games, competitions, etc.

B. LOC general measurements

- Cooperation and consultation with the Czech regional health authority of the Liberec region
- Sworn statement of absence of Covid-19 contacts and symptoms (individual / collective)
- No spectators
- Structurally separated sectors of the sports hall - competition sector & delegations sector (in spectators' area)
- Dedicated areas per teams / countries in the delegations sector
- Temperature measurement for the competition sector
- Distancing conditions and main routes in the competition sector
- Scheduled trainings per teams / countries where possible
- General warm-up replacement by longer warm-up prior each starting group in the qualification (approximately 20 min. for standard group)
- Own magnesium to be used by the gymnasts
- Four execution judges only
- Disinfection / cleaning
- No banquet
- No hostels for official accommodation offer
- Meals in hotels / lunch packages where possible
- Hand disinfection at entrances (sports hall, hotels)

The list includes the general measurements and may be updated.

Sincerely Yours,

Prague, 1 September 2020



Signature of the President
of the Czech Gymnastics Federation