



**48th International Trampoline
Competition of Friendship 2021**
(Youth Olympic Hopefuls' Competition)
Jablonec nad Nisou (CZE), 8th-9th October 2021



DIRECTIVES

Dear sport friends,

The Gymnastics Federation of the Czech Republic has the pleasure to invite your Federation to participate in the aforementioned traditional International Event.

DISPLINE	Trampoline Gymnastics, Individual and Synchro Competition
HOST FEDERATION	Czech Gymnastics Federation Zátokova 100/2, P.O.Box 40, 160 17 Praha 6, Czech Republic Contact person : Vladimír Zeman Phone / Fax : (+ 420) 242 429 260 E-mail : trampoliny@gymfed.cz , cqf@gymfed.cz Website : http://gymfed.cz
LOCATION	Jablonec nad Nisou, Czech Republic
DATES	8th-9th October 2021
VENUE	City Sports Hall Jablonec nad Nisou U Prehrady 4747/20 , 466 02 Jablonec nad Nisou, Czech Republic Tel./fax: +420 483 368 740 e-mail: hala.recepce@sportjablonec.cz , web-site: www.sportjablonec.cz
APPARATUS SUPPLIER	EUROTRAMP Ultimate Trampolines with 4x4 mm beds (Art.No. 03150) EUROTRAMP HDTMD (Art.No. HDT501)
RULES AND REGULATIONS	The event will be organized under the FIG Code of Points 2017-2021 and related FIG rules and Newsletters, as valid in the year of the event, except for any deviation mentioned in these directives.
FEDERATIONS INVITED	Gymnasts from the FIG affiliated federations and/or their clubs in good standing may participate. The clubs have to respect their national eligibility rules for participation in the international events.
CATEGORIES AND AGE LIMITS	<u>Seniors & Juniors (men & women, boys & girls)</u> - Senior individual & synchro - 17 years and older (born 2004 and before) - Junior individual 15-16 - 15-16 years (born 2005-2006) - Junior individual 13-14 - 13-14 years (born 2007-2008) - Junior synchro - 13-16 years (born 2005-2008) <u>Age Groups (boys & girls)</u> - Youth individual & synchro 11-12 - 11-12 years (born 2009-2010) Valid FIG licence is recommended for the gymnasts. Delegations have to prove the age of the gymnasts (FIG licence, national licence, passport, personal ID, insurance, etc.), if requested by LOC.
CAPACITY LIMITS	200 gymnasts & synchro pairs approximately divided into 2 competition days. In the case of higher interest of individual gymnasts, some or all synchro categories may be cancelled to give the chance to compete to more gymnasts.
JUDGES AND JURIES	Judges with a current valid FIG brevet are welcomed. For discount for FIG breveted judges see the ACCOMMODATION AND MEALS section.

	<p>National judges are preferred with highest national category. The LOC may require the proof of the national judging brevet or ask respective NF for confirmation the national category.</p> <p>All participating delegations have to provide 1 judge for 1-8 gymnasts, 2 judges for 9-16 gymnasts, etc.</p> <p>Higher entry fee (EUR 45,- per gymnast / pair) will be applied for federations / clubs with more than two (2) gymnasts for the number of gymnasts with missing judge. Examples :</p> <table border="1" data-bbox="475 369 1453 613"> <thead> <tr> <th>Gymnasts</th> <th>Pairs</th> <th>judges</th> <th>Ind.fee</th> <th>Syn.fee</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>1</td> <td>0</td> <td>2x 30 EUR</td> <td>1x 30 EUR</td> </tr> <tr> <td>8</td> <td>4</td> <td>0</td> <td>8x 45 EUR</td> <td>4x 45 EUR</td> </tr> <tr> <td>8</td> <td>4</td> <td>1</td> <td>8x 30 EUR</td> <td>4x 30 EUR</td> </tr> <tr> <td>16</td> <td>8</td> <td>1</td> <td>8x 30 EUR 8x 45 EUR</td> <td>4x 30 EUR 4x 45 EUR</td> </tr> <tr> <td>16</td> <td>8</td> <td>2</td> <td>16x 30 EUR</td> <td>8x 30 EUR</td> </tr> </tbody> </table>	Gymnasts	Pairs	judges	Ind.fee	Syn.fee	2	1	0	2x 30 EUR	1x 30 EUR	8	4	0	8x 45 EUR	4x 45 EUR	8	4	1	8x 30 EUR	4x 30 EUR	16	8	1	8x 30 EUR 8x 45 EUR	4x 30 EUR 4x 45 EUR	16	8	2	16x 30 EUR	8x 30 EUR
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<p>ENTRY FEES</p>	<p>Entry fee EUR 30,- per gymnast, EUR 30,- per synchronised pair, EUR 45,- per gymnast / pair from federations / clubs with more than two (2) gymnasts for the number of gymnasts / pairs with missing judge.</p> <p>Entry fees are non-refundable.</p> <p>If the event is cancelled due the extraordinary or protective measures by the Czech authorities or by the organiser, entry fees paid will be reimbursed to the respective federations and clubs.</p>																														
<p>COVID-19</p>	<p>All participants are responsible for their own health- and travel- related risks and must also follow the recommendations of their own country on this matter.</p> <p>Czech Gymnastics Federation and the LOC strongly recommend that each delegation takes travel insurance including Covid-19 as illness and an eventual needed quarantine period and appropriate cancellation insurance also for the travel and accommodation.</p> <p>In the case of quarantine, all occurring costs are at the responsibility of the person respective the national federation or club.</p> <p>All participants have to follow the Anti-Covid measurements. The Heads of the Delegations and the coaches are responsible for their delegations' members.</p> <p>Current & Extraordinary and protective measurements by Czech Ministry of Health and regional health authorities can be found on :</p> <ul style="list-style-type: none"> - https://koronavirus.mzcr.cz/en. <p>The rules for entering the territory of the Czech Republic a list of countries with different level of risk of Covid-19 can be found on :</p> <ul style="list-style-type: none"> - www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx. <p>Hand disinfection will be available at all entrances in the sports hall and hotels. Please bring enough personal respiratory protective equipment (face masks, etc.) and personal hand sanitizers.</p> <p>To protect yourself, bring please also your personal magnesium.</p> <p>Event Covid-19 guidelines will be published in September 2021. Negative tests or other form of Covid-19 infectivity according the rules valid in the dates of the event or required by Czech Health Authority may be required as well.</p>																														

ACCREDITATION	<p>Accreditation will be held at the competition venue.</p> <p>Self-reporting form of all delegations' members has to be handed in at the accreditation.</p> <p>During accreditation the following will be checked as well :</p> <ul style="list-style-type: none"> - delegation members participation, passports or any similar kind of ID may be requested - proof of the cover note or photocopy of the valid insurance policy - payments (entry fees, accommodation, Prague transfers, T-shirts) - age of the gymnasts, FIG licence, national licence, passport, personal ID, etc. may be requested - qualification of the judges, FIG or national brevet may be required. <p>If possible, hand in also the Competition Cards during the accreditation.</p>								
IDENTITY PHOTO	<p>Send please identity colour photos of your delegation members with the Nominative entry (deadline 20.09.2021) - JPG format, size 45mm x 35 mm, resolution 800x600 pix.</p>								
EVENT FORMAT	<p>Valid FIG Trampoline Code of Points including Time of Flight & Horizontal Displacement, FIG tie-break rules for Qualifying Round and FIG requirements for first routine(s) will be applied.</p> <p>Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category). In addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final.</p> <p>Finals will start from zero, FIG tie-break rules will be applied.</p> <p>First routines :</p> <ul style="list-style-type: none"> - <u>Seniors</u> : requirements for first routine for FIG events (FIG A) - <u>Juniors</u> : requirements for first routine for FIG events (FIG B) - <u>Age Groups</u> : requirements for first routine for WAGC (FIG 11-12), no first routine in synchro. <p>Difficulty limit per element as per valid FIG Code of Points (junior categories) and FIG WAGC Rules (11-12 age groups categories).</p> <p>If 5 participants / pairs or less in a category, the competition format of the category can be changed or the category can be cancelled or joined to another category.</p>								
PROVISIONAL SCHEDULE	<table border="0"> <tr> <td>Thursday 07.10.2021</td> <td>Arrivals to Jablonec or Prague Scheduled training (14.00 - 20.00)</td> </tr> <tr> <td>Friday 08.10.2021</td> <td>Competition Day 1 Scheduled training</td> </tr> <tr> <td>Saturday 09.10.2021</td> <td>Competition Day 2</td> </tr> <tr> <td>Sunday 10.10.2021</td> <td>Departures from Jablonec/Prague</td> </tr> </table> <p>Definitive time schedule will be handed out upon arrival.</p>	Thursday 07.10.2021	Arrivals to Jablonec or Prague Scheduled training (14.00 - 20.00)	Friday 08.10.2021	Competition Day 1 Scheduled training	Saturday 09.10.2021	Competition Day 2	Sunday 10.10.2021	Departures from Jablonec/Prague
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MEDICAL SERVICES	<p>Medical services will be provided by the LOC during trainings and competitions.</p>								
VISA AND SUPPORTING LETTER FOR THIRD COUNTRIES	<p><i>EU+ countries = EU countries & Switzerland. Third-countries = non-EU+ countries.</i></p> <p>For travelling to the sport event in Czech Republic the third-party nationals need the supporting letter of Czech National Sport Agency /*. Please verify also with your travel agent or the Czech Embassy or Consulate in your country if a visa is required for your travel to Czech Republic.</p> <p><i>/* ... Currently, Czech National Sport Agency is not allowed to issue the supporting letter for traveling from the countries with extreme risk of Covid-19 (a list of countries with different level of risk of Covid-19 can be found on: https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx).</i></p> <p>The LOC will be happy to assist you with an official supporting letter of</p>								

	<p>Czech National Sport Agency, provided that the request is made as soon as possible to the LOC.</p> <p>The request must include the function, full last name(s), first name (s), function, gender, date of birth, citizenship, passport number and expiry date, personal email contact, personal phone contact, arrival and departure dates and passport copies of each Delegation Member.</p> <p>Delegations from third countries - please, don't buy the flights before having all supporting documents for your visa and travel to Czech Republic.</p>									
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations and clubs must pay for the travel costs of their delegation members. Czech Gymnastics Federation and the LOC strongly recommend that each delegation takes appropriate cancellation insurance for the international transportation.</p> <p>The Travel Form must be returned to the LOC by 20.9.2021.</p>									
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness including Covid-19, quarantine, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations and clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Czech Gymnastics Federation and the LOC strongly recommend that each delegation takes travel insurance including Covid-19 as illness and an eventual needed quarantine period and appropriate cancellation insurance also for the travel and accommodation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p>									
PRAGUE TRANSFERS	<p>The city of Jablonec nad Nisou is situated 120 km of Czech capital Prague. The LOC will provide the transportation from Prague Airport / train station / bus station to Jablonec nad Nisou and back to Prague Airport / train station / bus station for all those who have ordered this in the Definitive entry. Cost per person (return) is 40 EUR.</p>									
LOCAL SHUTTLE SERVICE	<p>The shuttle bus service between the official hotels and Sports Hall will operate from Thursday October 7th, 2021 to Saturday October 9th, 2021.</p> <p>Delegations having own transport are asked to use it also for local transport where possible.</p>									
ACCOMMODATION AND MEALS	<p>The invited participating federations and clubs must pay for the accommodation and meals expenses of their delegation members.</p> <p>Option A:</p> <p>Hotel Břizky***+, Průběžná 22, 466 04 Jablonec nad Nisou, Czech Republic, tel.: +420 483 737 240, fax: +420 483 317 256, e-mail: hotel@brizky.cz, web site: www.brizky.cz, free parking, 1 km walking to the sports hall.</p> <p>Full package = 3 nights with breakfast, dinner on Thursday, lunch and dinner on Friday, lunch and dinner on Saturday, hotel - venue transfers, free hotel fitness. Prices for <u>whole stay</u> (=3 nights) <u>per person</u> :</p> <table> <tr> <td>in single room</td> <td>.....</td> <td>300,- EUR</td> </tr> <tr> <td>in double room</td> <td>.....</td> <td>230,- EUR</td> </tr> <tr> <td><i>(in triple room - limited capacity</i></td> <td>.....</td> <td>220,- EUR)</td> </tr> </table> <p>For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz / cgf@gymfed.cz if necessary.</p> <p>Cancellation policy :</p> <p>- cancellation of the team after September 20th : cancelation fee of</p>	in single room	300,- EUR	in double room	230,- EUR	<i>(in triple room - limited capacity</i>	220,- EUR)
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EUR 10 per person will be applied

- cancellation after October 3rd or no show of the team : cancellation fee of EUR 60 per person in single room and EUR 40 per person in double / triple room will be applied. Small changes may be accepted without cancellation fee.

Option B:

Hotel Merkur***, Anenské náměstí 8, 466 04 Jablonec nad Nisou, Czech Republic, tel.: +420 483 312 741, fax: +420 483 311 971, e-mail: recepce@hotelmerkur.cz, web site: www.hotelmerkur.cz, in the city center, 2 km walking to the sports hall.

Hotel Rehavital***, Jugoslávská 30/11, 466 01 Jablonec nad Nisou, Czech Republic, Tel.: +420 483 317 591, fax: +420 483 317 592, e-mail: info@rehavital.cz, web site: www.rehavital.cz, in the city center, 1,5 km walking to the sports hall.

Full package = 3 nights with breakfast, dinner on Thursday, lunch and dinner on Friday, lunch and dinner on Saturday, hotel - venue transfers.

Prices for whole stay (=3 nights) per person :

in single room	250,- EUR
in double room	190,- EUR
<i>(in triple room - limited capacity</i>	180,- EUR)

For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz / cqf@gymfed.cz if necessary.

Cancellation policy :

- cancellation of the team after September 20th : cancellation fee of EUR 10 per person will be applied
- cancellation after October 3rd or no show of the team : cancellation fee of EUR 40 per person in single room and EUR 30 per person in double / triple room will be applied. Small changes may be accepted without cancellation fee.

The official accommodation capacity is limited and will be handled on the "first come first serve" basis. In the case of exceeding the limit the appropriate alternative accommodation will be offered by the LOC by individual way.

The prices charged for the hotel rooms will not exceed the usual hotel rates.

Cancellation insurance:

Czech Gymnastics Federation and the LOC strongly recommend that each delegation takes appropriate cancellation insurance also for the accommodation.

Discount for judges with valid FIG brevet:

For judges with valid FIG brevet representing the delegations using the official full package accommodation - discount per judge and full package in option A: **EUR 55** and in option B: **EUR 45**.

FINAL BANQUET	No banquet will be organised in 2021. Dinner will be served in the official hotels.
PAYMENT	Payment deadline for entry fees + stay costs + Prague-Jablonec return transfer costs is 30.08.2021 . Payment has to be transferred to : Moneta Money Bank, Vítězné náměstí 2, Praha 6 Account No. 1724809504/0600 IBAN CZ64 0600 0000 0017 2480 9504 BIC / SWIFT AGBACZPP for Czech Gymnastics Federation, Zátokova 100/2, P.O.Box 40, 160 17 Praha 6

	<p>Please note that your federation / club is responsible for covering all bank fees in connection with bank transfers.</p> <p>On request, the LOC can accept the cash payment upon arrival.</p>										
MEDIA AND SOCIAL MEDIA	<p>Czech TV will broadcast the competition highlights.</p> <p>Event on the Czech Gymnastics website : - https://www.gymfed.cz/kalendar/detail/2123.</p> <p>Event on Facebook : - https://bit.ly/2UZPkHG.</p>										
FRIENDSHIP CUP 2021 T-SHIRTS	<p>The LOC will hand out the Friendship Cup 2021 T-Shirts (á EUR 10,-) to all those who have sent their order with the Definitive Entry.</p>										
DEADLINES SUMMARY	<table border="1"> <tr> <td>Declaration of interest</td> <td>10.08.2021</td> </tr> <tr> <td>Visa Request / Supporting letter Request Form</td> <td>as soon as possible</td> </tr> <tr> <td>Definitive Registration (incl. accommodation, Prague transfers and T-shirts)</td> <td>25.08.2021</td> </tr> <tr> <td>Payment (entry fees, accommodation, Prague transfers, T-shirts)</td> <td>30.08.2021</td> </tr> <tr> <td>Nominative Registration + identity photos + Travel Form</td> <td>20.09.2021</td> </tr> </table>	Declaration of interest	10.08.2021	Visa Request / Supporting letter Request Form	as soon as possible	Definitive Registration (incl. accommodation, Prague transfers and T-shirts)	25.08.2021	Payment (entry fees, accommodation, Prague transfers, T-shirts)	30.08.2021	Nominative Registration + identity photos + Travel Form	20.09.2021
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ANTI-COVID MEASUREMENTS	<p>LOC general measurements</p> <ul style="list-style-type: none"> - Cooperation and consultation with the Czech Health Authority - Event Covid-19 Guidelines (will be delivered in September 2021) - Self-reporting including the statement of absence of Covid-19 symptoms (will be delivered in September) - No spectators - Structurally separated sectors of the sports hall - competition sector & delegations sector (in spectators' area) - Dedicated areas per teams / countries in the delegations sector - Temperature measurement - Distancing conditions and main routes in the competition sector - Scheduled trainings per teams / countries where possible - General warm-up replacement by longer warm-up prior each starting group in the qualification (approximately 20 min. for standard group) - Own magnesium to be used by the gymnasts - Disinfection / cleaning - No banquet - No low-costs official accommodation offer - Hand disinfection at entrances (sports hall, hotels). <p>The list includes the general measurements and may be updated.</p>										

Sincerely Yours,

Prague, 16 July 2021



Signature of the Secretary General
of the Czech Gymnastics Federation