

COMPETITION AND TRAINING SCHEDULE FOR MAG 2016 EUROPEAN CHAMPIONSHIPS - BERN MAY 22-30

	Day 1				Day 2				Day 3				Day 4				Day 5			
	Sunday, 22 May 2016				Monday, 23 May 2016				Tuesday, 24 May 2016				Wednesday, 25 May 2016				Thursday, 26 May 2016			
	Training				Training & Junior Podium				Training & Senior Podium				Junior C-I & Senior training				Senior C-I & Junior Training			
	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena
08:00																				
08:30																				
08:30																				
09:00					SENIORS Groups 13-18 08:30-10:00	SENIORS Groups 19-24 08:30-10:00	JUNIORS Groups 1-12 08:30-10:00		JUNIORS Groups 13-18 08:30-10:00	JUNIORS Groups 19-24 08:30-10:00	SENIORS Groups 1-12 08:30-10:00		SENIORS Groups 19-24 08:30-10:00	SENIORS Groups 13-18 08:30-10:00	JUNIORS Groups 1-12 08:30-10:00		SENIORS Groups 25-36 08:30-10:00	SENIORS Groups 13-24 08:30-10:00	SENIORS Groups 1-12 08:30-10:00	
09:00																				
09:30																				
10:00																				
10:00					SENIORS Groups 1-6 10:00-12:30	SENIORS Groups 7-12 10:00-12:30		JUNIORS Subdiv. I 10:00-12:30	JUNIORS Groups 1-6 10:00-12:30	JUNIORS Groups 7-12 10:00-12:30		SENIORS Subdiv. I 10:00-12:15	SENIORS Groups 7-12 10:00-12:30	SENIORS Groups 1-6 10:00-12:30		JUNIORS Subdiv. I 10:00-12:30	JUNIORS CII finalists 10:00-11:30	JUNIORS CII finalists 10:00-11:30		SENIORS Subdiv. I 10:00-12:15
10:30																				
11:00	No training	No training																		
11:30																				
12:00																				
12:30																				
12:30					SENIORS Groups 25-30 12:30-14:00	SENIORS Groups 31-36 12:30-14:00	JUNIORS Groups 13-24 12:30-14:00		JUNIORS Groups 25-30 12:30-14:00	JUNIORS Groups 31-36 12:30-14:00	SENIORS Groups 13-24 12:30-14:00		SENIORS Groups 31-36 12:30-14:00	SENIORS Groups 25-30 12:30-14:00	JUNIORS Groups 13-24 12:30-14:00		JUNIORS Upon request 12:30-15:00	JUNIORS Upon request 12:30-15:00	SENIORS Groups 13-24 12:30-14:00	
13:00																				
13:30																				
14:00																				
14:00					SENIORS Groups 19-24 14:00-16:30	SENIORS Groups 13-18 14:00-16:30		JUNIORS Subdiv. II 14:00-16:30	JUNIORS Groups 19-24 14:00-16:30	JUNIORS Groups 13-18 14:00-16:30		SENIORS Subdiv. II 14:00-16:15	SENIORS Groups 13-18 14:00-16:30	SENIORS Groups 19-24 14:00-16:30		JUNIORS Subdiv. II 14:00-16:30				SENIORS Subdiv. II 14:00-16:15
14:30																				
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15:30																				
15:30																				
16:00																				
16:00																				
16:30	TRAINING UPON REQUEST 13:30-19:30	TRAINING UPON REQUEST 13:30-19:30																		
16:30					SENIORS Groups 7-12 16:30-18:00	SENIORS Groups 1-6 16:30-18:00	JUNIORS Groups 25-36 16:30-18:00		JUNIORS Groups 7-12 16:30-18:00	JUNIORS Groups 1-6 16:30-18:00	SENIORS Groups 25-36 16:30-18:00		SENIORS Groups 1-6 16:30-18:00	SENIORS Groups 7-12 16:30-18:00	JUNIORS Groups 25-36 16:30-18:00		JUNIORS CII finalists 15:30-18:00	JUNIORS CIII finalists 15:30-18:00	SENIORS Groups 25-36 16:30-18:00	
17:00																				
17:30																				
17:30																				
18:00																				
18:00					SENIORS Groups 31-36 18:00-20:30	SENIORS Groups 25-30 18:00-20:30		JUNIORS Subdiv. III 18:00-20:30	JUNIORS Groups 31-36 18:00-20:30	JUNIORS Groups 25-30 18:00-20:30		SENIORS Subdiv. III 18:00-20:15	SENIORS Groups 25-30 18:00-20:30	SENIORS Groups 31-36 18:00-20:30		JUNIORS Subdiv. III 18:00-20:30				SENIORS Subdiv. III 18:00-20:15
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21:00																				

COMPETITION AND TRAINING SCHEDULE FOR MAG 2016 EUROPEAN CHAMPIONSHIPS - BERN MAY 22-30

Day 6 Friday, 27 May 2016 Juniors C-II & Senior training				Day 7 Saturday, 28 May 2016 Senior C-IV & Junior training				Day 8 Sunday, 29 May 2016 Junior & Senior C-III				Day 9 Monday, 30 May 2016 Departure			
Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena	Training Hall A	Training Hall B	Warm Up Hall	Competition Arena
SENIORS CIII finalists 09:00-10:30	JUNIORS CIII finalists 09:00-10:30	JUNIORS CII finalists 09:00-11:30			JUNIORS CIII finalists 09:00-10:30	SENIORS CIV finalists 09:00-11:30				SENIORS CIII finalists 08:30-14:00	SENIORS CIII FINALS 09:00-10:00				
SENIORS CIV finalists 10:30-12:00	SENIORS Upon request 10:30-12:00			SENIORS CIII finalists 10:30-13:00							SENIORS CIII FINALS 10:30-14:00				
JUNIORS Upon request 12:00-13:30	JUNIORS Upon request 12:00-13:30					SENIORS CIV finalists 12:30-16:45				TOUCH WARM UP					
				SENIORS Upon request 13:00-14:30	SENIORS Upon request 13:00-14:30										
JUNIORS CIII finalists 14:30-17:00	SENIORS CIII finalists 14:30-17:00				JUNIORS CIII finalists 14:30-17:00		SENIORS CIV FINAL 14:30-17:00	No training	No training	JUN / SEN JUNIORS CIII FINALS 13:45-17:15	JUNIORS CIII FINALS 14:45-17:15	No training	No training	No training	No training
SENIORS CIV finalists 17:00-19:30		JUNIORS CII finalists 17:00-18:30													
			JUNIORS CII FINAL 18:30-21:00												

**TRAINING PLAN**  
Schedule of the training

Date	COMPETITION ARENA		WARM-UP HALL		TRAINING HALL - A		TRAINING HALL - B	
Sunday 22nd of May	CLOSED		CLOSED		JUNIORS / SENIORS		JUNIORS / SENIORS	
					Training upon request (first come first served) 13:30-19:30		Training upon request (first come first served) 13:30-19:30	
Monday 23rd of May	<b>Podium Training JUNIORS</b>		JUNIORS		SENIORS		SENIORS	
	GROUP	TIME	GROUP	TIME	GROUP	TIME	GROUP	TIME
	1-12	10:00 - 12:30	1-12	8:30 - 10:00	13-18	8:30-10:00	19-24	8:30-10:00
					1-6	10:00-12:30	7-12	10:00-12:30
	13-24	14:00 - 16:30	13-24	12:30 - 14:00	25-30	12:30-14:00	31-36	12:30-14:00
					19-24	14:00-16:30	13-18	14:00-16:30
	25-36	18:00 - 20:30	25-36	16:30 - 18:00	7-12	16:30-18:00	1-6	16:30-18:00
				31-36	18:00-20:30	25-30	18:00-20:30	
Tuesday 24th of May	<b>Podium Training SENIORS</b>		SENIORS		JUNIORS		JUNIORS	
	GROUP	TIME	GROUP	TIME	GROUP	TIME	GROUP	TIME
	1-12	10:00 - 12:15	1-12	8:30 - 10:00	13-18	8:30-10:00	19-24	8:30-10:00
					1-6	10:00-12:30	7-12	10:00-12:30
	13-24	14:00 - 16:15	13-24	12:30 - 14:00	25-30	12:30-14:00	31-36	12:30-14:00
					19-24	14:00-16:30	13-18	14:00-16:30
	25-36	18:00 - 20:15	25-36	16:30 - 18:00	7-12	16:30-18:00	1-6	16:30-18:00
				31-36	18:00-20:30	25-30	18:00-20:30	

**TRAINING PLAN**  
**Schedule of the training**

Date	COMPETITION ARENA		WARM-UP HALL		TRAINING HALL - A		TRAINING HALL - B	
<b>Wednesday 25th of May</b>	<b>CI JUNIORS</b>		<b>JUNIORS</b>		<b>SENIORS</b>		<b>SENIORS</b>	
	GROUP	TIME	GROUP	TIME	GROUP	TIME	GROUP	TIME
	1-12	10:00 - 12:30	1-12	8:30 - 10:00	19-24	8:30-10:00	13-18	8:30-10:00
					7-12	10:00-12:30	1-6	10:00-12:30
	13-24	14:00 - 16:30	13-24	12:30 - 14:00	31-36	12:30-14:00	25-30	12:30-14:00
					13-18	14:00-16:30	19-24	14:00-16:30
	25-36	18:00 - 20:30	25-36	16:30 - 18:00	1-6	16:30-18:00	7-12	16:30-18:00
				25-30	18:00-20:30	31-36	18:00-20:30	
<b>Thursday 26th of May</b>	<b>CI SENIORS</b>		<b>SENIORS</b>		<b>JUNIORS / SENIORS</b>		<b>JUNIORS / SENIORS</b>	
	GROUP	TIME	GROUP	TIME	GROUP	TIME	GROUP	TIME
	1-12	10:00 - 12:15	1-12	8:30 - 10:00	25-36	8:30-10:00	13-24	8:30-10:00
					CIII finalists	10:00-11:30	CII finalists	10:00-11:30
	13-24	14:00 - 16:15	13-24	12:30 - 14:00	Upon request	12:30-15:00	Upon request	12:30-15:00
					CII finalists	15:30-18:00	CIII finalists	15:30-18:00
<b>Friday 27th of May</b>	<b>CII JUNIORS</b> 18:30-21:00 Competition		<b>CII JUNIORS</b> 17:00-18:30 warm-up		<b>JUNIORS / SENIORS</b>		<b>JUNIORS / SENIORS</b>	
					GROUP	TIME	GROUP	TIME
					CIII finalists	09:00-10:30	CIII finalists	09:00-10:30
					CIV finalists	10:30-12:00	Upon request	10:30-12:00
					Upon request	12:00-13:30	Upon request	12:00-13:30
					CIII finalists	14:30-17:00	CIII finalists	14:30-17:00

**TRAINING PLAN**  
**Schedule of the training**

Date	COMPETITION ARENA	WARM-UP HALL	TRAINING HALL - A		TRAINING HALL - B	
Saturday 28th of May	CIV SENIORS 14:30 - 17:00 Competition	CIV SENIORS 12:30 - 16:45 warm-up	JUNIORS / SENIORS		JUNIORS / SENIORS	
			GROUP	TIME	GROUP	TIME
			CIII finalists	10:30-13:00	CIII finalists	09:00-10:30
			Upon request	13:00-14:30	Upon request	13:00-14:30
					CIII finalists	14:30-17:00
Sunday 29th of May	CIII SENIORS 9:00 - 10:00 warm-up 10:30 - 14:00 Competition	CIII SENIORS 08:30 - 14:00 warm-up	CLOSED		CLOSED	
	CIII JUNIORS 14:45 - 17:15 Competition	CIII JUNIORS 13:45 - 17:15 warm-up				

Composition of the groups - MAG SENIORS - BERN 2016							
Group	FX	PH	SR	VT	PB	HB	
							
Subdivision1	1-6	LAT	SWE	ISR	AZE	MIX 3	ISL
	7-12	ARM	AUT	POL	MIX 1	HUN	
Subdivision2	13-18	CYP	BUL	NOR	SLO	TUR	IRL
	19-24	MIX 2	CZE	GRE	DEN	POR	CRO
Subdivision3	25-30	UKR	ROU	FRA	BEL	RUS	GER
	31-36	ITA	FIN	ESP	SUI	GBR	BLR

MIX 1	LTU	NED
MIX 2	MON	SVK
MIX 3	SRB	

As per definitive registration:

**Participants:** 165 Senior gymnasts

**Participants:** 32 Senior teams + 8 individuals from 5 countries

37 Senior countries

Composition of the groups - MAG JUNIORS BERN 2016							
Group	FX	PH	SR	VT	PB	HB	
							
Subdivision 1	1-6	SWE	GEO	DEN	ROU		
	7-12	FIN	IRL	CZE	AUT		
Subdivision 2	13-18	ISL	LAT	CRO	ESP	GRE	BLR
	19-24	SRB	AZE	MIX 1	NOR	TUR	POL
Subdivision 3	25-30	ITA	BEL	BUL	GER	ISR	SUI
	31-36	UKR	RUS	NED	HUN	FRA	GBR

MIX 1	LTU	CYP	ARM
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As per definitive registration:

**Participants:** 158 Junior gymnasts

**Participants:** 31 Junior teams + 4 individuals from 3 countries

34 Junior countries