

# 10th CZECH AEROBIC OPEN 2016

FIG registered competition no. 14720

10.-14.3.2016

SH EURONICS, ZLÍN - CZECH REPUBLIC



[www.asczlin.cz](http://www.asczlin.cz)



10. 3. - 13. 3. 2016

## WORKPLAN

# 10th CZECH AEROBIC OPEN 2016



Dear Aerobic Friends,

we are very happy to welcome all of you to 10th CZECH AEROBIC OPEN 2016, FIG registered aerobic competition No.14720.

Please find enclosed:

- Important informations concerning competition
- Competition timetable

## **PARTICIPATED NATIONS ARE:**

**AUSTRIA, BELARUS, HUNGARY, CHINA, IRAN, ITALY, LATVIA,  
ROUMANIA, RUSSIAN FEDERATION, SLOVAKIA, UKRAIN, CZECH REPUBLIC**

**1. Competition venue:** Sport hall EURONICS (Novesta)  
U Zimního Stadionu 4286  
ZLÍN, CZECH REPUBLIC

# 9th CZECH AEROBIC OPEN CUP 2015



## 2. Categories:

New Generation	6 -8 years (born 2008 – 2010)
National Development	9- 11 years (born 2005 - 2007)
Age Group I	12 - 14 years (born 2002 – 2004)
Age Group II	15 - 17 years (born 1999 – 2001)
Seniors	18 years and more (born 1998 and earlier)

## 3. Qualifications:

The maximum number for the Qualifying rounds has no limit per category and nation.

There will be no qualification if less than 9 starters (routines) in categories (IW, IM, MP, TR, GR).

## 4. Finals:

National Development, Age Group I and II, Seniors:

Each final (IW, IM, MP, TRIOS, GROUPS) will have a maximum of nine

(9)competitors: **6 best foreign competitors (max. 2 per nation) + 3 Czech competitors**

**minimum**

**5. Entry fees:** IW, IM 20,- €, MP 30,- €, TRIO 45,- €, GROUP 75,- €, DANCE AND STEP GROUP 80,-€

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## 6. Judges:

Delegations must send at least a minimum of one judge with FIG / national brevet.

## 7. Floor:

GYMNOVA certificated system, *Competition Area*

Special Aerobic Floor, *Training Area*

## 8. Technical rules:

### Seniors (18 years and more):

FIG Code of Points 20013- 2016

### National Development, Age Groups I and II

FIG Code of Points 2013 – 2016, Appendix V.

### Step and Dance categories

FIG Rules 2013-2016

## 9. Entry dates:

Nominative registration      **Deadline 10<sup>th</sup> of February 2016**

## 10. Transport:

If you need transport, please do not hesitate to contact the organising committee.

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## 11. Accommodation:

All reservation for the accommodation should be made by the organising committee and should be paid by the delegation by themselves with the accreditation at the latest.

### Official Hotels:

- Hotel Garni

Náměstí T. G. Masaryka 1335, 760 01 Zlín

[www.hotelgarni.cz](http://www.hotelgarni.cz)

- Hotel Lázně Kostelec

Lázně 493, 763 14 Zlín

[www.hotel-kostelec.cz](http://www.hotel-kostelec.cz)

- Hotel Ondráš

Kvítková 4323, 76001 Zlín

[www.hotel-ondras.cz](http://www.hotel-ondras.cz)

- Hotel Baltaci U Náhonu

U Náhonu 3946 , 760 01 Zlín

[www.zlinhotel.cz](http://www.zlinhotel.cz)

**Arrival Day: Rooms can be entered from 15.00 PM on.**

**Departure Day: Please leave the rooms until 10.00 AM**

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- **2. Media**

All competition will be broadcasted online via webstreaming at [www.asczlin.cz](http://www.asczlin.cz)

- **13. Visa:**

All those requiring an official invitation to obtain a visa are asked to contact the OC:

**Czech Gymnastics Federation, Zátopkova100/2, 160 17 Praha, Czech Republic**

**Phone: +420 257 210 811**

**Fax: +420 257 210 811**

**E-mail: [info@asczlin.cz](mailto:info@asczlin.cz)**

- **Competition Timetable:**

**Thursday, 10th of March:**

All day : Arrival of the delegations, *Transfer to the respective Hotels*

**Friday , 11th of March 9:00-12.00**

Accreditation of all foreign and national competitors at the Sports Hall , *Registration Desk:*

- Handing in the competition CD's – 2 copies (please have another 3 copy of CD's for trainings)
- Checking Insurances for all members of the delegation
- Handing in the Difficulty sheets
- Accreditation of each participant
- **12.00 Deadline for handing in the CD and Difficulty sheets, *Registration Desk***

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## **Friday 11th of March, 08:55-14:30**

Training possibility in the competition hall, according to following timetable:

Optional Training Session *Warm Up Area, Training Area:*

08:55-09:30	RUS (32 routines)
09:30-10:00	CHN, LAT, AUT (27 routines)
10:00-10:30	ITA, ROU (27 routines)
10:30-11:00	UKR (30 routines)
11:00-11:15	BLR (11 routines)
11:15-11:50	SVK (34 routines)
11:50-12:30	HUN (38 routines)
12:30-14:30	CZE (154 routines)

## **Friday 11 th of March , 09:30-14:50**

Podium Training with Music, *Competiton Area*

09:25-10:00	RUS (32 routines)
10:00-10:30	CHN, LAT, AUT (27 routines)
10:30-11:00	ITA, ROU (27 routines)

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11:00-11:30	UKR (30 routines)
11:30-11:45	BLR (11 routines)
11:45-12:20	SVK (34 routines)
12:20-13:00	HUN (38 routines)
13:00-15:15	CZE (154 routines)

## Friday, 11th of March

- 9:00 - 12:00 Accreditation
- 13:30 - 13:45 Orientation Meeting
- 13:45 - 15:15 Judges Meeting
- 15:25 - 15:30 Opening Ceremony
- 15:30 - 19:30 Qualifications, cat. NG IW, ND IW, TR, GR

## Saturday, 12th of March

- 10:00 - 19:30 Qualifications ,cat. AG1, AG2, SEN, Finals for Aerobic Dance, Step and Czech Nat. cat. of Team Aerobics

## Sunday, 13th of March

- 10:00 - 17:30 FINALS, all age groups and categories
- 18:00 - 19:00 Award and Closing Ceremonies