

Bulletin #2

October 2017



The 1st European Gym for Life Challenge will take place in
Liège, Belgium
14 July 2018





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Alberto
Claudino Nunes

Dear gymnastics friends,

In less than one year the European youth Gymnastics family will gather again in another **EUROGYM** festival. The meeting point is the beautiful Belgium city of **Liège**!

From 15th to 19th July 2018 we will meet in **Liège** for an unforgettable **EUROGYM**! One day before, July the 14th, we will experience the 1st edition the **European Gym for Life Challenge (EGFL)**!

The Technical Committee of Gymnastics for All (TC GfA) of UEG is proud to invite all the European Gymnastics for All groups to come to **Liège** to these amazing Gymnastics events!

The historical city of **Liège** has the venues, the services, the beauty and the charm to host a fantastic **EUROGYM** and an extraordinary **EGFL** in 2018!

TC GfA is working close to the Local Organizing Committee and can assure that all the organization is running well. The Belgium Gymnastics Federation, the Regional Gymnastics Association, the local authorities and the local clubs are doing their best for a great Gymnastics week!

Dear Gymnastics friends,
We wait for you in **Liège**!

In **Liège** you will feel again the enthusiasm, the friendship and the emotion of being part of European Gymnastics!

Welcome to the **11th EUROGYM**!
Welcome to the **1st Gym for Life Challenge**!

Alberto Claudino Nunes
President of the TC GfA of UEG



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Christophe
Dortu

September 2017, at the dawn of an exciting season,

Dear European Gym For Life friends,

Summer often rhymes with holidays, sunshine, travel, ... We hope that the one that ends does not fail in tradition and that you are full of enthusiasm and energy to approach the 2017-2018 season. The same one that will take us to the streets, the parks and the squares of the good city of Liège, the Burning City, for the very first European Gym For Life Challenge.

Within the Local Organizing Committee, we have taken advantage of these last months to establish new partnerships, refine our ideas and strengthen our teams so that we can welcome you in the best conditions in 10 months and make this 1st European Gym For Life Challenge an edition that will stay in the memories of all the participants, all the coaches and all the accompanying persons.

To help you prepare for your visit to Belgium at best, we are very pleased to publish Bulletin No. 2 which completes and replaces Bulletin No. 1. You will find a lot of informations on everything we are preparing for your visit, but also, and above all, everything you need to know about the temporary registration, which is fast approaching. Do not hesitate to contact your national federation for more details if necessary.

In a few months we will publish Bulletin No. 3, which will complete and replace Bulletin No. 2, in particular with all the information concerning the final entries. In the meantime, don't hesitate to go on our website or on social networks to keep up on the latest developments!

See you in Liège !

For the Local Organizing Committee,

Christophe Dortu



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ALL ROADS LEAD TO LIÈGE



- Liège, the biggest city in Wallonia, is situated in the French-speaking part of Belgium
- There are 2 main airports in Belgium : Brussels South Charleroi Airport (CRL) and Brussels Airport (BRU)
- Airports of Maastricht and Weeze (Dusseldorf) are also possibilities to come to Liège
- To go to Liège from :
- Brussels South Charleroi Airport to Liège : 85 kilometers
- Brussels Airport : 90 kilometers
- Maastricht Airport (NED) : 40 kilometers
- Weeze (Dusseldorf) : 130 kilometers
- Cologne : 135 kilometers
- Eindhoven : 130 kilometers





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WELCOME TO LIÈGE



Liège is a thousand-year-old city that conceals countless of treasures to discover. The river Meuse, which goes through the city from South to North, the steep and wooded hills surrounding it, its sharp relief which increases the original lights as well as its typical areas give surprising charms to the city.

A very present folklore kept alive by a cheerful population always ready to feast, lively areas and a large number of restaurants do achieve to make of it a must-visit stopping place of Belgium, not counting an intense cultural and artistic life and a significant architectural patrimony.

For the shopping addicts, all kind of shops are grouped together in the city center and the pedestrian streets: renowned fashion designers, young milliners, department stores, designers, delicatessens...

There you will find everything you are looking for, and no doubt everything you are not looking for. The « Marché de la Batte » is the biggest and the oldest market of Belgium, a veritable institution, happening every Sunday.



The colored market stands propose fruit and vegetables, cheese, cloths, flowers, books ... under the calls of the stallholders who praise the price and the freshness of their products in Walloon.

Liège and Sport, it's a long story! A decade ago, Liège received three Euro 2000 matches. 12, 18 and 21 June are still very present in the football fans' memories. Liège is also the scene of the famous «Liège-Bastogne-Liège» cycle race!



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You'll be spoilt for choice when it comes to finding good eating places. From the small cheap tasty dish to the « deluxe » dinner, from the local specialties to the most exotic dishes, you will always find something to suit your wishes.

Architecturally speaking the Town of Liège isn't outdone. It owns one of the most beautiful archaeological collections in the world as well as collections of weapons, religious art, decorative arts and art of glass making. The art galleries from Liège conceal discoveries such as, for example, the Aquarium-Museum of the University of Liège, the centre of excellence of the animal biodiversity, or the Grand Curtius proposing exhibitions throughout the year to highlight one or another aspect of the museum collections from Liège.





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WHY AN EGFL ?

The Executive Committee of the UEG has decided to add a new GfA event to the UEG programme. The event called «European Gym for Life Challenge» will be held for the first time in 2018 in Liège, Belgium.

With this new event, the UEG wants to develop Gymnastics for All by inviting all groups with ages from 12 to 100 to participate in a gymnastics festival that will be an unprecedented moment of sharing and exchange.

The EGFL will offer to gymnastics groups the opportunity to participate in a Challenge and have their programme evaluated. It will be the best way to improve the quality of group performances by evaluating the performances and giving feedback to the groups, including advices on how to improve.

Moreover, the EGFL will be the opportunity to create an interesting and exciting event in gymnastics, both for the gymnasts and for the audience. It will also be the chance to create a further tool in the field of choreography and to share the “know how” in order to enhance the entire field of group performances/displays.

PROVISIONAL SCHEDULE

THURSDAY 12/07	FRIDAY 13/07	SATURDAY 14/07	SUNDAY 15/07
Arrival of delegations	Arrival of delegations	European Gym For Life Challenge	Departure of delegations or Eurogym participation



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CONDITIONS OF PARTICIPATION

The group performances must last three minutes maximum (stage entrance and exit included).

A group has to be composed of at least six gymnasts. **The participants must be born in 2006 or before.**

EVALUATION

Each performance will be evaluated according to the following criteria:

- Entertainment value
- Innovation, originality and variety
- Technique, quality and safety
- Overall impression

The evaluation will be carried out by a panel of 4 experts who are experienced in the fields of performance, artistry, technique and choreography. 3 people will also give feedback to the coaches. Both of these panels are selected by the TC-GfA.

REGISTRATION

Each National Federation is responsible for collecting the registrations of its own clubs. National Federations can register as many groups as they like. The registration of interest had to be sent to the LOC before the 14th July 2017.

Provisional registrations must be sent through the official forms to the LOC before 14th November 2017. The provisional registration is officially accepted and confirmed when the payment of 10% of the participation fee has been paid to the LOC before 14th November 2017. The 10% of the participation fee is not refundable.

Before 14th April 2018, the LOC must have received the definitive registrations from the National Federations as well as the rest of the participation fee.

The Federations will transmit all the information by means of the provisional registration form which will be sent to them by Email. This duly completed form is then sent back to the LOC by the National Federations **ONLY** at info@eurogym2018.com for 14th November 2017 at the latest.



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PARTICIPATION CARD

To allow as many of you as possible to participate in the EGFL, the LOC has provided several prizes for the participation card.

You'd like to participate in the EGFL and the Eurogym?

The price of the participation card for the EGFL is 50€/ person.

The price includes:

- School accommodation for one night (from Friday 13 to Saturday 14)
- Meals on Saturday (breakfast - lunch - dinner)
- Participation in Gym For Life Challenge

You'd like to take part in the EGFL only and you'd like to stay in schools?

The price of the participation card for the EGFL is 90€/ person.

The price includes:

- School accommodation for two nights (From Friday 13 to Sunday 15)
- Breakfast on Saturday and Sunday, lunch and dinner on Saturday, dinner on Friday or lunch on Sunday
- Participation in Gym For Life Challenge

You'd like to take part in the EGFL but you don't wish to benefit from accommodation and meals?

The price of the participation card for the EGFL is 25€/ person.

The price includes:

- Participation in Gym For Life Challenge

If you want to stay at a hotel, you will have to pay around 80€/ person (breakfast included) for a 3-stars hotel, in addition to your participation card fees.

The LOC will provide additional information about extra meals and extra nights, which can be booked as a supplement.





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TRANSPORTS

ARRIVAL - DEPARTURE

You come by air

The Local Organizing Committee offers a wide shuttle service to and from the airports, as there are no less than 6 airports to be served. The transfer times from/to the airports are the following:

- Brussels National Airport (BRU): 1h30
- Brussels South Charleroi Airport (CRL) : 1h30
- Maastricht Airport (MST): 30 minutes
- Köln (Cologne) Airport (CNG): 2h
- Weeze (Dusseldorf) Airport (DUS): 2h
- Eindhoven Airport (EIN): 2h

The transfer costs vary from 18 to 20 € per person per way depending on your arrival / departure airport.

	ZAVENTEM (BE)	CHARLEROI (BE)	MAASTRICHT (NL)	EINDHOVEN (NL)	DUSSELDORF (GER)	COLOGNE (GER)
Outward Journey	18€	18€	18€	20€	20€	20€
Return Journey	18€	18€	18€	20€	20€	20€

You come by train

It is very easy to reach Liège by train. The station of Liège-Guillemins (BE) presents the particularity of hosting two networks of high-speed train : the Thalys and the ICE. Thalys is the high-speed red train connecting Liège to Paris in 2h10, and Amsterdam in only 2h50. ICE is the high-speed white train that connects Liège to Berlin or Munich in less than 6 hours.

The LOC provides a shuttle service between the station and your accommodation for a moderate fee.

You come by the road

Situated at the crossroads of several European roads (E42, E40, E25, E313), Liège is very easily accessible by the road. The LOC does not provide shuttles for participants arriving by road. You are therefore supposed to arrive by your own means to your accommodation. The LOC provides parking for busses that should stay one or more days.



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DURING YOUR STAY

Most of the infrastructure used for the EGFL is within walking distance of the accommodation. If not, busses will be provided. Our intention is also that all participants will be able to use the local busses with their attendance cards.

IN SCHOOLS ACCOMMODATION

For participants whose participation card provides accommodation in schools, it should be noted that each class will accommodate 10-15 people. Liège has many schools in the city centre.

Through our volunteers and a safety/security agency there will be 24-hour service at all schools and security will be provided at all times. All schools are inspected by the fire authorities and approved for overnight accommodations.

All participants must bring their own sleeping (inflatable) mattress and sleeping bag.

It is possible to buy or rent a sleeping bag and a mattress from the organisation. The reservation and payment have to be made by 14th April 2018 by sending an email to the LOC. The reservation will only be valid upon reception of payment. Please indicate the Name + Surname + Country.

CATERING

Regarding the meals, breakfast will be at schools. Lunch will be served in a location close to the venue of the demonstrations. The dinner will be served at the Palais des Congrès.





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IN HOTEL PARTICIPANTS

For the delegations that wish it, it is also possible to stay at a hotel. You will have to pay around 80€/ person (breakfast included) for a 3-stars hotel, in addition to your participation card fees.

More information will follow in the following bulletin.

OFFICIALS

With an opening scheduled for early 2018, the Van Der Valk Congress Hotel in Liège is expected to become the «home of the EGFL» for the UEG and the delegates of the National Federations.

The hotel will be located on the banks of the Meuse and directly adjacent to the Palais des Congrès, which will host some of the EGFL meals.

As the hotel will open in the beginning of 2018, the prices will be communicated to you in the next bulletin.



VISAS - CHANGE

For all the UE citizens, members of the Schengen area, an ID card or a passport is enough. People from another country might need a visa.

If you are in that case, please contact the Belgian embassy in your country.

The currency used in Belgium is the euro. There are change offices at the airports.

Most shops are equipped with payment terminals accepting Visa, Mastercard, Maestro & V-Pay cards. If you need cash, you can get it from the ATM 24/7.



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INSURANCE

We invite every Federation to take the necessary measures so that the participants of theirs who have paid for their participation fee as well as the people asking for an accreditation are fully covered by:

- an individual liability insurance
- a health insurance
- a repatriation insurance
- any necessary and indispensable insurance.

You can ask the LOC to procure you (with the payment of a fee) any missing insurance.

Proofs of insurance are to be provided to the LOC. If a participant fails to contract any necessary insurance, the LOC reserves the right to refuse their inscription or the delivery of their accreditation cards. There is no right of objection to this decision.

If you lack sufficient insurance the sports insurance can be purchased on site.

VOLONTEERS

An event as big and important as the European Gym For Life Challenge needs a little help to make sure it is an unforgettable experience. You too, can join the team and participate in one of the largest European gymnastics event !

The Local Organising Committee is looking forward to welcoming volunteers from all around the World, whether you are a gymnastics addict or not, to help us make the heart of Liège beat to the rhythm of gymnastics prowess!

Want to join? Please fill the volunteer form by clicking [here](#).



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WHO'S WHO ?

Organization



Christophe Dortu
President



Guy Caprace
Vice **president**
Volunteers



Arlette Radu
Vice **president**
Administration



Roger Cloux
Transports



Xavier Lebas
Security assistant



Florence Lestienne
Communication & marketing



Julien Martini
Volunteers



Gaëtan Collignon
Head of security



Jean-Luc Guerriat
Gym For Life Challenge



Didier Lefebure
Gym For Life Challenge



Philippe Sumkay
**Technical depart-
ment**



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Josiane Dupont
Schools



Robert Dupont
Schools



Anne Adam
Catering



Manon Adam
Dietician

Institutional partners



Arnaud Charlier
Province of Liège



Gérard Georges
Public relations



Alain Jacques
Liège Sport



Joseph Poste
Liège Mayor's Office
assistant



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