



**Olympic Hopes' Cup –
OHC Liberec 2019
(CZE, Liberec)
November 28th – November 30th, 2019**



DIRECTIVES

Event ID: 16165

Dear FIG affiliated Member Federation,

The Gymnastics Federation of the **Czech Republic** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Men's Artistic Gymnastics Women's Artistic Gymnastics
HOST FEDERATION	Czech Gymnastics Federation Zátokova 100/2, P.O. Box 40, 16017 Praha 6 Phone: +420 242 429 260 e-mail: cgf@gymfed.cz http://www.gymfed.cz contact person: Zuzana Vojackova, +420 602 681 521
ORGANIZING COMMITTEE	Gymnastika Liberec contact person: Libor Drabek full address: Jeronýmova 570/22, 46007 Liberec phone number: +420 732 821 612 e-mail: info@gymlib.cz web site: www.gymlib.cz www.ohcliberec.com
LOCATION	Liberec, Czech Republic
DATES	From November 28 th – November 30 th , 2019
VENUE	SPORT PARK LIBEREC, Gymnastic Hall Jeronýmova 570/22, 460 07 Liberec 7 50°45'14.238"N, 15°2'53.231"E e-mail: info@gymlib.cz web site: www.gymlib.cz www.ohcliberec.com the Competition Hall is the same as the Training Hall
APPARATUS SUPPLIER	SPIETH, Diony
RULES AND REGULATIONS	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Doping Control Rules• Licence rules (except for non competitive events)• Media Rules• Apparatus Norms• FIG Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules• Medical Organization of the Official FIG Competitions and Events

	<ul style="list-style-type: none"> • Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i>
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the standard principles.
AGE LIMITS	WAG: Junior: 13-15 (2004-2006) MAG: Junior: 14-17 (2002-2005) All gymnasts must have a valid FIG licence, until the end of the event.
REGISTRATION DEADLINES	Definitive registration: October 25th, 2019 Nominative registration: November 4th, 2019
ENTRY FEES	Entry fee + lodging + full board + banquet (accommodation and boarding begins with the dinner on Wednesday 27.11.2019 finishes with the breakfast on Sunday 1.12.2019): Hotel Arena - 4 nights = 240 €/ person. Additional night together with the full board = 80 €/person. Hotel Babylon – 4 nights = 440 €/ person. Additional night together with the full board = 100 €/person. Those, who will not arrange the accommodation and boarding through the CGF in the hotel Arena and hotel Babylon, will pay the entry fee and fee for the final banquet: 70 €/person
ACCREDITATION	On Wednesday, November 27th, 2019, from 5pm to 7pm (MAG and WAG) and on Thursday, November 28th, 2019 from 5pm to 7pm (WAG), both in the Gymhall.
COMPETITION FORMAT	The competition will be organized as a team competition of Olympic Hopes´ Cup in men´s and women´s artistic gymnastics and at the same time also as a team and individual competition of all participating countries. The best 8 individual gymnasts on each apparatus, both MAG and WAG, will compete at the finals on Saturday, November 30 th , 2019. 6 gymnasts in the team, 5 of these perform, 4 scores count on each apparatus. It is possible for the chosen 6th gymnast, whose score does not count for the team, to perform and is counted to individual competition. He or she will always start as the last one.
PROVISIONAL SCHEDULE	Wednesday 27.11.2019 Arrival 9.00 - 19.00 free training MEN & WOMEN 17.00 - 19.00 accreditation MEN & WOMEN 18.00 - 21.00 dinner 19.00 - 19.30 technical meeting MEN Thursday 28.11.2019 MEN 7.00 - 10.00 breakfast 8.00 - 11.00 free training MEN 10.00 - 15.00 free training WOMEN 11.00 – 14.00 lunch 15.00 judges meeting MEN 15.00 – 15.50 warm up MEN (1 st Subdivision) 16.00 Opening ceremony MEN 16.15 - 18.15 competition MEN (1st Subdivision) 18.20 – 19.10 warm up MEN (2 nd Subdivision) 19.15 – 21.15 competition MEN (2nd Subdivision) 17.00 - 19.00 accreditation WOMEN Victory ceremony MEN- ater the MEN competition 18.00 - 21.00 dinner 19.00- 19.30 technical meeting WOMEN Friday 29.11.2019 WOMEN 7.00 - 10.00 breakfast 8.00 - 11.00 free training WOMEN 10.00 - 12.30 free training MEN 11.00 – 14.00 lunch

	<p>12.00 judges meeting WOMEN 12.30 – 13.40 warm up WOMEN (1st Subdivision) 14.00 Opening ceremony WOMEN 14.15-16.15 competition WOMEN (1st Subdivision) 16.30 – 17.20 warm up WOMEN (2nd Subdivision) 17.25 –19.30 competition WOMEN(2ndSubdivision) <u>Victory ceremony WOMEN</u> 18.00 - 21.00 dinner 20.00 – 21.00 free training MEN & WOMEN finalists</p> <p>Saturday 30.11.2019 FINAL MEN & WOMEN - 8 finalists at each apparatus 7.00 - 10.00 breakfast 8.00 - 12.00 free training MEN & WOMEN 11.00 – 14.00 lunch 12.30 judges meeting MEN 13.00 judges meeting WOMEN 13.00 - 13.50 warm up MEN & WOMEN 14.00 - 14.30 Floor MEN 14.30 – 15.00 Pommel Horse MEN, Vault WOMEN 15.00 – 15.30 Rings MEN, Uneven Bars WOMEN 15.30 – 16.00 Vault MEN, Beam WOMEN 16.00 – 16.30 Parallel Bars MEN, Floor WOMEN 16.30 – 17.00 Horizontal Bar MEN <u>Victory ceremony of finalists will be after each apparatus performance</u> 19.00 – 23.00 Banquet</p> <p>The program can be postponed according to the number of participants.</p> <p>Sunday 1.12.2019 Departure 6.00 - 10.00 breakfast</p>
MEDICAL SERVICES	Doctor is presented during the training and the competition.
VISA	<p>Please verify immediately with your travel agent or the Czech Embassy or Consulate in your country if a visa is required for your travel to the Czech Republic. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 21st, 2019 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by November 15th, 2019</p>

LOCAL TRANSPORTATION	<p>Transport from Prague Airport to Liberec and back - 70 €/ person. In case, that the time between the arrival of the individual or delegations is one hour or less, they will wait for themselves and will be taken together by one bus.</p>
ACCOMMODATION	<p><u>Hotel/hostel ARENA</u> Jeronýmova 570/22 460 07 Liberec 7 Tel.: +420 488 048 111 Fax: +420 488 048 110 e-mail: info@hotelarena.cz www.hotelarena.cz</p> <p>Gymnasts will be accommodated in a hostel Arena in 4-6 beds/room Coaches & judges will be accommodated in a hotel Arena in 2-3 beds/room The hotel and hostel Arena are connected together and are next to the Gymhall. The costs included in the payment are: entry fee + lodging + full board + banquet: 4 nights = 240 €/ person/ARENA.</p> <p><u>HOTEL BABYLON</u> Nitranská 1 460 07 Liberec 7 Tel.: +420 485 249 596 Fax.: +420 485 249 598 e-mail: hotel@centrumbabylon.cz www.centrumbabylon.cz</p> <p>Gymnasts, coaches and judges will be accommodated in 2-3 beds/room The hotel is 10-15 minutes walk from the Gymhall. The costs included in the payment are: entry fee + lodging + full board + banquet: 4 nights = 440 €/person/hotel BABYLON.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>For information: The other option of more luxury hotel not far from the gymnastics hall. Not arranged by the organizers.</p> <p><u>GRANT HOTEL IMPERIÁL</u> 1.máje 757/29 460 07 Liberec 7 Tel.: +420 608 822 822 e-mail: hotel@centrumbabylon.cz http://www.imperialliberec.cz/</p> <p>For individual reservations only. Payment to the organizers is 70 €/ person as the entry fee and the final banquet. The rest (accommodation and boarding) is paid to the hotel according to their actual prices.</p> <p>While the Accommodation and Meals Forms must be returned to the LOC by October 25th, 2019 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>Cancellation/Reimbursement Policy: If the reservation is cancelled more than one week before the competition, 20% of the payment will be deducted. If cancelled less than one week prior the competition, 50% will be deducted. If the cancellation is during the accreditation, there is no reimbursement.</p>

MEALS	Boarding is included in the payment. Cancellation/Reimbursement Policy: If the reservation is cancelled more than one week before the competition, 20% of the payment will be deducted. If cancelled less than one week prior the competition, 50% will be deducted. If the cancellation is during the accreditation, there is no reimbursement.																				
FINAL BANQUET	The Final Banquet will take place after the competition at the Bowling (below the Gymnastic Hall). It is opened for free for participants (coaches, judges, competitors) who ordered the official package.																				
JUDGES AND JURIES	All judges must have a current valid brevet at the time of the event In case of participation of a team, it is obligatory to send 2 FIG judges. In case of participation of 2 individuals, it is obligatory to send 1 FIG judge. For each missing judge the penalty is 200€.																				
BANK ACCOUNT INFORMATION	Moneta Money Bank a.s., Vitezne nam. 2, 160 00 Praha 6 Account No.: 1724809504/0600, Swift Code: AGB A CZ PP, IBAN: CZ6406000000001724809504 Please, mention the payment to OLYMPIC HOPES CUP The participating federation is responsible for covering all bank fees in connection with the bank transfers. If the payment is not done till the mentioned date, the team will be excluded from the competition.																				
MARKETING	FIG advertising and publicity norms must be respected																				
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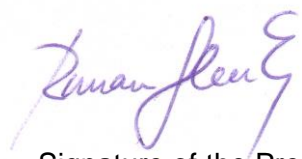
Roman Slavík
CGF President

Dalibor Pietschmann
President of LOC

Lumír Kučera
Director of the competition



Prague, 27.3.2019


Signature of the President or
Secretary General from the FIG affiliated NF