

Slovan Prague

holds

26<sup>th</sup> year of  
**Competition in Honour of  
Eva Bosakova**

On Saturday, April 13<sup>th</sup>, 2019

In the school gym hall Strossmayerovo square 4,

Prague

Czech Republic

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## **Eva Bosakova**

(December 18<sup>th</sup>, 1931 – January 10<sup>th</sup>, 1991)

- **Winner of Olympic Games on balance beam, Rome, 1960**
- **Winner of World Championships on floor, Moscow, 1958**
- **Winner of World Championships on balance beam, Moscow, 1958**
- **Winner of World Championships on balance beam, Prague, 1962**

Eva Bosakova (born Vechtova) was an important person of Czechoslovak gymnastics in post-war era (1949 – 1962). She was born in 1931 in Mlada Boleslav. Her father was a very good gymnast and her mother did gymnastics on a competitive level, too. She was a gymnast by nature.

Eva tried to do figure skating at first. Although she was successful, she fell in love with gymnastics. She introduced dancing movements and new forms to the gymnastics. She wasn't afraid of experimenting with music on the floor.

# Preliminary Competition Itinerary

## *Preamble*

### Women artistic gymnastics

- Types of competitions: **Main competition - balance beam & floor**  
**Final competition on balance beam**  
**Little Eva's - competition for little gymnasts - balance beam & floor**

## *A) General Rules*

1. **Name of competition:** 26<sup>th</sup> year of **Competition in Honour of Eva Bosakova**
2. **Organizer:** Slovan Praha - artistic gymnastics club
3. **Date:** **April 13<sup>th</sup>, 2019**
4. **Place:** school gym hall Strossmayerovo square 4,  
Praha 7 - Holesovice, Czech Republic
5. **Organizing committee:**

Head of Competition	Churavy Vratislav
Chair of the Judges	Bažantová Eliška
Secretary	Lagronová Svatava
6. **Contacts:** e-mail: [bosakova@slovanpraha.wz.cz](mailto:bosakova@slovanpraha.wz.cz), phone Churavy +420 602 373 549
7. **Application:**

**Preliminary:** A number of gymnasts in each category, a number of other persons with requirements for accommodation **before January 31<sup>th</sup>, 2019**

**Final:** Club, last name, first name, year of birth, coach and category for each gymnast and name, qualification for judge **before April 8<sup>th</sup>, 2019**

**Address:** e-mail: [bosakova@slovanpraha.wz.cz](mailto:bosakova@slovanpraha.wz.cz)
8. **Limitation:** The competition is limited to maximum of 5 members of each club. The organizer has the right to accept an exceptional application or to reject an application. Gymnasts cannot start in the Little Eva's competition if they participate in a national championship in year 2018.
9. **Judges application:** Each club may appoint one qualified judge. The judge's name and qualification must be included in the application form.
10. **Starting fee:** 16€ (400 CZK) per gymnast.
11. **Financial conditions:** Gymnasts, coaches and judges participate on their own expenses.
12. **Catering:** There will be a buffet open at the place of competition.
13. **Accommodation:** Accommodation will be booked in a hotel. Price is 30€ per person and night including breakfast in the hotel. One parking place is 10€ per day. Notify your requirements to the organizing committee as soon as possible. Please, send preliminary application before **January 31<sup>th</sup>, 2019**.
14. **Drawing:** Drawing will be done on Thursday 11<sup>th</sup>, May in TJ Slovan head office.
15. **Competition office:** Will be open on the competition day since 8:30 a.m.

## *B) Technical arrangements*

16. **Requirements:** Gymnasts compete **on the beam and floor** and there is a separate **final competition on the beam**. The competitions are according to the FIG Code of Points in the full wording (release **valid for 2017-2020**), competition regulations and this itinerary.

The competition Little Eva's has following exceptions: Music is possible but it is not required. The table of elements is extended by next elements A-difficulty:

**Beam:** elements A=0,1; B=0,2; C=0,3 (higher values not permitted)

1. one connection of at least 2 **different** dance elements, 1 being a leap or jump with 180° split (cross or side), or straddle position
2. turn (Gr. 3)
3. an acro element
4. another acro element

Composition Requirements has to be performed on the beam, mount and dismount could not be count as composition requirements. Rolls forwards with hand support slowly could not be count as acro elements.

roll forwards with hand support (slowly)

roll forwards with hand support (quickly)

roll backwards

roll backwards over shoulder

scissors leap

stretched jump with 1/2 turn (180°)

tuck jump

1/2 turn (180°) on one leg, free leg forwards to backwards

1/2 turn (180°) on one leg different way

scale front, side, back also with hand support (leg split over 135°)

squat on mount

dismount round-off, handspring, free (aerial) walkover fwd, free

(aerial) cartwheel, side handstand half turn dismount

**Floor:** elements A=0,1; B=0,2; C=0,3 (higher values not permitted)

1. dance passage at least one leap with 180° split
2. one feet turn min 360°
3. salto element
4. acro element backward with flight

An acro line consists of a minimum of 2 directly connected flight elements or one salto element.

roll forwards

roll backwards

handstand to roll forwards

roll backwards to handstand

cartwheel

walkover forwards

walkover backwards

scissors leap

cat leap with 1/2 turn (180°)

tuck jump

tuck jump with 1/2 turn (180°)

<b>17. Categories:</b>	Young gymnasts	born 2007 – 2011	(8-12 years old)
	Juniors	born 2004 – 2006	(13-15 years old)
	Women	born 2003 and older	(16 and more years old)
	Little Eva's	born 2009 and younger	(10 and less years old)

**18. Participation condition:** In-time application form accepted by the organizer, in-time registration in the competition office

**Final competition:** The condition is to take part in the beam exercise within the main competition. The gymnasts with top ten marks on the beam regardless the categories will participate in the final. In case of equal results, the better total score from the main competition is decisive. If this score is also equal, all gymnasts with equal score will compete

**19. Evaluation:**

**Main competition:** The winner is the best gymnast regardless the categories. The best three gymnasts in each category are awarded. The result is given by the sum of the points gained for beam and floor routines. In cases of equal results on the 1<sup>st</sup> place in the overall results, the floor exercise is decisive. If such criteria are still equal, the winners will compete in the final competition on the floor. In case of equal points on other places the gymnasts will share the place

**Final competition:** The best three gymnasts are awarded. The result is given by the value gained in the beam final competition. In case of equal scores the value gained for beam exercise in the main competition is distinctive; if this is also equal the floor exercise in the main competition is considered. If such criteria are still equal for more gymnasts on the 1<sup>st</sup> place, those will compete again on the beam. If the scores are equal on other positions, the gymnasts will share the place

**Little Eva's:** The best three gymnasts are awarded. The result is given by the sum of the points gained for beam and floor routines. In case of equal points on other places the gymnasts will share the place

**20. Awards:** Diplomas and medals will be awarded to the gymnasts on the first three places in the main competition in each category and in final.

**Main competition:** *Winner:* **Czech Olympic Club Cup**

*In each category:* 1<sup>st</sup> place 60 €  
2<sup>nd</sup> place 40 €  
3<sup>rd</sup> place 20 €

**Final competition:** *Winner:* **Mountain bike**

2<sup>nd</sup> place 40 €  
3<sup>rd</sup> place 20 €

*Note:* The amount of money is divided evenly in case of more gymnasts share the place

**Little Eva's:** 1. – 3. places small prizes

**21. Schedule:**

8:00	–	9:00	Free warm-up
8:20	–	9:00	Registration of young gymnasts and little Eva's
8:20	–	12:00	Registration of juniors and women
9:00	–	9:55	Organized warm-up for young gymnasts and little Eva's
9:10	–	9:20	Meeting and drawing of young gymnasts and little Eva's
<b>10:00</b>			<b>Opening Ceremony</b>
10:05	–	12:50	Main competition – young gymnasts and little Eva's
12:10	–	12:20	Drawing of juniors and women
12:50	–	13:45	Organized warm-up for juniors and women
13:50	–	14:00	<b>Victory Ceremony for Little Eva's</b>
14:00	–	16:30	Main competition – juniors and women
16:40	–	16:45	Registration and drawing for final
16:45	–	16:55	Organized warm-up for final competition
17:00	–	17:40	Final competition
<b>18:00</b>			<b>Victory Ceremony, Competition Closure</b>

*Note:* It can be adapted to actual number of the registered gymnasts.

### **C) Final arrangements**

**22. Clothing:** According to the FIG Code of Points (gymnasts, coaches and judges).

**23. Complaints:** According to the CGF regulations.

**24. Music:** Music must be send by e-mail in file named with the name of the gymnast and the name of the club (for example Massamba\_Lisa\_Nivellois) **before April 8<sup>th</sup>, 2019** to address [music@slovanpraha.wz.cz](mailto:music@slovanpraha.wz.cz). Safe copy get with you on a separate CD for each gymnast labeled with the name of the name of the gymnast and the name of the club.

**25. Doping:** Subject to FIG rules.

**26. Results:** The results will be worked out on the day of the competition. They will be published on internet the CGF pages (<http://www.gymfed.cz/>). or they will be send by an e-mail.

**27. Judges:** The organizer will provide qualified judges.

**28. Present:** Each gymnast will be given a souvenir present.

Prague, February, 2019

Bažantová Eliška  
Chair Judge

Churavý Vratislav  
Head of Competition