



**To the
UEG Member Federations**

Lausanne, March 22nd, 2019

7th Golden Age Gymnastics Festival 2020

Dear Presidents, Dear Friends,

As you already know, the UEG Executive Committee has entrusted the Hellenic Gymnastics Federation and the Cretan town of Rethymno with the organisation of the 7th Golden Age Gym Festival, which will take place from October 3rd to 10th, 2020.

Enclosed please find more detailed information from the Organising Federation as well as an invitation to the Information Meeting in Rethymno, which will be held on September 21st and 22nd, 2019.

The Golden Age Gym Festival is by now very well known by all our Member Federations, but please allow us anyway to summarise its objectives: for aging healthily, it is an essential condition that people 50+ continue to be physically active. Cultural activities play of course also a very important role. For seniors it becomes more and more important to be among like-minded people and to experience sport and culture in a group, as all this can avoid isolation.

We would therefore be very pleased if, for this 7th edition too, we could welcome a record number of participants representing the "Golden Age"!

Your support of the Golden Age Gym Festival by informing your clubs and associations via your magazine/journal or website about this important Gymnastics for All Event as well as the deadline for the information meeting would therefore be highly appreciated.

The town of Rethymno is looking forward to welcome you next year! We count on your support and thank you already in advance for your co-operation.

Yours sincerely,

UNION EUROPEENNE DE GYMNASTIQUE

HLÍF THORGEIRSDÓTTIR

Hlíf Thorgeirsdóttir
President of the TC-GFA-UEG