

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



1ST FIG PARKOUR WORLD CHAMPIONSHIPS

HIROSHIMA (JPN)

03-05 APRIL 2020

DIRECTIVES



Version 1

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Directives

ID 16332

Dear President,

The FIG is pleased to herein provide you with the Directives for the First Parkour World Championships to be held in Hiroshima (JPN) from 03 to 05 April 2020.

These World Championships will be organized following the 2019 FIG Statutes, the 2020 Technical Regulations, the 2019-2020 PK Code of Points, as well as all other Rules and Guidelines valid at the time of the event, any possible amendments by the date of these World Championships, and any complements decided in the meantime.

All participating Federations commit to abide by the Statutes and all FIG Rules and Regulations. National Federations not respecting them will not be allowed to participate.

1. FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)

Contact Person: Mr. Jakub KOSLACZ
Avenue de la Gare 12 A - Case Postale 630
CH - 1001 Lausanne - Switzerland
Tel.: +41 (0)21 321 55 10 - Direct: +41 (0)21 321 55 15
Fax: +41 (0)21 321 55 29
E-mail: jkoslacz@fig-gymnastics.org
Website: <https://www.gymnastics.sport/site/>
<http://parkour.sport>

2. HOST FEDERATION AND LOCAL ORGANIZING COMMITTEE (LOC)

Japan Gymnastics Association
Contact Person: Mr. Kazuyoshi HARIYA
4-2 Kasumigaokamachi, Shinjuku City, Tokyo, Japan 160-0013
Tel: +81(0)3 5459 2905
Fax: +81(0)3 5459 2905
E-mail: parkour@kju.jp
Website: <https://www.jpn-gym.or.jp/category/parkour/>

3. LOCATION OF THE COMPETITION

Competition Area Central Park in Hiroshima
15 Motomachi, Naka Ward, Hiroshima, 730-0011

Detailed information and specific layout will be provided in the Work Plan.

Competition venue: External view



4. PROVISIONAL PROGRAMME (SUBJECT TO MODIFICATION)

DATE / TIME	DESCRIPTION	MGA
SUN. 29 March		
<i>As announced</i>	<i>Arrival of FIG Staff</i>	
Mon. 30 March		
<i>As announced</i>	<i>Arrival of PK Commission</i>	
<i>As needed</i>	Meeting FIG staff and LOC staff	FIG Staff Room
TUE. 31 March		
<i>As announced</i>	<i>Official arrival day of Delegations and Judges</i>	
09 :00 – 12 :00	FIG PK Commission Meeting	FIG Staff Room
14 :00 – 15 :00	Recognition of the FOP for Judges and Technical Delegate	Field of Play
WED. 01 Apr.		
09:00 – 11:00	Orientation Meeting + Draw	Green Arena
12:00 – 14:00	Training Woman: 1h Speed, 1h Freestyle	Field of Play
14:00 – 16:00	Training Men: 1h Speed, 1h Freestyle	
THU. 02 Apr.		
09:00 – 11:00	Training Woman: 1h Speed, 1h Freestyle	
11:00 – 13:00	Training Men: 1h Speed, 1h Freestyle	Field of Play
13:00 – 15:00	Training Woman: 1h Speed, 1h Freestyle	

15:00 – 17:00	Training Men: 1h Speed, 1h Freestyle	
17:00 – 18:00	Meeting FIG staff and LOC staff	FIG Staff Room
FRI. 03 Apr.		
09:00 – 10:00	Training Woman: Speed	FOP
10:00 – 11:00	Training Men: Freestyle	
11:00 – 12:00	Training Woman: Freestyle	
12:00 – 13:00	Training Men: Speed	
14:00 – 14:15	Warm-up Speed Women	FOP
14:20 – 15:00	Qualification Speed Woman	
15:05 – 15:20	Warm-up Freestyle Men	
15:25 – 16:20	Qualification Freestyle Men	
SAT. 04 Apr.		
10 :00 – 10 :15	Warm-Up Freestyle Woman	FOP
10 :15 – 11 :15	Qualification Freestyle Woman	
11 :20 – 11 :35	Warm-up Speed Men	
11 :40 – 12 : 20	Qualification Speed Men	
14 :00 – 14 :35	Warm-up Speed Woman	
14 :35 – 15 :05	Warm-up Freestyle Men	
15 :10 – 15 :15	Touch Warm-up Speed Woman	
15 :15 – 15 :35	Semi-Final Speed Woman	FOP
15 :35 – 15 :38	Touch Warm-up Freestyle Men	
15 :40 – 15 :43	<i>Freestyle Men Final Presentation</i>	
15 :45 – 15 :15	Final Freestyle Men	
16 :17 – 16 :20	Touch Warm-up Speed Woman	
16 :20 – 16 :23	<i>Speed Woman Final Presentation</i>	
16 :25 – 16 :35	Final Speed Woman	
16 :42 – 16 :52	Award Ceremony	
SUN. 05 Apr.		
10:00 – 11:00	Training Men: Speed	FOP
11:00 – 12:00	Training Woman: Freestyle	
14 :00 – 14 :35	Warm-up Speed Men	
14 :35 – 15 :05	Warm-up Freestyle Woman	
15 :10 – 15 :15	Touch Warm-up Speed Men	FOP
15 :15 – 15 :35	Semi-Final Speed Men	
15 :35 – 15 :38	Touch Warm-up Freestyle Woman	
15 :40 – 15 :43	<i>Freestyle Woman Final Presentation</i>	
15 :45 – 16 :15	Final Freestyle Woman	
16 :17 – 16 :20	Touch Warm-up Speed Men	
16 :20 – 16 :23	<i>Speed Men Final Presentation</i>	
16 :25 – 16 :35	Final Speed Men	

16 :42 – 16 :52	Award Ceremony	
19 :00 – 23 :00	Final Banquet	TBD
Mon. 06 Apr.		
All day	<i>Departure of PK Delegations and Judges</i>	
09:00 – 13:00	PK Commission Meeting	Green Arena
15:00 – 18:00	PK Commission Meeting	
TUE. 07 Apr.		
09:00 – 13:00	PK Commission Meeting	Green Arena
15:00 – 17:00	PK Commission Meeting	
WED. 08 Apr		
All day	<i>Departure FIG PK Technical Committee Members and FIG Staff</i>	

5. PARTICIPATION RIGHT AND ACCREDITATIONS

All NFs in good standing are entitled to participate with a full team of max. 8 athletes.

The size of delegation is as follows: (does not include athletes invited by FIG and approved by NF)

	Men	Women	Total max.
Athletes	4	4	8
Head of delegation			1
Coach	1	1	2
Medical / Paramedical			1
Additional Paramedical 2 to 8 athletes			1

All athletes have the right to participate in both events.

For other delegation members, see FIG Accreditation rules.

6. AGE LIMIT OF ATHLETES

All participants must be minimum 17 years old in the year of the event (i.e. born in 2003 or earlier).

7. REGISTRATIONS

Registrations can only be made by FIG affiliated federations in good standing, via the **FIG** on-line system (click [here](#)) and by using the National Gymnastics Federations' login (e-mail) and password.

Definitive Registration

The definitive registrations must be completed by entering the composition of the delegation at the latest the 2 February 2020.

Nominative Registration

The nominative entries must be completed by entering the composition of the delegation at the latest the 2 March 2020.

Together with the nominative registration and to accelerate the process of the accreditation, the delegations must send one passport photo of each delegation member to jkoslacz@fig-gymnastics.org.

Requirements for each identity color photo:

- Identity: country code_event level_function_full name, for example: CHN_WAGC ACRO_Team Manager_LI Haoyang
- File format: .jpg or .jpeg
- Dimensions: min. 175 X 225 pixels, max. 1750 X 2250 pixels (width X height)
- File size: max. 2MB

Accreditations sent without photos will not be handled with priority. You may wait at the accreditation desk.

After the drawing of lots, no athlete can be added. No additional athlete may appear on the Nominative Registration and at accreditation.

Please consult FIG Technical Regulations for additional information in this respect.

8. LICENSES

The LOC will be responsible for checking the validity of the Athletes Licenses. No athletes will be accepted without a FIG License valid until the end of the competitions.

In order to be considered, Licence application forms (new or renewal) must be submitted at least one (1) month prior to the deadline.

Please consult FIG License Rules for additional information in this respect.

9. JUDGES AND JURY OF APPEAL

Judges

FIG will appoint five PK FIG Category 1 judges and pay their travel, plus room and board. For 2020 World Championships: only Category 1 judges from federations that participated in the 2019 World Cup Series or WUG may judge the freestyle competitions. All other judges will be drawn to positions for the Speed competitions.

The FIG Presidential Commission will appoint the Chair of Judges' Panel upon proposal of the PK Commission. The Chair of Judges' Panel, from the five Category 1 judges, will keep the same position for all phases of the competitions.

Judges are requested to arrive in Hiroshima one day before the Judges' Instruction at the very latest, and to be available until the last day of the competition.

Jury of Appeal and Supervisory Board

The Jury of Appeal consists of two members of the Executive Committee (one acting as President) and a third person to be designated in accordance with the matter of the appeal. In case of an

appeal, a person not involved in the decision of the Superior Jury or the judging process will be nominated.

The composition of the Jury of Appeal will be communicated in the Workplan.

10. DRAWING OF LOTS

The athletes drawing of lots will decide the starting order of the qualification competitions. It will take place during the orientation meeting.

11. COMPETITION FORMAT AND PROGRAMME

Competitions consist of Qualifications, Semi-Finals (Speed only) and Finals. The score from Qualification will not be carried forward. All runs, also the Finals, start from 0 points.

Speed

Speed competitions will be organized on two parallel lanes.

Speed Qualifications

The starting order for the first run of Qualification will be determined by a draw. An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course by raising their hand after seeing their time. The starting order for this second (optional) run is determined by the original starting order, but only with the athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

Runners' lanes- Lane 1 is farthest from the judge's tower and Lane 2 is closest, assigned by draw

Speed Semi-Finals

Knock-out competition format

The top athletes from the final ranking list of the Qualification (max. 2 per NF) participate in the Semi-Finals. No second run is possible.

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 applies

The highest ranked athlete faces the lowest ranked athlete, and the loser of that race is excluded from advancing to the final. Another example, the athlete ranked 2nd faces the 2nd to last athlete from the Qualification and so on for each athlete to be matched against the appropriate competitor. The loser of each race is excluded from advancing to the final.

SPEED	11 or less athletes	12-16 athletes	17 athletes or more
Semi-Final	No Semi-Final	8 best times from Qualification	10 best times from Qualification
No wildcard			

Finals	6 best from Qualification	6 total 4 from Knock-out + 2 next best times overall from Semi-Final	6 total 5 from Knock-out + 1 next best time overall from Semi-Final
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In case of a tie at the 6th rank for the Final, the tie-breaking rules set out in art. 4.1– apply.

Three reserve athletes will be able to warm-up for the Semi-Final and Final rounds.

Runners' lanes- Lane 1 is farthest from the judge's tower and Lane 2 is closest, determined by qualifying time

Speed Finals

The top 6 athletes from the final ranking list of the Qualification or the semi-finals (max. 2 per NF) participate in the Final.

In the final round, the 5th and 6th, the 3rd and 4th and the 1st and 2nd run by pairs. The final ranking is based on the time (no knock out).

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

The Final is held in one single run.

Runners' lanes- Lane 1 is farthest from the judges' tower and Lane 2 is closest, determined by qualifying time

Freestyle

Freestyle Qualifications

The starting order for the first run of Qualification will be determined by a draw.

The runs of 30 to 70 seconds, are judged based on the criteria defined in the Code of Points.

An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course (before the score is shown) by raising their hand. The starting order for this second (optional) run is determined by the original starting order, but only with athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

Freestyle Finals (max. 2 per NF)

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athletes starting last.

12. MEDIA

International and local media representatives as well as federations' communications staff who are interested in covering the event can register online at <https://media.gymnastics.sport>

In addition, National Federations are requested to send a confirmation letter for their editorial staff and photographers to the FIG Media Department at mediafig@fig-gymnastics.org.

Deadline: Will be communicated on the FIG website beginning of 2020.

The FIG Accreditation Rules and Media Rules have to be strictly respected

13. ATHLETES' BIOGRAPHIES

Athlete biographies are available online at:

http://www.gymnastics.sport/site/athletes/bio_view.php and will be updated before the World Championships.

14. ATHLETES' PORTRAIT PHOTO SESSION

Information on an **official and compulsory athletes' portrait photo session** will be mentioned in the Work Plan.

15. EQUIPEMENT

TBD

16. VISA

Please verify immediately with your travel agent or the Embassy or Consulate of Japan in your country if a visa is required for your travel to Japan. The LOC will assist you with a visa support letter.

More information about the visa can be obtained on the following links:

- 1) <https://www.jrailpass.com/blog/japan-visa>
- 2) https://www.mofa.go.jp/j_info/visit/visa/index.html
- 3) <https://www.japan.travel/en/plan/visa-info/>

17. TRANSPORTATION

International Transportation

The international travel to Hiroshima will be at each delegation's own expense. The FIG and the LOC strongly recommend that each Federation take cancellation insurance for their international transportation.

Local Transportation

Arrivals

The Host Federation (LOC) staff will be present at Hiroshima airport with greeting signs to welcome the delegations / athletes, provided the arrival time has been communicated by the deadline.

All delegations can purchase tickets at the airport to the Hiroshima bus station (1370 yen). Someone from the LOC will be at the station to greet and guide the delegations.

No transportation will be available between the hotels and the competition site, as the host hotels are all within walking distance.

Departures

All delegations can buy tickets at Hiroshima bus station for the airport. Someone from the LOC will be at the station to greet and guide the delegations.

18. ACCOMMODATION

Official Hotels

The LOC is delighted to provide FIG and official delegations members with the following selection of hotels. All rates include breakfast, VAT and service charge.

Hotel 1:

ANA Crowne Plaza (**FIG officials and staff**)

7-20 Nakamachi, Naka-ku Hiroshima-shi, Hiroshima, 730-0037, Japan

+81-82-241-1111

+81-82-241-9123

The costs per person/night are as follows:

JPY 18,800 (single room, including breakfast)

JPY 24,000(single room, including breakfast)/Saturday rate

Hotel 2:

Hotel S-plus Hiroshima Peace Park

3-17 Komachi, Naka-ku Hiroshima-shi, Hiroshima, 730-0041, Japan

+81-82-541-5555

+81-82-541-0096

<https://www.greens.co.jp/hshiroshima/>

The costs per person/night are as follows:

JPY 9,800 (single room, including breakfast)

Hotel 3:

Hiroshima Kokusai Hote

3-13 Tatemachi, Naka-ku Hiroshima-shi, Hiroshima, 730-0032, Japan

+81-82-248-2323

+81-82 248-2622

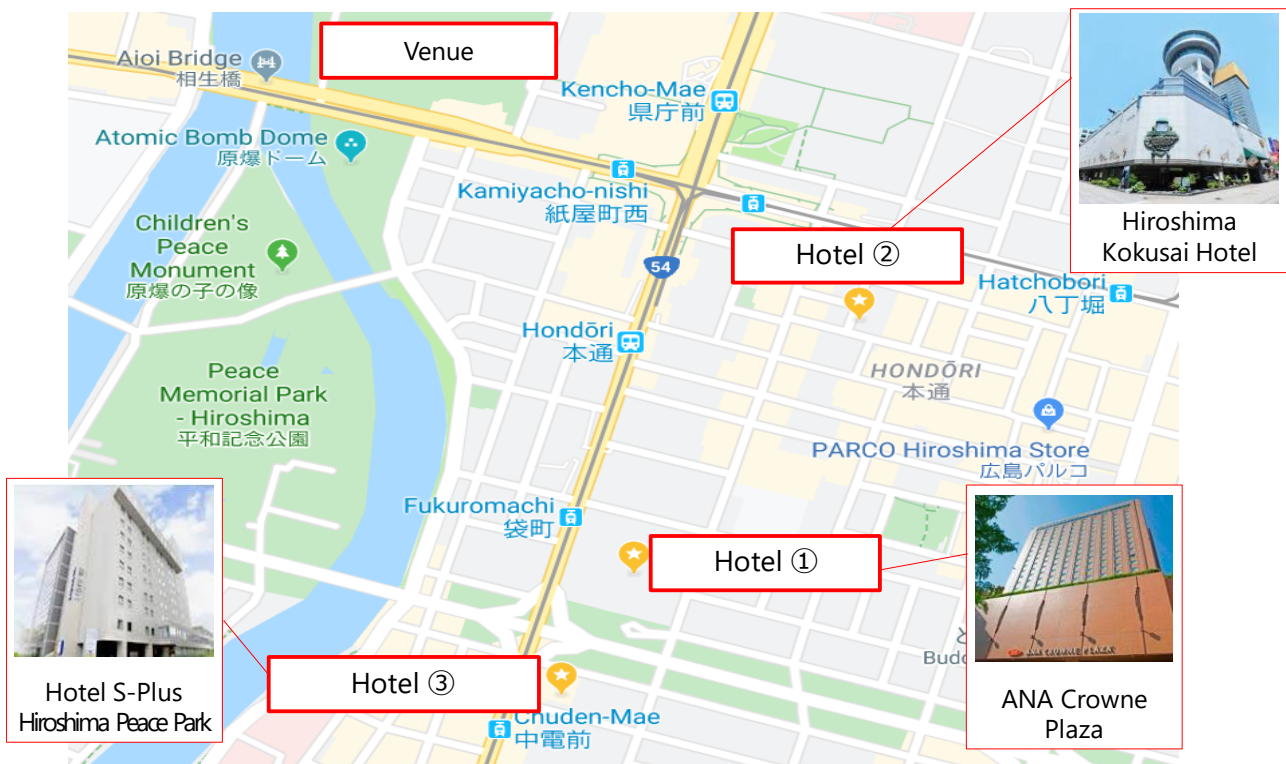
The costs per person/night are as follows:

JPY 12,700 (Twin room, including breakfast)

Media and Other:

In case of necessity for Media accommodation, please contact the LOC.

Map showing the Venue and Hotels:



19. MEALS

Breakfast is included in the price of each room.

The delegations are free to make their own meals arrangements for lunch and dinner.

20. FAREWELL BANQUET

Information will be distributed after the definitive registration.

21. FINANCIAL OBLIGATIONS – PAYMENT

Payments to FIG:

Non-reimbursable registration fee of CHF 50.- per athlete must be paid to the FIG by the deadline of the definitive registration.

Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices etc.) will not be allowed to participate in these World Championships.

Each participating member Federation is kindly requested to clearly state payment's purpose as follows:

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Failing to do so will lead to an unidentified fund transfer and may cause your federation to appear not to have met its financial obligations.

The participating federation is responsible for covering all bank fees in connection with the bank transfers.

The payment must be made in **CHF** only. Total amount of the FIG entry fees to be paid to:

Bank transfer:

Beneficiary	Fédération Internationale de Gymnastique Av. de la Gare 12 A - CH-1003 Lausanne/Switzerland
Bank Account / IBAN	CH40 0027 2272 5630 1649 0
IBAN	UBS Switzerland SA, Nidaugasse 49, CH-2501 Bienne/Switzerland
SWIFT/BIC	UBSWCHZH80A

Credit card

Should you wish to pay by credit card, please contact the FIG Finance Department (finance@fig-gymnastics.org) and provide the following information:

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- **Amount and currency**

- **e-mail address** to be used for receiving the link which will allow you to directly enter the credit card details.

Payments to the LOC:

TBD

Cancellation Policy

The FIG and the LOC strongly recommend that each Federation take a cancellation insurance for their accommodation and meals booking.

Time of Cancellation	Cancellation Charge
8 to 20 days prior to the Check-in Date	20%
2 to 7 days prior to the Check-in Date	30%
One day prior to the Check-in Date	50%
On the day of Check-in Date or No Notice	100%

22. INSURANCE

The Host Federation (LOC) and the FIG will not be held responsible for any liabilities in case of accidents, illness, and repatriation. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

Athletes/Judges need to provide evidence of the health insurance, which covers adequately the costs for medical treatment following illness/accident occurred in their home/residence country and while returning from abroad with accident or illness requiring continued treatment. The FIG insurance will provide subsidiary coverage during max. 365 days.

Each delegation is requested to send to the LOC a copy of their insurance,. Delegation members with insufficient insurance coverage must inform the LOC in writing in advance via email or fax. The LOC will subsequently offer insurance at the Federations own charge.

23. WORK PLAN

The Work Plan will be published on the FIG online calendar six weeks at the latest before the start of the competitions.

24. OFFICIAL HOSPITAL

The Official hospital will be:

Hospital name: Hiroshima Prefectural Hospital

Full address: 1-5-54, Ujinakanda, Minami-Ward, Hiroshima, 734-8530

The name of the Medical Doctor will be communicated in the Work Plan.

25. DOPING CONTROLS

Under the supervision of the FIG, anti-doping controls will be organized according to the valid WADA Code, WADA International Standards and FIG Anti-Doping Rules.

The anti-doping controls may take place at any time.

As per the applicable FIG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at FIG Events, any gymnast in need of a TUE is responsible, together with his/her Federation, to submit his/her request to the FIG no later than 30 days before the start of this competition,

No TUE request will be accepted nor approved on spot, except for duly justified emergency cases. Doping controls will be made as per the Doping Control Regulations of the FIG and WADA.

26. ATHLETES' MEETING

The FIG and its Athletes' Representative for Parkour, Ms. Micaela BUONO Pugh, invite athletes from all participating Federations to the Athletes' meeting. All athletes are more than very welcome. Additional information will be included in the Workplan.

27. THE WORLD GAMES 2021 BIRMINGHAM (USA) – QUALIFICATION

These World Championships also used as Qualification of the Individual **Athletes (nominative)** for the 2021 World Games in Birmingham (USA).

Please refer to the [FIG Technical Regulations, section 7, Art. 2](#).

28. HIROSHIMA INFORMATION

Weather in Hiroshima in April

Average max: Temperature 19°C

Average min: Temperature 9 °C

Currency: Yen

More detailed information to be included in the Work Plan.

29. SUMMARY OF THE DEADLINES AND PAYMENTS

	Deadline
Definitive Registration	02 February 2020
Nominative Registration	02 March 2020
Accommodation Form to the LOC	02 February 2020
Media accreditation	02 March 2020
Visa Request Form	02 February 2020
Payment of the Accommodation (to the LOC)	02 March 2020
Travel Schedule Form	02 March 2020
Photo & passport copies for Accreditation	02 March 2020

Sincerely Yours,

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Nicolas Buompane

Secretary General