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Gymnastics**

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13TH EUROPEAN TEAMGYM CHAMPIONSHIPS

SENIORS & JUNIORS

GUIMARÃES (POR)

1 – 4 DECEMBER 2021



13TH EUROPEAN CHAMPIONSHIPS
TEAMGYM
GUIMARÃES | PORTUGAL 2021

Directives

EUROVISION
OPERATED BY EBU

SMARTSCORING

Dear President,

The European Gymnastics is pleased to herein provide you with the Directives for the 13th European TeamGym Championships to be held in Guimarães (POR) from December 1st to 4th, 2021.

The competition will be organised according to the current European Gymnastics regulations. We refer to the current Technical Regulations Edition 2020, which include the Specific Rules for TeamGym, plus the Code of Points for TeamGym 2017-2021 and any subsequent clarifications/modifications sent out to the National Federations; as well as all other Rules and Guidelines valid starting 01 January 2020 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

Also, we refer to the TeamGym Directives for Equipment 2020; please note that the floor area was reduced to 16 m x 14 m in 2017. **Teams are not allowed to bring their own trampets.**

All participating Federations commit to abide by the Statutes and all applicable European Gymnastics & FIG Rules and Regulations. National Federations not respecting them will not be allowed to compete.

Regarding COVID-19, the situation will be monitored. European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance for their travel, accommodation and meals options. The schedule for the week may be modified depending on the number of registered teams.

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1. EUROPEAN GYMNASTICS

EUROPEAN GYMNASTICS

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2. HOST FEDERATION

GYMNASTICS FEDERATION OF PORTUGAL

Contact Person: Mrs. Teresa Loureiro
Address: Estrada da Luz n°30 – A
1600 – 159 Lisbon, Portugal
Tel: +351 21 814 1145
Email: federacao@ginastica.org
Website: www.ginastica.org



3. LOCAL ORGANISING COMMITTEE (LOC)

Contact Person: Mrs. Paula Araújo
Mr. Fernando Gaspar
Address: Estrada da Luz n°30 – A
1600 – 159 Lisbon, Portugal
Tel: + 351218141145
Email: TGEuropeans2021@ginastica.org
Event Website: [European Championships in TeamGym](http://EuropeanChampionshipsinTeamGym.com) | [European Gymnastics](http://EuropeanGymnastics.com)



4. LOCATION OF THE COMPETITION, TRAINING AND WARM-UP HALLS

Name: **GUIMARÃES's MULTIUSOS ARENA**
Address: Alameda Cidade de Lisboa, n° 481
Creixomil, 4835-037 Guimarães
Email: multiusos@tempolivre.pt
Website: www.tempolivre.pt



“Multiusos” is a multi-purpose Arena in Guimarães, which has been used mainly to host fairs, exhibitions, congresses, concerts and sporting events since 2001. It has a total capacity for 7,000 people (3,000 seats).

With a privileged location in one of the main entrances of the city, **Guimarães's Multiusos Arena** has a versatility that allows it to host major sports competitions, concerts, fairs, exhibitions and congresses. Occupying a total area of 12,270 m², it has about 3,700 m² of useful exhibition area in the central nave, the result of the bet on telescopic type benches, which allows the configuration of various types of lay-out, up to a maximum limit of 10,000 people.

Distance from the official Hotels: between 1,6 km to 10 km, (3 to 10 minutes drive).



Competition Arena ("Multiusos")	Hall Capacity:	3000 seats
	Length:	50 m
	Width:	36 m
	Ceiling height:	13 m
Warm-up Hall	Length:	36 m
	Width:	20 m
	Ceiling height:	13 m
Training Hall	Length:	34 m
	Width:	19 m
	Ceiling height:	13 m

5. EQUIPMENT

The LOC has an exclusive agreement with **PE-Redskaber** equipment that ensures an identical equipment setup in both the training hall and competition hall. This means that all teams will have access to the best equipment during the Championships.

Floor	<u>Dimensions of the competition area:</u> 16 m x 14 m x 0,35 m. Borderline: 5 cm white velcro.
	The Floor programme is performed on 35mm thick mat of carpet-bonded foam and area made up of 8 mats, 14 m long and 2 m wide in dark blue. It will be connected side by side with a blue velcro on the top, the connections will be in the short side. (Ref.: PE-72263)
Tumble	<u>Approach Run-up:</u> 16 m x 1 m consisting of 8 blocks 200 x 100 x 33 cm, made in PVC and hard foam. Connection with velcro (Ref.: PE-2025b-33) ·
	<u>Tumble track:</u> 15 x 2 x 0,33 m. Consists of 15 sections of fiberglass rods and red rubber floor protectors. One mat is 1500 x 200 x 3,5 cm of carpet bonded foam and the other mat is 1500 x 200 x 66 cm black special foam. There will be a white centreline and side-lines on the Tumble track. (Ref.: PE-7010)
	<u>Safety Strips for Tumble track :</u> 200 x 50 x 33cm. There will be placed two pieces on each side. Velcro on all sides. (Ref.: PE-42512 + PE-4308B-lbm)
	<u>Tumble Landing Area:</u> 700x400x33cm, covered in PVC, in blue and red with a red painted landing area in 400 x 200 cm. The mat will be built on to layers, one is 30 cm and the top is 3 cm. (Ref.: PE-41502)
	<u>Additional Safety Mat:</u> with Velcro on the bottom, 400 x 200 x 10 cm. (Ref.: PE-4201)

Trampet	<u>Run-up</u> : two separate roll mats (one for trampet using the vault and one for trampet without the vault). Each roll mat is 2500 x 100 x 2,5cm in blue with anti-slip on the bottom. (Ref.: PE-2018)
	<u>Vaulting table</u> : model “Tarpan” can be adjusted in height from 165 cm to 110 cm at an interval of 5 cm. The pillar is covered in foam protection. It has an adjustment legs spacers for trampoline. (Ref.: PE-5605)
	<u>Trampets</u> : “Dorado 36 TeamGym” with 36 springs and front protection. (Ref.: PE-3036 and Ref.: PE-3158)
	<u>Trampets</u> : “Dorado 40 TeamGym” with 40 springs and front protection. (Ref.: PE-3040 and Ref.: PE-3158)
	<u>Landing area</u> : 700x700x33cm, covered in PVC, in blue and red, with two red painted landing area in 400 x 200. The landing area will be built in to layers, one is 30 cm and the top is 3 cm. (Ref.: PE-41602)
<u>Additional Safety Mat</u> : with Velcro on the bottom, 400 x 200 x 10cm. (Ref.: PE-4201)	

6. PROVISIONAL PROGRAMME (*subject to modification*)

DESCRIPTION		LOCATION
Sunday, November 28th, 2021		
<i>Arrival of European Gymnastics TC members</i>		<i>Airport/Hotels</i>
Monday, November 29th, 2021		
<i>Official arrival day of Delegations & European Gymnastics Officials</i>		<i>Airport/Hotels</i>
Accreditation		Arena/Multiusos
European Gymnastics TC-TG meeting		Arena/Multiusos
Tuesday, November 30th, 2021		
Late accreditations		Arena/Multiusos
Official training for Junior Teams		
Judges’ instruction meeting (part 1) & draw (full day)		
Orientation meeting		
Wednesday, December 1st, 2021		
Official training for Senior Teams		Arena/Multiusos
Head Judges’ meeting		
Judges’ instruction meeting (part 2)		
Panel meetings Junior Qualifications		
Opening Ceremony		
JUNIORS	Qualifications – Junior Men’s Teams Qualifications – Junior Mixed Teams Qualifications – Junior Women’s Teams	
Thursday, December 2nd, 2021		
Panel meetings Senior Qualifications		Arena/Multiusos
SENIORS	Qualifications – Senior Mixed Teams Qualifications – Senior Women’s Teams Qualifications – Senior Men’s Teams	

Friday, December 3 rd , 2021		
Panel meetings Junior Finals		Arena/Multiusos
Round table discussions with all NFs		
JUNIORS	Final – Junior Men’s Teams	
	Award Ceremony	
	Final – Junior Mixed Teams	
	Award Ceremony	
	Final – Junior Women’s Teams	
Award Ceremony		
Saturday, December 4 th , 2021		
Panel meetings Senior Finals		Arena/Multiusos
SENIORS	Final – Senior Mixed Teams	
	Award Ceremony	
	Final – Senior Women’s Teams	
	Award Ceremony	
	Final – Senior Men’s Teams	
	Award Ceremony	
Closing Ceremony		
Farewell Banquet & All Stars announcement		
Sunday, December 5 th , 2021		
Departure of Delegations, TC members & European Gymnastics Officials		Hotels/Airport

7. PARTICIPATION RIGHT AND ACCREDITATIONS

All National Federations (NF) affiliated to European Gymnastics are admitted to the TG ECh, provided that their financial obligations to the European Gymnastics are fulfilled. The registrations have to be made by the National Federations.

Maximum size of delegation

The **maximum size** of each delegation, together with the number of transferable access cards (transferable within the Federation’s official delegation) as per European Gymnastics Rules for Accreditation:

Function	Seniors	Juniors	Total
Gymnasts – Women’s team	12	12	24
Gymnasts – Mixed team	12	12	24
Gymnasts – Men’s team	12	12	24
Coaches – Women’s team	3	3	6
Coaches – Mixed team	3	3	6
Coaches – Men’s team	3	3	6
Physiotherapist – Women’s team	1	1	2
Physiotherapist – Mixed team	1	1	2
Physiotherapist – Men’s team	1	1	2
Head of Delegation	1		1
Team Leaders	2	2	4
Doctor	1		1
Judges	3		3
Chaperon* (1 per 10 gymnasts under 18 years)	4		4
Guest*	No limits		
VIP-Guest*	No limits		

Note: Additional transferable access cards may be delivered by European Gymnastics upon request by the delegation due to competition schedule/conditions.

* Accreditation at the charge of the Federation

Additional accreditations for Chaperon, Guest and VIP-Guest may be delivered, with the costs identified on the next table (**to be paid to the LOC**):

Additional accreditations	Price*
Chaperon	EUR 180
Guest	EUR 180
VIP-Guest	EUR 250

* Those prices will be applied to the ones who book accommodation through LOC and include: transfer service, local transportation, final banquet and access to the:

- Delegations seating zone (Chaperon; Guest)
- VIP seating zone and VIP lounge (VIP-Guest).

Accreditation Application Process

Accreditation cards will be distributed at the Accreditation Centre situated at the Competition Venue. The items to be checked will be listed in the Work Plan.

In order to speed up the process of the accreditation, each participating Federation is kindly requested to upload photos and passport copy of each member of its delegation (gymnasts, head of delegation, team leaders, coaches, judges, doctor, physiotherapist) into SmartScoring's digital platform. **In order to get the link and sign in details to access the online platform, please send an email with the name and details of a contact person that will be responsible for registration on behalf of the Federation to: TGEuropeans2021@ginastica.org as soon as possible.**

The deadline for the photos and passport copies upload (identity colour photo in JPG format, size – 45 mm x 35 mm, resolution: 800x600plx) is **November 2nd, 2021**. Please clearly indicate the corresponding full name (with correct spelling) in the file title. Submission of photos in due time will prevent the delegations from waiting at the accreditation centre. 25EUR will be charged for each photo the LOC has to make at the arrival of the delegation.

Media Accreditation

International and local media representatives as well as federations' communications staff who are interested in covering the event can register online at <https://registry.gymdata.online/>.

Deadline: November 17th, 2021

The European Gymnastics Accreditation Rules and Media Rules have to be strictly respected.

8. AGE LIMIT OF GYMNASTS

Juniors: 13 – 18* years (born 2003 – 2008)

Seniors: 16 years (born 2005 or before)

* On May 20th, 2020, the European Gymnastics Executive Committee has decided to exceptionally review the age limits for the rescheduled TeamGym Europeans in 2021. This means that juniors who turned 17 in 2020 will have the option to compete as juniors or seniors in December 2021.

9. REGISTRATIONS AND ENTRY FEES

Registrations can only be made by European Gymnastics affiliated federations in good standing, via the SmartScoring platform (<http://registry.gymdata.online/>) and by using the National Gymnastics Federation's login and password.

Definitive Registration

The definitive registrations must be completed by entering the composition of the delegation **until September 2nd, 2021 (23:59 Swiss time) at the very latest.**

Nominative Registrations

The nominative registrations must be completed by entering the composition of the delegation **until November 2nd, 2021 (23:59 Swiss time) at the very latest.**

Entry Fees EUR 600.- per team

The total amount of the entry fees must be paid until the date of the nominative registration deadline, **November 2nd, 2021 at the very latest on the European Gymnastics bank account.**

European Gymnastics fines

The fines after missing the Registrations deadlines or after late Registrations are as follows (as per the European Gymnastics Technical Regulations, Art. 3.2.6):

Definitive Registration received after the deadline	EUR 1'500
Nominative Registration received after the deadline	EUR 1'000
No participation at all (noticed at the venue)	EUR 1'000

10. JUDGES AND JURY OF APPEAL

Judges

All judges must have a current valid European Gymnastics brevet at the time of the event.

Each participating European NF is obliged to nominate at least one judge and maximum 3 judges.

All judges will be given the opportunity to officiate in at least one competition. The head judges are appointed by the TC-TeamGym/European Gymnastics; The remaining judges' positions are decided by a draw. All judges must be in possession of the European Gymnastics TeamGym Brevet (category 1 – 3) and be eligible to judge in the respective function. All judges must participate in the judges' instruction meeting. The costs for the judges will be at the charge of their respective federations.

- If a European National Federation does not enter a judge or comes with a judge of an insufficient level, the European Gymnastics will request payment of the amount indicated in the below list:

Requested by European Gymnastics	European NF comes with	Sanction
1 judge	0 judge	€ 2'000.-

Judges shall recuse themselves if

- They are or were married to or live in a registered partnership or co-habit with a gymnast
- They are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

Jury of Appeal and Supervisory Board

The Jury of Appeal consists of two members of the Executive Committee (one acting as President) and a third person to be designated in accordance with the matter of the appeal. In case of a judge's appeal, a person not involved in the decision of the Superior Jury and in the Judging, process will be nominated. The composition of the Jury of Appeal will be communicated in the Workplan.

11. DRAWING OF LOTS

The teams' starting order of the qualification competitions and the finals will be decided by an official draw. It will take place after the deadline of the definitive entry. The exact date, time and location will be announced in due course by the European Gymnastics to the parties concerned which are entitled to be present at the draw.

12. COMPETITION FORMAT AND PROGRAMME

There are three sections in the Junior Competition and three in the Senior Competition:

Junior	Senior
1 boy's team	1 men's team
1 girl's team	1 women's team
1 mixed team	1 mixed team

A gymnast may only compete for one team. In the junior and senior categories, each Federation may enter one team per section. A team consists of 8 – 12 male/female gymnasts (8-10 gymnasts are competing). A maximum of 12 gymnasts per team can be accredited.

Each team must perform 3 apparatus:

Apparatus 1 – Floor
Apparatus 2 – Tumble
Apparatus 3 – Trampet

All gymnasts participating in the competition must perform the Floor programme.

The 8 Teams with the highest ranking from the Qualification are qualified for the Finals. Teams in the final start from zero score. If there are less than 12 teams in a section, only 6 will proceed to the Final.

The team's total score is the sum of the final scores of all three apparatus. The winning team for each of the sections shall receive the title European TeamGym Champion.

13. PUBLICITY RULES

Gymnasts and coaches must wear clothing according to the TeamGym Code of Points section 4.2 (gymnasts) and 8.2 (coaches). The rules for national identification, logos, advertising and sponsorship must be in accordance with the FIG Rules for Competition Clothing and Advertising 2017-2021. Please note that the country identification must be in the form of a flag (in official colours) or the country name (official 3-letter NOC abbreviation or in full).

For coaches standing in for support, the nationality must also be identified by flag or the country name. Placement is optional keeping with good taste and design and ensuring an aesthetic presentation.

14. VISA

Please verify immediately with your travel agent or Embassy or Consulate of Portugal in your country if a visa is required for your travel to Portugal. The LOC will assist you with a visa support letter provided that the request is made to the SmartScoring's digital platform by **November 2nd, 2021 at the latest**.

In order to get the link and sign in details to access the online platform please send an email with the name and details of a contact person that will be responsible for registration on behalf of the Federation to: TGEuropeans2021@ginastica.org as soon as possible.

15. TRANSPORTATION

The invited participating Federations must pay for their travel costs of their delegation members. The official arrival airport is Porto Airport (OPO).

The travel details must be submitted to the SmartScoring's digital platform until **November 2nd, 2021**.

The LOC will provide transfer from Porto Airport (OPO) to hotels. Costs are included in accommodation booking, for all delegations that have booked it through the LOC.

Local Transportation

The LOC will organise shuttle buses from Official Hotels to the Competition Venue and back for all delegations that have booked accommodation through the LOC.

The LOC will organise buses for/from farewell banquet for the delegations concerned as well.

16. ACCOMMODATION

Official Hotels

The LOC offers a package in 3 different Hotel's categories, plus 1 of superior category and 1 low-cost Hostel.

The package includes the following:

- Accommodation at the chosen category Hotel
- Meals - According the package option
 - (BB) Bed and Breakfast - Breakfast in the Hotel
 - (HB) Half board - Breakfast in the Hotel and lunch at Arena
 - (FB) Full board - Breakfast in the Hotel, lunch and Dinner at Arena
- Free Transportation between the Oporto airport bus station to the Hotels and vice-versa
- Free Local transportation
- Farewell Banquet
- VAT

Hotel category prices are per night per person.

Hotels for Delegations

CATEGORY 1/Superior

Located at 3 to 5 km / 10 minutes driving distance from the competition Arena.

Prices per night/per person			
	Bed & Breakfast (BB)	Half board (HB)	Full board (FB)
Single room	220,00 €	225,00 €	230,00 €
Double room	150,00 €	155,00 €	160,00 €
Triple room	140,00 €	145,00 €	150,00 €

CATEGORY 2

Located at 1,6 to 3 km / 5 to 10 minutes driving distance from the competition Arena.

Prices per night/per person			
	Bed & Breakfast	Half board	Full board
Single room	180,00 €	185,00 €	190,00 €
Double room	130,00 €	135,00 €	140,00 €
Triple room	125,00 €	130,00 €	135,00 €

CATEGORY 3

Located at 3 to 9,7 km / 7 to 11 minutes driving distance from the competition Arena.

Prices per night/per person			
	Bed & Breakfast	Half board	Full board
Single room	160,00 €	165,00 €	170,00 €
Double room	115,00 €	120,00 €	125,00 €
Triple room	110,00 €	115,00 €	120,00 €

CATEGORY 4

Located at 1,7 to 2 km / 4 to 5 minutes driving distance; 12 to 18 minutes walking distance, from the competition Arena.

Prices per night/per person			
	Bed & Breakfast	Half board	Full board
Single room	140,00 €	145,00 €	150,00 €
Double room	100,00 €	105,00 €	110,00 €
Triple room	95,00 €	100,00 €	105,00 €

CATEGORY 5 – Low-cost (Youth hostel)

Located at 3,1 km / 8 minutes driving distance; 1,5 km / 20 minutes walking distance, from the competition Arena.

Prices per night/per person			
	Bed & Breakfast	Half board	Full board
Double room	100,00 €	105,00 €	110,00 €
Multiple room (4 pax)	100,00 €	105,00 €	110,00 €
Multiple room (6 pax)	90,00 €	95,00 €	100,00 €

Hotel Reservations

The Accommodation Request must be submitted to the SmartScoring's digital platform by **September 2nd, 2021** at the very latest, the hotel rooms will be allocated on a "*first come, first serve*" basis as the number of rooms are limited at each hotel.

Please note that we cannot guarantee that all requests regarding hotel accommodations can be met. All teams will stay together at the same hotel. But if a delegation has to be split into accommodations at two different hotels, we will try to make sure they are as close to each other as possible.

In order to get the link and sign in details to access the online platform please send an email with the name and details of a contact person that will be responsible for registration on behalf of the Federation to: TGEuropeans2021@ginastica.org as soon as possible.

17. MEALS

The meals plan (lunch and dinner) is not compulsory and the delegations are free to make their own meals arrangements for lunch and dinner. But we must inform that near the arena there are almost no restaurants and the one(s) that exists have little capacity.

Meals Bookings

- Breakfast will be served at the hotels; the price is included in the cost of each hotel booking package.
- Lunch from Monday to Saturday and dinner from Monday to Friday (banquet on Saturday) will be served at Arena/Multisusos by the price of **EUR 14** each (price per meal and per person).

You must select accommodation package including whether you want B&B/half/full board to the SmartScoring's digital platform no later than **September 2nd**. If you wish to buy EXTRA meals, not included in the accommodation package, please request this **by November 2nd, 2021**, at the very latest.

Farewell Banquet

Accredited Delegation members (with the exception of E- and R- media), who stay at one of the official hotels and book their accommodation through the LOC will receive a free ticket for the Farewell Banquet.

Tickets for the banquet for Accredited Delegation members not booking their accommodation through the LOC can be purchased for **EUR 75** per person by order in the SmartScoring's digital platform **by November 2nd, 2021** at the very latest.

18. FINANCIAL OBLIGATIONS – PAYMENT

Payments to European Gymnastics:

The non-reimbursable registration fee of EUR 600.- per team must be paid to European Gymnastics.

Registrations without the appropriate payment of the registration fee at the time of the Nominative Registration (funds received by the European Gymnastics) will be considered invalid (i.e. the athletes will not be allowed to compete).

Federations which have not fulfilled their financial obligations towards the European Gymnastics are not allowed to participate in the European TeamGym Championships.

Each participating member Federation is kindly requested to clearly state payment's purpose as follows:

NF Discipline Event Year Host Country

Example: SUI TG ECh 2021 POR

The participating Federation is responsible for covering all bank fees in connection with the bank transfers. The payment must be made in **EUR** only; on the European Gymnastics account:

Beneficiary	European Gymnastics Av. de la Gare 12, CH-1003 Lausanne/Switzerland
Bank Account / IBAN	CH05 0076 7000 L520 5704 9
Bank name	BCV, Place St.-François 14, CP 300, CH-1002 Lausanne/Switzerland
SWIFT/BIC	BCVLCH2LXXX

Payments to the LOC:

Federations which have not fulfilled their financial obligations towards the LOC by the given deadlines herein mentioned may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.

Payment for the accommodations and meal options must be made through bank transfer to:

Beneficiary	Federação de Ginástica de Portugal
Bank Account / IBAN	PT50 0010 0000 52631450001 91
Bank name	BPI
SWIFT/BIC	BBPIPTPL
Bank Address	Av. Fontes Pereira de Melo, nº 4 1050-121 Lisboa, Portugal
Beneficiary Address	Estrada da Luz, N° 30 – A 1600-159 Lisboa, Portugal

Each participating member Federation is kindly requested to write on the transfer document the payment's purpose as follows: **Country_TG_ECh** (ex. POR_TG_ECh).

The participating federation is responsible for covering all bank fees in connection with the bank transfers. Please state the name of your Federation and the payment purpose on the transfer. The payment must be made in EUR only.

Payment deadlines:

- The first 50% of the total accommodation costs – **September 2nd, 2021**
- Settlement of the remaining 50% of accommodation costs and 100% of the total meal costs – **November 2nd, 2021**

Cancellation Policy

European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance for their travel, accommodations and meal options.

In case of cancellation, costs will be refunded as follows:

- Cancellations are accepted **until September 1st, 2021** without any penalties;
- From **September 2nd, 2021 to October 10th, 2021**: 50% of the total amount due (accommodation and meals), will be charged;
- From **October 11th, 2021 on**: no refund will be given.

19. INSURANCE

We would like to inform you that European Gymnastics has concluded a contract with IMSSA International Medical & Security Sports Assistance.

People insured: all the **gymnasts** participating in the European TeamGym Championships and the people acting as **judges** during these Championships.

Attention: the coaches, heads of delegation, etc, are **NOT** insured, please present a proof of insurance at the accreditation. Insurance shall be submitted in SmartScoring's digital platform or at the accreditation.

The Host Federation, the LOC, European Gymnastics and FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation (except judges and gymnasts as mentioned above). IMSSA insurance covers Covid-19 as illness (including all treatments, possible repatriation etc.) for gymnasts and judges. However, an eventual needed quarantine period (or need to stay on site as accompanying person) of a "not ill" person is NOT covered. The national federation must take care of an according coverage or financial planning themselves. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.

The LOC will subsequently offer insurance at the Federations own charge. Please contact the LOC for more details: TGEuropeans2021@ginastica.org.

20. WORK PLAN

The Workplan will be published on the European Gymnastics website six weeks at the latest before the start of the competitions.

21. OFFICIAL HOSPITAL

Name: **Hospital da Senhora da Oliveira**
Address: Rua dos Cutileiros, Creixomil. 4835-044 Guimarães
Tel: +351 253 540 330

The name of the Medical Doctor will be communicated in the Work Plan.

This official hospital as well as the medical personnel assigned duly accept the International SOS (IMSSA insurance card) for all athletes as well as for the accredited judges with a European Gymnastics Judges Brevet valid at the time of these European Championships.

22. DOPING CONTROLS

Doping controls will be made according to FIG Anti-Doping Rules and WADA Code and Standards.

23. MUSIC

The musics and national anthems should be uploaded in the SmartScoring's digital platform by **November 2nd, 2021** at the very latest.

Musics have to be uploaded in the following format:

File format: .mp3

Name of file must contain:

- The category (Junior or Senior)
- The section (Men, Women, Mixed)
- The name of the nation (official abbreviation of the country)
- Exercise (Floor, Trampet, Tumble – (Example: Senior_Men_POR_floor.mp3)

Each Federation will also have to confirm that the music used does not violate any copyrights and that it can be broadcasted within sports.

24. INFORMATION – COVID19 RESTRICTIONS

At this time (May 2021), passengers travelling to Portugal from some few countries, shall comply with a 14-day prophylactic isolation requirement. **But passengers traveling exclusively for the practice of sport activities integrated in international competitions are exempt from the prophylactic isolation** (with an official invitation letter from the LOC).

Please check here your needs to travel to Portugal: <https://www.traveldoc.aero/>.

25. SUMMARY OF THE DEADLINES AND PAYMENTS

For European Gymnastics	Deadline
Definitive Registration – Gymdata	September 2 nd , 2021
Nominative Registration – Gymdata	November 2 nd , 2021
Payment of the European Gymnastics Registration Fees	
Media accreditation	November 17 th , 2021

For the LOC (Forms / Accommodation)	Deadline
Accommodation Request – SmartScoring’s digital platform	September 2 nd , 2021
Visa Request – SmartScoring’s digital platform	November 2 nd , 2021
Travel Schedule – SmartScoring’s digital platform	
Photos & passports for Accreditation – SmartScoring’s digital platform	
Music – SmartScoring’s digital platform	September 2 nd , 2021
Accommodation costs (first 50%)	
Accommodation costs (last 50%)	November 2 nd , 2021
Extra meals (100%)	

Sincerely Yours,

EUROPEAN GYMNASTICS



Per Sjöstrand
TC-TeamGym President



GYMNASTICS FEDERATION OF PORTUGAL



Luís Arrais
NF President

