



International Tournament AEROBIC
“Egyptian Pharos cup”
1-3 November, 2019
(Junior – Senior- Age Group)



DIRECTIVES

Event ID: 16253

Dear FIG affiliated Member Federation and clubs.

The Gymnastics Federation of Egypt has the pleasure to invite your Federation and sports club participate in the aforementioned official FIG International Event.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Egyptian Gymnastics Federation Elestad Elbahary St. Olympic Feds Buildings, Nasr city, Cairo , Egypt 002 02 240 250 24 002 02 240250 27 egypt@egyptgymnastics.com www.egyptgymnastics.com
LOCATION	Hurghada, Egypt
DATE	From 30 October – 4 November 2019
VENUE	<div style="display: flex; justify-content: space-around;">   </div> <p>The lounge – covered road Hijaz Hurghada , Red sea Governorate +201145000061</p>
APPARATUS SUPPLIER	Aerobic floor: Gymnova 6632
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • Licence rules (except for non-competitive events) • Media Rules • Apparatus Norms • FIG Junior Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Accreditation Rules • Medical Organization of FIG Competitions and Events

	<i>and subsequent decisions of the FIG Executive Committee</i>							
PARTICIPATIONS AND AGE LIMITS	Senior: 18 years and over (born 2001 or before) Junior (AG2): 15-17 (born in the year 2002 - 2004) AG (AG1): 12-14 (born in the year 2005 - 2007) All gymnasts must have a valid FIG license, until the end of the Event. For AG 9-11, please contact the LOC							
JUDGES AND JURIES	Each federation may bring minimum up to 2 judges if more than 4 gymnast. All judges must have a current valid FIG brevet at the time of the event.							
REGISTRATION DEADLINES	<table border="1"> <tr> <td>Provisional registration</td> <td>1 August 2019</td> </tr> <tr> <td>Definitive registration</td> <td>1 September 2019</td> </tr> <tr> <td>Nominative registration</td> <td>1 October 2019</td> </tr> </table>		Provisional registration	1 August 2019	Definitive registration	1 September 2019	Nominative registration	1 October 2019
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ENTRY FEES	The Entry fees for the different categories in each Age Group are as follows: Category Entry Fee Individual Women 30 Euro Individual Men 30 Euro Mixed Pairs 40 Euro Trios 50 Euro Groups 60 Euro 100% of the Entry fee must be paid to the LOC not later than 1 st October 2019 (the deadline for the Nominative entry). <i>For delegation did not booked their accommodation through the LOC and national club</i> Category Entry Fee Individual Women 120 Euro Individual Men 120 Euro Mixed Pairs 240 Euro Trios 350 Euro Groups 560 Euro							
ACCREDITATION	Regarding the accreditation procedures for all participating delegation members , electronic ID photographs must be sent via email to LOC within the deadline set for nominative registration Note: the LOC will be checking the validity of the gymnast's licences.							
EVENT FORMAT	The competition consists of Qualifications and Finals in all Age Groups And all 5 categories. In case that there are less than 9 participants per Category in the Qualifications, there will be no finals the results will be from the qualifications QUALIFICATIONS There is no limit on the number of participants per category and nation in The Qualifications. FINALS The top 8 (eight) competitors from the Qualifications in each Age Group (Seniors, 12-14 and 15-17) and Category (IW, IM, MP, TR and GR) will Take part in the Finals (maximum two per Category and Nation). In addition, if the organizing Federation has not qualified competitors in any category, it may nominate one participation in max.1 category in each Age Group of its choice							

PROVISIONAL SCHEDULE	<table border="1"> <thead> <tr> <th>Date</th> <th>Activity</th> </tr> </thead> <tbody> <tr> <td>WEDNESDAY 30/10/ 2019</td> <td>Arrival of delegation</td> </tr> <tr> <td>THURSDY 31/10/ 2019</td> <td>Orientation meeting Judges instruction Podium training Opening rehearsals</td> </tr> <tr> <td>FRIDAY 01 /11/ 2019</td> <td>Qualification</td> </tr> <tr> <td>SATURDAY 02/11/2019</td> <td>Qualification</td> </tr> <tr> <td>SUNDAY 03/11/2019</td> <td>Finals</td> </tr> <tr> <td>MONDAY 04/11/2019</td> <td>Departure of delegations</td> </tr> </tbody> </table>	Date	Activity	WEDNESDAY 30/10/ 2019	Arrival of delegation	THURSDY 31/10/ 2019	Orientation meeting Judges instruction Podium training Opening rehearsals	FRIDAY 01 /11/ 2019	Qualification	SATURDAY 02/11/2019	Qualification	SUNDAY 03/11/2019	Finals	MONDAY 04/11/2019	Departure of delegations
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MEDICAL SERVICES	A medical service will be available throughout the period of the competition During this championship an anti-doping control will be carried out in accordance with international standard.														
VISA	Please verify immediately with your travel agent or the Egyptian Embassy or Consulate in your country if a visa is required for your travel to Egypt . The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 31 August 2019 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport e1st of xpiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.														
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 50 USD per person/day .														
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members The Travel Schedule Form must be returned to the LOC by 1st of October 2019 .														
LOCAL TRANSPORTATION	The Organising committee will provide transportation from Hurghada international airport for the delegation booked their accommodation through the LOC.														
ACCOMMODATION															

	<p>Sunny Days EgyptHotels Resorts +201011111810 Elkornish street , Hurghada, 85111 www.sunnydaysegypt.com 110 EURO The costs per person /night in Single room Full board 80 EURO The costs per person / night in a Double room full board 60 EURO The costs per person /night in Triple room Full board</p>																							
CANCELTATION POLICY	<p>After 1st September 2019 50% of total amount due. After 1st October 2019 100% of total amount due.</p>																							
FINAL BANQUET	<p>Free of charge if booked through the LOC If the accommodation not booked through the LOC 50 USD per ticket / person for the Final Banquet must be paid to the LOC by 1st October, 2019 at the very latest</p>																							
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MARKETING	FIG advertising and publicity norms must be respected																							
SOCIAL MEDIA	Egyptian gymnastics federation official page																							
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Sincerely Yours

Cairo 22/07/2019

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Place & Date



Dr. Ehab ESAWY

President of EGF