



3rd International Aerobic Gymnastics Competition
“Lithuanian Open CHAMPIONSHIP 2020”,
21-22nd February 2020




DIRECTIVES

EVENT ID: 16313

Dear Federation/Club,

The Lithuanian Gymnastics Federation and the Lithuanian Aerobics Federation have the pleasure to invite your Federation/Club to participate in the 3rd International Aerobic Gymnastics Competition “Lithuanian Open Championship 2020”, to be held in Prienai, Lithuania.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Lithuanian Gymnastics Federation Contact person: Algimantas Prunskas Zemaites Str. 6, LT-03117 Vilnius, Lithuania Phone/fax: +370 52163808 Mobile: +370 69637663 E-mail: info@gimnastika.lt Web: www.gimnastika.lt
ORGANIZING COMMITTEE	Lithuanian Aerobics Federation Contact person: Roma Aleksandraviciene Sporto Str. 6, LT-44221 Kaunas, Lithuania Mobile: +370 686 36488 E-mail: sportineaerobika@gmail.com Contact persons: Irina Kliziene Mobile: +370 682 39370 E-mail: irina.kliziene@ktu.lt Giedre Vaitauskiene Mobile: +370 610 14712 E-mail: vaitauskiene@gmail.com Web: www.lietuvosaerobikosfederacija.org
LOCATION	Prienai, Kaunas County, Lithuania
DATES	21-22 nd February, 2020
VENUE	Prienai District Municipality Physical Education and Sports Center Pramones str. 20, Prienai, Lithuania Phone: +370 319 60053 E-mail: info@prienusportas.lt Web: www.prienusportas.lt 
EQUIPMENT	GYMNOVA Aero Floor "Cancun" Ref. 6632
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters

	<ul style="list-style-type: none"> • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • Licence Rules (except for non-competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • FIG Medical Organization of FIG Competitions and Events • FIG Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>		
FEDERATIONS INVITED	The Organizing Federation invites all FIG member Federations in good standing.		
PARTICIPATION AND AGE LIMITS	AG 1 (12-14), AG 2 (15-17), Seniors (18 and older) All gymnasts must have a FIG license valid until the end of the event. Each federation must send at least 1 judge		
REGISTRATION DEADLINES	Provisional registration	20 th December 2019	2 months prior to the event
	Nominative registration	20 th January 2020	1 month prior to the event
ENTRY FEES	The Entry Fees for this event are: - EUR 20,00 for IW/IM - EUR 30,00 for MP - EUR 45,00 for TRIO - EUR 60,00 for GROUP - EUR 70,00 for AERO DANCE/AERO STEP		
ACCREDITATION	The accreditation of delegations will take place upon arrival at the Prienai District, Pramones str. 20, Prienai, Lithuania . For accreditation the head of delegation is required to bring the following: - passports of all members of the delegation - proof of medical insurance of all members of the delegation - national flag		
COMPETITION FORMAT	Qualifications and finals will be carried out in each of the 5 categories (IM, IW, MP, TR and GR) The top 8 (eight) competitors from the Qualifications in each Age Group (Seniors, 12-14 and 15-17) and Category (IW, IM, MP, TR and GR) will take part in the Finals (maximum two per Category and Nation). Aero Dance and Aero Step: only the finals (AG1, AG2 and Seniors categories).		
PROVISION1L SCHEDULE	- February 20 th : Arrival, Podium training possibility, Orientation Meeting, Judges' Meeting - February 21 st : Qualifications in categories AG1, AG2, SEN - February 22 nd : Finals in all categories, Competition - February 23 rd : Departure		
MEDICAL SERVICES	Medical services will be provided by the Organizing Committee during training and the competition. A physiotherapist and medical team will be present during training and the competition. Medical support is also available at the city Hospital.		
VISA	The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 20 th January 2020 to the OC. The request must include the function, full name, gender, date of birth, citizenship and passport number, home address, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.		
INSURANCE	The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid		

	insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. The OC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the OC in advance.										
INTERNATIONAL TRANSPORTATION	The Participating Federations/Clubs must pay for the travel costs of their delegation members. The Travel Schedule Form must be submitted to the Organizing Committee by 20 th January 2020.										
LOCAL TRANSPORTATION	The organizers will provide transportation from Vilnius Airport and the Vilnius railway/bus stations to the hotels and the competition venue. These transportation costs should be paid to the Organizing Committee by 20 th January 2020.										
ACCOMMODATION	The Organizing Committee will cover the accommodation fees for the participating delegations. All booking must be made through the Organizing Committee. Hotel City Kaunas ** (Kaunas city, 30 km from the competition venue) single room – 32 Eur per person (with breakfast), double room – 22 Eur per person (with breakfast), triple room – 20 Eur per person (with breakfast). Quest House Audenis *** (7 km from the competition venue) single room – 38 Eur per person (with breakfast), double room – 30 Eur per person (with breakfast), 43 Eur per person (with breakfast and SPA Centre), triple room – 28 Eur per person (with breakfast), quadruple room – 25 Eur per person (with breakfast). Hotel Vytautas Mineral SPA Birstonas **** (5 km from the competition venue) single room – 62 Eur per person (with breakfast and SPA Centre), double room – 43 Eur per person (with breakfast and SPA Centre), triple room – 43 Eur per person (with breakfast and SPA Centre), quadruple room – 38 Eur per person (with breakfast and SPA Centre).										
MEALS	The Participating Federations/Clubs must cover the meal expenses of their delegation members. Meals (lunch and dinner) will be provided at the competition venue. The price for one meal is 6 Eur. The price for full board (lunch and dinner) is 8 Eur.										
BANK ACCOUNT INFORMATION	Please make your bank transfers to: Lithuanian Aerobics Federation Address: Sporto str. 6, LT-44221 Kaunas, Lithuania Bank: SEB Bank Account: LT397044060002939369 SWIFT Code: CBVILT2X										
JUDGES AND JURIES	All judges must have a current valid FIG brevet at the time of the event.										
DEADLINES SUMMARY	<table border="1"> <tr> <td>Provisional registration</td><td>20th December 2019</td></tr> <tr> <td>Nominative Registration</td><td>20th January 2020</td></tr> <tr> <td>Accommodation Form</td><td>20th December 2019</td></tr> <tr> <td>Travel Schedule Form</td><td>20th January 2020</td></tr> <tr> <td>Visa Request Form</td><td>20th January 2020</td></tr> </table>	Provisional registration	20 th December 2019	Nominative Registration	20 th January 2020	Accommodation Form	20 th December 2019	Travel Schedule Form	20 th January 2020	Visa Request Form	20 th January 2020
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Sincerely Yours,

VILNIUS
16th October 2019
Place and date:



A. P. [Signature]
Signature of the President or
Secretary General of the FIG affiliated NF