Aerobic **#**

22. Pokal der Stadt Eisenberg /11. International Aerobic Competition

After the permission by the technical committee Aerobic, the ATV Eisenberg e.V. has the pleasure to invite you to the above-mentioned competition.

Contact

Competition organization	ATV Eisenberg C Oststraße 13a 07607 Eisenberg	organisation	Maria Lippoldt maria.lippoldt.atv@web.de Dörte Franke doertefranke@web.de	
Technical committee	Katrin Engel vorsitzende@tk-aerobic.de			
			The event	
Date	29.02 01.03.2020 Plac		n Schiller Gymnasium" raße 1	
Remarks	Every club is self-responsible catering is available.	e for booking. Du	uring the competition	
Schedule (temporarily)	Saturday 29.02.2020 8:30 am – Opening sports ha 9:00 am – Warm Up Junior Competition Level 1,2 AG 9-11 Level 1 AG 6-8 / AG 06-11 m Level 1 AG 12 + m / AG 12 -1 15- 17 / 18+ Step / Dance AG 6-11 / 12-17 11:00 am – Judges' conferen 11:45 am – Club presentation 12:00 pm – Begin of the competition Still open – Award ceremony junior's competituion	III 8:30 am 9:00 am Level 2, Duo/Trio Level 3 14 / 10:00 a 10:15 a 7 / 18+ 10:30 a ce competi n Still ope	Sunday 01.03.2020 8:30 am - Opening sports hall 9:00 am – Warm Up Level 2, AK 12 -14/ 15 -17 Einzel/ Duo/Trio/Team und Level 3 AK 12-14/15-17 Trio/Team 10:00 am – Judges' conference 10:15 am – Club presentation 10:30 am – Begin of the competition Still open – Award ceremony	

Aerobic

Category AG		Indivitual	Duo	Trio	4-5 Team	6-12 Team
AG 06-11 (IM) AG 6-8 AG 9-11 AG 12+ (IM) AG 12-14 AG 15-17 AG 18+	Level 1	V			V	×
AG 9-11 AG 12-14 AG 15-17	Level 2			\checkmark		×
AG 12-14 AG 15-17	Level 3					×
AG 6-11 AG 12-17 AG 18+	Step/Da	ance				

Invitation to bid

Remarks All men older than 12 years will be judged together in the 10x10 meter field.

Duos with the same gender are allowed.

All competition categories - Duos, Trios and Teams - can maximally consist out of two neighboring age groups. Only 1/3 of the athletes are allowed to be in the older age group. If there are more older athletes, the Trio or Team must start in the next older age group.

Substitution starters can be registered, according to the valid technical regulations. The technical regulations Aerobic of the DTB are valid.

- registrationPre-registration 15.12.2019periodsMandatory closing date 15.01.2020
- **Floor** Competition floor is given.
- MusicThe competition music needs to be send as 256Kbit/s MP3(MP4) to the
Email-address: musik.eisenbergpokal@gmail.com.
Please do not send your music until the release of the start list.
The file needs to be labeled with:
[start number]_[[Level]_[category]_[AG]_[club]_[Surname-...-Surname].Starter passAll athletes older than 12 years (AG 1) need to have a valid starter pass.

Judge and Finance

Entry fees	Individual 20 € Duo 25 € Trio 30 € 4-5 Team 45 € 6-12 Team 60 €			
Payment information	Please fill in the SEPA direct debit mandate on the registration sheet and send it to: Dörte Franke, Hauptstraße 14, 07613 Rauda.			
Entrance fees	 Day's price adults 4 € Day's price kids 2 € Combination offers (Sa and Su) adults 6 € Combination offers (Sa and Su) kids 3 € 			
Aerobic Level 1	Every participating club must supply a judge with valid national brevet.			
Aerobic Level 2	Every participating club must supply a judge with valid national brevet.			
Aerobic Level 3 Juniors	Every participating club must supply a judge with valid national brevet			
Aerobic Step & Aerobic Dance	Every participating club must supply a judge with valid national brevet			
Judge registration	If a club has starters in various Aerobic Levels and also in Aerobic Step/Dance, it must register a judge for the particular competitions. A start without appropriate judge is not possible.			
compensation for outlay	The competition organization does not take over any costs for travelling or overnight stay. Catering and drinks are given during operating time.			
overnight stay	Under the following Email/telephone number you can book overnight stay. Email: <u>info@stadt-eisenberg.de</u> or telephone number: 036691/73454.			
Publikation	With the registration all athletes agree to the editorial publication of personal information e.g. name, first name, year of birth, results as well as photos and films.			
	Best regards			

Date, Place

Competition organization