



**1<sup>ST</sup> BUCHAREST OPEN CUP**  
**International Aerobic Gymnastics Competition**  
**22<sup>nd</sup> -27<sup>th</sup> of April 2020**

**DIRECTIVES**



*1st Bucharest Open Cup*  
AEROBIC GYMNASTICS

Dear affiliated Member Federation,

The Romanian Gymnastics Federation and Laura Cristache Gymnastics Academy have the pleasure to invite your Federation to participate in the 1st Bucharest Open Cup Competition - Aerobic Gymnastics, to be held in Bucharest, Romania.

DISCIPLINE	AEROBIC GYMNASTICS
HOST FEDERATION	<b>ROMANIAN GYMNASTICS FEDERATION</b> Contact person: Maria FUMEA, Vice President, Str. Vasile Conta nr. 16 Bucharest, sector 2 Tel. +40.21.317.1111 Fax.: +40.21.317.1112 E-mail: <a href="mailto:romgym@romgym.ro">romgym@romgym.ro</a> Website: <a href="http://www.romgym.ro">www.romgym.ro</a>
LOCAL ORGANIZING COMMITTEE	<b>Academia de gimnastica Laura Cristache</b> <u>Contact Person: Laura Cristache</u> <u>Mobile: +40768367538</u> <u>E-mail: <a href="mailto:bucharestopencup@gmail.com">bucharestopencup@gmail.com</a> / Website: <a href="http://www.bucharestopencup.com">www.bucharestopencup.com</a></u>
LOCATION	City of Bucharest– Romania
DATE	From <b>22<sup>nd</sup> to 27<sup>th</sup> APRIL, 2020</b>
VENUE	<b>National Sports Complex „SALA POLIVALENTA”</b> Address: Calea Pischului nr.10, sector 4, Bucuresti e-mail: <a href="mailto:secretariat@salapolivalenta.ro">secretariat@salapolivalenta.ro</a> Tel: +4 (021) 316.72.76 Fax: +4 (021) 316.25.57
APPARATUS SUPPLIED	Competition Hall: GYMNOVA Training Hall: GYMNOVA <b>The competition will take place on the podium</b>
RULES AND REGULATION	The event will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Code of ethics</li><li>• Technical Regulations</li><li>• Code of Points and relevant Newsletters</li></ul>

	<ul style="list-style-type: none"> <li>• Licenses Rules</li> <li>• General Judges Rules</li> <li>• Specific Judges' Rules for Aerobic Gymnastics</li> <li>• Medical Organization of the Official FIG Competitions</li> <li>• Anti - Doping Rules</li> <li>• Accreditation Rules</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Advertising and Publicity Rules</li> <li>• Medical Organization of the official FIG Competitions and Events and subsequent decisions of the FIG Executive Committee.</li> </ul>
<b>FEDERATION INVITED</b>	The Organizing Member Federation invites all FIG member Federations in good standing.
<b>AGE LIMITS</b>	<p><b>ND – 9 -11 (born in the year 2009-2011)</b>  <b>AG 1 – 12-14 (born in the year 2006-2008)</b>  <b>AG 2 – 15-17 (born in the year 2003-2005)</b>  <b>Seniors - 18 years and over (born 2002 or before)</b></p> <p>All AG1 (12-14 Years), Juniors / AG2 (15-17 years) and Seniors gymnasts in good standing with the correct age and holding a valid FIG license until the end of the event, may participate.</p> <p>The LOC will be responsible for checking the validity of all gymnasts Licenses.</p> <p>No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration</p>
<b>CATEGORIES</b>	IW / IM / MP / TR / GR (all age limits) / AD (AG2 & SNR)
<b>SIZE OF THE DELEGATION AND FIG LICENSE</b>	<p>The number of participants by nation, category <b>Individual Women and Individual Men</b> in all age groups is limited to <b>maximum six (6)</b> – for all other categories (MP; TR; GR and AD) there is <b>no limitation</b> on the number of units. There is no limitation on the number of units for Qualification in all categories and age groups for the Organizing Federation</p> <p>Each federation <b>must send at least 1 judge.</b></p>
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a current valid CATEGORY (xiv CYCLE,1,2,3,4).</b></p> <p>The number of Juries (judges' panels) may be decided by the Organizing Member Federation depending on the number of participating competitors and judges.</p> <p>The Juries will be set by a draw from the judges present at the event. Priority will be given to the judges of the highest category.</p> <p>Each participating federation must provide minimum one judge Cat. 1, 2, 3 or 4 with current valid brevet. Failure to do so, will result in a fine of 1500 euro - to be paid to the LOC until the Definitive Registration date (22-02-2020).</p>
<b>REGISTRATION DEADLINES</b>	The Definitive and Nominative Registrations Forms should be sent by the respective Federation to the HF and LOC within the deadlines mentioned below. All forms must bear the official seal and signature of the respective federation and are accepted only if accompanied by the necessary

	<table border="1"> <tr> <td data-bbox="435 181 762 271">Definitive registration</td> <td data-bbox="762 181 1086 271">22<sup>nd</sup> of February 2020</td> <td data-bbox="1086 181 1439 271">(2 months prior to the event)</td> </tr> <tr> <td data-bbox="435 271 762 360">Nominative registration</td> <td data-bbox="762 271 1086 360">25<sup>th</sup> of March 2020</td> <td data-bbox="1086 271 1439 360">(4 weeks prior to the event)</td> </tr> </table>	Definitive registration	22 <sup>nd</sup> of February 2020	(2 months prior to the event)	Nominative registration	25 <sup>th</sup> of March 2020	(4 weeks prior to the event)
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<b>ENTRY FEES</b>	<p>Registrations and payments made after the gymnasts' drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.</p> <p>The costs for the entry fees are:  <b>IW/IM: 30,00€ - MP: 45,00€ - TRIO:55,00€ - GROUP: 65,00€ - Aerobic Dance Group: 70,00€</b></p> <p>The invited participating federations must pay for all entry fees. At the time of the Definitive entry (2 months prior to the event) 100% of the entry fee must be paid to the LOC – not later than 22 February 2020. All the entry fees are not refundable.</p> <p>For delegations not having booked their accommodation through the LOC, the Category Entry Fees are:  <b>IW/IM 120€ , MP: 240€, TRIO: 350€, GROUP: 560€, AEROBIC DANCE 700€</b></p>						
<b>ACREDITATION</b>	<p>The accreditation will take place at the Polivalenta Sports Hall upon arrival to Bucharest. The accreditations will only be handed out to the Head of Delegation.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p> <p>All delegations must deliver 2 memory sticks with the musics of all routines. They should also bring: the national anthem and flag, <b>SPORTIVE INSURANCE declaration</b>, passports of all members and FIG Licenses.</p>						
<b>EVENT FORMAT</b>	<p>The 1<sup>st</sup> Bucharest Open Cup – Aerobic Gymnastics will have Qualifications and Finals in all categories. Aerobic Gymnastics Categories: IW, IM, MP, TR, GR &amp; AD.</p> <p><b>QUALIFICATIONS:</b></p> <p>The number of participants in IW and IM is limited to 6 units per NF except Organizing Federation</p> <p>There is no limitation of participants for MP, TR, GR and AD (AG2 and SEN) by nation / age group.</p> <p>There will be qualifications only for the categories and age groups with more than 9 participants.</p> <p><b>FINALS:</b></p> <p>The top 8 (eight) competitors from the Qualification in each Age Group (AG1, AG2 and SEN) and Category (IW, IM, MP, TR, GR and AD) will take part in the Finals (maximum 2 per Category and National Federation)</p> <p>In case of a tie at any place, the tie-breaking rules as set up for the World</p>						

	<p>Championships shall be applied.</p> <p>The drawing of lots will take place at the Romanian Gymnastics Federation two weeks after the closing date of the nominative registration. After publication of the draw to all participating federations there will be an opportunity to modify the position of the gymnasts' starting order within 3 days by using the official document.</p>
<b>PROVISIONAL SCHEDULE</b>	<ul style="list-style-type: none"> <li>- Day 1, 22<sup>nd</sup> April: Arrival of Delegations</li> <li>- Day 2, 23<sup>rd</sup> April: Training Sessions, Orientation meeting, judges meeting (IOC &amp; Youth Competition)</li> <li>- Day 3, 24<sup>th</sup> April: Qualifications</li> <li>- Day 4, 25<sup>th</sup> April: Qualifications</li> <li>- Day 5, 26<sup>th</sup> April: Finals</li> <li>- Day 6, 27<sup>th</sup> April: Departure of Delegations (All day)</li> </ul> <p>There might be some changes in the Provisional Schedule depending on the total number of entries.</p> <p>The detailed Program will be prepared and distributed to all participating Federations with the Work Plan, not later than 9 April 2020.</p>
<b>MEDICAL SERVICES</b>	<p>The Local Organizing Committee will provide first aid medical services. A physiotherapist will be present during the competitions as well members of the Romanian specialized in first aid.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the <b>Romania</b> Embassy or Consulate in your country if a visa is required for your travel to <b>Romania</b>. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>22<sup>nd</sup> February 2020</b> to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city consulate where the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the Local Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage in case of illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: <b>20€</b> (twenty euros) per person/day.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating Federations must pay for the travel cost of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by <b>25<sup>th</sup> March 2020</b>. If persons from one delegation/ Federation are arriving and departing with different flight, please fill in separate travel forms for each group of persons and indicate on travel form the exact number of persons.</p>

<p><b>LOCAL TRANSPORTATION</b></p>	<p><b>Arrival and departure - Bucharest.</b> The LOC may provide transportation to all delegation members who have booked their accommodation through the LOC, from Otopeni Henry Coanda Airport, Bucharest railway station to their hotel and back on the official arrival (22<sup>nd</sup> April 2020) and official departure days (27<sup>th</sup> April 2020). This transportation is free of charge.</p> <p>For those delegations or members of delegations that do not arrive or depart on the official days, the LOC may arrange additional transportation, upon request. The cost of which depends on the number of people, the date and time. Please send your request to the LOC not later than <b>25<sup>th</sup> March 2020</b> in order to be able to arrange transportation and inform you about the price.</p> <p>The LOC will ensure the local transportation between the Hotel and the competition hall for the participants who booked the accommodation through the LOC</p>
<p><b>ACCOMMODATION</b></p>	<p>The Organizers will arrange at a determined fee, accommodation and meals from the 22<sup>nd</sup> to 27<sup>th</sup> April, see Entry Forms (see attached) as follows:</p> <p><b>RIN GRAND HOTEL 4*</b>  <b>Address:</b> Șoseaua Vitan-Bârzești 7D, București 042121  <b>Phone:</b> 031 106 1111</p> <p>- e-mail: <a href="mailto:bucharestopencup@gmail.com">bucharestopencup@gmail.com</a>  - web site: <a href="http://www.bucharestopencup.ro">www.bucharestopencup.ro</a></p> <p>The costs per person/night in this Hotel are as follows:</p> <ul style="list-style-type: none"> <li>• 70,00€ (single room, Half Board)</li> <li>• 50,00€ (person in double room, Half Board)</li> </ul> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by <b>22<sup>nd</sup> February 2020</b> at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid <b>100 % to the LOC by 22<sup>nd</sup> February 2020.</b></p>
<p><b>MEALS</b></p>	<p>Breakfast and dinner are included in the price of the room.  There is a possibility to order lunch. The price is <b>16 euro/ lunch/ person.</b>  <b>Lunch</b> it will be next to the competition hall</p> <p>The Meals Form must be returned to the LOC by <b>22<sup>nd</sup> February 2020</b> at the very latest.</p> <p>The costs for the meals must be paid to the LOC by <b>25<sup>th</sup> March 2020.</b></p>

<b>FINAL BANQUET</b>	<p>There will be tickets for the Final Banquet available at the entry cost of 30,00€/person. The tickets for the Final Banquet must be paid to the LOC until <b>25<sup>th</sup> March 2020</b>.</p> <p>Tickets for the Final Banquet are not refundable.</p>																																
<b>BANK ACCOUNT INFORMATION</b>	<p>The payment for <b>entry fees</b>, must be made in euros, through bank transfer to the following account:</p> <table border="1" data-bbox="427 376 1433 875"> <tr> <td><b>Beneficiary:</b></td> <td>FEDERATIA ROMANA DE GIMNASTICA</td> </tr> <tr> <td><b>Beneficiary address:</b></td> <td>Vasile Conta 16, sector 2, Bucharest, Romania</td> </tr> <tr> <td><b>Bank name:</b></td> <td>Banca Comerciala Romana</td> </tr> <tr> <td><b>Bank address:</b></td> <td>Str. Eugeniu Carada nr.1-3, sect.3, 030057 București, România</td> </tr> <tr> <td><b>Branch:</b></td> <td>LIPSCANI</td> </tr> <tr> <td><b>IBAN:</b></td> <td>RO25RNCB0090000508400027</td> </tr> <tr> <td><b>Swift code:</b></td> <td>RNCB ROBU</td> </tr> <tr> <td><b>Reference:</b></td> <td>BUCHAREST Open Cup Competition 2020_(Country)</td> </tr> </table> <p>The payments for <b>accommodation and meals</b> must be made in euros, through bank transfer to the following account:</p> <table border="1" data-bbox="427 1014 1433 1503"> <tr> <td><b>Beneficiary:</b></td> <td>ACADEMIA DE GIMNASTICA LAURA CRISTACHE</td> </tr> <tr> <td><b>Beneficiary address:</b></td> <td>Street. Stefan Magheri Erou no. 18, sector 1, Bucharest, Romania</td> </tr> <tr> <td><b>Bank name:</b></td> <td>ING Bank Romania</td> </tr> <tr> <td><b>Bank address:</b></td> <td>Șoseaua București-Ploiești no. 24-28, Bucharest, Romania</td> </tr> <tr> <td><b>Branch:</b></td> <td>ING Office Baneasa</td> </tr> <tr> <td><b>IBAN:</b></td> <td>RO53INGB0000999909786869</td> </tr> <tr> <td><b>Swift code:</b></td> <td>BBRUBEBB</td> </tr> <tr> <td><b>Reference:</b></td> <td>BUCHAREST Open Cup Competition 2020_(Country)</td> </tr> </table> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>	<b>Beneficiary:</b>	FEDERATIA ROMANA DE GIMNASTICA	<b>Beneficiary address:</b>	Vasile Conta 16, sector 2, Bucharest, Romania	<b>Bank name:</b>	Banca Comerciala Romana	<b>Bank address:</b>	Str. Eugeniu Carada nr.1-3, sect.3, 030057 București, România	<b>Branch:</b>	LIPSCANI	<b>IBAN:</b>	RO25RNCB0090000508400027	<b>Swift code:</b>	RNCB ROBU	<b>Reference:</b>	BUCHAREST Open Cup Competition 2020_(Country)	<b>Beneficiary:</b>	ACADEMIA DE GIMNASTICA LAURA CRISTACHE	<b>Beneficiary address:</b>	Street. Stefan Magheri Erou no. 18, sector 1, Bucharest, Romania	<b>Bank name:</b>	ING Bank Romania	<b>Bank address:</b>	Șoseaua București-Ploiești no. 24-28, Bucharest, Romania	<b>Branch:</b>	ING Office Baneasa	<b>IBAN:</b>	RO53INGB0000999909786869	<b>Swift code:</b>	BBRUBEBB	<b>Reference:</b>	BUCHAREST Open Cup Competition 2020_(Country)
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<b>MARKETING</b>	FIG advertising and publicity norms must be respected																																
<b>SOCIAL MEDIA</b>	Facebook page: <a href="https://www.facebook.com/bucharestopencup">https://www.facebook.com/bucharestopencup</a>																																
<b>ADDITIONAL INFORMATION</b>	<p>Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) will not be allowed to participate in these Competitions.</p> <p>Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the Invitation/ Directives may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>																																
<b>DEADLINES SUMMARY</b>	The forms should be sent to the Host Federation and LOC within the respective deadlines:																																

The Romanian Gymnastics Federation - [romgym@romgym.ro](mailto:romgym@romgym.ro)  
The Local Organizing Committee –  
Academia de gimnastica Laura Cristache - [bucharestopencup@gmail.com](mailto:bucharestopencup@gmail.com)

<b>FORMS:</b>	<b>Deadline:</b>
Definitive registration	<b>22<sup>nd</sup> of February, 2020</b>
Nominative registration	<b>25<sup>th</sup> of March, 2020</b>
Provisional accommodation form	<b>22<sup>nd</sup> of February, 2020</b>
Detailed Accommodation Form	<b>25<sup>th</sup> of March, 2020</b>
Travel Schedule Form	<b>25<sup>th</sup> of March, 2020</b>
Visa Requests Form	<b>22<sup>nd</sup> of February, 2020</b>
Meals and Banquet Form	<b>22<sup>nd</sup> of February, 2020</b>
<b>PAYMENTS:</b>	<b>Deadline:</b>
Payment of the Entry Fee	<b>22<sup>nd</sup> of February, 2020</b>
Payment of the Accommodation Costs (100%)	<b>22<sup>nd</sup> of February, 2020</b>
Payment of the Meals	<b>25<sup>th</sup> of March, 2020</b>
Payment of the Final Banquet	<b>25<sup>th</sup> of March, 2020</b>
Payment of the fine missing judge (if any)	<b>25<sup>th</sup> of March, 2020</b>

Sincerely Yours,

Place and date:  
Bucharest, 23.12.2019



Signature of the  
Vice-president of the FRG

Maria Fumea

