

Head Office Avenue de la Gare 12 CH - 1003 Lausanne

Tél.: +41 - 21 - 613.10.20

E-Mail: info@europeangymnastics.com www.europeangymnastics.com

27TH EUROPEAN CHAMPIONSHIPS IN TRAMPOLINE, TUMBLING & DOUBLE MINI-TRAMPOLINE GYMNASTICS FOR SENIORS & JUNIORS

Socнi (RUS)

29TH APRIL TO 2ND MAY 2021



27th European Championships in Trampoline Gymnastics

Work Plan

Event ID - 16611

This work-plan has been drawn up in accordance with the FIG and European Gymnastics regulations and is based upon the definitive registrations received by the European Gymnastics office on 27.01.2021





TABLE OF CONTENTS

| Part 1 - | - COVID-19 |
|----------|------------------------------------------------------------------|
| 1.1. | Travel to Russia (current situation)4 |
| 1.2. | Covid-19 measures4 |
| 1.3. | Responsibilities4 |
| Part 2 - | - Officials and Organising Committee5 |
| 1.1. | European Gymnastics5 |
| 1.4 | Offical European Gymnastics contact address5 |
| 1.5 | Host Federation & Local Organising Committee6 |
| 1.6 | Local Organising Committe6 |
| Part 3 - | - The competition |
| 2.1 | Competition schedule7 |
| 2.2 | Orientation meeting9 |
| 2.5 | Size of the delegations9 |
| 2.6 | Competition, training & warm-up halls10 |
| 2.7 | Training information10 |
| 2.8 | Picture of the gymnasts11 |
| 2.9 | Drawing of lots and starting order11 |
| 2.10 | Format of the copmetition11 |
| | Qualifications Seniors & Juniors11 |
| | Round 2 of the Qualifications TRA Individual Seniors & Juniors11 |
| | Finals Seniors & Juniors |
| | Finals withdrawals – Synchro12 |
| 2.11 | Warm-up12 |
| 2.12 | Competition cards |
| 2.13 | Access to the competition area12 |
| 2.14 | Ceremonies13 |
| | Award ceremonies |
| | Opening ceremony |
| | Closing ceremony |
| 2.15 | Medical13 |
| | Doping control |
| | Insurance |
| | Medical certificate – official doctor14 |

| Part 4 - | - The jury |
|----------|----------------------------------------------------------|
| 3.2 | Superior Jury15 |
| 3.3 | Jury of Appeal15 |
| 3.4 | Judges' instruction, judges' meetings and draw of lots15 |
| 3.5 | Code of Ethics15 |
| 3.6 | Scoring and distribution of results15 |
| 3.9 | Inquiries procedure15 |
| Part 5 - | - The organisation of the event |
| 4.1 | Transportation17 |
| | International17 |
| | Local |
| 4.2 | Accreditation17 |
| 4.3 | Transferable Access Cards (TAC)17 |
| 4.3 | Diplomas18 |
| 4.4 | Delegation boxes |
| 4.6 | Accommodation18 |
| 4.7 | Meals19 |
| 4.8 | Visa19 |
| Part 5 - | - Appendix |

1.1. TRAVEL TO RUSSIA (CURRENT SITUATION)

- To enter Russia without having to quarantine, you need to bring a negative PCR test result (done max. 72h before arrival), readable in English or Russian.
- To cross the border of Russia all delegations need the special invitation of the Ministry of Foreign Affairs of Russia. Then the LOC will arrange this special invitation based on the data from Nominative entries, visa forms and detailed travel plan (Border Crossing form, send please in excel version) for each participant. The deadline is **29 March 2021** at the latest.
- Necessary PCR tests for the return trip will be arranged upon request of the delegations and are at their own cost (2200 roubles to be paid at accreditation in cash, 6).
- It is the responsibility of the NF to verify the current information before departure to Russia with the LOC and in the Russian Embassy/consulate in your country.

1.2. COVID-19 MEASURES

- European Gymnastics has created COVID-19 guidelines, please see Appendix 1.
- Negative Covid-19 PCR test results not older than 72 hours before arrival (readable in English or Russian) of all delegation members has be handed in by head of delegation at the accreditation latest. Or by email to <u>office@batut.org</u>
- All accredited persons must complete a pre-competition health- and responsibility questionnaire prior to arrival at the venue (signature of a parent is required for minors under 18 years). The questionnaire has to be handed in by head of delegation at the accreditation.
- A second mandatory quick test will be done on site during the week (at the charge of the LOC).
- In case of a positive quick test result, a second PCR test at the cost of the concerned National Federation is mandatory. The PCR test will cost 2200 roubles per test and per person to be paid in cash.
- FFP2 masks are mandatory for all delegation members! Please bring enough FFP2 masks for all your team.
- It is highly recommended to stay within the controlled event-bubble, avoiding to go out or take public transport or gatherings.
- National Federations are requested to present at accreditation or send (to <u>office@batut.org</u>) for each delegation member a health insurance confirmation document, valid in Russia and stating that it covers the consequences of Covid-19; as for the Covid-19 related quarantine costs, if it is not included in the insurance coverage, the federation must confirm in writing to assume the financial risk themselves. The insurance confirmation must be handed at accreditation.
- FIG's IMSSA insurance covers Covid-19 as illness (including all treatments, possible repatriation etc.) for gymnasts and judges. However, an eventual needed quarantine period (or need to stay on site as accompanying person) of a "not ill" person is NOT covered. The national federation must take care of an according coverage or financial planning themselves, see explicative documents in appendix 5.
- The LOC is offering an insurance for the duration of the event, please see point 2.15.
- It is mandatory for all delegations to book its accommodation and meals through the LOC.
- All side events such as the welcome reception, technical and medical meeting, round table and banquet have been cancelled.
- No guests are allowed at the ECh 2021.

1.3. RESPONSIBILITIES

 No cancellation fee will be applied and all deposits will be refunded to Federations in case the conduction of competitions will be forbidden by the Regional Government due to the pandemic issues, or in case any guest was confirmed ill by COVID or ordered quarantined (medical certificate needs to be send out to the LOC in Russian or English), or if any country will be closed for quarantine. However, the financial responsibility for all bookings (travel) remains with the NF.

- In order to maintain the safety for everyone participating in the event it is the responsibility of the NF that all of their delegation members commit to fully respect the Covid-19 guidelines for European Gymnastics events. We are convinced the Covid-19 risks can be brought to a minimum with that. The LOC will prepare the necessary arrangements of eventual quarantine / positive Covid-19 cases. Nonetheless, the responsibility for eventual quarantine and/or positive Covid-19 cases concerning their delegation remains with the NF. This includes the covering of all costs.
- Each Head of Delegation is to be responsible for its own team.

Part 2 – Officials and Organising Committee

1.1. EUROPEAN GYMNASTICS

| EUROPEAN GYMNASTICS OFFICIALS | |
|-----------------------------------------------|---------------------------|
| President | Dr. Farid GAYIBOV |
| Vice-President (President of the Appeal Jury) | Rudolf HEDIGER |
| EC Delegate (Member of the Appeal Jury) | Erik Juhl MOGENSEN |
| Director | Lisa WORTHMANN |
| Head of Media | Tina GERETS |
| Sports Coordinator | Claire TURNER |
| Official Doctor | Dr. Jean-Bernard SOLIGNAC |

| TRAMPOLINE'S TECHNICAL COMMITTEE | | |
|----------------------------------|----------------------|--|
| President | Vladimir ZEMAN | |
| Vice-President | Mariela STOYCHEVA | |
| Secretary | Babette VAN WETERING | |
| Member | Konrad BOJAKOWSKI | |
| Member | Irina KARAVAEVA | |
| Member | Luis NUNES | |
| Member | Patrick SIEGFRIED | |

1.4 OFFICIAL EUROPEAN GYMNASTICS CONTACT ADDRESS

EUROPEAN GYMNASTICS

Claire Turner Sports Coordinator Avenue de la Gare 12 CH – 1003 Lausanne, SWITZERLAND Tel.: +41 – 21 – 613.10.20 E-Mail: <u>cturner@europeangymnastics.com</u> Web-site: <u>www.europeangymnastics.com</u>



1.5 HOST FEDERATION & LOCAL ORGANISING COMMITTEE

THE TRAMPOLINE FEDERATION OF RUSSIAMr. Nikolai MakarovLuzhnetskaya Nabereynaya 8, office 45611927 MoscowTel:+74957254717Email:office@trampoline.ruWebsite:www.trampoline.ru



1.6 LOCAL ORGANISING COMMITTEE

| Function | Person |
|-----------------------------------------|------------------|
| LOC President | Alexei CHERNOV |
| Executive Director | Nikolai MAKAROV |
| Podium Manager | German KHNYCHEV |
| Competition Coordinator | Elena BITYUKOVA |
| Head of Finances | Irina FILINA |
| Responsible for the Technical Equipment | Oleg EMELIANOV |
| Accreditation | Olga ELEKINA |
| Head of Security | Oleg BOLDYSHEV |
| Ceremonies Director | Natalia CHERNOVA |
| Responsible for the training & judges | Eugenia BOYKO |
| Responsible for the hotels & meals | Irina BAKHTEEVA |
| Responsible for the transport | Roman SHAYAKHOV |
| Responsible for the music | Denis PODUZOV |
| Volunteer Manager | Marina NAZAROVA |
| Media Manager | Maria GELMAN |
| Marketing Manager | Inna VINOGRADOVA |
| Official Competition Doctor | Andrei DODONOV |

Part 3 – The competition

2.1 COMPETITION SCHEDULE

| | Sunday, April 25 th , 2021 | | |
|---------------|----------------------------------------------------------------------------|-------------------------------|--|
| | Official arrival day of TC-TRA | Hotel | |
| As schedule | Optional arrival day of Delegations | Accreditations | |
| | Scheduled training according arrival to Sochi | Palace of Sports "Iceberg" | |
| | Monday, April 26 th , 2021 | | |
| As schedule | Official arrival day of Delegations | Accreditations | |
| 09:00 - 21:00 | Scheduled training (warm-up & competition hall) according arrival to Sochi | Palace of Sports | |
| 14:00 - 21:00 | Scheduled training (training hall) according arrival to Sochi | "Iceberg" | |
| | Tuesday, April 27 th , 2021 | | |
| As schedule | Official arrival day of Delegations | Accreditations | |
| As schedule | Scheduled training (competition, warm-up & training halls) | | |
| 16:30 – 17:30 | Judges draw (participation of judges is not compulsory) | Palace of Sports "Iceberg" | |
| 18:00 – 19:00 | Orientation meeting | 1000018 | |
| | Wednesday, April 28 th , 2021 | | |
| As schedule | Scheduled trainings (competition, warm-up & training halls) | | |
| 13:30 – 14:50 | DMT Judges meeting & scoring system instruction | Palace of Sports | |
| 14:30 – 15:50 | TUM Judges meeting & scoring system instruction | "Iceberg" | |
| 15:30 – 16:50 | TRA Judges meeting & scoring system instruction | | |
| | Thursday, April 29 th , 2021 | | |
| 11:00 – 17:25 | TRA Junior Qualifications | | |
| 11:00 – 17:25 | DMT & TUM Senior Qualifications | Palace of Sports | |
| 18:00 - 18:30 | Opening Ceremony | "Iceberg" | |
| 18:45 – 20:00 | TRA Junior Team Finals & Award Ceremony | | |
| | Friday, April 30 th , 2021 | | |
| 11:00 – 17:25 | DMT & TUM Junior Qualifications | | |
| 11:00 – 17:25 | TRA Senior Qualifications | | |
| 18:00 – 19:30 | DMT & TUM Senior Team Finals | Palace of Sports | |
| 19:30 – 20:30 | TRA Senior Team Finals | "Iceberg" | |
| 20:30 - 21:00 | Award Ceremonies | | |
| | Saturday, May 1 st , 2021 | | |
| 11:00 – 13:30 | TRA SYN Junior Qualifications | | |
| 14:00 - 16:30 | TRA SYN Senior Qualifications | | |
| 16:30 – 18:20 | DMT & TUM Junior Team Finals & Award Ceremony | Palace of Sports "Iceberg" | |
| 18:30 – 19:50 | TRA Junior Semi-Finals | ICEDEIR | |
| 19:50 – 21:10 | TRA Senior Semi-Finals | | |

| | Sunday, May 2 nd , 2021 | | |
|---------------|----------------------------------------------------------|------------------|--|
| 09:30 - 10:30 | Round Table (TBD) | | |
| 11:00 – 11:30 | TUM Boys & DMT Girls Junior Finals | | |
| 11:30 – 12:00 | TRA SYN Junior Finals | | |
| 12:00 - 12:20 | Award Ceremony | | |
| 12:30 - 13:00 | TUM Girls & DMT Boys Junior Finals | | |
| 13:00 – 13:30 | TRA SYN Senior Finals | | |
| 13:30 – 13:50 | Award Ceremony | Palace of Sports | |
| 14:30 – 15:00 | TUM Men & DMT Women Senior Finals | "Iceberg" | |
| 15:00 – 15:30 | TRA Junior Finals | | |
| 15:30 – 15:50 | Award Ceremony | | |
| 16:00 - 16:30 | TUM Women & DMT Men Senior Finals | | |
| 16:30 – 17:00 | TRA Senior Finals | | |
| 17:00 - 17:20 | Award Ceremony | | |
| 17:20 – 17:35 | Closing Ceremony | | |
| | Monday, May 3 rd , 2021 | | |
| As schedule | Departure of Delegations & European Gymnastics officials | Hotel | |

2.2 ORIENTATION MEETING

- The orientation meeting for the Heads of Delegation will take place on **Tuesday, April 27**th at 18:00 at the Palace of Sports "Iceberg" in the Conference Hall, at the first floor.
- The presence of the participating National Federations at the orientation meeting is <u>mandatory</u>. Due to the situation, only 1 member of the delegation can join. The orientation meeting will also be provided on ZOOM if other member of the delegation wishes to join. Unjustified failure by a federation to attend will result in a sanction of EUR 1000.- to be paid to the European Gymnastics.
- At this meeting, the LOC and the TC-TRA will give practical information on the organisation and the running of the competition.
- This Orientation meeting will be held in English only.

2.5 SIZE OF THE DELEGATIONS

• The maximum size of each delegation, together with the number of transferable access cards (transferable within the Federation's official delegation) as per European Gymnastics Rules for Accreditation is as follows:

| Function | Seniors / Juniors | | Total |
|--------------------------------|-------------------|------------|-------------|
| runction | Men | Women | |
| Trampoline Individual | 4/4 | 4/4 | 8/8 |
| Trampoline Synchro | 2/2 pairs | 2 /2 pairs | 4 / 4 pairs |
| Reserve Individual & Synchro | - | - | -* |
| Double Mini-Trampoline | 4/4 | 4/4 | 8/8 |
| Reserve Double Mini-Trampoline | 1/1 | 1/1 | 2/2 |
| Tumbling | 4/4 | 4/4 | 8/8 |
| Reserve Tumbling | 1/1 | 1/1 | 2/2 |

| Function | TRA | TUM | DMT | Mixed |
|------------------------------------------------|-----|-----|-----|-------|
| Head of Delegation | 1 | 1 | 1 | 1 |
| Team Leader (only for full team**) | 1 | 1 | 1 | 3 |
| Coaches (not more than 1 per gymnast) | 2/2 | 2/2 | 2/2 | 12 |
| Judges*** (more only on request of the TC-TRA) | 1/1 | 1/1 | 1/1 | 6 |
| Doctor | 1 | 1 | 1 | 1 |
| Physiotherapist | 1 | 1 | 1 | 3 |

* Reserves for Trampoline Synchro must come from Trampoline Individual and vice versa.

** A full team in TRA/TUM/DMT consists of minimum 3 male and 3 female gymnasts.

*** For detailed judges' provisions see Article 10

Additional accreditations (to be paid to the LOC):

| Additional accreditations | Price |
|-----------------------------------|---------|
| Additional coach or choreographer | 100 EUR |
| Additional paramedical staff | 100 EUR |
| Chaperon | 100 EUR |
| Guest | 100 EUR |
| VIP Guest | 120 EUR |

Juniors: 13 – 16 / 17 years (born 2008 – 2005 / 2004*)

Seniors: 17 years (born 2004 or before)

All gymnasts must have a current valid FIG licence until the end of the event.

* With regards to very exceptional situation with Covid-19 Outbreak, the European Gymnastics Executive Committee requested an exception to the Technical Regulations for gymnasts born in 2004 to FIG. The FIG Executive Committee meeting has approved the exception as follows:

- Gymnasts born in 2004 exceptionally have the choice to compete as either junior or senior in the postponed 2020 Trampoline Europeans in 2021.
- If they choose to compete as Junior they must have not participated in any Senior FIG international event in the year 2021 before the European Championships, otherwise they must compete as Senior in the 2021 European Championships.
- Gymnasts born in 2004 having chosen to compete as Junior in the European Championships however must follow the age rules stipulated in FIG's Technical Regulations and compete in the Senior category (17+) in any FIG international event in the year 2021 after the European Championships.

2.6 COMPETITION, TRAINING & WARM-UP HALLS

| | Palace of Sports "Iceberg" | | | |
|--------------------------------------------|---------------------------------------------------------|--|--|--|
| | Olympic Park | | | |
| | | | | |
| | Adler, Sochi, Russia 354354 | | | |
| . | | | | |
| Competition | Hall Capacity: 12'000 (using 5000) | | | |
| Arena | Length: 50 m | | | |
| | Width: 35 m | | | |
| | Ceiling height: 20 m | | | |
| | | | | |
| | Distance from the official hotels: 700 – 1000 m walking | | | |
| | Palace of Sports "Iceberg" | | | |
| | Olympic Park | | | |
| Adler, Sochi, Russia 354354 | | | | |
| Warm-up Hall | | | | |
| For Tumbling & DMT Length: 50 m, Width: 10 | | | | |
| | For Trampoline – Length: 30 m, Width: 18 m | | | |
| | Ceiling height: 20 m | | | |
| | Figure Skating Training Center | | | |
| | Olympic Park | | | |
| Adler, Sochi, Russia 354354 | | | | |
| Training Halls | | | | |
| | Length: 60 m | | | |
| | | | | |
| | Width: 30m | | | |
| | Ceiling height: 15m | | | |

2.7 TRAINING INFORMATION

- The official trainings are according to the schedule.
- COVID-19 Guidelines will be applied.
- The gymnasts competing in TRS only will participate in the TRA training sessions dedicated to their respective delegations.
- Training groups and detailed Training and Competition schedule will be delivered to participating NFs after the Nominative entries.
- 4 Trampolines will be available in the training hall.
- 4 Trampolines, 1 Tumbling Track and 1 Double Mini-Trampoline will be available in the warm-up hall.
- 4 Trampolines, 1 Tumbling Track and 1 Double Mini-Trampoline will be available in the competition hall.
- Access to the training, warm up and competition halls is limited to the nations concerned and to the people being in possession of and wearing the accreditation at all times. The accreditation is personal and cannot be used by other people.

2.8 PICTURE OF THE GYMNASTS

- Before the start of the first training on Tuesday, April 27th each gymnast must be taken in picture for the gymnast presentation during the qualifications and finals.
- Athletes must wear their official tracksuit.
- The pictures will be taken at the entrance to the training hall.

2.9 DRAWING OF LOTS AND STARTING ORDER

- The drawing of lots for the starting order of the qualifications will place in Lausanne after the Nominative entries and will be delivered to participating NFs.
- The order indicated on the Nominative entry form will determine the place of the competitor(s) / pair(s) in the starting order (the gymnast / pair written down first on the Nominative entry will compete first, the gymnast / pair written down second will compete second, etc.).
- No changes will be permitted.
- The starting order will be established after the Nominative entry and drawing of lots and confirmed after accreditation of the delegations.
- Should there be substantial changes to participating numbers the European Gymnastics TRA-TC in consultation with the Competition Director reserves the right to make adjustments (change the groups, number of competitors per group, etc.) depending on the number of competitors after accreditation to facilitate the running and organisation of the competition.
- Federations who have registered full teams in the Definitive entry, but arrive with individuals only, do not automatically have the right to maintain their team's starting position.
- In case of a lack of teams in a category the respective team competition will be cancelled.
- The starting order for Qualification Round 2 (Semi-finals) will be in order of merit, the gymnast with the lowest score in Round 1 going first.
- The starting order of the gymnasts within the team will remain the same for both the Qualification and the Team Final.
- The starting order for the Final will be in order of merit, the gymnast, pair or team with the lowest score in the Qualifying Round going first.
- The list of the Semi-finalists and Finalists, with two reserves, will be sent via e-mail to the Head of Delegation after each Qualification.

2.10 FORMAT OF THE COMPETITION

- The competition programme in the disciplines TRA individual, TRA Synchro, DMT and TUM consists of a qualifying competition and a final.
- TRA individual competitions consist of qualifying rounds (Round 1 two routines and Round 2 one routine), a final (one routine) and a team final (one routine).
- TRA Synchro competitions consist of two routines in the qualifying round and one routine in the finals.
- DMT and TUM competitions consist of two passes in the qualifying round, two passes in the finals and one pass in the team finals.

Qualifications Seniors & Juniors

• All participants must take part in the qualifications in order to achieve a place in the finals. If there are less than 12 entries in a category, only 6 will proceed to the final.

Round 2 of the Qualifications TRA Individual Seniors & Juniors

• The gymnasts with the 24 best scores from Round 1 will go forward to Round 2. Only 3 gymnasts per member federation may compete in Round 2. The gymnasts start Round 2 with a score of zero.

Finals Seniors & Juniors

• A maximum of 8 gymnasts per discipline and age category, men and women (maximum 2 per NF). A maximum of 8 synchro pairs per age category, men and women (maximum 1 per NF).

- The top 5 teams in TRA individual, DMT and TUM per age category, men and women (4 gymnasts per team, 3 best scores will be counted, the gymnasts within the team will compete in the same order as in the Qualification).
- All gymnasts, pairs and teams will start Finals with a score of zero.

Finals withdrawals – Synchro

• Only one synchro pair per NF can qualify for the final (first in the ranking after the qualifying round). However, if a gymnast of one of the qualified synchro pairs is injured before the final and can therefore not participate, the NF has the possibility to replace this synchro pair by another pair under the condition that this pair would have been qualified for the finals except for the participation limit of 1 synchro pair per NF. If this is not the case, the place of the synchro pair which had to withdraw from the finals will be replaced by the first reserve.

<u>**Tie-Break Rules:**</u> According to FIG Technical Regulations, Section 4 Special regulations for Trampoline Gymnastics (reg. 4.4).

2.11 WARM-UP

- Prior the qualification round, semi-finals and finals a 30 seconds warm-up (TRA/TRS) / 2 passes warm-up (DMT/TUM) will be granted to each gymnast/pair on the competition equipment according to the Code of Points Art. 12.2.
- For the Team Finals, a 30 seconds warm-up (TRA) / 1 pass (DMT/TUM).
- Please note that abusing above mentioned limits may be penalised by 0.3 points.

2.12 COMPETITION CARDS

- The competition cards must be returned to the Competition Office (appendix 2) as follows:
 - All Qualifications during the accreditation, no later than Tuesday, April 27th, **17:30**
 - TRA Junior Team Final no later than Thursday, April 29th, **17:45**
 - DMT & TUM Senior Team Final no later than Friday, April 30th, **17:00**
 - TRA Senior Team Final no later than Friday, April 30th, **18:30**
 - DMT & TUM Junior Team Final no later than Saturday, May 1st, **15:30**
 - TRA Semi-Finals no later than Saturday, May 1st, **17:30**
 - Finals on Sunday no later than Sunday, May 2nd, **10:00**

2.13 ACCESS TO THE COMPETITION AREA

- COVID-19 Guidelines will be applied.
- The competition area is accessible to members of the various juries, competing gymnasts and their accredited coaches, auxiliary personnel of the Jury, the official European Gymnastics doctor, the official LOC doctor, team doctors and medical staff. A team medical person is permitted to accompany the gymnasts and coaches during all Competitions.
- Interpreters may not enter the competition area without the permission of the President of the TC-TRA/European Gymnastics.
- The competition area is strictly forbidden to all other people.
- The use of mobile phones or any other electronic communication device by gymnasts, coaches, judges or medical staff of the delegations on the field of play is forbidden during the entire duration of all European Gymnastics Competitions. If this rule is violated, the concerned persons will receive a written warning.

If this behaviour is repeated after the written warning is issued, the concerned person will be excluded for the rest of the competition.

It is the responsibility of the Superior Jury to decide these disciplinary measures.

Appeals against these decisions must be submitted to the Jury of Appeal whose decision is final. Listening of music via headphones by gymnasts during their preparation for the routine/pass is

allowed, it must not disturb any other gymnast.

2.14 CEREMONIES

Award ceremonies

- COVID-19 Guidelines will be applied.
- All award ceremonies will take place after each block of finals. It will be carried out in accordance with the European Gymnastics Regulations for Award Ceremonies. On the podium, awards will only be presented to the gymnasts, pairs and teams ranked from 1st to 3rd place.
- For the team award ceremonies, **1** coach is allowed on the podium.
- Please ensure that your Federation's medallists are in time for the line-up prior to the ceremonies.
- All gymnasts & coaches must wear the official tracksuit.
- The participation of the medallists in the award ceremonies is compulsory. All gymnasts that are absent for unjustified reasons will be disqualified.

Opening ceremony

- The opening ceremony will take place on **Thursday, April 29**th at 18:00 in the Palace of Sports "Iceberg".
- 2 gymnasts per delegation wearing official tracksuit

Closing ceremony

• The closing ceremony will take place on **Sunday, May 2nd** after the last awarding ceremony.

2.15 MEDICAL

Doping control

Any doping is prohibited. A doping control can be requested at any time, in accordance with the FIG/European Gymnastics regulations. Doping controls will be carried out in accordance with the WADA/FIG regulations.



Some modifications have been done, starting from 2020:

Blood test to test the growth hormone and EPO.

Urinary control to test the metabolite of the growth hormone and Erythropoiesis stipulating agents (ESA)

Usual urinary controls for the testing of anabolic steroids and stimulants or also of masking agents.

Insurance

We would like to inform you that the European Gymnastics has concluded a contract with IMSSA International Medical & Security Sports Assistance. See explicative documents in appendix 5.

People insured: all the gymnasts participating in the European Trampoline Gymnastics Championships and the people acting as judges during these Championships.

Attention: the coaches, heads of delegation, etc, are NOT insured, please present a proof of insurance at the accreditation.

The Host Federation, the LOC and European Gymnastics and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

FIG's IMSSA insurance covers Covid-19 as illness (including all treatments, possible repatriation etc.) for gymnasts and judges. However, an eventual needed quarantine period (or need to stay on site as accompanying person) of a "not ill" person is NOT covered. The national federation must take care of an according coverage or financial planning themselves.

The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.

The LOC will subsequently offer insurance at the Federations own charge as follows: **0.80 EUR** per person per day (For 65+ years old – multiply to 1.75; for gymnasts multiply to 2) from April 25th – to May 3rd, 2021, with the total coverage 30'000 Euro. To make this insurance, it is necessary to send the following information top the LOC (<u>office@batut.org</u>) Full Names – DoB – passport no. – dates of insurance. Payment can be done upon arrival, but all data should be sent earlier to <u>office@batut.org</u>. This insurance covers Covid-19 as an ilness but not the quarantine.

Medical certificate – official doctor

Only the official doctor or his representatives are authorised to establish the necessary medical certificate.

Official doctor of the LOC: Dr. Andrei DODONOV Official doctor of the European Gymnsatics: Dr. Jean-Bernard SOLIGNAC

3.2 SUPERIOR JURY

The Superior Jury is formed of 6 TC members. The TC President Mr. Vladimir Zeman functions as President of the Superior Jury. The superior jury may also be nominated from the participating or invited judges, if necessary.

3.3 JURY OF APPEAL

The Jury of Appeal is composed of 2 members of the European Gymnastics Executive Committee (one of them acting as President) and a member of the LOC who was not involved in the decision of the Superior Jury and in the judging process of the apparatus concerned.

| President | Mr. Rudolf HEDIGER |
|-----------|------------------------|
| Member | Mr. Erik Juhl MOGENSEN |
| Member | Mr. Nikolai MAKAROV |

3.4 JUDGES' INSTRUCTION, JUDGES' MEETINGS AND DRAW OF LOTS

- All judges' meetings and draw are listed in the schedule and will be held in the Press conference Room.
- According to the FIG/TR, the presence of the judges to the judges' instruction and all judges' meeting is mandatory.
- The judges' meetings and instructions will be held in English **only**.
- The judges' briefings prior to the competition will take place in the Conference Hall.

3.5 CODE OF ETHICS

• Any close family relative to a competitive gymnast may not judge that gymnast or his group at this European Gymnastics sanctioned event. If a conflict should or could appear, the President of the European Gymnastics is to be informed, so appropriate action can be taken.

3.6 SCORING AND DISTRIBUTION OF RESULTS

- SportTech will provide the official scoring service and management of the start lists, scores and results.
- The secretary of the competitions will provide after each competition through e-mail addresses of the HoD collected on GymData the results. If needed, a printed copy will be available at the LOC office upon request.
- At the end of the competition all delegations will be provided with a complete set of results including the judges' individual scores for all competitions on USB stick.

3.9 INQUIRIES PROCEDURE

- Inquiries for the difficulty scores only are allowed, provided that they will be made verbally immediately after the publication of the score or at the very latest before the end of the exercise of the following gymnast. For the last gymnast of a session, this limit is **one minute** after the score is shown on the scoreboard. The person designated to receive the verbal inquiry will have to note the time of receiving it and this will start the procedure. Only the accredited coaches will be entitled to submit an inquiry. Late verbal inquiries will be rejected.
- A federation will not be allowed to complain against a gymnast from another federation.
- The inquiry will have to be confirmed as soon as possible in writing, but within **4 minutes** at the latest after the verbal inquiry and will require an agreement of payment of:
 - EUR 300.-- for the first complaint
 - EUR 500.-- for the second complaint and
 - EUR 1'000.-- for the third complaint.

- Should the inquiry not be confirmed in writing within 4 minutes, then the procedure will become obsolete.
- Should the final score be higher, this sum will not be invoiced by European Gymnastics to the Federation. However, should the final score remain unchanged, the sum will be invoiced by European Gymnastics.
- Furthermore, we remind you that the expected score must be mentioned on the inquiry form. Inquiries without mention of the requested score will not be accepted.
- Every inquiry will be examined by the Superior Jury and a final decision, which may not be appealed, will be taken at the very latest:
 - At the end of the session for the qualifying competitions, the all-around competitions
 - Before the score of the following gymnast is shown for the finals.
- The detailed procedure is laid down in the European Gymnastics & FIG Technical Regulations.

4.1 TRANSPORTATION

International

- The international transportation costs are covered by the participating delegations. European Gymnastics and the Organising Committee strongly recommend that each Federation takes cancellation insurance for their international transportation.
- Accredited delegations who:
 - o filled in the travel schedule on the LOC digital platform by March 29th

will be provided with local transport from Sochi International Airport to the Accreditation Centre and to the hotels and back.

• If you are facing troubles to find a flight to Sochi, you can contact the LOC for other alternatives.

Local

• All the hotels are in walking distance of the competition hall, but local transports will be organised by the LOC. Schedule will be given upon arrivals of delegations.

4.2 ACCREDITATION

- For the accreditation process, **only** the Head of Delegation (or his representative) is requested to present him/herself at the accreditation centre.
- The accreditation must always be worn visible in the venue. In case of losing the accreditation card, a new one will be issued for a fee of EUR 50.-
- The following items will be checked there with the Heads of Delegation:
 - A copy of the passport of all members of the delegations
 - Negative PCR test (72 hours before arrival, readable in English or Russian) of all members of the delegation
 - Pre-competition health and responsibility questionnaires of all members of the delegation (signature of a parent is required for minors under 18 years)
 - Second mandatory quick test paid by the LOC
 - Transport Departure
 - PCR test for the return trip order and payment
 - The medical insurance including COVID-19 illness for the members of the delegations, except from the gymnasts and judges
 - Covid-19 insurance or NF confirmation to assume the financial risks for quarantine
 - Proof of the fulfilment of all financial obligations to the LOC
 - Submission of Competition cards (appendix 2)
- In order to accelerate the process of the accreditation, each participating Federation is kindly requested to upload by March 29th photos of each member of its delegation on the LOC digital platform (in order to get the link and sign in details to access the online platform please send an email with the name and details of a contact person that will be responsible for registration on behalf of the Federation to office@batut.org as soon as possible).
- Photo should be in colour, in JPG format, 45mm x 35mm, resolution: 800 x 600plx, on a white or light blue background and named as follow: NF_last name_first name.jpg (ex. HUN_Smith_Anna.jpg). Submission of photos in due time will prevent the delegations from waiting at the accreditation centre. EUR 10.- will be charged for each photo the LOC has to make at the arrival of the delegation.

4.3 TRANSFERABLE ACCESS CARDS (TAC)

• The Transferable access cards are only transferable within the NF's official delegation and appropriate function. They can only be used in conjunction with the primary Accreditation card. Lost or stolen transferable cards shall not be replaced.

Transferable access cards:

| | TRA | TUM | DMT | Mixed |
|---------------------------------------------------|-----|-----|-----|-------|
| Transferable Access Card – Zone 1 – Coaches | 2/2 | 2/2 | 2/2 | 12 |
| Transferable Access Card – Zone 1 – Medical Staff | 1 | 1 | 1 | 3 |

4.3 DIPLOMAS

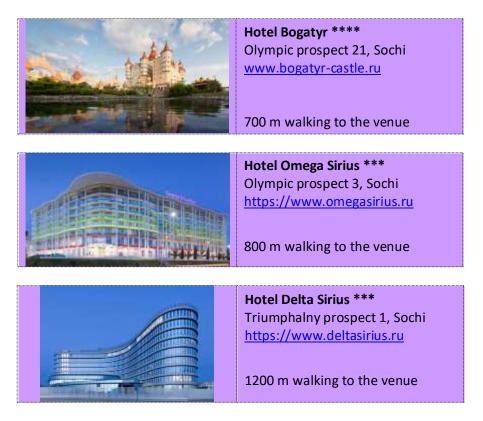
- In regards to preserve the planet, the diplomas will not be printed automatically. In order to receive the diplomas printed for your Federation, please fill in the form in appendix 3.
- All diplomas will be sent out by email (official NF's email and HoD's email) at the end of the event with the full results.

4.4 DELEGATION BOXES

- The delegation boxes will be situated at Results Office, a mailbox card will be given to the HoD at the accreditation.
- Out of a desire to save unnecessary paper use, all information regarding competition, warm-up, trainings, and notification of meetings, transport, official functions as well as European Gymnastics and LOC correspondences will be distributed via e-mail addresses of the HoD collected on GymData.
- Free internet is available at the competition hall so the HoD will have access to the information.
- If needed, a printed copy of the information will be available at the LOC office upon request.

4.6 ACCOMMODATION

- All detailed information regarding the hotels is listed in the Directives (updated on 25 January 2021).
- It is mandatory for all delegation to book its accommodation through the LOC.





Hotel IMERETINSKY Pribrezhny Kvartal *** Golubaya str., 1J, Sochi https://imhotel.ru/pribrejniy_kvartal/

2500 m walking to the venue

4.7 MEALS

- Breakfast and dinners will be served at the hotels.
- Lunch will be served at the competition venue.
- It is mandatory for all delegation to book its meals through the LOC.
- The meal request must be submitted to the LOC digital platform by **March 29th**, **2021** at the very latest.
- Meal schedule at hotels/venue via LOC:
 - Breakfast at the hotels from 07:00 to 10:00
 - Lunch at the venue from 12:00 to 15:00
 - Dinner at the hotels from 19:00 to 21:00, and 19:00 22:30 at the competitions days

4.8 VISA

 The visa request must be submitted to the LOC digital platform in word version by March 29th, 2021 at the very latest.

The members of the European Gymnastics EC & TC will handle unforeseen incidents or events that might occur during these championships.

This event will be organised under the FIG/European Gymnastics rules as listed in the Directives.

Part 5 – Appendix

- Appendix 1: Covid-19 Guidelines
- Appendix 2: Competition cards
- Appendix 3: Diplomas form
- Appendix 4: Withdrawal form
- Appendix 5: IMSSA Insurance
- Appendix 6: PCR test for the return form

The following forms can be found on the LOC digital platform:

- Accommodation form
- Visa Request
- Border crossing form
- Arrival form
- Departure form
- Meal form

Kind reminder for important deadlines:

| For European Gymnastics | Deadline |
|------------------------------------------------------|---------------------------------|
| Definitive Registration – Gymdata | January 27 th , 2021 |
| Nominative Registration – Gymdata | March 29 th , 2021 |
| Payment of the European Gymnastics Registration Fees | March 29°, 2021 |
| Media Accreditations | April 15 th , 2021 |

| For the LOC (Forms / Accommodation) | Deadline | |
|------------------------------------------------------------|---------------------------------|--|
| Accommodation Request – LOC digital platform | January 27 th , 2021 | |
| Visa Request – LOC digital platform | March 29 th , 2021 | |
| Travel Schedule – LOC digital platform | | |
| Border Crossing – LOC digital platform | | |
| Meal form – LOC digital platform | | |
| Photo & passports for Accreditation – LOC digital platform | | |
| Accommodation costs (first 50%) – transfer | January 27 th , 2021 | |
| Accommodation costs (last 50%) | March 29 th , 2021 | |
| Meals costs (100%) | | |

Vladimir ZEMAN President of the European Gymnastics TC-TRA