



**48th International Trampoline
Competition of Friendship 2021**
(Youth Olympic Hopefuls' Competition)
Jablonec nad Nisou (CZE), 8th-9th October 2021



TRAINING & COMPETITION

1. Training and Warm-up Schedule

Thursday 07 October 2021

14.00 - 21.00 - training, organizer may limit number of participants in warm-up and competition areas

Friday 08 October 2021

08.50 - 10.50 - General Warm-up Competition Groups 1-3 (warm-up area 08.30 - 10.10)

Area / Group	Group 1	Group 2	Group 3
warm-up area (floor)	08.30 - 08.50	09.10 - 09.30	09.50 - 10.10
competition area (trampolines)	08.50 - 09.30	09.30 - 10.10	10.10 - 10.50

13.40 - 14.20 - Free training Age Group 11-12 (all 3 sets of trampolines can be used)

14.20 - 16.20 - General Warm-up Competition Groups 4-6 (warm-up area 14.00 - 15.40)

Area / Group	Group 4	Group 5	Group 6
warm-up area (floor)	14.00 - 14.20	14.40 - 15.00	15.20 - 15.40
competition area (trampolines)	14.20 - 15.00	15.00 - 15.40	15.40 - 16.20

Saturday 09 October 2021

08.50 - 10.50 - General Warm-up Competition Groups 7-9 (warm-up area 08.30 - 10.10)

Area / Group	Group 7	Group 8	Group 9
warm-up area (floor)	08.30 - 08.50	09.10 - 09.30	09.50 - 10.10
competition area (trampolines)	08.50 - 09.30	09.30 - 10.10	10.10 - 10.50

14.50 - 15.50 - General Warm-up Finalists

2. Competition Schedule

Friday 08 October 2021

11.00 - 13.30 - Qualifying Round Groups 1-3

		Trampolines 1&2	Trampolines 3&4	Trampolines 5&6	warm-up area
11.00-11.50	Gr.1	Ind Girls 15-16 (1) 11	Ind Boys 15-16 (1) 9	Ind Girls 13-14 (1) 10	10.40-11.00
11.50-12.40	Gr.2	Ind Girls 15-16 (2) 11	Ind Boys 15-16 (2) 9	Ind Girls 13-14 (2) 10	11.30-11.50
12.40-13.30	Gr.3	Syn Girls 11-12 (1) 3	Ind Boys 15-16 (3) 8	Ind Girls 13-14 (3) 9	12.20-12.40

16.30 - 19.30 - Qualifying Round Groups 4-6

		Trampolines 1&2	Trampolines 3&4	Trampolines 5&6	warm-up area
16.30-17.30	Gr.4	Ind Sen Women (1) 10	Ind Sen Men (1) 12	Ind Boys 13-14 (1) 11	16.10-16.30
17.30-18.30	Gr.5	Ind Sen Women (2) 10	Ind Sen Men (2) 12	Ind Boys 13-14 (2) 10	17.10-17.30
18.30-19.30	Gr.6	Ind Sen Women (3) 10	Ind Sen Men (3) 12	Ind Boys 13-14 (3) 10	18.10-18.30

Saturday 09 October 2021

11.00 - 13.40 - Qualifying Round Groups 7-9

		Trampolines 1&2	Trampolines 3&4	Trampolines 5&6	warm-up area
11.00-11.50	Gr.7	Syn Girls 13-16 (1) 6	Syn Boys 13-16 (1) 6	Ind Girls 11-12 (1) 11	10.40-11.00
11.50-12.40	Gr.8	Syn Girls 13-16 (2) 5	Syn Boys 13-16 (2) 5	Ind Girls 11-12 (2) 11	11.30-11.50
12.40-13.40	Gr.9	Syn Sen Women (1) 7	Syn Sen Men (1) 10	Ind Boys 11-12 (1) 14	12.20-12.40

16.00 - 19.00 - Finals

		Trampolines 1&2	Trampolines 3&4	Trampolines 5&6	warm-up area
16.00-16.10		Opening ceremony (track suit & masks)			
16.10-16.35	Gr.1	Ind Junior Girls 15-16		Ind Girls 11-12	15.50-16.10
16.35-17.00	Gr.2		Ind Junior Boys 15-16	Ind Boys 11-12	16.15-16.35
17.00-17.25	Gr.3	Ind Senior Women		Ind Junior Girls 13-14	16.40-17.00
17.25-17.50	Gr.4		Ind Senior Men	Ind Junior Boys 13-14	17.05-17.25
17.50-18.15	Gr.5	Syn Junior Girls 13-16	Syn Junior Boys 13-16		17.30-17.50
18.15-18.40	Gr.6	Syn Senior Women	Syn Senior Men		17.55-18.15
18.40-19.00		Winner ceremony (track suit, medalists only)			

The times can subject to changes according the course of competition. In Qualifying Round, 50 respective 60 min. for every standard starting group (20 min. warm-up + 30 respective 40 min. competition). In Finals, one max. 30 seconds warm-up per competitor / pair.

v.04.10.2021



NÁRODNÍ
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AGENTURA



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trampolinescore

EUROTRAMP