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Gymnastics**

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**13TH EUROPEAN AEROBIC CHAMPIONSHIPS
FOR SENIORS AND JUNIORS
ANTALYA (TUR)
November 17 - 19, 2023**



Directives

**EVENT ID Juniors: 17272
EVENT ID Seniors: 16911**

Dear President

European Gymnastics is pleased to herein provide you with the Directives for the 13th Aerobic Gymnastics European Championships for seniors and juniors to be held in Antalya (TUR) from 17 – 19 November 2023.

These European Championships will be organised following the FIG & European Gymnastics Statutes and Technical Regulations (TR), AER Code of Points and relevant newsletters, FIG Code of Ethics, FIG Code of Conduct, FIG Code of Discipline, FIG General Judges Rules, FIG Specific Judges Rules, FIG Anti-Doping Rules, European Gymnastics Medical Guidelines, the Medical Organisation of FIG Competitions and Events, the FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events, the FIG License Rules, European Gymnastics Media Rules, FIG Apparatus Norms, FIG Advertising and Publicity Rules, FIG Rules for Sanctioning (approval) of International Events and European Gymnastics Accreditation Directives, , Rules for Award Ceremonies as well as all other Rules and Guidelines valid starting 01 January 2023 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

All participating Federations commit to abide by the Statutes and all European Gymnastics & FIG Rules and Regulations. Federations that fail to respect them will not be allowed to participate.

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1. EUROPEAN GYMNASTICS

EUROPEAN GYMNASTICS

Contact person: Mrs Linda Davila
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CH - 1003 Lausanne
Tel: +41 (0)21 613 10 20
Email: ldavila@europeangymnastics.com
Website: www.europeangymnastics.com



2. HOST FEDERATION & LOCAL ORGANISING COMMITTEE (LOC)

Turkish Gymnastics Federation

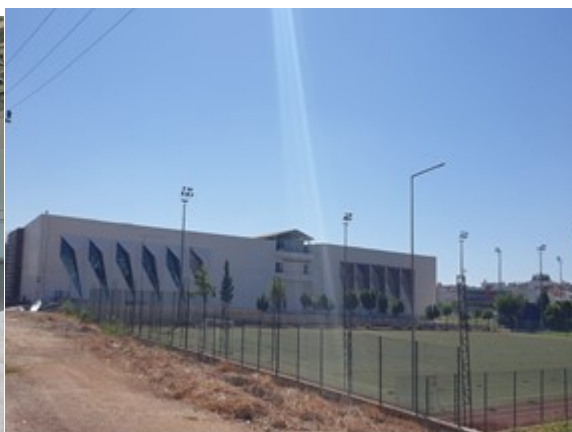
Balgat Mahallesi 1416 Sokak No: 19/1 Çankaya/ANKARA
Contact Person: Yiğit ERSOY
Tel: +90 312 310 44 70
Email: aerech2023@tcf.gov.tr
Website: www.tcf.gov.tr
Event website: www.europeangymnastics.com



3. LOCATION OF THE COMPETITION, TRAINING & WARM-UP HALLS

Competition Hall	Antalya Gymnastics Hall Gebizli 1107 Sk. 07030 Muratpaşa/Antalya Tel: +90 242 237 07 80
Warm-up Hall	
Training Halls	Spectator capacity: 1.470

Antalya Sports Hall – Inside – Outside - Plan



4. PROVISIONAL PROGRAM (SUBJECT TO CHANGE)

Monday, 13.11.2023	Arrival Aerobic TC and Staff / European Gymnastics
Tuesday, 14.11.2023	Arrival day for delegations
Wednesday, 15.11.2023	Training and Podium training by nations as per schedule Orientation meeting Judges' instruction
Thursday, 16.11.2023	Training and Podium training by nations as per schedule Judges' instruction Judges' scoring system instruction
Friday, 17.11.2023	Judges briefing Judges' draw for Juniors & Seniors Qualification Official Opening Ceremony Qualification Juniors & Seniors: TR Juniors IW Seniors GR / AD Juniors IM / MP Seniors Judging Analyses AER TC
Saturday, 18.11.2023	Judges' briefing Judges' draw for Juniors & Seniors Qualification Qualification Juniors & Seniors: IW Juniors TR Seniors AS Seniors IM/MP Juniors GR / AD Seniors Medal Award Ceremony Juniors & Senior Team Ranking Judging Analyses AER TC
Sunday, 19.11.2023	Training for finalists as per schedule Judges' briefing Judges' draw for Junior Finals European Championships Junior Finals Medal Award Ceremonies for Juniors Judges' briefing Judges' draw for Senior Finals European Championships Senior Finals Medal Award Ceremonies for Seniors Judging Analyses AER TC Farewell Party
Monday, 20.11.2023	All day Departure of participants

Please note: Schedule is provisional and may be adjusted after entries are received

5. PARTICIPATION AND ACCREDITATION

Gymnasts holding a valid FIG licence until the end of the competitions, and with the correct age from European Gymnastics and FIG affiliated Federations in good standings, may take part in these European Championships.

An individual is entitled to only one accreditation card. If an individual has several valid “accreditable” functions, the highest function is normally selected and the access zones of the functions are cumulated. No substitutes may directly benefit from unused accreditations. The functions of judge cannot be combined with any other function.

Maximum Delegation Size

The maximum size of each delegation, together with the number of transferable access cards (transferable within the Federation’s official delegation) as per European Gymnastics Technical Regulations is as **follows**:

Function	Seniors	Juniors
Individual Women (IW)	2	2
Individual Men (IM)	2	2
Mixed Pair (MP)	2 (4 gymnasts)	2 (4 gymnasts)
Trio (TR)	2 (6 gymnasts)	2 (6 gymnasts)
Group (GR)	1 (5 gymnasts)	1 (5 gymnasts)
Aerobic Dance (AD)	1 (8 gymnasts)	1 (8* gymnasts)
Aerobic Step (AS)	1 (8 gymnasts)	-

Maximum 2 per category in IM, IW, Mixed Pair and Trio, and 1 in Group, Aerobic Dance and Aerobic Step.

** in the English version of the 2022-2023 European Gymnastics Technical Regulations there is a typing mistake. A Junior AER Dance Unit is composed of 8 gymnasts, not 6. The French version of the Technical Regulations is correct.*

Function	Seniors	Juniors	Total
Head of delegation	1	1	1
Team Manager	1	1	2
Coach	2	2	4
Judge *	2	2	4
Doctor	1	1	1
Physiotherapist	1	1	2

* A delegation has to enter a minimum of 1 judge and a maximum of 2 judges in the age category in which they participate

The costs of additional accreditations have to be assumed by the National Federations and are to be paid to the LOC directly:

Function	Price
Additional Coach	EUR 180
Additional Medical doctor or paramedical staff	EUR 180
Guest	EUR 180
VIP Guest	EUR 200

Accreditation Application Process

Each NF will be invited to log into the Smart Scoring Digital Platform where a section will be available to enter accreditation details of each delegation member. All the details on how to access the portal and description of the application process will be provided to each NF by the LOC prior to the application process.

This will involve entering personal information (name, date of birth etc.), assigning the correct function (e.g. Gymnast, Coach, Doctor) and uploading a photograph which meets the requirements below.

Requirements of the photograph uploaded to the online accreditation system:

The photograph must follow the same requirements as for a passport:

- It must be in **colour**, should be a recent and an accurate likeness of the applicant and must not have been altered in any way
- It should be a **front view of the applicant's face, head and shoulders (facing forward and looking straight at the camera)**; hats, hair bands or dark glasses must not be worn.
- It should show the full head, without any head covering, unless worn for religious beliefs or medical reasons
- With a neutral expression and with the mouth closed
- With eyes open and clearly visible (no sunglasses or tinted glasses and no hair across the eyes)
- No objects, other people or shadows in the photo
- The **background must be plain and light colour, preferably white** but light blue and light grey will be accepted (NO black, dark blue, red etc.)
- Be clear and in sharp focus
- Be taken within the last 6 months

Details should be entered for all participants **no later than 19 October 2023**. This includes applications for accreditation of additional coaches, paramedical staff and guests for whom the NF will assume the participation costs, as described above.

Please consider: If photos will have to be taken at the accreditation desk (because they were not sent within the deadline/in the correct format) **EUR 50.-** will be charged for each photo.

All data submitted by NFs via the Smart Scoring platform are subject to the approval of European Gymnastics. The European Gymnastics Accreditation Rules will be strictly applied, notably as far as the number of accreditations per federation is concerned. No further accreditations may be issued. Any additional person is considered a spectator and must buy entry tickets.

Accreditation cards will not be delivered unless all financial and insurance obligations have been successfully completed.

In addition, each NF **must also** register on the **European Gymnastics GymData Online registration system** by the stated entry deadlines for Definitive & Nominative entry (see Point 7).

Each delegation will be taken to the accreditation desk in the competition venue upon arrival. The following items will be checked there before accreditation cards are handed over to the delegations:

- The passport of all members of the delegations
- Proof of insurance coverage of the delegation (except for gymnasts and judges)
- Proof of the fulfilment of all financial obligations to the LOC
- Music used by all units
- National anthem and national flag
- Departure confirmation

Media Accreditations

International and local media representatives as well as federations' communications staff who are interested in covering the event can register online at <http://registry.gymdata.online/>

Deadline: November 6th, 2023

The European Gymnastics Accreditation Rules and Media Rules have to be strictly respected.

6. AGE LIMIT OF GYMNASTS

Junior: 15 – 17 years old (born 2006, 2007, 2008)

Senior: 18 years old (born 2005) or older

All gymnasts must have a valid FIG licence until the end of the event.

7. REGISTRATIONS AND ENTRY FEES

Registrations can only be made by European Gymnastics and FIG affiliated federations in good standing, via the **GymData Online registration tool** from SmartScoring (<http://registry.gymdata.online/>) and by using the National Gymnastics Federations' login and password.

Definitive Registration

The definitive registrations must be completed by entering the composition of the delegation until **August 17th, 2023** (23:59 Swiss time) at the very latest.

Nominative Registrations

The nominative entries must be completed by entering the composition of the delegation until **October 19th, 2023** (23:59 Swiss time) at the very latest.

Entry Fees

Euro 150,00 per gymnast and category (IW-IM-MP-TR-GR)

Euro 900,00 per Aerobic Dance unit seniors/juniors and Aerobic Step unit seniors

To be transferred to European Gymnastics **Account** by **October 19th, 2023**:

Beneficiary	European Gymnastics Av. de la Gare 12, CH-1003 Lausanne/Switzerland
Account	L 5205.70.49 European Gymnastics
Bank	Banque Cantonale Vaudoise Place St-Francois 14, CP 300 1002 LAUSANNE, Switzerland
IBAN	CH05 0076 7000 L520 5704 9
SWIFT/BIC	BCVLCH2LXXX

All bank fees in connection with the bank transfer must be covered. Please state the name of the Federation and the payment purpose on the transfer (i.e. 'TUR _2023 AER ECH Registration Fees'). **The payment must be made in EUR only.**

Federations which have not fulfilled their financial obligations towards European Gymnastics or FIG (e.g. annual membership fees, unpaid invoices etc.) and the LOC (e.g. hotel accommodation, meals) will not be allowed to participate in these European Championships.

In case of non-participation or partial participation the fee will not be reimbursed.

Sanctions

The sanctions are as follows as per European Gymnastics /TR:

Definitive entry received after the deadline	EUR 1500.00
Nominative entry received after the deadline	EUR 1000.00
Non-participation (noticed at venue)	EUR 1000.00

8. LICENSES

No gymnasts, judges and coaches will be accredited without an **FIG licence valid until the end of the event**.

In order to be considered, licence application forms (new or renewal) must be submitted at least one (1) month prior to the deadline for nominative registration.

Please consult FIG License Rules for additional information in this respect.

9. JUDGES

The FIG brevetted judges are designated by their Federation and selected for the panels by draw, taking into consideration the degree of the brevet, according to the Judges' Rules.

If a federation does not enter a judge or comes with an insufficient number of judges, European Gymnastics, in line with the Technical Regulations, will request payment in the sum of EUR 2'000,- per missing judge.

All judges must have a current valid FIG brevet at the time of the event.

Judges shall recuse themselves if

- they are or were married to or live in a registered partnership or co-habit with a gymnast
- they are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

10. COMPETITION FORMAT

A competitor may compete in maximum 3 Aerobic categories and in only one age category.

Qualifications and finals will be carried out in each category and age group.

The 8 best per category (max. 1 per federation for GR, AD, AS, resp. 2 for Individual Men, Individual Women, Mixed Pairs and Trios) may participate in the finals. The winners of the finals in each category are declared European Champions.

To participate in the team ranking, federations must be represented with at least one participant in the qualification round: Individual Men and/or Individual Women, Mixed Pair, Trio, Group, Aerobic Dance or Aerobic Step.

The team ranking list will be established by adding the 5 best places (rankings).

The Federation with the lowest total of ranking places will be declared European Team Champion.

The FIG tie breaking rules will be applied

If there are less than 12 entries in a category, only 6 will proceed to the final.

11. DRAWING OF LOTS

The gymnasts' drawing of lots will decide the starting order of the qualification competitions and the finals. It will take place on 27.08.2023. No registrations can be accepted after the drawing of lots.

12. PUBLICITY

FIG advertising and publicity rules must be respected.

As the Code of Points foresees deductions should the FIG rules for Advertising and Publicity on attire and equipment not be respected, each Federation may fill in the online FIG Publicity form (FIG Rules for Advertising and Publicity Appendix E and F) if deemed necessary and send it to European Gymnastics by October 19th, 2023 at the very latest in order to have it approved.

While the Publicity Rule Chart is available on the FIG website under “Rules – Publicity” for additional information, you may also contact ldavila@europeangymnastics.com for further assistance if required.

13. EQUIPMENT

The Manufacturer Supplier will be Gymnova.

Please refer to Appendix A for the complete List of Apparatus which will be used.

14. VISA

Please verify immediately with your travel agent or the Turkish Embassy or Consulate in your country if a visa is required for your travel to Turkey. The Organising Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made by 19th October 2023 to the LOC via Smart Scoring.

It is not guaranteed by the LOC that the requests made after this deadline will be fulfilled. More information about visas can be obtained on the following links: <https://www.evisa.gov.tr/en>

More information on visa's can also be obtained from the LOC's following e-mail: aerech2023@tcf.gov.tr

15. TRANSPORTATION

The invited participating Federations must pay for the travel costs of their delegation members.

European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance for their travel.

The official arrival airport is Antalya Airport (AYT).

Local Transportation

The LOC offers free local transportation to the official hotels and back for all accredited persons from:

Antalya Airport (AYT) (16.5 km from the official hotels, approx. 20 min. by car)

Event local transportation service from the official hotels to the venue and back, as well as to any other official activities and back, will be provided to all delegations that stay at one of the official hotels and submit their Travel Schedule for Arrival and Departure to the LOC by **19 October 2023** via the Smart Scoring Digital Platform.

16. ACCOMMODATION

The LOC is delighted to provide European Gymnastics and NFs with the following selection of hotels, which will be provided to delegations from **13-20 November 2023**.

Hotel category prices are per night/per person (including breakfast at the hotel, VAT, city tax, airport transfer and daily shuttle transfer from the hotel to the training hall and the competition hall).

Official Hotels

European Gymnastics Official Hotel (Only for European Gymnastics Officials)

The costs per person/night at European Gymnastics Official Hotel are as follows:

EUR 265.– (single room, including breakfast)

EUR 165.– (twin room, including breakfast)

Judges' Hotels

The costs per person/night at the Judges' Hotel are as follows:

EUR 185.– (single room, including breakfast)

EUR 145.– (twin room, including breakfast)

CAT 1 Hotels

The costs per person/night at CAT 1 hotels are as follows:

EUR 205.– (single room, including breakfast)

EUR 165.– (twin room, including breakfast)

CAT 2 Hotels

The costs per person/night at CAT 2 hotels are as follows:

EUR 185.– (single room, including breakfast)

EUR 145.– (twin room, including breakfast)

CAT 3 Hotels

The costs per person/night at CAT 3 hotels are as follows:

EUR 165.– (single room, including breakfast)

EUR 115.– (twin room, including breakfast)

Accommodation Booking

The following steps must be followed to book the official hotels:

The participating federations must pay for the accommodation expenses of their delegation members.

While the Accommodation Request is to be submitted to the LOC online via Smart Scoring Digital Platform by **17 August 2023** at the very latest, the hotel rooms will be allocated on a "first come, first serve" basis.

The link and sign in details to access the online platform will be sent to the participating countries in a separate email.

Accommodation Payment

Payment for accommodation and meal options must be made through bank transfer to:

Beneficiary: TÜRKİYE CİMNASTİK FEDERASYONU

Account number: 138 – 113 7451 63

Beneficiary's account: TR25 0003 2000 0000 0113 7451 63

Bank: TÜRKİYE EKONOMİ BANKASI

Bank Address: GAZİ MUSTAFAKEMAL BLV. NO:7/1 CANKAYA/ANKARA

SWIFT: TEBUTRIS138

The payment deadlines can be found under Art. 25.

All bank fees in connection with the bank transfer must be covered by the NF. Please state the name of your Federation and the payment purpose on the transfer. The payment must be made in EUR only.

Cancellation Policy

European Gymnastics and the LOC **strongly recommend** that each Federation take a **cancellation insurance** for their **accommodation options**.

Cancellation period - accommodation	Penalty fee
17.08.2023 to 19.10.2023	50 % of the total accommodation cost will be charged
After 19.10.2023	100 % cancellation fee of the total accommodation cost will be applied

17. MEALS

Breakfast will be served at the hotels; the price is included in the cost of each hotel booking.

Lunch and dinner will be served at the hotels.

Lunch boxes can be prepared exclusively for delegations training/competing within the lunch hours and ordering the lunch boxes in advance.

The LOC proposes the following meal options which can be ordered by the delegations:

European Gymnastics Hotel

Lunch – EUR 5.- (each)

Dinner – EUR 5.- (each)

Judges' Hotel

Lunch – EUR 5.- (each)

Dinner – EUR 5.- (each)

CAT 1 Hotels

Lunch – EUR 5.- (each)

Dinner – EUR 5.- (each)

CAT 2 Hotels

Lunch – EUR 5.- (each)

Dinner – EUR 5.- (each)

CAT 3 Hotels

Lunch – EUR 5.- (each)

Dinner – EUR 5.- (each)

The Meal Requests must be submitted to the LOC via Smart Scoring Digital Platform by **19 October 2023** at the very latest (the link and sign in details to access the online platform will be sent to the participating countries in a separate email).

Farewell Banquet

The Farewell Banquet for the delegations will take place on Sunday, **19 November 2023** after the last competitions.

Accredited Delegation members (with the exception of E- and R- media), who will stay at one of the official hotels and will book their accommodation through the LOC will receive a free ticket for the Farewell Banquet.

All other persons wishing to attend the Banquet will be entitled to do so, provided that a request is sent to the LOC by emailing aerech2023@tcf.gov.tr before **October 19th, 2023**, requesting the number of tickets required.

The cost of a ticket for the Farewell Banquet is EUR 50.-.

18. INSURANCE

The Host Federation, the Organizing Committee, European Gymnastics and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

The European Gymnastics and FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

The FIG insurance IMSSA (International Medical & Security Sports Assistance) **for gymnasts and judges** with a valid FIG License / Brevet is valid for these European Championships. Please see further information on the FIG Intranet.

Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <https://www.gymnastics.sport/site/pages/medical-insurance.php> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.

All other delegation members are NOT included in this insurance and must present a proof of insurance at the accreditation.

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy in English writing).

Delegation members with insufficient insurance coverage will subsequently be offered with insurance at the Federations own charge as follows: 40 Euro per person/day.

19. WORKPLAN

The Workplan will be sent to all the participating federations six weeks at the latest before the start of the competitions.

20. DOPING CONTROLS

Under the supervision of the International Testing Agency, anti-doping controls will be organized according to the valid WADA Code, International Standards and FIG Anti-Doping Rules. The anti-doping controls may take place at any time.

21. OFFICIAL HOSPITAL

Name: Akdeniz University, Medical Faculty Hospital
Address: Liman, Konyaaltı Cd. No:2 D:180, 07050 Konyaaltı/Antalya
Tel: +90 242 249 60 00

The name of the Medical Doctor will be communicated in the Work Plan.

22. MUSIC

The Smart Scoring Digital Platform will allow each Delegation to create a profile and upload the music the gymnasts will perform with (.mp3 or .wga).

The Music should be uploaded in .mp3 or .wga format no later than 14 March 2023.

The music file shall be named as follows:

- The name of the nation (official abbreviation of the country)
- The first and last name of the individual competitor/s and the last name of MP, TR, GR AD, AS;
- The category (IM, IW, MP, TR, GR, AS, AD);
- The Junior or Senior (Example: ITA_VULLO_Anna_Senior_IW2.mp3)

By sending the music form you:

- Confirm that the music used does not violate any copyrights and that it can be broadcasted within sports. Any claims due to violations of copyrights have to be borne by the national federation.
- Confirm that your music files meet the criteria of the LOC.

If you need help, you can write to the following e-mail address: aerech2023@tcf.gov.tr

Delegation members are requested to keep in their possession a USB key of their music for their training sessions and in case of a technical problems.

23. SUMMARY OF THE DEADLINES AND PAYMENTS

FOR EUROPEAN GYMNASTICS

	Opening Date	Closing Date
Definitive Registration <i>GymData Online</i>	01.06.2023	17.08.2023
Nominative Registration <i>GymData Online</i>	18.08.2023	19.10.2023
Entry Fee	19.10.2023	

FOR THE LOC

	Deadline
Accommodations by Numbers	17.08.2023
Meal Request	19.10.2023
Travel Schedules	19.10.2023
Accommodations by Name	19.10.2023
Accreditation (online application)	19.10.2023
Visa Request	19.10.2023
Insufficient Insurance Cover	19.10.2023

Payment (to be made to the LOC)	Deadline
%50 Payment	17.08.2023
%100 Payment	19.10.2023

We look forward to seeing you in Antalya.

Yours Sincerely,

Ankara, 16.06.2023



A handwritten signature in blue ink, which appears to read 'Suat ÇELEN', is written over a light blue circular background.

Suat ÇELEN

The President of the Turkish Gymnastics Federation

APPENDICES

- Appendix 1 – List of Apparatus