# FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



# FIG PARKOUR WORLD CUP SOFIA Sofia (BUL), 09-12.09.2021



## DIRECTIVES

# EVENT ID: 16595

#### **Dear FIG Affiliated Member Federation,**

Following the decision of the Executive Committee, the Gymnastics Federation of **Bulgaria** has the pleasure to provide information related to the organization of the **FIG Parkour World Cup Sofia**.

Please find herein below the directives:

FIG	Fédération Internationale de Gymnastique (FIG)         Contact Person: Jakub Koslacz         Avenue de la Gare 12A         1003 Lausanne         Switzerland         Tel:       +41 (0) 21 321 55 10 / Direct +41 (0) 21 321 55 44         e-mail:       jkoslacz@fig-gymnastics.org         website:       https://parkour.sport/
LOCAL ORGANIZING COMMITTEE	Bulgarian Gymnastics Federation 75 Vassil Levski blvd. 1040 Sofia Bulgaria Mr. Krasimir Dunev Tel.: +359 879 000 649 (mobile) +359 2 9300 614 (office) Fax: +359 2 9800 626 E-mail: gymnasticsevents@gmail.com and bulgym@yahoo.com
LOCATION	Sofia, Bulgaria
DATE	From 9 <sup>th</sup> to 12 <sup>th</sup> September 2021
VENUE	the National Palace of Culture- Outdoor Bulevard "Bulgaria", 1463 Ndk, Sofia, Bulgarie Tel.: <u>+359 2 916 6300 https://www.ndk.bg/</u>

the

	16:30-16:45 Final Speed Woman	
	16:45-17:00 Award Ceremony	
	17:00-17:15 Interview	
	Day 5 – 12.09.2021	
	10:00-11:00 Training Freestyle Women	
	11:00-12:00 Training Speed Men	
	14:00-14:30 Warm-Up Speed Men	
	14:30-15:00 Warm-up Freestyle Women	
	15:00-15:15 Touch Warm-Up Speed Men	
	15:15-15:30 Semi-Final Speed Men	
	15:30-15:45 Touch Warm-Up Freestyle Women	
	15:45-16:15 Final Freestyle Women	
	16:15-16:30 Touch Warm-Up Speed Men	
	16:30-16:45 Final Speed Men	
	16:45-17:00 Award Ceremony	
	17:00-17:15 Interview	
	Day 6 – 13.09.2021 - Departure	
COMPETITION FORMAT	Competitions consist of Qualifications, Semi-Finals (Speed only) and Finals. The score from Qualification will not be carried forward. All runs, also the Finals, start from 0	
SEE ALSO WORLD	points.	
CUP RULES	Speed	
	Speed competitions will be organized on two parallel lanes.	
	<b>Speed Qualifications</b> The starting order for the first run of Qualification will be determined by a draw. An intermediate ranking list is established at the end of the first run. The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course by raising their hand after seeing their time. The starting order for this second (optional) run is determined by the original starting order, but only with the athletes performing a second run. For the athletes who have chosen to have a second run, the result of the second run only counts. The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply. Runners' lanes- Lane 1 is farthest from the judge's tower and Lane 2 is closest, assigned by draw	
	<ul> <li>Speed Semi-Finals</li> <li>Knock-out competition format</li> <li>The top athletes from the final ranking list of the Qualification (max. 2 per NF) participate in the Semi-Finals. No second run is possible.</li> <li>In case of a tie at any place, the tie-breaking rules set out in art. 4.1 applies</li> <li>The highest ranked athlete faces the lowest ranked athlete, and the loser of that race is excluded from advancing to the final. Another example, the athlete ranked 2<sup>nd</sup> faces the 2<sup>nd</sup> to last athlete from the Qualification and so on for each athlete to be matched against the appropriate competitor. The loser of each race is excluded from advancing to the final.</li> </ul>	

SPEED	11 or less athletes	12-16 athletes	17 athletes or more
Semi- Final No wildcard	No Semi- Final	8 best times from Qualification	10 best times from Qualification
Finals	6 best from Qualification	6 total 4 from Knock-out + 2 next best times overall from Semi-Final	6 total 5 from Knock-out + 1 next best time overall from Semi-Final

In case of a tie at the 6<sup>th</sup> rank for the Final, the tie-breaking rules set out in art. 4.1– apply.

Three reserve athletes will be able to warm-up for the Semi-Final and Final rounds. Runners' lanes- Lane 1 is farthest from the judge's tower and Lane 2 is closest, determined by qualifying time

#### Speed Finals

The top 6 athletes from the final ranking list of the Qualification or the semi-finals (max. 2 per NF) participate in the Final.

In the final round, the 5<sup>th</sup> and 6<sup>th</sup>, the 3<sup>rd</sup> and 4<sup>th</sup> and the 1<sup>st</sup> and 2<sup>nd</sup> run by pairs. The final ranking is based on the time (no knock out).

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

The Final is held in one single run.

Runners' lanes- Lane 1 is farthest from the judges' tower and Lane 2 is closest, determined by qualifying time

### Freestyle

### Freestyle Qualifications

The starting order for the first run of Qualification will be determined by a draw. The runs of 30 to 70 seconds, are judged based on the criteria defined in the Code of Points.

An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course (before the score is shown) by raising their hand. The starting order for this second (optional) run is determined by the original starting order, but only with athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

### Freestyle Finals (max. 2 per NF)

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply. The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athletes starting last.

TIE BREAKING RULES	Tie-breaking rules for the Speed ranking (TR, Section 2, art. 3.1)
	Time is measured in 1/1000 <sup>th</sup> of a second and shown in 1/100 <sup>th</sup> of a second.

	If there is a tie, the tie will be		the next digit (1/100	00 <sup>th</sup> of a second).			
	If there is still a tie, the tie wil <i>Exception:</i>	I not be broken.					
	To determine the starting or	der and the pairs	in the Final. the tie	s must be broken by	/a		
	draw.				~		
	Tie-breaking rules for the Freestyle ranking (TR, Section 7, art.						
	3.2)		-life - time - and Fire		L -		
	In case of a tie in points at determined by the following of	ais, the ranking will	be				
	1. The higher score for E		and Masterv				
	2. The higher score for Use of the course and Creativity						
	3. The higher score for I						
	4. The average of all j	udges' scores gi	iven for Execution	Safety and Maste	ry,		
	without eliminating the	e highest and the	lowest score				
	5. The average of all ju	0 0		course and Creativi	ty,		
	without eliminating the	•					
	6. The average of all ju	0 0	ven for Difficulty, v	vithout eliminating t	ne		
	highest and the lowes						
	If there is still a tie, the tie wil <i>Exception:</i>	i not be broken.					
	To determine the starting or	der and the pairs	in the Final, the tie	s must be broken by	/ a		
	draw.			,			
	For Prize money: The prize money of the tied r	anks will be adde	d and divided by th	e number of ties			
	The plize money of the tied i						
	For World Cup Points:						
	The World Cup points of the	tied ranks will be	added and divided	by the number of ties	s.		
FEDERATIONS	The FIG will invite all FIG Member Federations in good standing.						
INVITED	During the 2021 World Cup Series, the FIG is entitled to invite 6 best ranked athletes in						
PARTICIPATION	each event from the final World Cup Ranking List of 2019.						
SIZE OF	Only senior athletes in goo				IG		
DELEGATION AND	License at the time of registra				L		
FIG LICENSE	No athletes will be accept	ed without a val	lid FIG License a	t the deadline of t	ne		
	· ·	Nominative Registration.					
	The maximum size of the inv						
		Speed	Freestyle	Total max.			
	Athletes men	4	4	4			
	Athletes women	4	4	4			
	Head of delegation Coach	1	1	1 2			
		I	1				
		1	1	9			
0040050	Medical / Paramedical	1 Inetition every co	1 ach should have a	2 coach-sport profile	in		
COACHES	Medical / Paramedical To be registered on the com			coach-sport profile			
COACHES	Medical / Paramedical	e FIG official com	nmunication of 31 M	coach-sport profile Iarch 2021). No coa	ch		
COACHES	Medical / Paramedical To be registered on the com the FIG database (please se	e FIG official com	nmunication of 31 M	coach-sport profile Iarch 2021). No coa	ch		
COACHES	Medical / Paramedical To be registered on the com the FIG database (please se will be accepted without a v Registration.	e FIG official com alid coach-sport	nmunication of 31 M profile at the dead	coach-sport profile larch 2021). No coa line of the Nominati	ch ve		
COACHES	Medical / ParamedicalTo be registered on the comthe FIG database (please sewill be accepted without a vRegistration.In order to be considered, the considered of the considered	e FIG official com alid coach-sport the coach-sport p	nmunication of 31 M profile at the dead profile (included th	coach-sport profile larch 2021). No coa line of the Nominati e documents) <u>must</u>	ch ve		
COACHES	Medical / Paramedical To be registered on the com the FIG database (please se will be accepted without a v Registration.	e FIG official com alid coach-sport the coach-sport p	nmunication of 31 M profile at the dead profile (included th	coach-sport profile larch 2021). No coa line of the Nominati e documents) <u>must</u>	ch ve		

AGE LIMITS	17 years in the year of t	the competition			
JUDGES AND JUDGES' PANELS	Each Judges' Panel consists of: Speed: 1 Chair of Judges' Panel (CJP), 1 Start Line and 2 Time Judge (ST/T), 4 check- point or line judges (CP/L) Freestyle: 4 to 5 judges, including one judge who is also acting as CJP. One reserve judge should be planned within or outside of this quota. The Freestyle judges are nominated by the FIG. Speed judges are drawn from the list of FIG Parkour judges, with the CJP directing their work. Any open judge positions will be nominated by FIG. Federations with participating athletes may send one judge at their own expense.				
FIG TECHNICAL DELEGATE	The FIG Technical Deleters the Superior Jury.	egate will be proposed	d by the FIG. He	e will serve as Presi	dent of
REGISTRATION DEADLINES	Registration	e on: www.gymnastics only be accepted from 28.07.2021 09.08.2021 registrations which ubject to fines as follow or late Definitive or late Nominative er than 10 days after	sport FIG Gymnastic (6 wee event) (4 week if possil are not accom ws:	cs Member Federation eks prior to the event ole on Wednesday) opanied by the req CHF 750 CHF 500	uested
DRAWING OF LOTS	The Athletes drawing of lots will take place during the orientation meeting. Registrations made after the athletes drawing of lots will not be accepted.				
ENTRY FEES	The cost for the entry fee is <b>30 EUR</b> per athlete The invited participating federations must pay for all entry fees. At the time of the Definitive registration (6 weeks prior to the event) 100% of the entry fee must be paid to the LOC. The entry fee is not refundable. <i>Exception is if because of low number of participants, the event is no longer a FIG</i> <i>World Cup.</i> Entries without payment of the entry fees will be considered as invalid and will be refused.				
ACCOMMODATION	All accommodations t Accommodation Breakfast & Dinr Banquet Transport from venue or hotel a	ner Sofia Airport or Sofi	a railway/bus		petition

	Hotel Marinela – HB (breakfast & dinner)
	Blvd "James Bourchier" 100, 1407 g.k. Lozenets, Sofia, Bulgarie Tel.: +359 2 969 2222
	http://www.hotel-marinela.com/
	The costs per person/night in this first hotel are as follows:
	110 EUR – single room (HB)
	90 EUR – in a double/twin room (HB)
	ATM Hotel – Low-cost Hotel – HB (breakfast and dinner)
	131 Tsarigradsko shose blvd. 1784 Sofia, Bulgaria
	Tel.: +359 2 9658481
	https://www.atm-hotel.com/ The costs per person/night in this low-cost hotel are as follows:
	90 EUR – single room (HB)
	80 EUR – in a double/twin room (HB)
	FIG will book hotels for the invited athletes.
	Cancellation policy:
	By 28 <sup>th</sup> July 2021 – 100 % refund
	From 29th July 2021 to 27th August 2021 – cancellation fee: 50% of the total price of the
	cancelled rooms for the requested period of accommodation
	From 28 <sup>th</sup> August 2021 – no refund
	Only written cancelations sent by e-mail are accepted.
	Refund will be made only by bank transfer. All costs for the bank transfers will be at the
	charge of the participating federations.
	The LOC strongly recommends that each Federation take a cancellation insurance for
	their accommodation and meals booking.
MEALS	The invited participating federations must pay for the meal expenses of their delegation
	members.
	Delegations that book their accommodation through the LOC have accommodation, breakfast and dinner in their package.
	breaklast and dinner in their package.
	Lunch tickets can be purchased through the LOC.
	Lunch price: 20 EUR per person
	The Meele Form must be returned to the LOO by 00 00 0001 of the same late to be
	The Meals Form must be returned to the LOC by <b>09.08.2021</b> at the very latest and the costs for the meals must be paid to the LOC by the same date, <b>09.08.2021</b> .
	No refund will be made after the deadline of the Nominative registration.
	The LOC strongly recommends that each Federation take a cancellation insurance for
	their accommodation and meals booking.
INTERNATIONAL	The invited participating federations must pay for the travel costs of their delegation
TRANSPORTATION	members (see exceptions in the FIG Rules for the FIG Parkour World Cup, art. 9).
	The Travel Schedule Form must be returned to the LOC by 09.08.2021.
LOCAL	Federations that have arranged accommodation through the LOC will be transferred by
TRANSPORTATION	bus from Sofia Airport or Sofia railway/bus station to the official hotels, and from the
	official hotels to and from the competition venue and vice versa. Otherwise, the costs of
	100 EUR (per delegation member) for the local transportation must be paid to the LOC
	by <b>28.07.2021</b> .

VISA	Consulate in your countr Organizing Committee will invitation letter, provided th The request must include th passport number, passport	y with your travel agent or the <b>Bulgarian</b> Embassy or y if a visa is required for your travel to <b>Bulgaria</b> . The be happy to assist each Delegation member with an official hat the request is made before <b>28.07.2021</b> to the LOC. the function, full name, gender, date of birth, citizenship and ort expiry date, the arrival and departure dates of the II as the city the visa application support letter must be sent	
INSURANCE	<ul> <li>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</li> <li>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</li> <li>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</li> <li>If the note has not been sent in advance to the LOC (which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</li> <li>The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay.</li> </ul>		
ACCREDITATION	<ul> <li>subsequently offer insurance coverage at the Federations own charge.</li> <li>Access to the area Field of Play dedicated to Parkour will be given only to authorised persons (accreditation).</li> <li>In addition, the LOC will distribute information regarding the athletes safeguarding plan.</li> </ul>		
FINANCIAL OBLIGATIONS	Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) will not be allowed to participate in this World Cup competition.		
BANK ACCOUNT INFORMATION	Bank name: Bank address: Beneficiary name: Beneficiary address: IBAN: SWIFT/BIC: Please integrate the paym <b>Cup Sofia (example: BUL</b>	RAIFFEISEN BANK 55 Nikola Vaptsarov Blvd. 1407 Sofia, Bulgaria Zapryanov Travel Ltd. 9 Pop Bogomil str. 1202 Sofia, Bulgaria BG92RZBB91551086937930 RZBBBGSF ment's purpose as follows: XXX, 2021 FIG Parkour World ., 2021 FIG Parkour World Cup Sofia) n is responsible for covering all bank fees in connection with	
	See Accommodation and Meals		
CANCELATION	See Accommodation and Meals During the 2021 Series the Prize Money is paid by the FIG as follows:		

	Speed			Freestyle		
	Ranking	Total of 1	5 000 F	Ranking	Total of 15 000	
	1	7000		1	7000	
	2	5000	)	2	5000	
	3	3000	)	3	3000	
	Should less than 4 fe Freestyle), no prize n	noney will be p	baid.			
ASSIGNMENT OF WORLD CUP POINTS FOR THE RANKING LIST	The results and the of website within 24 ho procedures before a Member Federation. Separate World Cup • Speed men • Speed womer • Freestyle mer • Freestyle wor are established for competition of the se	Ranking Lists n n n n the World (	end of the respectompetitions are for: Cup Series, be	ective competiti duly respecte ginning with t	ons provided that al d by the Organizing he first World Cup	
	For all categories points are assigned to the athletes <b>by name</b> .					
		Rank		-		
				ints		
		Rank	Po Speed	i <b>nts</b> Freestyle		
		Rank	Po Speed 50	ints Freestyle 50		
		Rank           1           2	<b>Po</b> Speed 50 40	Freestyle 50 40		
		Rank           1           2           3	Po Speed 50 40 35	ints Freestyle 50 40 35		
		Rank           1           2           3           4	Po Speed 50 40 35 25	ints Freestyle 50 40 35 25		
		Rank           1           2           3           4           5	Po Speed 50 40 35 25 20	ints Freestyle 50 40 35 25 20		
		Rank           1           2           3           4           5           6	Po Speed 50 40 35 25 20 15	ints Freestyle 50 40 35 25 20 15		
		Rank           1           2           3           4           5           6           7	Po Speed 50 40 35 25 20 15 10	ints Freestyle 50 40 35 25 20 15 10		
		Rank           1           2           3           4           5           6	Po Speed 50 40 35 25 20 15	ints Freestyle 50 40 35 25 20 15		
	Should less than 4 f Cup competition (Spe	Rank 1 2 3 4 5 6 7 8 rederations pare	Po           Speed           50           40           35           25           20           15           10           5           rticipate per app           estyle), no World	ints Freestyle 50 40 35 25 20 15 10 5 aratus or per of d Cup Points wi	ll be given.	
YEARLY WINNER	Should less than 4 f	Rank         1         2         3         4         5         6         7         8         eed and/or Free         the FIG Parko         each of the Wo         f the series, co	Po Speed 50 40 35 25 20 15 10 5 rticipate per app sestyle), no Work ur World Cup Series R ounting the 2 best	ints Freestyle 50 40 35 25 20 15 10 5 aratus or per of d Cup Points wi ries is the athle anking List of the	Il be given. te with the highest he respective year,	
	Should less than 4 f Cup competition (Spe The yearly winner of number of points of e after the last event of	Rank         1         2         3         4         5         6         7         8         Tederations parent and/or Free the FIG Parko each of the Wo f the series, conthlete participation         765 (mobile)	Po Speed 50 40 35 25 20 15 10 5 rticipate per app sestyle), no Work ur World Cup Series R ounting the 2 best	ints Freestyle 50 40 35 25 20 15 10 5 aratus or per of d Cup Points wi ries is the athle anking List of the	Il be given. te with the highest he respective year,	
YEARLY WINNER EVENT MANAGER MEDIA	Should less than 4 f Cup competition (Spe The yearly winner of number of points of e after the last event of of competitions the a Mr. lordan lovtchev Tel.: + 359 879 000 7	Rank         1         2         3         4         5         6         7         8         rederations pare         eed and/or Free         the FIG Parko         each of the Wo         f the series, co         thlete participa         765 (mobile)         mail.com         Ms. Tzvetelina         40 (mobile)	Po Speed 50 40 35 25 20 15 10 5 rticipate per app esstyle), no World ur World Cup Series R ounting the 2 best ated in.	ints Freestyle 50 40 35 25 20 15 10 5 aratus or per of d Cup Points wi ries is the athle anking List of the	Il be given. te with the highest he respective year,	

MEDICAL SERVICES	The medical services will be provided by the Medical Centre "Sportmed", 1 Lerin str, j.k. Hipodruma, 1612 Sofia, Bulgaria. Contact person: Dr. Martin Ivanov.			
OFFICIAL HOSPITAL	University Multi-profile Hospital for Active Treatment "St. Anna" 1 Dimitar Mollov str., Compl. Mladost 1 1750 Sofia, Bulgaria			
	Tel.: +359 2 975 9000			
DOPING CONTROLS	The organizing Member Federation will provide the	e doping controls at its own charge.		
	The LOC will organize 6 doping controls, 3 for Wor the samples will be organized by NADO:	men and 3 for Men. The collection of		
	<b>Bulgarian Anti-Doping Centre</b> 1 Nikola Gabrovski Str. 1172 Sofia, Bulgaria			
	Tel.: +359 2 962 56 35			
	Fax: +359 2 862 60 54 E-mail: anti-doping.centre@anti-doping.governmer	nt.bg		
	Skype: anti-doping.centre			
	The analysis will be made in a WADA recognized I	aboratory.		
MARKETING	FIG advertising and publicity norms must be respe-	cted.		
TELEVISION	ТВС			
SCORING, RESULT SERVICE AND VIDEO CONTROL	The FIG will provide a scoring and result service, including a high-quality video system which will allow the recording, storage and provision of compilation of the recorded images.			
RULES AND REGULATIONS	The competition will be organized under the follow the competition, except for any deviation mentioner. • Statutes	•		
	Code of Ethics			
	Technical Regulations			
	World Cup Rules for Parkour			
	Licenses Rules			
	Code of Points			
	General Judges' Rules     Madical Organization of the Official EIC Common	4141		
	Medical Organization of the Official FIG Compe	etitions		
	<ul><li>Anti-Doping Rules</li><li>Media Rules</li></ul>			
	<ul> <li>Apparatus Norms (to be completed)</li> </ul>			
	<ul> <li>Apparatus Norms (to be completed)</li> <li>Advertising and Publicity Rules</li> </ul>			
	<ul> <li>Advertising and Fublicity Rules</li> <li>Accreditation Rules</li> </ul>			
	Regulations for Awards Ceremonies			
	and subsequent decisions of the FIG Executive Co	ommittee		
DEADLINES	Definitive Degistration	20.07.2024		
SUMMEAR	Definitive Registration Nominative Registration	28.07.2021 09.08.2021		

DEADLINES	Definitive Registration	28.07.2021
SUMMEAR	Nominative Registration	09.08.2021
	Accommodation Form	28.07.2021
	Meals Forms	09.08.2021
	Visa Form	28.07.2021

Travel Schedule Form	09.08.2021
Payment of the entry fees	28.07.2021
Payment of the Accommod	lation costs 28.07.2021
Payment of the Meals cost	s 28.08.2021
Payment of Banquet tickets accommodation is not bool	



Krasimir Dunev, BGF President

Sofia, 06.07.2020