





Artistic Gymnastics

2022 World Challenge Cup / Mersin - TURKEY

07 -09 November 2022

1957

WORK PLAN





Date	Start Time	Finish Time	Venue	Phase	Gender	Unit	
			Arrival	of Delegation & Free Training	S		
05 October 2022	09:30	12:00	Training Hall	Scheduled Training	WAG, MAG	Free Training on request	
03 OCTOBET 2022	16:30	19:00	Training Hall	Scheduled Training	WAG, MAG	Free Training on request	
	Official Trainings + Orientation Meeting						
	09:30	13:00	Training Hall	Scheduled Training	WAG, MAG	Free Training	
	10:00	13:00	Competition Hall	Podium Training	MAG	MAG Official Training (Scheduled)	
06 October 2022	15:00	18:00	Training Hall	Scheduled Training	WAG, MAG	Free Training	
	15:30	18:00	Competition Hall	Podium Training	WAG	WAG Official Training (Scheduled)	
	20:00	21:00	Divan Hotel	Meeting	WAG, MAG	Orientation Meeting	
			Individual Qualifica	tions Day 1 MAG-WAG (FX,PI	H,PB - VT,UB)		
	09:30	11:00	Training Hall	Training Session	WAG, MAG	Free Training	
	13:00	18:00	Training Hall	Training Session	WAG, MAG	Free Training	
07 October 2022	12:30	13:30	Competition Hall	Judges Meeting	WAG+MAG	Judges Meeting	
	14:00	19:15	Competition Hall	Competition	MAG	Qualifications for Apparatus Finals (FX - PH - PB)	
	14:00	19:15	Competition Hall	Competition	WAG	Qualifications for Apparatus Finals (VT - UB)	
			Individual Qualifica	tions Day 2 MAG-WAG (VT,S	R,HB - BB,FX)		
	09:30	11:00	Training Hall	Training Session	WAG, MAG	Free Training	
	13:00	18:00	Training Hall	Training Session	WAG, MAG	Free Training	
08 October 2022	12:30	13:30	Competition Hall	Judges Meeting	WAG+MAG	Judges Meeting	
	14:00	19:15	Competition Hall	Competition	MAG	Qualifications for Apparatus Finals (VT - SR - HB)	
	14:00	19:15	Competition Hall	Competition	WAG	Qualifications for Apparatus Finals (BB - FX)	
			Apparatus	Finals MAG-WAG (All Appara	atus)		
	09:00	10:30	Training Hall	Training Session	WAG, MAG	Free Training for Finalists Only	
	12:00	18:45	Training Hall	Training Session	WAG, MAG	Free Training for Finalists Only	
	12:00	13:00	Competition Hall	Judges Meeting	WAG+MAG	Judges insruction and the Draw for Apparatus Finals	
09 October 2022	13:30	15:15	Competition Hall	Apparatus Finals	WAG, MAG	Apparatus Finals (FX - PH - PB) & (VT - UB)	
	15:15	15:45	Competition Hall		WAG, MAG	Award Ceromony	
	17:00	18:15	Competition Hall	Apparatus Finals	WAG, MAG	Apparatus Finals (VT - SR - HB) & (BB - FX)	
	18:15	18:45	Competition Hall		WAG, MAG	Award Ceromony	
				Departure of Delegation			
0 October 2022			Hilton Hotel	Departure per Schedule	WAG, MAG	Departure	





Bus Schedule

Date		Depart			Return	
Date	From	То	Time	From	То	Time
	Hotel	Training Hall	09:10	Training Hall	Hotel	11:10
OF Octobor 2022	Hotel	Training Hall	10:10	Training Hall	Hotel	12:10
05 October 2022	Hotel	Training Hall	16:10	Training Hall	Hotel	18:10
	Hotel	Training Hall	17:10	Training Hall	Hotel	19:10
	Hotel	Training Hall	09:10	Competition Hall	Hotel	11:00
	Hotel	Competition Hall	09:40	Competition Hall	Hotel	11:30
	Hotel	Competition Hall	10:10	Competition Hall	Hotel	13:10
06 October 2022	Hotel	Training Hall	14:40	Competition Hall	Hotel	15:30
	Hotel	Competition Hall	15:10	Competition Hall	Hotel	16:30
	Hotel	Competition Hall	16:00	Competition Hall	Hotel	18:10
	Hotel	Divan Hotel	19:40	Divan Hotel	Hotel	21:15
	Hotel	Training Hall	09:10	Training Hall	Hotel	11:10
	Hotel	Judges MAG-WAG	12:10	Competition Hall	Hotel	19:30
07 October 2022	Hotel	Competition Hall	12:30	Competition Hall	Hotel	16:00
U7 October 2022	Hotel	Competition Hall	13:45	Competition Hall	Hotel	17:30
	Hotel	Competition Hall	15:30	Competition Hall	Hotel	18:30
	Hotel	Competition Hall	16:30	Competition Hall	Hotel	19:30
	Hotel	Training Hall	09:10	Training Hall	Hotel	11:10
	Hotel	Judges MAG-WAG	12:10	Competition Hall	Hotel	19:30
08 October 2022	Hotel	Competition Hall	12:30	Competition Hall	Hotel	16:00
08 October 2022	Hotel	Competition Hall	13:45	Competition Hall	Hotel	17:30
	Hotel	Competition Hall	15:30	Competition Hall	Hotel	18:30
	Hotel	Competition Hall	16:30	Competition Hall	Hotel	19:30
	Hotel	Training Hall	08:45	Training Hall	Hotel	10:45
	Hotel	Competition Hall	11:40	Competition Hall	Hotel	13:00
	Hotel	Judges MAG-WAG	11:40	Competition Hall	Hotel	18:45
09 October 2022	Hotel	Competition Hall	12:10	Competition Hall	Hotel	15:00
09 October 2022	Hotel	Competition Hall	13:30	Competition Hall	Hotel	16:00
	Hotel	Competition Hall	15:00	Competition Hall	Hotel	17:00
	Hotel	Competition Hall	16:00	Competition Hall	Hotel	18:00
	Hotel	Competition Hall	17:00	Competition Hall	Hotel	19:00





MAG	CIII	ORDER			
FX	PH	SR	VT	PB	НВ
1	2	8	4	5	5
4	3	5	8	2	8
8	4	2	7	4	4
6	8	3	3	8	6
5	7	7	1	3	3
7	6	6	6	1	7
2	1	1	2	7	2
3	5	4	5	6	1
	FX 1 4 8 6 5 7 2	FX PH 1 2 4 3 8 4 6 8 5 7 7 6 2 1	FX PH SR 1 2 8 4 3 5 8 4 2 6 8 3 5 7 7 7 6 6 2 1 1	FX PH SR VT 1 2 8 4 4 3 5 8 8 4 2 7 6 8 3 3 5 7 7 1 7 6 6 6 2 1 1 2	FX PH SR VT PB 1 2 8 4 5 4 3 5 8 2 8 4 2 7 4 6 8 3 3 8 5 7 7 1 3 7 6 6 6 1 2 1 1 2 7

	WAG	CIII	ORDER	
Rk	VT	UB	BB	FX
1	1	2	8	4
2	4	3	5	8
3	8	4	2	7
4	6	8	3	3
5	5	7	7	1
6	7	6	6	6
7	2	1	1	2
8	3	5	4	5



2021 World Challenge Cup / Mersin - TURKEY 10 - 12 September 2021 Training Hall Program 10 September 2021 FX - VT



05 October 2022

09:30 -10:00 MAG - Warm Up

	MAG		
FX		VT	3
	10:00-11:00		11:00-12:00

09:30-10:00 WAG - Warm Up

	WAG	
VT	3	FX
	10:00-11:00	11:00-12:00

16:30-17:00 MAG - Warm Up

	MAG		
FX		VT	3
	17:00-18:00		18:00-19:00

16:30-17:00 WAG - Warm Up

	WAG		
VT	3	FX	
	17:00-18:00		18:00-19:00





06 October 2022

09:30 -10:00 MAG - Warm Up

	MAG		
FX		VT	3
	10:00-11:30		11:30-13:00

09:30-10:00 WAG - Warm Up

	WAG		
VT	3	FX	
	10:00-11:30		11:30-13:00

15:00-15:30 MAG - Warm Up

	MAG		
FX		VT	3
	15:30-16:45		16:45-18:00

15:00-15:30 WAG - Warm Up

	WAG		
VT	②	FX	
	15:30-16:45		16:45-18:00





07 October 2022

09:30 -10:00 MAG - Warm Up

	MAG		
FX		VT	3
	10:00-10:30		10:30-11:00

09:30-10:00 WAG - Warm Up

	WAG		
VT	3	FX	
	10:00-10:30		10:30-11:00

13:00-13:30 MAG - Warm Up

	MAG	
FX		VT 😨
	Competition Preparation	

13:00-13:30 WAG - Warm Up

	WAG	
VT	②	FX
	Competition Preparation	





08 October 2022

09:30 -10:00 MAG - Warm Up

	MAG		
FX		VT	3
10:00-10:30			10:30-11:00

09:30-10:00 WAG - Warm Up

	WAG		
VT	3	FX	
	10:00-10:30		10:30-11:00

13:00-13:30 MAG - Warm Up

	MAG		
FX		VT	
		Compet	ition Preparation

13:00-13:30 WAG - Warm Up

	WAG		
VT	3	FX	
		Competition	Preparation





08 October 2022

09:30 -10:00 MAG - Warm Up

	MAG		
FX		VT	3
10:00-10:30			10:30-11:00

09:30-10:00 WAG - Warm Up

	WAG		
VT	3	FX	
	10:00-10:30		10:30-11:00

13:00-13:30 MAG - Warm Up

	MAG		
FX		VT	
		Compet	ition Preparation

13:00-13:30 WAG - Warm Up

	WAG		
VT	3	FX	
		Competition	Preparation





Day 1 07 October 2022

TİME		FX	Bib	MAG		
Start	Finish			Surname	Name	NF
13:55	13:57			March	In	1
13:57	14:00			Warm	Up	
14:00	14:03	1				
14:03	14:06	2				
14:06	14:09	3				
14:09	14:12	4				
14:12	14:15	5				
14:15	14:17			March	In	•
14:17	14:20			Warm	Up	
14:20	14:23	6				
14:23	14:26	7				
14:26	14:29	8				
14:29	14:32	9				
14:32	14:35	10				
14:35	14:37			March	In	
14:37	14:40			Warm	Up	
14:40	14:43	11				
14:43	14:46	12				
14:46	14:49	13				
14:49	14:52	14				
14:52	14:55	15				
14:55	14:57			March	In	
14:57	15:00			Warm	Up	
15:00	15:03	16				
15:03	15:06	17				
15:06	15:09	18				
15:09	15:12	19				
15:12	15:15	20				
15:15	15:17			March	In	
15:17	15:20			Warm		
15:20	15:23	21				
15:23	15:26	22				
15:26	15:29	23				
15:29	15:32	24				+
15:32	15:35	25				
15:35	15:37			March	In	
15:37	15:40			Warm		
15:40	15:43	26			•	
15:43	15:46	27				
15:46	15:49	28				
15:49	15:52	29				
15:52	15:55	30				
15:55	15:57			March	In	
15:57	16:00			Warm		
16:00	16:03	31			•	
16:03	16:06	32				
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TİI	ME	РВ	Bib	MAG						
Start	Finish			Surname	Name	NF				
16:55	16:57			March	ln .					
16:57	17:00		Warm Up							
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17:09	17:12	4								
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17:15	17:17			March	ıln					
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18:17	18:20			Warm	Up					
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18:26	18:29	23				<u> </u>				
18:29	18:32	24								
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18:35	18:37			March						
18:37	18:40	L.,		Warm	Up					
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18:55	18:57			March						
18:57	19:00	١.,		Warm	Up					
19:00	19:03	31				ļ				
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March Out

19:06 19:09 33 19:09 19:12 34 19:12 19:15 35 19:15 19:17





Day 2 08 October 2022

ТіМЕ		VT	Bib	MAG					3
Start	Finish	R			Surnar	ne		Name	NF
13:55	13:57					Marc	h In		•
13:57	14:00					Warm	ı Up		
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14:03	14:06	2							
14:06	14:09	3							
14:09	14:12	4							
14:12	14:15	5							
14:15	14:17					Marc	h In		l .
14:17	14:20					Warm	Up		
14:20	14:23	6							
14:23	14:26	7							
14:26	14:29	8							
14:29	14:32	9							
14:32	14:35	10							
14:35	14:37					Marc	h In		1
14:37	14:40					Warm	ı Up		
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14:43	14:46	12							
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15:17	15:20					Warm	ı Up		
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15:35	15:37					Marc	h In		
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16:55	16:57			March		
16:57	17:00			Warm	Up	
17:00	17:03	1				
17:03	17:06	2				
17:06	17:09	3				
17:09	17:12	4				
17:12	17:15	5				
17:15	17:17			March	ln .	
17:17	17:20			Warm	Up	
17:20	17:23	6				
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17:26	17:29	8				
17:29	17:32	9				
17:32	17:35	10				
17:35	17:37			March	In	
17:37	17:40			Warm	Up	
17:40	17:43	11				
17:43	17:46	12				
17:46	17:49	13				
17:49	17:52	14				
17:52	17:55	15				
17:55	17:57			March		
17:57	18:00			Warm	Up	
18:00	18:03	16				
18:03	18:06	17				
18:06	18:09	18				
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18:15	18:17			March		
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18:37	18:40			Warm		
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18:55	18:57			March	ıİn	1
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Day 1 07 October 2022

TİME		VT	Bib		WAG	3			
Start	Finish	R		Surname	Name	NF			
13:55	13:57		•	March		•			
13:57	14:00			Warm	Up				
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16:15	16:17			March	Out				

Start Finish R Sumame	Tİ	ME	UB	Bib		WAG		
16:57 17:00	Start	Finish	R		Surname	Name	NF	
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17:06 17:09 3	17:00	17:03	1					
17:10 17:12 4 Image: Control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of the control of th	17:03	17:06	2					
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17:37	17:32	17:35	10					
17:40	17:35	17:37			March	ı İn		
17:43	17:37	17:40			Warm	Up		
17:46	17:40	17:43	11					
17:49	17:43	17:46	12					
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18:00	17:55	17:57			March	İn	ı	
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Day 2 08 October 2022

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Start	Finish	R		Surname	Name	NF
13:55	13:57			March	ı In	
13:57	14:00			Warm	Up	
14:00	14:03	1				
14:03	14:06	2				
14:06	14:09	3				
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14:12	14:15	5				
14:15	14:17			March	ı İn	
14:17	14:20			Warm	Up	
14:20	14:23	6				
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14:57	15:00			Warm	Up	
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15:37	15:40			Warm		
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16:15	16:17			March	Out	
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TİME		FX	Bib		WAG	
Start	Finish	R		Surname	Name	NF
16:55	16:57			March	l In	
16:57	17:00			Warm	Up	
17:00	17:03	1				
17:03	17:06	2				
17:06	17:09	3				
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17:12	17:15	5				
17:15	17:17			March	l In	
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17:20	17:23	6				
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17:26	17:29	8				
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17:40	17:43	11				
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18:57	19:00			Warm		
19:00	19:03	31				
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19:12	19:15	35				
19:15	19:17			March	Out	





08 October 2022

	Time FX
	13:23 March In
	13:26 Warm up
1	13:30
2	13:33
3	13:36
4	13:39
5	13:42
6	13:45
7	13:48
8	13:51
	13:54 March Out

	13:54 Marc	h Out					
	Time PH				Time VT		
	Time PH 13:54 Marc	h In	Rk		Time VT 13:54 Mar	ch In	
	13:56 Warn		NK.		13:56 War		
1	14:00	· up	2		13.30 Wai	iii up	Rk
-	14.00		2	1	14:02		1
2	14:04		3	_	11.02		-
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3	14:08		4	_			·
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4	14:12		8				
				4	14:14		6
5	14:16		7				
				5	14:18		5
6	14:20		6				
				6	14:22		7
7	14:24		1				
				7	14:26		2
8	14:28		5				
				8	14:30		3
-	14:33	March Out			14:33	March Out	
	T' DD				T' UB		
	Time PB	March In	DL		Time UB	March In	DL
	14:34	March In Warm up	Rk		14:34	March In Warm up	Rk
	14:36	vvaiiii up			14:36	vvariii up	

Rk
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AWARD CEREMONY

15:17	March In	
15:20	FX	MAG
15:25	VT	WAG
15:30	PH	MAG
15:35	UB	WAG
15:40	PB	MAG
15:45	March Out	





08 October 2022

	Time VT		Time BB	
	16:23 March In	Rk	16:23 March In	Rk
	16:26 Warm up		16:26 Warm up	
1	16:30	4		
			1 16:32	8
2	16:34	8		_
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3	16:38	7	3 16:40	2
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-	20112	J	4 16:44	3
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			5 16:48	7
6	16:50	6		
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8	16:58	5	, 10.30	1
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_	17:03 March Out	Į.	17:03 March Out	
	Time SR	. 1	Time FX	
	17:04 March In	Rk	17:04 March In	Rk
1	17:06 Warm up 17:10	8	17:06 Warm up	
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2	17:14	5	17.12	•
			2 17:16	8
3	17:18	2		
			3 17:20	7
4	17:22	3	4 4724	2
-	17.20	7	4 17:24	3
5	17:26	/	5 17:28	1
6	17:30	6	3 17.20	1
			6 17:32	6
7	17:34	1		
			7 17:36	2
8	17:38	4		_
	17:43 March Out		8 17:40 17:43 March Out	5
-	17:43 March Out		17:43 March Out	
	Time HB			
1	17:44 March In	Rk		
2	17:46 Warm up			
3	17:50	5		
4	17:53	8		
5 6	17:56 17:59	4 6		
7	17:59 18:02	3		
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	18:08	2		
	18:11	1		
	18:14 March Out			
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AWARD CEREMONY

18:17	March In	
18:20	VT	MAG
18:25	BB	WAG
18:30	SR	MAG
18:35	FX	WAG
18:40	НВ	MAG
18:45	March Out	