

# Austrian Categories - TEAMGYM



general		Floor		Tumble		Trampet		age	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	>30								
general rules Code of points 2022-2024	changes	national <sup>1)</sup>																																			
	men, women, mixed	no need 50:50	8-12 gymnasts	no need to have equal number of women and men					Offene Klasse <sup>6)</sup>																												
	number of gymnasts	4 - 7	8-12 gymnasts	8-12 gymnasts	6-12 gymnasts					Jugend 3																											
	size Floor area	10x12	14m x 16m	min. 10m x 12m					Jugend 2																												
	formations, composition	international		6 <sup>2)</sup> *	6 <sup>2)</sup>	4			Jugend 1 <sup>7)</sup>																												
	timelimit (minutes)	2:15 - 2:45		1:30 - 2:45	1:00 - 2:45					Juniors																											
	number of gymnasts	4	6 gymnasts	6	4-6 <sup>3)</sup>	4 <sup>3)</sup>			Seniors																												
	elements	international	2 different	mind. 1	Deduction <sup>3)</sup>	Bonus			Mini-Team																												
	handspring, round-off flic	international CoP for Juniors		no need					Mini-Team																												
	twist requirement	international CoP for Juniors		required					Mini-Team																												
landing last element in landing area	required								Mini-Team																												
number of gymnasts	4	6 gymnasts	4-6*	4*					Mini-Team																												
difficulty value			D= max. 1,5					Mini-Team																													
height vaulting table	international		min. 1,30 m					Mini-Team																													
twist/doublesalto requirement	international CoP for Juniors		no need					Mini-Team																													
<p>1) additional elements in "Nationalem Elementecode"                      Floor: 2 balances (one SB and one HB or DB), 2 jumps, 1 acrobatic element, 1 group element, 1 flexibility element</p> <p>2) incl. one small and one big Formation, *2 planes (sw. and bw.)</p> <p>3) 12 gymnasts allowed to jump in all 3 rounds, but only the first 4-6 are counted</p> <p>4) one round with at least handspring (to both legs) and one with at least round-off flic</p> <p>5) Bonification for handspring (to both legs) and for roundoff flic (E score, +0,1 each gymnast)</p> <p>6) Offene Klasse: Depending on the registration the class can be divided</p> <p>7) up to 2 younger gymnasts are allowed to join (only applies to national competitions)</p>																																					