



**13<sup>th</sup> PLOVDIV CUP AEROBICS OPEN**  
**Plovdiv, (BUL)**  
**8<sup>th</sup> – 9<sup>th</sup> of October 2022**



**DIRECTIVES**

**Event ID: 17138**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Bulgaria together with Aerobic Union Bulgaria and Sports Club “Aerobics-AMD” has the pleasure to invite your Federation to participate in the **13<sup>th</sup> Plovdiv Cup Aerobics Open 2022** - an official FIG International Event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Bulgarian Gymnastics Federation</b> 75, Vasil Levski Bld. Sofia – 1040, Bulgaria Tel.: +359 2 9300663 e-mail: <a href="mailto:bulgym@abv.bg">bulgym@abv.bg</a>
<b>ORGANIZING COMMITTEE</b>	<b>Aerobic Union Bulgaria</b> Contact person: Dimitrina Kandeveva Tel.: +359 887 607 909 e-mail: <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Sports club “Aerobics – AMD” Contact persons: Valentina Angelova 117, 6 <sup>th</sup> Septemvri Blvd. Plovdiv - 4002, Bulgaria Tel.:+359 887 410 590 e-mail: <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a> web site: <a href="http://www.plovdivcup.com">http://www.plovdivcup.com</a>
<b>LOCATION</b>	<b>Plovdiv, BULGARIA</b>
<b>DATE</b>	From <b>6<sup>th</sup> to 10<sup>th</sup> of October 2022</b>
<b>VENUE</b>	<b>INTERNATIONAL FAIR PLOVDIV – Pavilion 6</b> <b>37, Tzar Boris III – Obedinitel BLVD</b> <b>4003, Plovdiv, BULGARIA</b> The Plovdiv International Fair is a famous place, major international intellectual, business and investment center. It is one of the largest exhibition venues in Southeast Europe. The exhibition complex consists of 17 multifunctional pavilions. More info for the Plovdiv International Fair @: <a href="http://www.fair.bg/en/fair/">http://www.fair.bg/en/fair/</a>
<b>APPARATUS SUPPLIER</b>	<b>Please refer to the attached apparatus list</b>
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges’ Rules</li> <li>• Specific Judges’ Rules</li> <li>• Anti-Doping Rules</li> <li>• Licence rules (except for non competitive events)</li> </ul>

	<ul style="list-style-type: none"> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Guidelines for FIG Competitions and Events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Rules for Sanctioning (approval) of International Events</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																					
<b>FEDERATIONS INVITED</b>	The Organizing Member Federation invites all FIG member Federations in good standing.																					
<b>AGE LIMITS</b>	<p><b>Seniors: 18 years and over (born 2004 or before)</b>  <b>Junior: 15-17 (born in the year 2005 - 2007)</b>  <b>All gymnasts must have a valid FIG license until the end of the event!</b></p> <p>An International event will also be held for AG: 12-14 and ND: 9-11. For more information please contact the LOC.</p>																					
<b>JUDGES AND JURIES</b>	<p><b>All judges must have a current valid category for the respective discipline (aerobic gymnastics).</b></p> <p>Every Nation should register at least one judge with a valid FIG Brevet for the current cycle. <b>Failure to do so may result in a fine of 600 Euro to be paid to the Local Organizing Committee in order that the LOC invites neutral judge/s. The fine for missing a judge should be paid to the LOC no later than 7<sup>th</sup> of September 2022.</b></p> <p>The number of Judge's panels will be decided depending on the number of participating competitors and judges.</p> <p>The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p>																					
<b>REGISTRATION DEADLINES</b>	<p>The Definitive and Nominative Registration Forms should be sent by the respective Federation to the OC and to the LOC within the deadlines mentioned below. All forms must bear the official seal and signature of the respective Federation and are accepted only if accompanied by the necessary payments.</p> <table border="1"> <tr> <td><b>Definitive registration:</b></td> <td><b>10<sup>th</sup> of August 2022</b></td> <td><b>2 months prior the event</b></td> </tr> <tr> <td><b>Nominative registration:</b></td> <td><b>7<sup>th</sup> of September 2022</b></td> <td><b>1 month prior the event</b></td> </tr> </table>	<b>Definitive registration:</b>	<b>10<sup>th</sup> of August 2022</b>	<b>2 months prior the event</b>	<b>Nominative registration:</b>	<b>7<sup>th</sup> of September 2022</b>	<b>1 month prior the event</b>															
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<b>ENTRY FEES</b>	<p>Entry fees are the same for Seniors and Juniors but are different for those accommodated via the LOC and those accommodated by themselves.</p> <table border="1"> <thead> <tr> <th><b>Category</b></th> <th><b>Entry Fee – accommodated via LOC</b></th> <th><b>Entry fee – not accommodated via LOC</b></th> </tr> </thead> <tbody> <tr> <td>Individual Women</td> <td>30 Euro</td> <td>75 Euro</td> </tr> <tr> <td>Individual Men</td> <td>30 Euro</td> <td>75 Euro</td> </tr> <tr> <td>Mixed Pairs</td> <td>45 Euro</td> <td>120 Euro</td> </tr> <tr> <td>Trios</td> <td>55 Euro</td> <td>155 Euro</td> </tr> <tr> <td>Groups</td> <td>65 Euro</td> <td>220 Euro</td> </tr> <tr> <td>Aero Dance</td> <td>80 Euro</td> <td>250 Euro</td> </tr> </tbody> </table> <p>100% of the Entry fee must be paid to the LOC not later than <b>10<sup>th</sup> of August 2022. The entry fee is calculated based on the number of units in the Definitive registration. In case of cancelations after the Definitive entry deadline there is no reimbursement.</b></p>	<b>Category</b>	<b>Entry Fee – accommodated via LOC</b>	<b>Entry fee – not accommodated via LOC</b>	Individual Women	30 Euro	75 Euro	Individual Men	30 Euro	75 Euro	Mixed Pairs	45 Euro	120 Euro	Trios	55 Euro	155 Euro	Groups	65 Euro	220 Euro	Aero Dance	80 Euro	250 Euro
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<b>ACCREDITATION</b>	<p>Detailed information about the accreditation procedure will be given with the Work Plan which will be distributed to all participating Federations not later than 26<sup>th</sup> of September 2022.</p> <p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>																					
<b>SIZE OF DELEGATION</b>	The number of units per category and nation in Seniors and Junior for the Qualifications is limited as follows, except for the Organizing Federation. There																					

is no limitation on the number of units for the Qualifications for the Organizing Federation.

The maximum number of **units** and officials is as follows:

Officials	Junior 15-17	Senior 18+
Individual Women	6	6
Individual Men	6	6
Mixed Pairs	8	8
Trios	8	8
Groups	8	8
Aerobic Dance	6	6
Head of Delegation	1	
Coaches	2	2
Judges	Minimum 1	
Doctor and Therapists	1	

Every federation **must send at least 1 judge with a valid FIG Brevet.**

#### EVENT FORMAT

The competition consists of Qualifications and Finals in Seniors and Juniors in all 6 categories. In case that there are less than 9 participants per category in the Qualifications, no Qualification is necessary.

#### **QUALIFICATIONS**

The participation in Qualifications is limited to **the units mentioned in the paragraph "Size of delegation"** except for the Organizing Federation. There is no limitation to the number of units for the Organizing Federation.

#### **FINALS**

The top 8 (eight) competitors from the Qualifications in Seniors and Juniors in each category (IW, IM, MP, TR, GR, AD) will take part in the Finals (maximum two per Category and Nation). In addition, if the organizing Federation has not qualified competitors in any category in Seniors and in Juniors, it may nominate one participation in max.1 category in each - Senior and Junior of its choice.

#### PROVISIONAL SCHEDULE

**6<sup>th</sup> of October 2022 (Thursday)** – Arrival and accreditation  
**7<sup>th</sup> of October 2022 (Friday)** – Trainings, Orientation meeting, Judges meeting and instructions  
**8<sup>th</sup> of October 2022 (Saturday)** – Qualifications  
**9<sup>th</sup> of October 2022 (Sunday)** – Finals  
**10<sup>th</sup> of October 2022 (Monday)** – Departure

***There might be some changes in the Provisional Schedule depending on the total number of entries (for example: Qualifications in some categories and age groups might also be done on Friday and then some Finals might be carried out on Saturday).***

The Detailed Program will be prepared and distributed to all participating Federations with the Work Plan not later than 26<sup>th</sup> of September 2022.

#### EVENT MANAGER

**Mrs.Valentina Angelova**  
 Sports Club "Aerobics – AMD"  
 117, 6<sup>th</sup> Septemvri Blvd.  
 Plovdiv – 4002, Bulgaria  
 Tel.: +359 887 410 590  
 e-mail: [aerobic-amd@abv.bg](mailto:aerobic-amd@abv.bg)

#### MEDICAL SERVICES

During all days – trainings and competition official medical persons who will be in the training and competition halls will be provided by the LOC.

#### COVID 19

Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.  
 The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.

	<p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>Additional information concerning the safety and the requirements for entering the host country will be given in the Workplan, during accreditation as well as the Orientation meeting.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the <b>Bulgarian</b> Embassy or Consulate in your country if a visa is required for your travel to <b>Bulgaria</b>. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>10<sup>th</sup> of August 2022</b> to the e-mail of the OC – <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a></p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <a href="https://www.gymnastics.sport/site/pages/medical-insurance.php">https://www.gymnastics.sport/site/pages/medical-insurance.php</a> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</p> <p>The LOC will subsequently offer insurance at the Federations own charge if requested in advance. Based on the request the LOC will provide information about the cost.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating Federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC @ <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a> by <b>7<sup>th</sup> of September 2022</b>. If persons from one delegation/Federation are arriving and departing with different flights, please fill in separate travel forms for each group of persons and indicate on the travel form the exact number of persons.</p>
<b>LOCAL TRANSPORTATION</b>	<p><b>Arrival and departure – Sofia or Plovdiv:</b> The LOC may provide transportation to all delegation members, <b>who have booked their accommodation through the LOC</b>, from and to Sofia or Plovdiv airport, railway station or central bus station to the official hotel in Plovdiv and back on the official arrival (<b>6<sup>th</sup> of October 2022</b>) and departure days (<b>10<sup>th</sup> of October 2022</b>). Information on the cost will be sent additionally, as soon as possible, before the Definitive entry deadline (10<sup>th</sup> of August 2022). This transportation should be requested with the official Travel form and should be paid to the LOC <b>not later than 7<sup>th</sup> of September 2022</b>. The transportation costs cannot be reimbursed.</p> <p>For those delegations or member of delegations that do not arrive or depart on the official days, upon request, the LOC may arrange additional transportation. The cost for it depends on the number of people, the date and time. Please, send your request to the LOC not later than <b>7<sup>th</sup> of September 2022</b> in order to be able to arrange transportation and inform you about the price.</p>
<b>ACCOMMODATION</b>	<b>Hotel "Sankt Petersburg" ****</b>

4003 Plovdiv, Bulgaria  
 97, Bulgaria Blvd.  
 Tel.: +359 32 91 03  
 Fax.: + 359 32 951 830  
 web page: <http://www.sphotel.net>  
 The costs **per person/ per night including breakfast** are as follows:  
 55 Euro (single room)  
 45 Euro (double/ triple room)  
 The “Sankt Petersburg” Hotel is 4 stars. It is situated 2 km distance from the competition venue /15 min walking/. There will be a free shuttle between Hotel “Sankt Petersburg” and Competition Venue.  
 The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Provisional Accommodation Form must be returned to the LOC by **10<sup>th</sup> of August 2022** at the very latest, the Hotel rooms will be allocated on a **“first come, first serve” basis**.

**The invited participating Federations must pay for the accommodation expenses of their delegation members.**

The costs for the accommodations must be paid to the LOC as follows:

50% of the total Accommodation costs should be paid not later than **10<sup>th</sup> of August 2022 and accompanied by the official Provisional Accommodation Form**.

The remaining 50% of the total Accommodation costs should be paid not later than **7<sup>th</sup> of September 2022 and accompanied by the official Detailed Accommodation Form**.

Reservations will only be confirmed if the necessary payments are made!

Cancellations or modifications of the rooms/ number of people are accepted by **24<sup>th</sup> of August 2022** – 2 weeks after the Provisional Accommodation deadline. The LOC will reimburse 80% of the amount for the cancelled rooms/ persons based on the 50% payment.  
**After 24<sup>th</sup> of August 2022** no money for any cancellations can be reimbursed.

**MEALS**  
 There is a possibility to order lunch and dinner only for those accommodated via the LOC. The price is 20 euro per meal. All meals are served in the Hotel. For those who would like to reserve meals, please use the official meals form. The Meals form should be sent to the LOC not later than **7<sup>th</sup> of September 2022**. 100% payment of the Meals must be paid to the LOC not later than **7<sup>th</sup> of September 2022** and cannot be reimbursed.

**FINAL BANQUET**  
 If possible, the LOC will organize a Final banquet on **9<sup>th</sup> of October 2022** – Sunday. It will take place in the evening, after the Finals. An information will be given additionally.

**BANK ACCOUNT INFORMATION**  
 Payments of the entry fee, accommodation, meals and local transportation – if requested must be made by the respective deadlines by bank transfer to **VK Maks OOD**:

<b>Beneficiary:</b>	<b>VK MAK S OOD</b>
<b>Beneficiary address:</b>	34, Brezovska Str.; floor 3, office 6; Plovdiv 4003
<b>Bank name:</b>	D BANK
<b>Bank address:</b>	3, Dunav Str.; Plovdiv 4000
<b>Branch</b>	Office Royal city
<b>IBAN:</b>	BG57 DEMI 9240 1000 1970 87
<b>BIC:</b>	DEMIBGSF

Each participating member Federation is kindly requested to integrate the payment’s purpose as follows: **Plovdiv Cup 2022**.  
**The participating federation is responsible for covering all bank fees in connection with the bank transfers.**



<b>MARKETING</b>	FIG advertising and publicity norms must be respected																														
<b>SOCIAL MEDIA</b>	Facebook page: <a href="https://www.facebook.com/plovdivcup">https://www.facebook.com/plovdivcup</a>																														
<b>DEADLINES SUMMARY</b>	<p>The forms should be sent to the OC and LOC within the respective deadlines @:  <b>The OC – Aerobic Union Bulgaria – <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a></b>  <b>The LOC – SC "Aerobics-AMD" - <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a></b></p> <p>The payments should be done by transfers to the bank account of the LOC provided above within the respective deadlines.</p> <table border="1"> <thead> <tr> <th><b>FORMS:</b></th> <th><b>Deadline:</b></th> </tr> </thead> <tbody> <tr> <td>Definitive Registration</td> <td><b>10<sup>th</sup> of August 2022</b></td> </tr> <tr> <td>Nominative Registration</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <td>Provisional Accommodation Form</td> <td><b>10<sup>th</sup> of August 2022</b></td> </tr> <tr> <td>Detailed Accommodation Form</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <td>Travel Schedule Form</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <td>Visa Request Form</td> <td><b>10<sup>th</sup> of August 2022</b></td> </tr> <tr> <td>Meals Form</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <th><b>PAYMENTS:</b></th> <th><b>Deadline:</b></th> </tr> <tr> <td>Payment of the Entry Fee</td> <td><b>10<sup>th</sup> of August 2022</b></td> </tr> <tr> <td>Payment of the Accommodation Costs – 50%</td> <td><b>10<sup>th</sup> of August 2022</b></td> </tr> <tr> <td>Payment of the Accommodation Costs – 50%</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <td>Payment of the local transportation</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <td>Payment of the Meals</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> <tr> <td>Payment of the fine for missing a judge</td> <td><b>7<sup>th</sup> of September 2022</b></td> </tr> </tbody> </table>	<b>FORMS:</b>	<b>Deadline:</b>	Definitive Registration	<b>10<sup>th</sup> of August 2022</b>	Nominative Registration	<b>7<sup>th</sup> of September 2022</b>	Provisional Accommodation Form	<b>10<sup>th</sup> of August 2022</b>	Detailed Accommodation Form	<b>7<sup>th</sup> of September 2022</b>	Travel Schedule Form	<b>7<sup>th</sup> of September 2022</b>	Visa Request Form	<b>10<sup>th</sup> of August 2022</b>	Meals Form	<b>7<sup>th</sup> of September 2022</b>	<b>PAYMENTS:</b>	<b>Deadline:</b>	Payment of the Entry Fee	<b>10<sup>th</sup> of August 2022</b>	Payment of the Accommodation Costs – 50%	<b>10<sup>th</sup> of August 2022</b>	Payment of the Accommodation Costs – 50%	<b>7<sup>th</sup> of September 2022</b>	Payment of the local transportation	<b>7<sup>th</sup> of September 2022</b>	Payment of the Meals	<b>7<sup>th</sup> of September 2022</b>	Payment of the fine for missing a judge	<b>7<sup>th</sup> of September 2022</b>
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<b>ADDITIONAL INFORMATION</b>	<p>An International event for AG (12-14) for the categories IW/ IM/ MP/ TR/ GR/ AD and ND (9-11) for the categories IW/ IM/ MP/ TR/ GR will also be held (not sanctioned). Conditions, number of units, deadlines and prices are the same as for the Seniors and Juniors.</p> <p>The Draw for the starting order for Qualifications and Finals will be done in advance by the Technical Committee of Aerobic Union Bulgaria based on the Definitive entries and will be distributed to all Nations.</p> <p>More information will be given with the Work Plan which will be distributed to all registered federations not later than 26<sup>th</sup> of September 2022.</p>																														

If you have any questions, please do not hesitate to contact us.

Looking forward to Welcome you to the **13<sup>th</sup> Plovdiv Cup Aerobics Open 2022**.

Sincerely Yours,

Sofia,

June 21<sup>st</sup> 2022



Mr DUNEV Krassimir  
the President of the BFG