## FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



## FIG PARKOUR WORLD CUP SOFIA Sofia (BUL), 09-11.09.2022



#### **DIRECTIVES**

## **EVENT ID:** for FIG only

#### **Dear FIG Affiliated Member Federation,**

Following the decision of the Executive Committee, the Gymnastics Federation of **Bulgaria** has the pleasure to provide information related to the organization of the **FIG Parkour World Cup Sofia**.

Please find herein below the directives:

FIG	Fédération Internationale de Gymnastique (FIG) Contact Person: Jakub Koslacz Avenue de la Gare 12A 1003 Lausanne Switzerland Tel: +41 (0) 21 321 55 10 / Direct +41 (0) 21 321 55 44 e-mail: jkoslacz@fig-gymnastics.org, lvidmer@fig-gymnastics.org website: https://parkour.sport/ http://www.gymnastics.sport/site/
LOCAL ORGANIZING COMMITTEE	Bulgarian Gymnastics Federation 75 Vassil Levski blvd. 1040 Sofia Bulgaria Mr. Krasimir Dunev Tel.: +359 879 000 649 (mobile) +359 2 9300 614 (office) Fax: +359 2 9800 626 E-mail: gymnasticsevents@gmail.com and bulgym@yahoo.com
LOCATION	Sofia, Bulgaria
DATE	From 9 <sup>th</sup> to 11 <sup>th</sup> September 2022
VENUE	National Palace of Culture (NDK) - Outdoor Bulgaria blvd., 1463 Sofia, Bulgaria Tel.: +359 2 916 6300 https://www.ndk.bg/





Provider "Walltopia"		
Day 2 - 08.09.2022	APPARATUS	Provider "Walltopia"
Day 2 – 08.09.2022  09:00-10:00 Training Speed Women 10:00-11:00 Training Speed Mem Group 1 12:00-13:00 Training Speed Mem Group 1 13:00-14:00 Training Speed Mem Group 2 14:00-15:00 Training Speed Mem Group 2 15:00-16:00 Training Speed Women 16:00-17:00 Training Freestyle Mem Group 2 15:00-16:00 Training Speed Women 16:00-17:00 Training Freestyle Mem Group 1 17:00-18:00 Training Freestyle Mem Group 2 20:00-21:00 Orientation meeting  Day 3 – 09:09.2022  09:00-10:00 Training Speed Mem Group 1 11:00-12:00 Training Speed Mem Group 2 12:00-12:30 Warm-Up Speed Mem Group 2 12:00-13:30 Warm-Up Speed Women 13:00-13:30 Warm-Up Freestyle Mem Group 1 13:30-15:30 Qualification Freestyle Mem Group 1 15:30-16:00 Warm-Up Freestyle Mem Group 2 16:00-18:00 Qualification Freestyle Mem Group 1 13:30-16:30 Warm-Up Freestyle Mem Group 2 16:00-18:00 Qualification Freestyle Mem 11:00-11:30 Warm-Up Speed Women 11:30-12:30 Qualification Freestyle Women 11:30-13:30 Warm-Up Speed Women 11:30-14:00 Qualification Speed Mem 11:00-11:50 Warm-Up Speed Women 15:45-16:00 Semi-Final Speed Women 15:45-16:00 Semi-Final Speed Women 16:00-16:15 Touch Warm-Up Speed Women 16:00-16:15 Touch Warm-Up Speed Women 16:45-17:00 Touch Warm-Up Speed Women 16:45-17:00 Touch Warm-Up Speed Woman 17:15-17:30 Award Ceremony Day 5 – 11.09.2022		Day 1 - 07.09.2022 - Arrival of Delegations
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16:15-16:45 Final Freestyle Men 16:45-17:00 Touch Warm-Up Speed Woman 17:00-17:15 Final Speed Woman 17:15-17:30 Award Ceremony  Day 5 – 11.09.2022  10:00-11:00 Training Speed Men		·
16:45-17:00 Touch Warm-Up Speed Woman 17:00-17:15 Final Speed Woman 17:15-17:30 Award Ceremony  Day 5 – 11.09.2022  10:00-11:00 Training Speed Men		• •
17:00-17:15 Final Speed Woman 17:15-17:30 Award Ceremony  Day 5 – 11.09.2022  10:00-11:00 Training Speed Men		·
17:15-17:30 Award Ceremony  Day 5 – 11.09.2022  10:00-11:00 Training Speed Men		
Day 5 – 11.09.2022  10:00-11:00 Training Speed Men		•
10:00-11:00 Training Speed Men		17.15-17.30 Award Ceremony
		Day 5 – 11.09.2022
11:00-12:00 Training Freestyle Women		Ç .
		11:00-12:00 Training Freestyle Women

14:00-14:30 Warm-Up Speed Men

14:30-15:00 Warm-up Freestyle Women

15:00-15:15 Touch Warm-Up Speed Men

15:15-15:30 Semi-Final Speed Men

15:30-15:45 Touch Warm-Up Freestyle Women

15:45-16:15 Final Freestyle Women

16:15-16:30 Touch Warm-Up Speed Men

16:30-16:45 Final Speed Men

16:45-17:00 Award Ceremony

**Day 6 – 12.09.2022** - Departure

#### COMPETITION FORMAT SEE ALSO WORLD CUP RULES

Competitions consist of Qualifications, Semi-Finals (Speed only) and Finals. The score from Qualification will not be carried forward. All runs, also the Finals, start from 0 points.

#### Speed

Speed competitions will be organized on two parallel lanes.

#### **Speed Qualifications**

The starting order for the first run of Qualification will be determined by a draw. An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course by raising their hand after seeing their time. The starting order for this second (optional) run is determined by the original starting order, but only with the athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run. In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply. Runners' lanes- Lane 1 is farthest from the judge's tower and Lane 2 is closest, assigned by draw

#### Speed Semi-Finals

#### **Knock-out competition format**

The top athletes from the final ranking list of the Qualification (max. 2 per NF) participate in the Semi-Finals. No second run is possible.

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 applies The highest ranked athlete faces the lowest ranked athlete, and the loser of that race is excluded from advancing to the final. Another example, the athlete ranked 2<sup>nd</sup> faces the 2<sup>nd</sup> to last athlete from the Qualification and so on for each athlete to be matched against the appropriate competitor. The loser of each race is excluded from advancing to the final.

SPEED	11 or less athletes	12-16 athletes	17 athletes or more
Semi- Final No wildcard	No Semi- Final	8 best times from Qualification	10 best times from Qualification
Finals	6 best from Qualification	6 total 4 from Knock-out + 2 next best times overall	6 total 5 from Knock-out + 1 next best time overall from

	from Semi-Final	Semi-Final

In case of a tie at the 6<sup>th</sup> rank for the Final, the tie-breaking rules set out in art. 4.1– apply.

Three reserve athletes will be able to warm-up for the Semi-Final and Final rounds. Runners' lanes- Lane 1 is farthest from the judge's tower and Lane 2 is closest, determined by qualifying time

#### **Speed Finals**

The top 6 athletes from the final ranking list of the Qualification or the semi-finals (max. 2 per NF) participate in the Final.

In the final round, the 5<sup>th</sup> and 6<sup>th</sup>, the 3<sup>rd</sup> and 4<sup>th</sup> and the 1<sup>st</sup> and 2<sup>nd</sup> run by pairs. The final ranking is based on the time (no knock out).

In case of a tie at any place, the tie-breaking rules set out in art. 4.1 apply.

The Final is held in one single run.

Runners' lanes- Lane 1 is farthest from the judges' tower and Lane 2 is closest, determined by qualifying time

#### Freestyle

#### Freestyle Qualifications

The starting order for the first run of Qualification will be determined by a draw. The runs of 30 to 70 seconds, are judged based on the criteria defined in the Code of Points.

An intermediate ranking list is established at the end of the first run.

The athletes may choose to have a second run. Should they choose a second run, they have to announce it immediately after the end of their course (before the score is shown) by raising their hand. The starting order for this second (optional) run is determined by the original starting order, but only with athletes performing a second run.

For the athletes who have chosen to have a second run, the result of the second run only counts.

The final ranking list of the Qualification will be established at the end of the second run.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

#### Freestyle Finals (max. 2 per NF)

The top eight athletes from the final ranking list of the Qualification participate in the Final.

In case of a tie at any place, the tie-breaking rules set out in art. 4.2 apply.

The Final is held in one single run.

The starting order is established based on the ranking after Qualification with the best athletes starting last.

#### TIE BREAKING RULES

## Tie-breaking rules for the speed ranking (TR, Section 2, art. 3.1)

Time is measured in 1/1000<sup>th</sup> of a second and shown in 1/100<sup>th</sup> of a second. If there is a tie, the tie will be broken by using the next digit (1/1000<sup>th</sup> of a second). If there is still a tie, the tie will not be broken.

#### Exception:

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

## Tie-breaking rules for the freestyle ranking (TR, Section 7, art. 3.2)

In case of a tie in points at any place in Qualification and Finals, the ranking will be determined by

the following criteria:

- 1. The higher score for E (Execution)
- 2. The higher score for D (Difficulty)
- 3. The average of all judges' scores given for E (Execution), without eliminating the highest

and the lowest score

4. The average of all judges' scores given for D (Difficulty), without eliminating the highest and

the lowest score

If there is still a tie, the tie will not be broken.

#### Exception:

To determine the starting order and the pairs in the Final, the ties must be broken by a draw.

#### For Prize money:

The prize money of the tied ranks will be added and divided by the number of ties.

#### For World Cup Points:

The World Cup points of the tied ranks will be added and divided by the number of ties.

## FEDERATIONS INVITED PARTICIPATION

The FIG will invite all FIG Member Federations in good standing.

During the 2022 World Cup Series, the FIG is entitled to invite the five best ranked athletes in each event from the valid World Cup Ranking List as well as the Reigning World Champion.

#### SIZE OF DELEGATION AND FIG LICENSE

Only senior athletes in good standing with the correct age and holding a valid FIG License at the time of registration until the end of the competitions may participate.

No athletes will be accepted without a valid FIG License at the deadline of the Nominative Registration.

The maximum size of the invited delegation is as follows:

	Speed	Freestyle	Total max.
Athletes men	0 - 4	0 - 4	4
Athletes women	0 - 4	0 - 4	4
Head of delegation			1
Coach	1	1	2
Medical / Paramedical	1	1	2

#### **COACHES**

To be registered on the competition every coach should have a coach-sport profile in the FIG database (please see FIG official communication of 31 March 2021). No coach will be accepted without a valid coach-sport profile at the deadline of the Nominative Registration.

In order to be considered, the coach-sport profile (included the documents) <u>must</u> be submitted at least two (2) weeks prior to the deadline for nominative registration.

#### **AGE LIMITS**

17 years in the year of the competition (born in 2005 or before)

## JUDGES AND JUDGES' PANELS

Each Judges' Panel consists of:

Speed: 1 Chair of Judges' Panel (CJP), 1 Start Line and 2 Time Judge (ST/T), 4 check-point or line judges (CP/L)

Speed judges are drawn from the list of FIG Parkour judges from the participating federations and FIG nominated judges, with the CJP directing their work. Any open

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	judge positions will be nominated by FIG. Freestyle: 6 judges (3 per Difficulty and 3 per Execution) will judge, including one Difficulty judge who is also acting as CJP. One reserve judge should be planned. Difficulty judges are nominated and invited by the FIG. Execution judges are drawn from the participating federations on-site and attend at the expense of their NF.				
FIG TECHNICAL DELEGATE		The FIG Technical Delegate will be proposed by the FIG. He will serve as President of the Superior Jury.			
REGISTRATION DEADLINES	Definitive and Nominative registrations must be completed by entering the composition of the delegation on-line on: <a href="https://www.gymnastics.sport">www.gymnastics.sport</a>				
	These	registrations will	only be accepted from F	IG Gvmnasti	cs Member Federations.
		Definitive registration:	08.07.2022		nths prior to the if possible, on
		Nominative registration	08.08.2022		ks prior to the event ble on Wednesday)
			registrations which are bject to fines as follows:		npanied by the requested
	•	Fine for missing Registration	or late Definitive		CHF 750
		Fine for missing Registration	or late Nominative		CHF 500
	Registrations made later than 10 days after the deadline for the Nominative Entry will not be accepted and the Delegations will not be authorized to participate.				
DRAWING OF LOTS		The Athletes drawing of lots will take place during the orientation meeting. Registrations made after the athletes drawing of lots will not be accepted.			
ENTRY FEES		The cost for the entry fee is <b>30 EUR</b> per athlete			
	Defini	The invited participating federations must pay for all entry fees. At the time of the Definitive registration (2 months prior to the event) 100% of the entry fee must be paid to the LOC. The entry fee is not refundable.			
	Entries without payment of the entry fees will be considered as invalid and will be refused.				
ACCOMMODATION	All ac	All accommodations through the LOC include:			
	0-1-	·	ne hotel to the competition	on venue and	праск.
	Marin	ory I Hotel – Offi ela Hotel			



100 James Bourchier blvd. 1407 Sofia, Bulgaria

https://hotel-marinela.com/

The costs per **person** /night in this first Official Hotel are as follows: **110,-** € (single room, including breakfast and dinner)

**90,-** € (single room, including breakfast and dinner)

#### <u>Category II Hotel – Second "Low cost" Hotel (3\*)</u> Park Hotel Vitosha

1 Rosario str., Studentski Kompleks, 1700, Sofia <a href="http://www.vitoshaparkhotel.com/">http://www.vitoshaparkhotel.com/</a>



The costs per **person** /night in this second Hotel are as follows:

**90,-** € (single room, including breakfast and dinner)

**80,-** € (single room, including breakfast and dinner)

FIG will book hotels for the invited athletes.

#### **Cancellation policy:**

By 8th July 2022 - 100 % refund

From 9<sup>th</sup> July 2022 to 9<sup>th</sup> August 2022 – cancellation fee: 50% of the total price of the cancelled rooms for the requested period of accommodation

From 10<sup>th</sup> August 2022 – no refund

Only written cancelations sent by e-mail are accepted.

Refund will be made only by bank transfer. All costs for the bank transfers will be at the charge of the participating federations.

The LOC strongly recommends that each Federation take a cancellation insurance for their accommodation and meals booking.

#### **MEALS**

The invited participating federations must pay for the meals' expenses of their delegation members.

Delegations that book their accommodation through the LOC have accommodation, breakfast and dinner in their package.

Lunch tickets can be purchased through the LOC.

Lunch price: 25 EUR per person (▲ as mentioned on the Meals Form)

The Meals Form must be returned to the LOC by **08.08.2022** at the very latest and the costs for the meals must be paid to the LOC by the same date, **08.08.2022**.

No refund will be made after the deadline of the Nominative registration.

The LOC strongly recommends that each Federation take a cancellation insurance for their accommodation and meals booking.

#### **FINAL BANQUET**

Delegations that book their accommodation through the LOC are invited free of charge to the Final Banquet.

Delegations having not booked their accommodation through the LOC may purchase tickets at the price of 30 euros per person.

The tickets for the Final Banquet will be available for purchase at the LOC office and must be paid to the LOC during the accreditation.

## INTERNATIONAL TRANSPORTATION

The invited participating federations must pay for the travel costs of their delegation members (see exceptions in the FIG Rules for the FIG Parkour World Cup, art. 9).

## LOCAL TRANSPORTATION

Federations that have arranged accommodation through the LOC will be transferred by bus from Sofia Airport or Sofia railway/bus station to the official hotels, and from the official hotels to and from the competition venue and vice versa. Otherwise the costs of

The Travel Schedule Form must be returned to the LOC by **08.08.2022**.

	100 EUR (per delegation m by <b>08.07.2022</b> .	ember) for the local transportation must be paid to the LOC	
VISA	Consulate in your country Organizing Committee will invitation letter, provided that The request must include the passport number, passpo	with your travel agent or the <b>Bulgarian</b> Embassy or if a visa is required for your travel to <b>Bulgaria</b> . The be happy to assist each Delegation member with an official at the request is made before <b>08.07.2022</b> to the LOC. The function, full name, gender, date of birth, citizenship and art expiry date, the arrival and departure dates of the as the city the visa application support letter must be sent	
INSURANCE	The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.		
	responsible for making thei	ulations foresee that all participating Federations are rown arrangements to have the necessary valid insurance accidents and repatriation for all the members of their	
	compulsory in order to be insurance. Please also ref	accident and repatriation) in your country of residence is able to benefit from coverage by FIG IMSSA subsidiary for to <a href="https://www.gymnastics.sport/site/pages/medical-nal">https://www.gymnastics.sport/site/pages/medical-nal</a> information regarding the FIG IMSSA insurance for	
		nt in advance to the LOC (which is strongly recommended), ance coverage upon arrival of the delegation members (e.g. the valid policy).	
	The insurance must be vali must last for the delegations	d at least starting from the arrival day of the delegation and s' entire stay	
	. •	insufficient insurance coverage must inform the LOC in sequently offer insurance coverage at the Federations own per person/day.	
ACCREDITATION	Access to the area Field of persons (accreditation).	Play dedicated to Parkour will be given only to authorised	
	In addition, the LOC will operations plan upon accre-	distribute information regarding the safeguarding Officer ditation.	
FINANCIAL OBLIGATIONS	Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) or the LOC may not be allowed to participate in these World Cups.		
	Federations which have not fulfilled their financial obligations towards the LOC by the given deadline in the Invitation/Directives, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.		
BANK ACCOUNT INFORMATION	Bank name: Bank address:	RAIFFEISEN BANK 55 Nikola Vaptsarov Blvd. 1407 Sofia, Bulgaria	
	Beneficiary name: Beneficiary address:	Zapryanov Travel Ltd. 9 Pop Bogomil str. 1202 Sofia, Bulgaria	
	IBAN: SWIFT/BIC:	BG92RZBB91551086937930 RZBBBGSF	
		ent's purpose as follows: XXX, 2022 FIG Parkour World 2022 FIG Parkour World Cup Sofia)	
	The participating federation	is responsible for covering all bank fees in connection with	

# the bank transfers. CANCELATION See Accommodation and Meals PRIZE MONEY During the 2022 Series the Prize Money is paid by the FIG as follows:

Speed Running		Free	estyle
Ranking	Total of 15 000	Ranking	Total of 15 000
1	7000	1	7000
2	5000	2	5000
3	3000	3	3000

Should less than 4 federations participate in the World Cup competition (Speed Running and/or Freestyle), no prize money will be paid.

#### ASSIGNMENT OF WORLD CUP POINTS FOR THE RANKING LIST

The results and the updated FIG World Cup Ranking List will be published on the FIG website within 24 hours after the end of the respective competitions provided that all procedures before and after the competitions are duly respected by the Organizing Member Federation.

Separate World Cup Ranking Lists for:

- Speed men
- Speed women
- Freestyle men
- Freestyle women

are established for the World Cup Series, beginning with the first World Cup competition of the series and ending with the last World Cup event of the series. For all categories points are assigned to the athletes **by name**.

Rank	Points		
	Speed Running	Freestyle	
1	50	50	
2	40	40	
3	35	35	
4	25	25	
5	20	20	
6	15	15	
7	10	10	
8	5	5	

Should less than 4 federations participate per apparatus or per category in the World Cup competition (Speed Running and/or Freestyle), no World Cup Points will be given.

#### **YEARLY WINNER**

The yearly winner of the FIG Parkour World Cup Series is the athlete with the highest number of points of each of the World Cup Series Ranking List of the respective year, after the last event of the series, counting the 2 best results, regardless of the number of competitions the athlete participated in.

#### **EVENT MANAGER**

Mr. Iordan lovtchev

Tel.: + 359 879 000 765 (mobile)

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#### **REGULATIONS**

the competition, except for any deviation mentioned in these directives:

- Statutes
- Code of Ethics
- Technical Regulations
- World Cup Rules for Parkour
- Licenses Rules
- Code of Points
- General Judges' Rules
- Medical Organization of the Official FIG Competitions
- Anti-Doping Rules
- Media Rules
- Apparatus Norms (to be completed)
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies and subsequent decisions of the FIG Executive Committee

#### DEADLINES SUMMEAR

Definitive Registration	08.07.2022
Nominative Registration	08.08.2022
Accommodation Form	08.07.2022
Meals Forms	08.08.2022
Visa Form	08.07.2022
Travel Schedule Form	08.08.2022
Payment of the entry fees	08.07.2022
Payment of the Accommodation costs	08.07.2022
Payment of the Meals costs	08.08.2022
Payment of Banquet tickets if the accommodation is not booked through the LOC	during the accreditation



Sofia, 17.06.2021

Krasimir Dunev, BGF President