



GRANDPRIX
VĚRY ČÁSLAVSKÉ



GYMNASTICS

24.-26.11.2023

TJ SOKOL BRNO I - SPORTOVNÍ HALA, KOUNICOVA 686/22

WORK PLAN

OLYMPIC HOPE'S CUP – JUNIORS

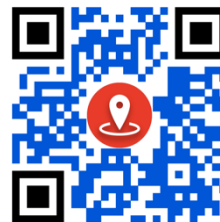
SOKOL GRAND PRIX – MIXED PAIRS COMPETITION



B | R | N | O



1. Place: Competition hall
Sport Hall of the **TJ Sokol Brno 1,**
Kounicova 686/22, Brno
49.2034664N, 16.6002136E



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2. Officials:	Competition director	Martin Vlč
	Director assistant	Jan Caska
	Financial office	Veronika Blašková
	Announcer	David Vyoral
	Medical doctor	Jakub Jindra, Luboš Hrazdřira
	Judges panels' directors	Zuzana Hořká
		Jiřř Urbánek
	Computing office	Michal Šotola
	Technical team	Lukáš Bajer

3. Accommodation:
Hotel CONTINENTAL ****
Kounicova 6, Brno, 602 00
49.20068620470285, 16.6046403514722
www.continentalbrno.cz
→ 6 min by walk from gym



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If you need help with anything during your stay, call us.

Competition director **Martin Vlč:** **+420 733 777 368**
Director assistant **Jan Caska:** **+420 605 046 425**

4. Parking:

Free parking is available at the gymnastics hall - **if interested, please contact Martin Vlč: +420 733 777 368. Parking at the hotel is paid.**

On the weekend, parking with blue lines is free. Parking on the blue lines is paid from Monday to Friday.

5. Warming Up:

Detailed in the General Schedule.

The training hall (from 23rd to 26th Nov.) is next to the competition hall (in the same building).

The training hall for trainings from Monday 20th to Wednesday 22nd is at the Sport gymnasium - gymnastics hall: Botanická 70, Brno 602 00.

6. Meals

All meals are served in the restaurant Garden Food concept. **Only breakfast is at the hotel.**

RESTAURANT:

Garden Food Concept

Address: Kounicova 39, 602 00 Brno-střed
49.20177196519738, 16.60176754097541



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Meals schedule

			Lunch	Dinner
Sunday	19.11.2023	MAG	14:00 - 15:30	19:30 - 21:00
		WAG		19:30 - 21:00
Monday	20.11.2023	MAG	12:00 - 14:00	19:30 - 21:00
		WAG	12:00 - 14:00	19:30 - 21:00
Tuesday	21.11.2023	MAG	12:00 - 14:00	19:30 - 21:00
		WAG	12:00 - 14:00	19:30 - 21:00
Wednesday	22.11.2023	MAG	12:00 - 14:00	17:30 - 18:30
		WAG	12:00 - 14:00	17:30 - 18:30
Thursday	23.11.2023	MAG	11:30 - 13:30	18:00 - 21:00
		WAG	11:30 - 13:30	18:00 - 21:00
Friday	24.11.2023	MAG	11:00 - 12:30	18:00 - 21:00
		WAG	12:30 - 13:30	18:00 - 21:00
Saturday	25.11.2023	MAG	11:00 - 13:00	18:00 - 20:45
		WAG	11:30 - 16:30	18:00 - 20:45
			Banquet	21:00 - 23:00
			<i>(Except for OHC junior competitors)</i>	
Sunday	26.11.2023	MAG	12:00 - 14:30	18:00 - 20:00
		WAG	12:00 - 14:30	18:00 - 20:00
Monday	27.11.2023	MAG	11:00 - 15:00	
		WAG	10:45	

7. Start list of juniors competition – Olympic Hope's Cup

Friday, November 24rd, 2023

MAG AA & TEAM COMPETITION (14:30 – 17:30)

<u>Apparatus</u>	<u>1st Team on apparatus</u>	<u>2nd Team on apparatus</u>
Floor	CZE	HUN
Pommel Horse	AUS	KOR + 1 AUS individual
Rings	SLO	HKG + Mix 1
Vault		
Parallel Bars		
Horizontal Bar		

Saturday, November 25th, 2023

WAG AA & TEAM COMPETITION 1st subdivision (10:15 – 12:00)

<u>Apparatus</u>	<u>Country</u>
Vault	AUT
Uneven Bars	RSA + EGY
Beam	MLT
Floor	HKG
- Break-	NOR

WAG AA & TEAM COMPETITION 2nd subdivision (13:00 – 14:45)

<u>Apparatus</u>	<u>Country</u>
Vault	CZE
Uneven Bars	AUS
Beam	KOR
Floor	HUN
- Break-	POL

8. GENERAL SCHEDULE

Thursday November 23rd, 2023 Arrival

14:00 – 19:00	Free training MAG & WAG – competition & training hall
14:00 – 19:00	Accreditation MAG & WAG
19:00 – 20:00	Dinner (<u>Restaurant – Garden Food Concept</u>)
20:00	Orientation meeting OHC MAG & WAG (<u>Hotel Continental</u>)

Friday November 24th, 2023 ALL-AROUND & TEAM – MAG

08:20 – 08:50	Warm Up MAG & 1 st WAG group – training hall
08:50 – 12:10	Organized training MAG & WAG – competition & training hall
08:50 – 10:30	1st WAG group – org. training comp. hall: (20 min per apparatus)
10:00 – 10:30	Warm Up 2 nd WAG group – training hall
10:30 – 12:10	2nd WAG group – org. training comp. hall: (20 min per apparatus)
11:00 – 13:00	Lunch (<u>Restaurant – Garden Food Concept</u>)
13:00 – 14:30	Warm Up MAG – competition hall
13:30	MAG Judges meeting
14:30 – 17:30	MAG AA & TEAM COMPETITION
17:30 – 17:45	Award Ceremony – MAG AA & TEAM Competition
18:00 – 21:00	Free training OHC WAG, Sokol GP WAG & MAG
18:00 – 22:00	Dinner (<u>Restaurant – Garden Food Concept</u>)

Saturday November 25th, 2023 ALL-AROUND & TEAM – WAG

08:45 – 09:20	Free training WAG (1 st Sub) - training hall
09:20 – 10:15	Organized Warm Up WAG (1 st Sub) - competition hall
09:45	WAG Judges meeting
10:15 – 12:00	WAG AA & TEAM COMPETITION 1st
11:00 – 13:30	Lunch (<u>Restaurant – Garden Food Concept</u>)
11:30 – 12:00	Free training WAG (2 nd Sub) - training hall
12:00 – 12:55	Organizing Warm Up WAG (2 nd Sub) competition hall
13:00 – 14:45	WAG AA & TEAM COMPETITION 2nd
14:45 – 15:15	Award Ceremony – WAG AA & TEAM Competition
14:30 – 15:30	Free training Sokol GP WAG & MAG – training hall
15:30 – 16:25	Free training Sokol GP WAG & MAG – competition hall
16:30 – 19:30	Sokol Grand Prix Brno 2023 mix pairs competition - <i>senior competition</i>
20:30	Dinner (<u>Restaurant – Garden Food Concept</u>)

Sunday November 26th, 2023 APPARATUS FINAL - MAG & WAG juniors competition

09:10	WAG Judges meeting
09:30	MAG Judges meeting
08:30 – 09:55	Warm Up MAG & WAG – competition hall
10:00 – 12:15	FINALS – All apparatus MAG & WAG
12:15 – 12:30	Award Ceremony – Finals
11:30 – 14:30	Lunch (<u>Restaurant – Garden Food Concept</u>)
18:00 – 19:00	Dinner (<u>Restaurant – Garden Food Concept</u>)

9. TRAINING SCHEDULE:

Monday November 20th, 2023

09:30 – 12:00 Training Sport gymnazium – Botanická 70
16:00 – 19:00 Training Sport gymnazium – Botanická 70



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Tuesday November 21st, 2023

09:00 – 12:00 Training Sport gymnazium – Botanická 70
16:00 – 19:00 Training Sport gymnazium – Botanická 70

Wednesday November 22nd, 2023

9:30 – 12:30 Training Sport gymnazium – Botanická 70

Thursday November 23rd, 2023

14:00 – 19:00 Free training MAG & WAG – competition & training hall

Changing on the Vault per 30 min:

14:00 – 14:30 MAG, 14:30 – 15:00 WAG, 15:00 – 15:30 MAG,
15:30 – 16:00 WAG, 16:00 – 16:30 MAG, 16:30 – 17:00 WAG,
17:00 – 17:30 MAG, 17:30 – 18:00 WAG, 18:00 – 18:30 MAG,
18:30 – 19:00 WAG

Friday November 24th, 2023 ALL-AROUND & TEAM – MAG

08:20 – 08:50 Warm Up MAG & 1st WAG group – training hall

08:50 – 12:10 Organized training MAG & WAG – competition & training hall

08:50 – 10:30 1st WAG group – org. training comp. hall: (20 min per apparatus)

AUT (Vault), RSA + EGY (Un.Bars), MLT (Beam), HKG (Floor), NOR (Break)

10:00 – 10:30 Warm Up 2nd WAG group – training hall

10:30 – 12:10 2nd WAG group – org. training comp. hall: (20 min per apparatus)

CZE (Vault), AUS (Un.Bars), KOR (Beam), HUN (Floor), POL (Break)

18:00 – 21:00 Free training OHC WAG, Sokol GP WAG & MAG

Saturday November 25th, 2023 ALL-AROUND & TEAM – WAG

- 08:45 – 09:20 Free training WAG (1st Sub) - training hall
- 09:20 – 10:15 Organized Warm Up WAG (1st Sub) - competition hall**
(10 min per apparatus, 1 min for change, break after floor)
- 11:30 – 12:00 Free training WAG (2nd Sub) - training hall
- 12:00 – 12:55 Organizing Warm Up WAG (2nd Sub) competition hall**
(10 min per apparatus, 1 min for change, break after floor)
- 14:30 – 15:30 Free training Sokol GP – mixed pairs WAG & MAG – training hall
- 15:30 – 16:25 Free training Sokol GP – competition hall**

Sunday November 26th, 2023 APPARATUS FINAL - MAG & WAG juniors competition

- 08:30 – 09:55 Warm Up MAG & WAG – competition hall
(Vault: MAG 08:30 – 9:15, WAG 09:15 – 09:55)

10. SCHEDULE OF THE MIXED PAIRS COMPETITION

Saturday November 25th, 2023

16:30	OPENING CEREMONY
16:30 – 16:50	1st round - 1st set: the first 4 pairs come
16:50 – 17:05	1st round - 1st set: the second 4 pairs come
17:05 – 17:20	1st round - 1st set: third 4 pairs come
17:20 – 17:35	1st round - 2nd set: the first 4 pairs come
17:35 – 17:50	1st round - 2nd set: the second 4 pairs come
17:50 – 18:05	1st round - 2nd set: the third 4 pairs come
18:10 – 18:40	Semi-final: best 8 pairs (Warm up in reverse order – pairs 8-5 and 4-1)
18:40 – 18:45	Performance - Kids from Sokol Brno 1
18:45 – 19:05	Final 4 Best Pairs
19:10	Final ceremony
20:30	Dinner

11. START LIST – MIXED PAIRS

VĚRA ČÁSLAVSKÁ = SOKOL GRAND PRIX

	WAG	Nationality	MAG	Nationality
1	Kim Hayeon	KOR	Moon Kyoungsu	KOR
2	Shallon Olsen	CAN	Ian Gunther	Standford University
3	Alice Vlková	CZE	Taylor Burkhart	USA
4	Lucie Trnková	CZE	Blake Sun	Standford University
5	Sam Van der Hilst	NED	Riley Loos	USA
6	Miriam Bernhrad	AUT	Nikolas Ivkic	AUT
7	Soňa Artamonová	CZE	Ondřej Kalný	CZE
8	Klára Peterková	CZE	Martin Pospíšil	CZE
9	Scarlett Mapusa Rennesund	NOR	Martin Miggitsch	AUT
10	Miriam Markovic	AUT	Daniel Zander	AUT
11	Patrície Makovičková	CZE	Daniel Bago	CZE

12. Format of the mixed pairs competition – Sokol Grand Prix:

The competition proceeds in 3 rounds:

The first round - qualification: 11 mixed pairs take part, every gymnast performs on two pieces of apparatus. *Warm Up – 4 first competing pairs warm up and compete, then another 4 pairs warm up and compete, then another 4 pairs warm up and compete.*

The second round – semi-final: 8 best ranked mixed pairs pass to the second round. In case of a tie for 8th place, all the mixed pairs for 8th place will participate in the second round. The starting order of the mixed pairs will be according to the results of the first round: the mixed pairs on the 8th place shall start. In the semi-finals the gymnasts perform on one piece of apparatus which must be different from first round. The results of the first round are not carried forward to the second round - start from zero. *Warm Up – 4 first competing pairs warm up and compete, then another 4 pairs warm up and compete. Warm up in reverse order – pairs 8th-5th and 4th-1st.*

The third round - finals: 4 best ranked mixed pairs in the semi-finals pass to this final round. In case of a tie for 4th place the mixed pair with the better result in the qualification round will participate in the 3rd round. If there is also a tie, the mixed pair with the higher number of highest scores will participate in the 3rd round. The starting order will be determined by drawing of lots. In the final the female and male gymnasts perform on any of the pieces of apparatus (they can repeat any of already used piece except apparatus from the second round). The results of the previous rounds are not carried forward to the 3rd round - start from zero. The Grand Prix winner is the mixed pair with the highest sum of scores in the third round. Warm Up 4

Address:

1. **Gymnastic Hall – TJ Sokol Brno 1:** Kounicova 686/22, Brno
2. **Continental Hotel:** Kounicova 680/6, Brno
3. **Garden Food Concept:** Kounicova 39, Brno
4. **Training hall (From Monday to Wednesday):** Botanická 70, Brno

Contact:

Competition director **Martin Vlk: +420 733 777 368**
Director assistant **Jan Caska: +420 605 046 425**



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