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**29<sup>TH</sup> EUROPEAN CHAMPIONSHIPS IN TRAMPOLINE, TUMBLING &  
DOUBLE MINI-TRAMPOLINE GYMNASTICS  
FOR SENIORS & JUNIORS**

**GUIMARAES (POR)  
APRIL 3<sup>RD</sup> – 7<sup>TH</sup>, 2024**



**29<sup>TH</sup> TRAMPOLINE  
EUROPEAN  
CHAMPIONSHIPS**

GUIMARÃES 2024 // APRIL 03-07

# Directives

FIG Event ID Seniors: **17273**

FIG Event ID Juniors: **17287**

**EUROVISION  
SPORT**  
OPERATED BY EBU

**SMARTSCORING**

Dear President,

**European Gymnastics is pleased to herein provide you with the Directives for the 29<sup>th</sup> European Championships in Trampoline, Tumbling & Double Mini-Trampoline Gymnastics to be held in Guimarães (POR) from April 3<sup>rd</sup> to 7<sup>th</sup>, 2024.**

These European Championships will be organised following the FIG & European Gymnastics Statutes and Technical Regulations (TR), FIG Code of Points and relevant newsletters and help desk, FIG General Judges Rules, FIG Specific Judges Rules, FIG Anti-Doping Rules, European Gymnastics Medical Guidelines, the Medical Organisation of FIG Competitions and Events, the FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events, the FIG Licence Rules, European Gymnastics Media Rules, FIG Apparatus Norms, FIG Advertising and Publicity Rules, FIG Rules for Sanctioning (approval) of International Events and European Gymnastics Accreditation Directives, FIG Code of Ethics, FIG Code of Conduct, FIG Code of Discipline, Rules for Award Ceremonies as well as all other Rules and Guidelines valid starting 01 January 2024 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

All participating Federations commit to abide by the Statutes and all European Gymnastics & FIG Rules and Regulations. National Federations not respecting them will not be allowed to compete.

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## 1. EUROPEAN GYMNASTICS

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### European Gymnastics

Contact Person: Mrs. Michael Alger

Address : Avenue de la Gare 12  
CH – 1003 Lausanne – Switzerland

Tel.: +41 21 613 10 20

Email: [malger@europeangymnastics.com](mailto:malger@europeangymnastics.com)

Website: <http://www.europeangymnastics.com>

Event site: <https://www.europeangymnastics.com/event/2024-european-championships>



## 2. HOST FEDERATION AND LOCAL ORGANISING COMMITTEE (LOC)

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### Gymnastics Federation of Portugal (FGP)

Contact Person: Mrs. Teresa Loureiro

Address : Estrada da Luz, 30 A  
1600 - 159 Lisboa - Portugal

Tel: +351 926 241 139

E-mail: [eurotrampoline2024@ginastica.org](mailto:eurotrampoline2024@ginastica.org)

Website: <https://www.ginastica.org/>



## 3. LOCATION OF THE COMPETITION, TRAINING AND WARM-UP HALLS

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Name: **Pavilhão MULTIUSOS DE GUIMARÃES**

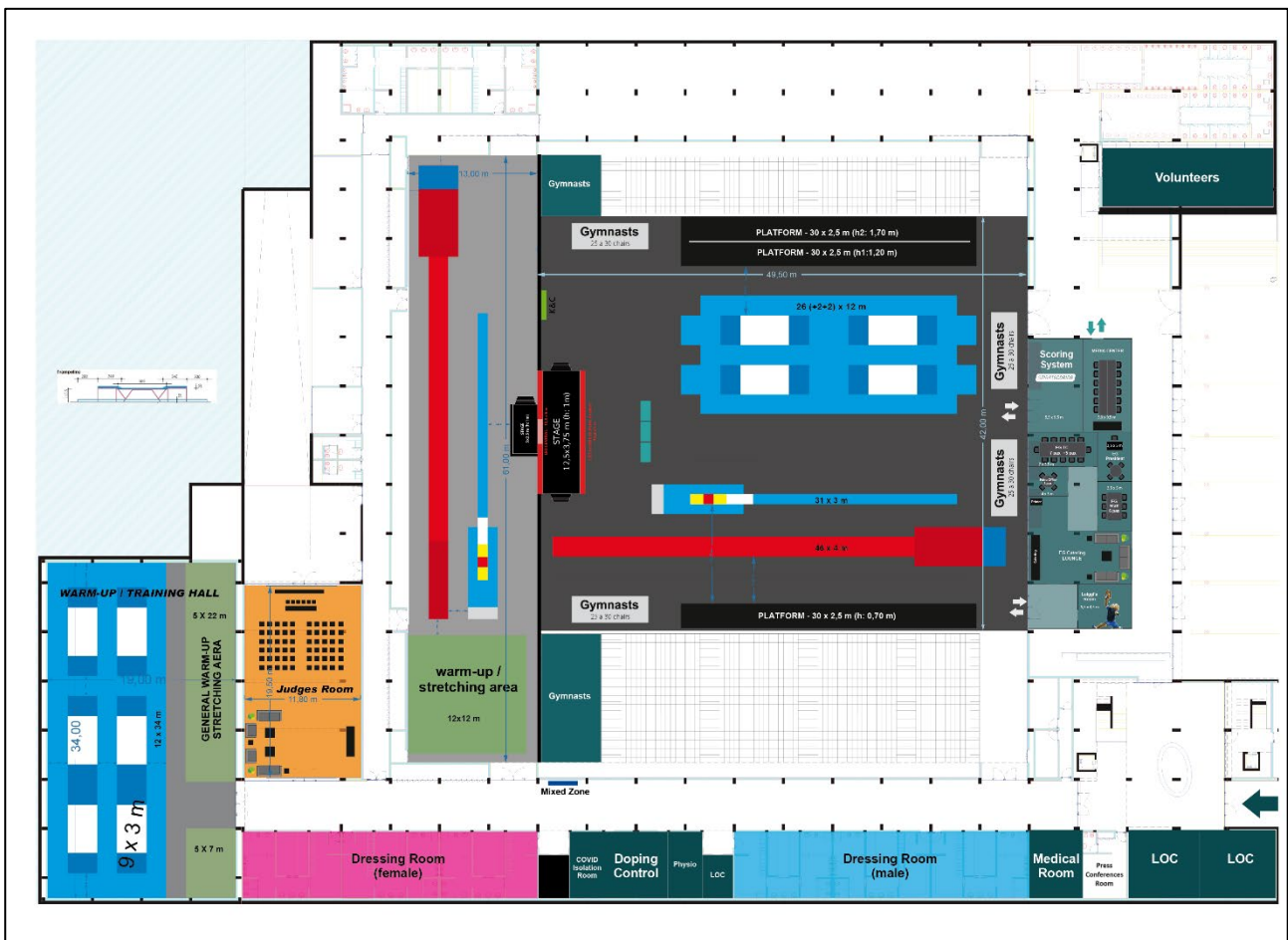
Address : Alameda Cidade de Lisboa, 481  
Creixomil, 4835-037 Guimarães - Portugal

Website : <https://www.pitagorasgroup.com/project/multi-use-pavilion-of-guimaraes/?lang=pt-pt>



<b>Competition Arena</b>	Hall Capacity: 2840 seats Length: 49,50 m Width: 42 m Ceiling height: up to 14 m
<b>Training &amp; Warm-up Hall</b>	Hall 1: 61 m x 13 m Hall 2: 34 m x 19 m Ceiling height: up to 14 m

**Layout** (a larger version is available in appendix 2):



#### 4. PROVISIONAL PROGRAMME (SUBJECT TO MODIFICATION)

DESCRIPTION		LOCATION
<b>Monday, April 1<sup>st</sup>, 2024</b>		
<i>By schedule</i>	<i>Official arrival day of TC-TRA</i>	<i>OPO Airport</i>
<i>By schedule</i>	<i>Optional arrival day of Delegations</i>	<i>OPO Airport</i>
All day long	Accreditations	LOC Office
All day long	Free training (competition, warm-up & training halls)	Multiusos
<b>Tuesday, April 2<sup>nd</sup>, 2024</b>		
<i>By schedule</i>	<i>Official arrival day of Delegations</i>	<i>OPO Airport</i>
All day long	Accreditations	LOC Office
16:30 – 17:30	Judges draw (participation of judges is not compulsory)	Judges room
<b>18:00 – 19:00</b>	<b>Orientation meeting</b>	Judges room
<i>By schedule</i>	<i>Scheduled training (competition, warm-up &amp; training halls)</i>	<i>Multiusos</i>
13:30 – 14:50	DMT Judges meeting & scoring system instruction	Judges room
14:30 – 15:50	TUM Judges meeting & scoring system instruction	
15:30 – 16:50	TRA Judges meeting & scoring system instruction	
<b>Wednesday, April 3<sup>rd</sup>, 2024</b>		
TBD	TRA Junior Qualifications	Multiusos
TBD	DMT & TUM Senior Qualifications	
TBD	<b>Opening Ceremony</b>	
TBD	<b>TRA Junior Team Finals &amp; Award Ceremony</b>	
<b>Thursday, April 4<sup>th</sup>, 2024</b>		
09:30 – 10:30	European Gymnastics Medical meeting (TBD)	Judges room
TBD	DMT & TUM Junior Qualifications	Multiusos
TBD	TRA Senior Qualifications	
TBD	<b>TRA Senior Team Finals &amp; Award Ceremony</b>	
<b>Friday, April 5<sup>th</sup>, 2024</b>		
TBD	TRA SYN Junior Qualifications	Multiusos
TBD	<b>DMT Women &amp; TUM Men Senior Team Finals &amp; Award Ceremony</b>	
TBD	TRA SYN Junior Semi-Finals	
TBD	<b>DMT Men &amp; TUM Women Senior Team Finals &amp; Award Ceremony</b>	
TBD	<b>TRA SYN Junior Finals &amp; Award Ceremony</b>	
<b>Saturday, April 6<sup>th</sup>, 2024</b>		
TBD	TRA SYN Senior Qualifications	Multiusos
TBD	<b>DMT Girls &amp; TUM Boys Junior Team Finals &amp; Award Ceremony</b>	
TBD	TRA SYN Senior Semi-Finals	
TBD	<b>DMT Girls &amp; TUM Boys Junior Team Finals &amp; Award Ceremony</b>	
TBD	<b>TRA SYN Senior Finals &amp; Award Ceremony</b>	

Sunday, April 7 <sup>th</sup> , 2024		
TBD	Round Table	Judges room
09:30 – 10:30	DMT & TUM Junior Semi-Finals	Multiusos
10:30 – 11:50	TRA Junior Semi-Finals	
12:00 – 13:00	DMT & TUM Senior Semi-Finals	
13:00 – 14:20	TRA Senior Semi-Finals	
<b>15:00 – 15:50</b>	<b>TUM &amp; DMT Junior Finals</b>	
<b>16:00 – 16:30</b>	<b>TRA Junior Finals</b>	
16:30 – 16:50	Award Ceremony	
<b>17:00 – 17:50</b>	<b>TUM Men &amp; DMT Women Senior Finals</b>	
<b>18:00 – 18:30</b>	<b>TRA Senior Finals</b>	
18:30 – 18:40	SmartScoring Shooting Star Award	
18:40 – 19:00	Award Ceremony	
19:00 – 19:10	Closing Ceremony	
21:00	Banquet	
Monday, April 8 <sup>th</sup> , 2024		
<i>By schedule</i>	<i>Departure of Delegations &amp; European Gymnastics Officials</i>	<i>Hotel</i>

## 5. PARTICIPATION RIGHT AND ACCREDITATIONS

Gymnasts holding a valid FIG Licence and with the correct age from European Gymnastics affiliated member federations in good standing may take part in these European Championships.

### Maximum size of delegation

The maximum size of each delegation as per European Gymnastics Technical Regulations is as follows:

GYMNASTS	Men		Women		TOTAL
	JUN	SEN	JUN	SEN	
Trampoline individual	4	4	4	4	16
Trampoline synchro	2 pairs	2 pairs	2 pairs	2 pairs	8 pairs
Reserve individual and synchro* **	-	-	-	-	-**
Double mini-trampoline	4	4	4	4	16
Reserve double mini-trampoline*	1	1	1	1	4
Tumbling	4	4	4	4	16
Reserve tumbling*	1	1	1	1	4

Each team participating in the team competition is composed of 3 to 4 individual gymnasts.

FUNCTION	TRA		TUM		DMT		TOTAL
	JUN	SEN	JUN	SEN	JUN	SEN	
Head of delegation			1				1
Team manager juniors			1				1
Team manager seniors			1				1
Coaches*** (8 or less gymnasts)	4		4		4		12

<b>Coaches***</b> (more than 8 gymnasts)	6		4		4		14
<b>Judges****</b>	1	1	1	1	1	1	6
<b>Doctor</b>	1						1
<b>Physiotherapist</b>	1		1		1		3

\* Reserve gymnasts can only compete if a gymnast is injured; this has to be confirmed by the official doctor.

\*\* Reserves for Trampoline Synchro must come from Trampoline Individual and vice versa.

\*\*\* Not more than 1 coach per gymnast

\*\*\*\* Participating in junior and senior events of one discipline (TRA, TUM or DMT) with more than 5 registered gymnasts, the NF is obliged to bring two judges per discipline. Participating in junior and senior events of one discipline (TRA, TUM or DMT) with 5 registered gymnasts or less, the NF can bring either one or two judges per discipline. For detailed judges' provisions see Article 10.

### Additional accreditations

The costs for accreditations of additional coaches, paramedical staff and guests have to be assumed by the National Federation and must be paid directly to the LOC until 1<sup>st</sup> March, 2024.

Additional accreditations	Cost
Additional coach	120 EUR
Additional paramedical staff	120 EUR
Guest	120 EUR
VIP Guest*	180 EUR

\* This cost will be applied to the ones who book accommodation through the LOC. It includes:

- Transfer service, local transportation, final banquet and access to the:
  - Delegations seating zone (Guest)
  - VIP seating and catering zone (VIP-Guest).

### Accreditation Application Process

All Accreditation cards will be distributed at the Accreditation Centre – LOC Office – situated at the Competition Venue (Multiusos) upon arrival of the delegations.

The following items will be checked there with each Head of Delegation:

- Passports/IDs of all the delegation members
- Certificate of a valid insurance **for all the members** of the delegations (it must include **all the names**) - see point 18
- National Anthem and Flag confirmation
- Travel information: departure
- Fulfilment of all financial obligations to the LOC

The accreditation card is personal, non-transferable, and compulsory to have access to the training and competition halls, the official functions and the transport service of the LOC. The access in the warm-up/training hall is strictly limited to the gymnasts participating in the specific competition and according to the warm-up/training schedule. The accreditation card is also necessary to pass the security controls.

In order to speed up the process of the accreditation, each participating Federation is kindly requested to upload photos and passport copy of each member of the delegation (gymnasts, head of delegation, team leaders, coaches, judges, doctor, physiotherapist, etc.) into the LOC's digital platform: <https://delegation.GYMDATA.online/login>. In order to **get the link and login details** to access the online platform, please send an email with the name and email address of the person that will be responsible for registration on behalf of the Federation to: [eurotrampoline2024@ginastica.org](mailto:eurotrampoline2024@ginastica.org). The deadline for the photos and passport copies upload (identity colour photo in JPG format, size – 45 mm x 35 mm, resolution: 800x600px) is **March 1<sup>st</sup>, 2024**. Submission of photos in due time will prevent the delegations from waiting

at the accreditation office upon arrival. 25 EUR will be charged for each missing photo that the LOC has to make at the arrival of the delegation.

The proof/copy of the insurance certificate for all the members of the Delegation (with the respective names) and an electronic/digital version of the National Flag should be submitted to the LOC email: [eurotrampoline2024@ginastica.org](mailto:eurotrampoline2024@ginastica.org) no later than **March 1<sup>st</sup>, 2024**.

### Media Accreditations

International and local media representatives as well as federations' communications staff who are interested in covering the event can find information how to register at <https://www.europeangymnastics.com/page/media>. Deadline: 25.03.2024.

The European Gymnastics Accreditation Rules and Media Rules have to be strictly respected.

## 6. AGE LIMIT OF GYMNASTS

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Juniors: 13-16 years (born 2011-2008)

Seniors: 17 years (born 2007) or older

**All gymnasts must have a current valid FIG licence until the end of the event.**

## 7. REGISTRATIONS AND ENTRY FEES

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Registrations can only be made by European Gymnastics affiliated federations in good standing, via the SmartScoring Gyndata platform (<https://registry.gyndata.online/>) and by using the National Gymnastics Federations' login and password.

### Definitive Registration

The definitive registrations must be completed by entering the composition of the delegation until **January 8<sup>th</sup>, 2024** (23:59 Swiss time) at the very latest.

### Nominative Registration

The nominative registrations must be completed by entering the composition of the delegation until **March 1<sup>st</sup>, 2024** (23:59 Swiss time) at the very latest.

### Entry Fees

**The Entry Fee for this event: EUR 150.- per gymnast and per discipline (TRA Individual, TRA Synchro, TUM, DMT. Not for reserve gymnasts).**

The total amount of the entry fees must be paid until the date of the nominative registration deadline, **March 1<sup>st</sup>, 2024** at the very latest on the European Gymnastics bank account.

<b>Beneficiary</b>	European Gymnastics Av. de la Gare 12, CH-1003 Lausanne/Switzerland
<b>Bank Account / IBAN</b>	CH05 0076 7000 L520 5704 9
<b>Bank name</b>	BCV, Place St.-François 14, CP 300, CH-1002 Lausanne/Switzerland
<b>SWIFT/BIC</b>	BCVLCH2LXXX

All bank fees in connection with the bank transfer must be covered by the National Federations.

Please state the name of the Federation and the payment purpose on the transfer (i.e. 'SUI\_2024 TRA ECH Registration Fees'). The payment must be made in **EUR only**.

Federations which have not fulfilled their financial obligations towards European Gymnastics or FIG (e.g. annual membership fees, unpaid invoices etc.) and the LOC (e.g. accommodation, meals) will not be allowed



to participate in these European Championships. In case of non-participation or partial participation the entry fee will not be reimbursed.

### Sanctions

The fines for late registrations are as follows (as per the European Gymnastics Technical Regulations, Art. 3.2.5):

Definitive Registration received after the deadline	EUR 1'500
Nominative Registration received after the deadline	EUR 1'000
No participation at all (noticed at the venue)	EUR 1'000

No late registration can be accepted after the drawing of lots.

## 8. LICENCES

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**No gymnasts will be accepted without a valid FIG Licence at the deadline of the Nominative Registration.**

In order to be considered, licence application forms (new or renewal) must be submitted to the FIG at least one (1) month prior to the deadline for nominative registration.

Please consult FIG Licence Rules for additional information in this respect.

## 9. JUDGES AND JURY OF APPEAL

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**All judges must have a current valid FIG brevet at the time of the event, in the respective discipline.**

All participating federations have to nominate judge(s) with a valid FIG Brevet of min. cat. 3 for each discipline (TRA, TUM, DMT) and category (Seniors and Juniors) in which they have competitors according to the following rules:

- Participating in junior and senior event of one discipline (TRA, TUM or DMT) with 5 registered athletes or less, the NF **can bring either one or two** judges per discipline.
- Participating in junior and senior event of one discipline (TRA, TUM or DMT) with more than 5 registered athletes, the NF is **obliged to bring two** judges per discipline.
- If the NF is obliged to bring two judges and the country has at least two judges' cat. 1-2, the NF should send at least one judge cat. 1-2.
- A TRA judge should judge either in Senior or in Junior category only.
- To have a TRA judge in both Senior and Junior category, the NF should send 2 judges.
- In principle, the NF can appoint their judge for the senior or junior event, but the TC is allowed to do a redistribution of the judges from seniors to juniors and vice-versa to ensure proper judges categories in both competitions.
- Exceptions can be approved by the TC President if the proper number of judges according to the FIG rules in all categories is ensured.

According to the General judges' rules 2022-2024, cat. 1-3 judges are required for Continental Championships in Trampoline Gymnastics. National Federations without cat. 1-3 judges, please contact European Gymnastics.

European Gymnastics TC-TRA will start the draw with the highest category judges. Difficulty judges will be drawn from cat. 1 and cat. 2 judges.

**If a federation does not enter a judge or comes with a judge of an insufficient level, European Gymnastics will request the payment of a fine of EUR 2'000,- per missing judge.**

### Judges shall recuse themselves if

- They are or were married to or live in a registered partnership or co-habit with a gymnast

- They are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

### **Jury of Appeal**

The Jury of Appeal consist of two members of the Executive Committee (one acting as President) and a third person to be designated in accordance with the matter of the appeal. In case of a judge's appeal, a person not involved in the decision of the Superior Jury and in the judging process will be nominated.

The composition of the Jury of Appeal will be communicated in the Workplan.

## **10. DRAWING OF LOTS**

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The gymnasts' drawing of lots will decide the starting order of the qualification competitions and the finals. It will take place on Friday, 8.03.2024.

No late registrations can be submitted after the drawing of lots.

## **11. COMPETITION FORMAT AND PROGRAMME**

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See the European Gymnastics Technical Regulations valid at the time of the event for the competition format. Additional information can be found in FIG Technical Regulations & FIG Code of Points.

The Championships will be organised in the following disciplines:

- Individual Trampoline (individual, team)
- Tumbling (individual, team)
- Double Mini-Trampoline (individual, team)
- Synchronised Trampoline

in both age categories (juniors and seniors) and genders (boys and girls / men and women). Three (3) gymnasts per team compete in team finals.

## **12. EQUIPMENT**

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The official supplier for those Championships is EUROTRAMP. The apparatus list can be seen in appendix 1.

- The additional equipment in the field of play (e. g. mats) will be from the European Gymnastics pool of apparatus suppliers.
- The additional equipment in the warm-up and training areas (e. g. mats) may be from the European Gymnastics pool of apparatus suppliers or others (with previous approval)
- All the Equipment is certificated by FIG.

## **13. VISA**

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Please verify immediately with your travel agent or Embassy or Consulate of Portugal in your country if a visa is required for your travel to Portugal. The LOC will assist you with a visa support letter provided that the request is registered at the LOC online registration platform: <https://delegation.GYMDATA.online/login> by **March 1<sup>st</sup>, 2024** at the latest. The LOC will always be at your disposal at the respective email address: [eurotrampoline2024@ginastica.org](mailto:eurotrampoline2024@ginastica.org).

## **14. TRANSPORTATION**

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### **International Transportation**

The invited participating Federations must pay for the international travel costs of their delegation members.

European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance for their travel.

The official arrival airport is: Porto “Francisco Sá-Carneiro” airport (OPO).

The travel details must be submitted to the LOC’s online platform until **March 1<sup>st</sup>, 2024**. The LOC will provide transfer from Porto’s Airport (OPO) to hotels. Costs are included in accommodation booking, for all delegations that have booked it through the LOC.

### Local Transportation

Free local transportation will be offered to all delegations who book their accommodation through the LOC:

- From the above-mentioned official airport to the hotel and back.
- From the hotel to the competition venue and back (shuttle service).
- To/from farewell banquet

## 15. ACCOMMODATION

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Hotel category prices are final end customer prices per **night/per person (including:** the chosen meals plan, local transportation, VAT, farewell banquet, airport transfers and all applicable taxes).

Breakfast will be served at the hotel, lunch and dinner at the Venue.

### Official European Gymnastics Hotel and Delegations Hotels - Category A

CATEGORY A	Bed & Breakfast	Half board (lunch)	Full board (lunch + dinner)
Single room	175,00 EUR	200,00 EUR	225,00 EUR
Twin/Double room	120,00 EUR	145,00 EUR	170,00 EUR
Triple room	110,00 EUR	135,00 EUR	160,00 EUR

### Delegations Hotels – Category B

CATEGORY B	Bed & Breakfast	Half board (lunch)	Full board (lunch + dinner)
Single room	140,00 EUR	165,00 EUR	190,00 EUR
Twin/Double room	100,00 EUR	125,00 EUR	150,00 EUR
Triple room	90,00 EUR	115,00 EUR	140,00 EUR

### Delegations Hotels – Category C

CATEGORY C	Bed & Breakfast	Half board (lunch)	Full board (lunch + dinner)
Single room	117,00 EUR	142,00 EUR	167,00 EUR
Twin/Double room	85,00 EUR	110,00 EUR	135,00 EUR
Triple room	75,00 EUR	100,00 EUR	125,00 EUR

### Hotels booking

The Accommodation request must be submitted to the LOC’s online platform: <https://delegation.GYMDATA.online/login> by **January 8<sup>th</sup>, 2024** at the very latest. The hotel rooms will be allocated on a “*first come, first serve*” basis, as the number of rooms are limited at each hotel. In case all the chosen abovementioned Hotels will be fully booked and more rooms are needed, further equivalent accommodation are available and Federations will be informed accordingly. All the doubts and questions must be sent to the LOC email address: [eurotrampoline2024@ginastica.org](mailto:eurotrampoline2024@ginastica.org).

The hotels made available by the LOC are reference hotel units, with two, three and four stars, according to the prices, in the cities of Guimarães (5 to 10 minutes from the Venue) and Braga (20 minutes from the Venue).

## 16. MEALS

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Meals – lunch and dinner – will be served in the Venue restaurant (European Gymnastics authorities, LOC and Judges) and Venue galleries (Delegations) with the same menu.

### Meal's bookings

The LOC proposes the following options for having **extra meals** at the competition venue (lunch and dinner) which can be ordered by delegations if they wish.

The price for one extra meal (**not included in the Accommodation booking**) ticket is EUR 27,50.

The extra meals request must be submitted to the LOC's online platform: <https://delegation.GYMDATA.online/login> by **March 1<sup>st</sup>, 2024** at the very latest as well as the full payments for the ordered meals.

### Farewell Banquet

Accredited Delegation members (with the exception of E- and R- media), who stay at one of the official hotels and book their accommodation and meals through the LOC will receive a free ticket for the Farewell Banquet. The Farewell Banquet will take place only if allowed by the local authorities by the time of the event.

Extra tickets for the banquet can be purchased for **EUR 75** per person, provided the request is duly submitted to the LOC's email: [eurotrampoline2024@ginastica.org](mailto:eurotrampoline2024@ginastica.org) by **March 1<sup>st</sup>, 2024** at the very latest.

Where?

«MitPenha»

<https://www.youtube.com/watch?v=f9yCznFKM9U>



## 17. FINANCIAL OBLIGATIONS TO THE LOC

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Payment for hotel, meals, farewell banquet, additional accreditations must be made to the LOC:

<b>Beneficiary</b>	Gymnastics Federation of Portugal
<b>Bank Account / IBAN</b>	PT50 0033 0000 0188 0157 8909 6
<b>Bank</b>	Millennium BCP
<b>SWIFT/BIC</b>	BCOMPTPL

The participating federation is responsible for covering all bank fees in connection with the bank transfers. Please state the name of your Federation and the payment purpose (**NAME/CODE OF THE NATIONAL FEDERATION+ EUROTRA24**) on the transfer (Ex.: «POR.EUROTRA24»). The payment must be made in **EUR only**.

#### **Payment deadlines to the LOC**

- The first 50% of the total costs – **by January 8<sup>th</sup>, 2024**
- Settlement of the remaining 50% – **by March 1<sup>st</sup>, 2024**

#### **Cancellation policy**

European Gymnastics and the LOC strongly recommend that each Federation takes a cancellation insurance.

Accommodation (BB, HB, FB):

- From 9<sup>th</sup> January to 3<sup>rd</sup> February: 25% of the total costs will be charged
- From 4<sup>th</sup> February to 1<sup>st</sup> March: 50% of the total costs will be charged
- After 1<sup>st</sup> March: 100% of the total costs will be will be charged; no refund

Meals (extra):

- from 9<sup>th</sup> January to 3<sup>rd</sup> February: 25% of the total costs will be charged
- From 4<sup>th</sup> February to 1<sup>st</sup> March: 50% of the total costs will be charged
- After 1<sup>st</sup> March: 100% of the total costs will be will be charged; no refund

### **18. INSURANCE**

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The FIG insurance IMSSA (International Medical & Security Sports Assistance) for gymnasts and judges with a valid FIG Licence / Brevet is valid for these European Championships. Please address to the information on the FIG Intranet.

The Host Federation, the LOC and the European Gymnastics will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation **for all the members of their Delegation**. Basic insurance (sickness, accident, and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to <https://www.gymnastics.sport/site/pages/medicalinsurance.php> for additional information regarding the FIG IMSSA insurance for Athletes and Judges. If the respective certificate/proof of insurance has not been sent in advance (until the **1<sup>st</sup> of March, 2024**, which is strongly recommended), the LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least, starting from the arrival day of the delegation and must last for the delegations' entire stay.

If needed the LOC will subsequently offer insurance at the participating Federations own charge as follows: 80 EUR per person per day / from April 1<sup>st</sup> to 8<sup>th</sup>, 2024

### **19. WORK PLAN**

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The Workplan will be published on the European Gymnastics website six weeks at the latest before the start of the competitions.

### **20. OFFICIAL HOSPITAL**

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The Official hospital will be:

Name: Hospital da Senhora da Oliveira

Address: Rua dos Cutileiros, Creixomil | 4835-044 Guimarães

Tel: +351 253 540 330

The name of the LOC Medical Doctor for the event will be communicated in the Workplan.

This official hospital as well as the medical personnel assigned duly accept the International SOS (IMSSA insurance card) for all registered athletes holding a valid FIG Licence as well as for all judges with an International FIG Judges Brevet valid at the time of these European Championships.

## 21. DOPING CONTROLS

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Doping controls will be made according to FIG Anti-Doping Rules and WADA Code and Standards.

## 22. SAFEGUARDING

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According to FIG rules, all coaches must have completed the Safeguarding course on the FIG ELearning Platform in order to have a valid FIG coaches' licence in 2024. Please make sure that your coaches complete the course in due time before the nominative registration deadline for these Championships. Without a valid FIG coaches licence, a nominative registration for a coach can't be submitted in Gymdata.

## 23. SUMMARY OF THE DEADLINES AND PAYMENTS

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For European Gymnastics	Deadline
<b>Definitive Registration</b> – Gymdata registration tool	<b>08/01/2024</b>
<b>Nominative Registration</b> – Gymdata registration tool	<b>01/03/2024</b>
Payment of the European Gymnastics Entry Fees	
Media Accreditations	<b>25/03/2024</b>

European Gymnastics online platform for **definitive / nominative registrations**:

<https://registry.gymdata.online/>

For the LOC	Deadline
Accommodation Request*	<b>08/01/2024</b>
Accommodation costs (first 50%)	<b>08/01/2024</b>
Visa Request*	<b>01/03/2024</b>
Travel Schedule*	<b>01/03/2024</b>
Certificate/proof of Insurance*	<b>01/03/2024</b>
Photo & Passports *	<b>01/03/2024</b>
Accommodation costs (last 50%)	<b>01/03/2024</b>
Extra Meals and Banquet request and costs (100%)*	<b>01/03/2024</b>
Additional Accreditations costs (100%)*	<b>01/03/2024</b>

\* LOC online platform: <https://delegation.GYMDATA.online/login>

Sincerely Yours,

### EUROPEAN GYMNASTICS

Babette VAN WETERING

TC President



### GYMNASTICS FEDERATION OF PORTUGAL

Teresa LOUREIRO

Executive Director



FGP

**LIST OF APPARATUS – TRAMPOLINE GYMNASTICS**

**29<sup>TH</sup> EUROPEAN CHAMPIONSHIPS IN TRAMPOLINE, TUMBLING & DOUBLE MINI-TRAMPOLINE  
GYMNASTICS**

**FOR SENIORS & JUNIORS**

**GUIMARÃES (POR)**

**APRIL 3<sup>RD</sup> – 7<sup>TH</sup>, 2024**

**EUROTRAMP; SPIETH; GYMNOVA**

**Trampoline**

Trampoline FIG ID #	HDTMD FIG ID #	Safety Mats (TRA 11) FIG ID #
610	269	517 (TBC)

**Double-Mini Trampoline**

DMT FIG ID #	Safety Mats (TRA 11) FIG ID #	Landing Mats (TRA 17) FIG ID #
493	517 (TBC)	566 (TBC)

**Tumbling**

TUM FIG ID #	Vaulting Boards <u>Hard</u> FIG ID #	Vaulting Boards <u>Soft</u> FIG ID #	Landing Mats (TRA 17) FIG ID #
635	299	298	566 (TBC)

For full details on the “Description”, “Supplier Reference”, and “Expiry Date”  
of these FIG Certified Apparatus:

[https://www.gymnastics.sport/site/apparatus/man\\_view.php](https://www.gymnastics.sport/site/apparatus/man_view.php)

**Appendix 2 –  
venue layout  
TRA ECh  
2024**

