



město
Chropyně

WORKPLAN

International Cup of Clubs

in

TEAMGYM

Olomouc 14. 5. 2023, Czech Republic

With support of



A/ General Information

1. *Organizer:* TJ Chropyne
2. *Date:* Sunday 14. 5. 2023
3. *Venue:* Sportovní hala UP Olomouc, <https://sportovnihala.upol.cz/>
U Sportovní haly 2, 772 00 Olomouc
4. *LO (Local organizer):*

Competition director	Olga Maradova
Executive	JUDr. Natalie Navratilova
Accreditation	Martina Fialova
Apparatus staff	Dusan Sevcik
Medical care	Marek Mikes
Lead judge	JUDr. Natalie Navratilova

5. *Registration:* **Nominative registration till 1. 5. 2023**

Registration to be provided as follows:

- Via google form: [click here](#)
- Name of judges to be provided to Lead Judge Natalie Navratilova: natkan@seznam.cz

NOTICE: Registration form to be filled for each team separately.

6. *Drawing:* to be done 3. 5. 2023

7. *Accommodation:* Booked and covered by teams. (Nearby hotels: <http://www.hotel-gol.eu>, <https://besthotelgarni.cz/>)

8. *Meals:* It will be possible to order meals (Sat dinner, Sun lunch) for 6.5 EUR / 150 CZK per meal and person.

Please book meals for the whole club/delegation via google form: [click here](#)

There is also a buffet at the venue.

Refreshment for judges to be ensured by organizer.

Payment **at accreditation or via bank transfer** to the LO account (please **pay separately from Entry fee**):

Czech teams: 1481921349/0800 VS: 545333

Foreign teams: IBAN CZ25 0800 0000 0014 8192 1349

SWIFT (BIC): GIBACZPX

In the comment/note please put: ICC-F club name.

9. *Travel costs:* Covered by teams

10. *Accreditation:* Sunday 14. 5. 2023
07.30 – 09:00 all categories

Please provide following documents at accreditation:

- proof of payment for entry fee and meals
- Nominative list of gymnasts (name, birth) proved by the club
- Tariff forms update if needed
- height of Vaulting table and Trampet

11. <i>Important dates:</i>	Registration and names of judges	1. 5. 2023
	Payment of entry fee to LO account	8. 5. 2023
	Providing music and Tariff forms	8. 5. 2023
	Drawing of starting order	3. 5. 2023

B/ Technical statements

12. *Regulations:* According to:
- International Cup of Clubs TeamGym Technical Regulations 2023
 - Statements in this Work Plan
13. *Apparatus:*
- | | |
|----------------|------------------|
| <i>Team</i> | <i>MicroTeam</i> |
| Floor | Tumble |
| Tumble | Trampet |
| Trampet | |
14. *Competition Equipment:* Following equipment to be available at competition hall
- Carpet for Floor 16 x 14 m (14 x 14 m)
- Tumble track 15 m, run up 16 m, landing area and additional landing matt with marked landing zone.
- Trampets Dorado 40 („red“), MD Super G 36, Eurotramp 32 Open-Ended, run-up 25 m, landing area and additional matt with marked landing zone.
- Vaulting table 110 – 165 cm
- Height of the vaulting table and height of the selected trampet to be provided at accreditation.**
15. *Warm up:* Possible at dedicated separated place at the competition hall, prior and during organized trainings.
16. *Teams and Categories:* Each gymnast can compete only in one team and one category and section.
- Age categories**
- YOUTH II:** from 8 to 10 years (born 2012 - 2014)
- YOUTH I:** from 11 to 13 years (born 2009 - 2011)
- JUNIOR:** from 14 to 16 years (born 2006 - 2008)
- SENIOR:** 17 years and older (born 2005 and older)
- OPEN:** 8 years and older (born 2014 and older)
- The gymnasts have the right to participate if they reach the determined min/max age during the year of the competition.
- Size of the teams:**
- TEAM: 6-10 gymnasts**, gymnasts may represent maximum three clubs and be part of one team and competition (the same gymnast cannot participate in TEAM and MICROTEAM competition).
- MICROTEAM: 3-5 gymnasts** may represent maximum three clubs and be part of one team and competition.
17. *Participants* Gymnasts that have been selected for National Team to participate at the last two (2) TeamGym European or Continental Championships are **not allowed to compete in respective ICC cycle.**

Health insurance and health conditions of gymnasts and members of the delegation are under responsibility of the club. Nevertheless, in case of visible symptoms of infectious disease, affected person might not be allowed to enter competition venue.

18. Judges

Each participating **team** is obliged to nominate **1 judge** that must be at least brevet holder for national competitions in their own country or holder of the European Gymnastics TeamGym brevet for the corresponding cycle. Nominated judges to be assigned for respective panels by Lead Judge prior competition. If the club/delegation has more than two (2) teams registered, it is obliged to nominate at least two (2) judges. Each judge is obliged to judge the entire competition.

If the requirement cannot be fulfilled, then the penalty fee 170 EUR must be paid to LO at accreditation for each missing judge.

If the club/delegation registers multiple teams and nominates at least one judge, the penalty for each missing judge is 130 EUR, paid at accreditation.

Each judge is obliged to attend the Judges' instruction meeting:

on Sunday 14. 5. 2023 07:50 - 08:20

Nominated judge not attending the Judges' instruction meeting will be removed from the panel and the team will pay penalty to LO for missing judge.

19. Clubs, delegations

Each club/delegation not having its representative present at the Orientation meeting for officials and coaches before competition will pay penalty 130 EUR to LO at accreditation.

20. Entry fee:

Team competition - **200 EUR / 4 600 CZK per each team**

MicroTeam - **100 EUR / 2 300 CZK per each team**

Payment via bank transfer to the LO account:

Czech teams: 1481921349/0800 VS: 545333

Foreign teams: IBAN CZ25 0800 0000 0014 8192 1349
SWIFT (BIC): GIBACZPX

In the comment/note please put: ICC 545333

21. Objections:

According International Cup of Clubs TeamGym Technical Regulations 2023.

22. Preliminary schedule:

Accreditation (TEAM, MICROTEAM)	07:30 – 09:00
Orientation meeting (team/club leaders, coaches)	07:30 – 07:50
General warm-up for MICROTEAM competition	07:30
Judges' instruction meeting	07:50 – 08:20
MICROTEAM training and competition	08:00 – 11:00
General warm-up for TEAM competition	10:30
Official training for TEAM competition	11:10 – 12:30
TEAM competition	12:40 – 14:00
Award Ceremony (TEAM, MICROTEAM)	14:10

23. Ceremonies and awards:

All participants must march in wearing team uniform or competition attire (gymnasts) and team uniform (coaches).

Cups, medals, and diplomas according to International Cup of Clubs TeamGym Technical Regulations 2023.

All teams must participate in the Opening and Award and closing ceremonies.

C/ Final provisions

24. Music:

Music (mp3 preferred) for each apparatus should be **uploaded** by each team in following folder: [music](#) until **8. 5. 2023**. Name of the file should be as follows:

TEAM SHORT NAME_COMPETITION_CATEGORY_APPARATUS
(Example: JUMPERS_MICRO_YOUTH II MIX_TUM).

For apparatus use abbreviations: FLO, TUM and TRA.

For competition use abbreviations: TEAM, MICRO.

For section use abbreviations: MEN, WOM and MIX.

25. Tariff forms:

Tariff forms in pdf format (scans acceptable) for Floor, Tumble, Trampet should be **uploaded** by each team in following folder: [tariff](#) until **8. 5. 2023**. **Tariffs to be sent to all registered teams via e-mail.** Name of the file should be as follows:

TEAM SHORT NAME_COMPETITION_CATEGORY_APPARATUS
(Example: JUMPERS_MICRO_YOUTH II MIX_TUM).

For apparatus use abbreviations: FLO, TUM and TRA.

For competition use abbreviations: TEAM, MICRO.

For gender category use abbreviations: MEN, WOM and MIX.

Changes in Tariff Forms are possible to submit at accreditation, see par.10, not later than 1 hour before competition start for given category.

26. Coaches:

Coaches spotting on trampet and tumble must be 18 years and older and should be holder of national coaches license.

27. Results:

Results to be published on ICC web.

28. Doping:

According to the FIG regulation for doping control.

29. Others:

We reserve the right to make changes to the schedule.

In the event of cancellation of the competition, the paid entry fee will be refunded to the registered teams.

JUDr. Natalie Navratilova

In Chropyne 25. 4. 2023