

## PROGRAMME

<b>Monday,</b>	<b>18/03/2024</b>	<p><b>Arrival of Delegations and accreditation at Pavilhão Marialvas (IOC &amp; Youth)</b></p> <p>10:00-18:00 Training sessions by schedule</p> <p>19.00-20.00 Rehearsal of the official ceremonies (Opening, Awards &amp; Closing) by LOC in the Competition Hall</p>
<b>Tuesday,</b>	<b>19/03/2024</b>	<p><b>Arrival of Delegations and accreditation at Pavilhão Marialvas (IOC &amp; Youth)</b></p> <p>08:00-23:00 Training sessions by schedule</p>
<b>Wednesday,</b>	<b>20/03/2024</b>	<p>08.30-09:00 Orientation Meeting for all Head of Delegations and Coaches (Pavilhão Marialvas) – IOC</p> <p>09:00-11:00 IOC Judges Instruction Meeting &amp; Draw (Pavilhão Marialvas)</p> <p>11:00-11:15 <b><u>IOC Opening Ceremony (8 counts) - max 10 gymnasts/country</u></b></p> <p>11.15-13.45 IOC &amp; Youth Qualifications (IW Youth &amp; IW JNR)</p> <p>14.45-19.30 IOC Qualifications (IW AG &amp; IW JNR &amp; TR Youth &amp; AD JNR)</p>
<b>Thursday,</b>	<b>21/03/2024</b>	<p><b><i>FIG World Cup Training sessions by schedule (during the morning)</i></b></p> <p>09.30-10:00 Orientation Meeting for all Head of Delegations and Coaches (Pavilhão Marialvas) – World Cup</p> <p>10:00-12:30 World Cup &amp; IOC Judges Instruction Meeting &amp; Draw (Pavilhão Marialvas)</p> <p>14.00-20.00 IOC Qualifications (GR Youth &amp; IW-TR AG &amp; IM-IW-TR JNR &amp; IM-IW SNR)</p> <p>20:30-21.30 Rehearsal of the Official Opening/Closing Ceremony (COMPULSORY FOR ALL NATIONS with maximum 10 gymnasts by nation)</p>
<b>Friday,</b>	<b>22/03/2024</b>	<p><b><i>FIG World Cup Training sessions by schedule (during the morning)</i></b></p> <p>10.30-12.00 World Cup &amp; IOC Judges Meeting &amp; Draw</p> <p>14.15-15.45 IOC &amp; Youth Qualifications/Finals (IM–IW Youth &amp; GR AG &amp; GR JNR)</p> <p>17.15-17.30 Official Opening Ceremony</p> <p>17.30-18.10 World Cup Qualifications (MP)</p> <p>18.30-20.15 IOC &amp; Youth Qualifications/Finals (MP-TR-GR Youth &amp; AD AG &amp; MP JNR)</p> <p>20.30-20.50 Youth Competition Award Ceremony</p>
<b>Saturday,</b>	<b>23/03/2024</b>	<p>09.00-09.45 IOC Judges Meeting &amp; Draw</p> <p>10.00-12.30 IOC Finals (IM - IW - MP - AG &amp; IM - IW - TR JNR &amp; IM – IW – GR - AD SNR)</p> <p>12:45-13:05 IOC Award Ceremony</p> <p>14.30-15.15 World Cup Judges Meeting &amp; Draw</p> <p>15.30-19.00 World Cup Qualifications (IM - IW - TR - GR)</p>
<b>Sunday,</b>	<b>24/03/2024</b>	<p>09.00-09.45 IOC Judges Meeting &amp; Draw</p> <p>10.00-12.15 IOC Finals (TR – GR – AD AG &amp; MP – GR – AD JNR &amp; MP – TR SNR)</p> <p>12:25-12:45 IOC Award Ceremony</p> <p>13.00-14.00 World Cup Judges Meeting &amp; Draw</p> <p>14.15-14.30 Opening Ceremony</p> <p>14.30-14.40 Presentation of the Finalists</p> <p>14.40-16:10 Finals (IM - IW - TR)</p> <p>16:20-16:30 Award Ceremony</p> <p>16.55-17.05 Presentation of the Finalists</p> <p>17.05-18.00 Finals (MP - GR)</p> <p>18.10-18.30 Award Ceremony</p> <p>18.30-18.55 Closing Ceremony</p> <p>20.00-23:00 Final Banquet (Hotel Quinta da Lagoa)</p>
<b>Monday,</b>	<b>25/03/2024</b>	<p><b>All day: Departure of the delegations</b></p>