

# FIG TRAMPOLINE GYMNASTICS & TUMBLING WORLD CUP / AGF TROPHY



## WORK PLAN

BAKU, AZERBAIJAN

FEBRUARY 23-25, 2024

Dear Friends,

Azerbaijan Gymnastics Federation is pleased to host the FIG Trampoline Gymnastics and Tumbling World Cup competitions at Milli Gimnastika Arenası (National Gymnastics Arena) for the seventh time. We are looking forward to witness the breathtaking performances of the gymnasts trying to make their way through the Paris 2024 Olympic Games.

In this Work Plan, you will find necessary information to go through all “pre”, “in” & “post” competition procedures smoothly.

Baku spectators are ready to cheer trampoline and Tumbling stars at magnificent arena which is almost the home for many athletes from all over the world.

**GENERAL  
INFORMATION**

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**MGA – Milli Gimnastika Arenası (National Gymnastics Arena)**  
178 Heydar Aliyev Avenue  
AZ1029, Baku, Azerbaijan  
Tel: +99412 566 96 99  
Website: [www.mga.az](http://www.mga.az)

## COMPETITION VENUE



The MGA was officially opened in April 2014. This gymnastics specialized Arena has already hosted many different international sport events. The Arena has the ability to stretch from 5,000 to 9,600 seats, depending on the size and the nature of the event it hosts. This sports facility has become a favorite camp venue of many gymnasts all over the world. Training and Warm-up facilities will be located within the MGA.

## PROVISIONAL GENERAL COMPETITION SCHEDULE

### February 21 – Wednesday

All day	Arrival of delegations	
09:00-20:00	Accreditation	MGA (Accreditation Center, -2)
10:00-19:00	TRA/TUM (Chargeable training can be available upon request)	MGA (Training & Warm-up Hall, -2)

### February 22 – Thursday

09:00-14:00	Accreditation	MGA (Accreditation Center, -2)
09:00-18:00	TRA/TUM Training / Podium training (According to detailed schedule)	MGA (Training & Warm-up Hall/FoP, -2)
16:30-17:00	TRA/TUM Judges' meeting, instruction and draw	MGA (Judges' Room, -2)
17:15-17:30	TRA/TUM Scoring system training for judges	MGA (FoP, -2)
18:00-19:00	Orientation meeting	MGA (Artistic Lounge, -1)

### February 23 – Friday

11:10-18:50	Official Training for TRA	MGA (Training & Warm-up Hall)
11:10-18:50	Free Training for TUM	MGA (Training & Warm-up Hall)
11:00-11:45	TRA Judges' meeting	MGA (Judges' Room, -2)
11:45-12:00	Opening Ceremony	MGA (FoP, -2)

12:00-12:50	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 1 (M11) (W10)	MGA (FoP, -2)
12:50-13:40	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 2 (M11) (W10)	MGA (FoP, -2)
13:40-14:30	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 3 (M10) (W10)	MGA (FoP, -2)
14:30-15:30	Break	
15:30-16:20	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 4 (M10) (W10)	MGA (FoP, -2)
16:20-17:10	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 5 (M10) (W10)	MGA (FoP, -2)
17:10-18:00	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 6 (M10) (W10)	MGA (FoP, -2)
18:00-18:50	<b>TRA:</b> Men's & Women's Ind. Qualification 1 - Group 7 (M10)	MGA (FoP, -2)
<b>February 24 – Saturday</b>		
09:00-11:00	Free Training for <b>TRA/TUM</b>	MGA (Training & Warm-up Hall, FoP, -2)
11:00-11:45	<b>TRA/TUM</b> Judges' meeting & draw	MGA (Judges' Room, -2)
12:00-12:50	<b>TRA:</b> Men's & Women's Ind. Qualification 2 - Group 1 (M12) (W12)	MGA (FoP, -2)
12:50-13:40	<b>TRA:</b> Men's & Women's Ind. Qualification 2 - Group 2 (M12) (W12)	MGA (FoP, -2)
13:40-14:40	Break	
14:40-15:30	<b>TUM:</b> Men's & Women's Ind. Qualification - Group 1 (W8)	MGA (FoP, -2)
15:30-16:20	<b>TUM:</b> Men's & Women's Ind. Qualification - Group 1 (M11)	MGA (FoP, -2)
16:20-17:10	<b>TRA:</b> Men's & Women's Synchro Pairs' Qualification - Group 1 (M11) (W8)	MGA (FoP, -2)
17:10-18:00	<b>TRA:</b> Men's & Women's Synchro Pairs' Qualification - Group 2 (M10) (W8)	MGA (FoP, -2)
<b>February 25 – Sunday</b>		
09:00-11:00	Free Training for all finalists ( <b>TRA &amp; TUM</b> )	MGA (Training & Warm-up Hall, FoP, -2)
11:00-11:45	<b>TRA /TUM</b> Judges' meeting & draw	MGA (Judges' Room, -2)
12:00-12:30	Finals - <b>TRA</b> Individual Gymnasts: Women	MGA (FoP, -2)
12:30-13:00	Finals - <b>TRA</b> Individual Gymnasts: Men	MGA (FoP, -2)
13:00-13:15	Award ceremony <b>TRA</b> Individual Gymnasts: Women & Men + AGF TROPHY	
13:15-13:45	Finals - <b>TUM:</b> Individual Gymnasts: Women	MGA (FoP, -2)
13:45-14:15	Finals - <b>TUM:</b> Individual Gymnasts: Men	MGA (FoP, -2)
14:15-14:30	Award ceremony <b>TUM</b> Individual Gymnasts: Women & Men + AGF TROPHY	MGA (FoP, -2)
14:30-15:00	Finals – <b>TRA</b> Synchro Pairs: Women	MGA (FoP, -2)
15:00-15:30	Finals - <b>TRA</b> Synchro Pairs: Men	MGA (FoP, -2)
15:30-15:45	Award Ceremony <b>TRA</b> Synchro Pairs: Women & Men+ AGF TROPHY	MGA (FoP, -2)

16:30-18:00	Sightseeing Tour	(Departure from MGA with arrival to the official hotels)
19:30	Farewell banquet	tbc.
<b>February 26 – Monday</b>		
All day	Departure of delegations	

<b>ARRIVAL INFORMATION</b>	<p>Official delegations` members will be met at Heydar Aliyev International Airport (GYD), bus or railway station upon arrival in Baku and transferred to the event`s official hotels where they reserved accommodation through the LOC. The delegations will be informed of the time fixed for their accreditation upon arrival.</p>
<b>ACCREDITATION</b>	<p>Accreditation Center / LOC room is located within the competition venue / Level -2, MGA. Maximum 2 responsible persons from each delegation shall be present at the accreditation center.</p> <p>The following items will be checked/submitted by a responsible person:</p> <ul style="list-style-type: none"> <li>• Passports of gymnasts and judges including all members of the delegations</li> <li>• Licenses</li> <li>• Transport – Departure details</li> <li>• Settlement of all outstanding payments</li> <li>• Medical insurance for the members of the delegations</li> <li>• Submission of competitions cards</li> <li>• National anthem and national flag</li> <li>• Possible submission of other forms</li> <li>• Submission of e-mail address of one responsible person</li> </ul>
<b>INFORMATION DISTRIBUTION</b>	<p>No hard copies of any documents (start list, results &amp; other relevant documents) will be available for distribution.</p> <p>All the necessary information will be communicated via email and WhatsApp group (email addresses and mobile phone numbers of HoD/responsible person will be collected for this purpose). Information desks and boards, including transport, will also be set up at each official hotel`s lobby.</p> <p>All STARTING ORDERS, intermediate RESULTS and FINAL RESULTS` BOOK will be sent ONLY via email to the National Federations` official email. Delegations will be requested to inform the LOC about the correct email address upon arrival.</p> <p>Moreover, by scanning QR Code placed on the Accreditation card, you will be able to find all necessary competition information.</p>
<b>TRANSPORT</b>	<p>Buses schedule from the official hotels to the Competition Venue &amp; back will be provided to the delegations at the accreditation center / LOC Room which reserved accommodation through the LOC. In addition, transport will be available for the participants to get to the place of the farewell banquet.</p>

## HOTELS

### **Baku Marriott Hotel Boulevard 5\***

Address: Khagani Rustamov street 4C, Khatai district, Baku, AZ1010

Tel.: +99412 310 00 10

Website: [www.boulevardhotelbaku.com](http://www.boulevardhotelbaku.com)

The Hotel is located close to the city center.

#### Distances

Airport – 25 km (25 min. drive)

Training/competition venue – 10 km (10min. drive)

### **Courtyard Baku by Marriott 4\***

Address: 300-303 quarter, intersection of M. Fuzuli and A.Topchubashov streets, Nasimi district, Baku, AZ1009

Tel.: +994 12 310 40 40

Website: <https://www.marriott.com/hotels/travel/gycdy-courtyard-baku/>

The Hotel is located close to the city center

#### Distances

Airport – 26.6 km (31 min. drive)

Training/competition venue – 14.6 km (21 min. drive)

### **Sport Plaza Hotel & Apartments 3\* (low cost)**

115 Heydar Aliyev Avenue, Building 187 C, Baku AZ1029

Tel: +99412 565 05 55

Website: [www.sportplaza.org](http://www.sportplaza.org)

This sport hotel located within the area of the Athletes` Village used during the Baku 2015 First European Games, offers rooms like at the Olympic Village standard with single and twin occupancy with separate and shared bathroom. It is just opposite the MGA.

#### Distances

Airport – 17,5 km (18 min. drive)

Training/competition venue – 4,7 km (6 min. drive)

#### **Note:**

Breakfast is included into the accommodation reservation. Wi-Fi is available at the above-mentioned hotels.

## MEALS


***Meal schedule at hotels/MGA (breakfast is included into the accommodation reservation) is as follows:***

<b>Location</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Baku Marriott Hotel Boulevard</b>	<b>07:00-10:00</b>	<b>13:00-15:30</b>	<b>19:00-22:00</b>
<b>Courtyard Hotel</b>	<b>07:00-10:00</b>	<b>13:00-15:30</b>	<b>19:00-22:00</b>
<b>Sport Plaza Hotel &amp; Apartments</b>	<b>07:00-10:00</b>	<b>13:00-15:30</b>	<b>19:00-22:00</b>
<b>MGA</b>	<b>N/A</b>	<b>13:00-15:30</b>	<b>N/A</b>

<b>ORIENTATION MEETING</b>	The Orientation Meeting will take place at MGA (Level 1, Lounge – Artistic) <b>at 18:00 on February 22, 2024</b> . Responsible people (max. 2 per Federation) must attend the meeting.
<b>FORMS</b>	<p>A responsible person from each delegation must submit the following forms to the Local Organizing Committee's Office/LOC representatives by the below mentioned deadlines:</p> <ul style="list-style-type: none"> <li>• <b>TRA IND Qualification and Final Competition Cards (2 pages)</b> – during the Accreditation</li> <li>• <b>TRA SYN Qualification and Final Competition Cards (2 pages)</b> – during the Accreditation</li> <li>• <b>TUM Qualification and Final Competition Cards (1 page)</b> – during the Accreditation</li> <li>• <b>Change of Start List</b> - to the OC Office, 24 hours before the competition start at the latest</li> <li>• <b>Request for Accreditation Changes</b> – if necessary, the form should be submitted to the FIG and OC immediately for the FIG approval</li> </ul>
<b>JUDGES' MEETING &amp; SCORING SYSTEM INSTRUCTIONS</b>	<p>The Judges' meeting, instruction and draw will be held <b>at the Judges' Room (Level -2) at 16:30 on February 22, 2024</b>. Technical Scoring System Instruction for judges will be conducted at <b>17:15 on February 22, 2024</b>.</p> <p>All the Judges' meetings will be held at MGA (Judges' Room, Level -2).</p> <p>Judges will be required to be present at the roll call. The judges must respect the dress code mentioned in the Code of Points.</p> <p>All judges are required to take part in the judges' meetings, technical scoring system instructions in accordance with the schedule and location indicated in the present Work Plan.</p> <p>The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate.</p> <p>The judges will be provided with meals on competition days.</p>
<b>SUPPLIER</b>	<p>Trampolines: Eurotramp Ultimate 4x4 Trampoline – FIG ID: 271  Trampoline Measurement System Eurotramp – FIG ID: 269  Mats around Trampoline – FIG ID: 548  Tumbling track: Skakun Original 2014 – FIG ID: 465</p>
<b>SCORING</b>	<p>Scoring will be carried out by SmartScoring. Video Control system will be provided.</p> <p>Competition results will be sent to the e-mail addresses of a responsible person of each delegation provided at the Accreditation &amp; WhatsApp Group (mobile phone numbers of HoD will be collected for this purpose).</p>
<b>TRAINING</b>	The training sessions will take place at the training & warm-up hall adjacent to the Field of Play according the schedules provided.
<b>COMPETITION FORMAT</b>	<p>The competition will be held in accordance with the FIG Technical <b>Regulations-2024</b> and the Rules for the FIG World Cup Competitions and Series in Trampoline and Tumbling.</p> <p>For the qualification, the gymnasts will be divided into Groups as per the drawing of lots results.</p>

<p><b>AGF TROPHY</b></p>	<p>There will be held awarding of the AGF Trophy Cup to one trampoline individual man and one individual woman gymnasts, as well as one man and one woman tumbling gymnasts who have the highest execution result during the qualification. If there will be a tie-break, the highest qualification ranking will prevail.</p> <p>This year, for the first time, the Synchro pairs (both among men&amp; women) demonstrated the best synchro score will be awarded with the AGF Trophy as well. If there will be a tie-break, the highest qualification ranking will prevail.</p>
<p><b>CEREMONIES</b></p>	<p><b>Opening Ceremony</b></p> <p>The Opening Ceremony will take place <b>at MGA, at 11:45 on February 23, 2024</b>. The participants are not required to take part in the Ceremony.</p> <p><b>Award Ceremonies</b></p> <p>The award ceremonies will be held as per the detailed competition schedule and carried out in accordance with the FIG Regulations for Award Ceremonies. Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies.</p> <p>The competitors requested to attend the award ceremonies will be as follows: Gymnasts ranked 1<sup>st</sup> to 3<sup>rd</sup> on each apparatus.</p> <p>Gymnasts will be required to wear the <b>National track suit</b>. In case of infractions, the respective Federation will receive only 50% of the prize money (as per Technical Regulations, section 1, Art 9.3.3)</p> <p>The national flags of the countries represented by the best 3 gymnasts will be hoisted and the national anthem of the country taken the 1<sup>st</sup> place will be played.</p>
<p><b>PRIZE MONEY</b></p>	<p>The organizing committee will transfer the Prize Money to the bank account of the Federations' concerned in accordance with the Article 10 of the Rules for the FIG World Cup Competitions and Series in Trampoline and Tumbling after the competitions.</p>
<p><b>MEDICAL SERVICES &amp; DOPING CONTROLS</b></p>	<p>The LOC will provide first aid medical services. Physiotherapists will be present during the competitions.</p> <p>The Organizing Member Federation will provide at its own charge of 4 doping controls for Trampoline and 2 for Tumbling.</p> <p>Appropriate medical premises will be provided to carry out above mentioned number of doping controls by AMADA (National Anti-Doping Agency).</p>
<p><b>TV &amp; MEDIA COVERAGE</b></p>	<p>Host Broadcaster is Idman TV (Sports Channel of Azerbaijan Television and Radio Broadcasting Closed Joint-Stock Company).</p> <p>Local media representatives covering the events will be accredited according to the FIG Media Rules.</p> <p><u>Social media</u></p> <p><a href="https://www.facebook.com/azegymnastics">https://www.facebook.com/azegymnastics</a>  <a href="https://www.youtube.com/c/AzerbaijanGymnasticsFederation/featured">https://www.youtube.com/c/AzerbaijanGymnasticsFederation/featured</a>  <a href="https://twitter.com/azegymnastics">https://twitter.com/azegymnastics</a>  <a href="https://www.instagram.com/azegymnastics/">https://www.instagram.com/azegymnastics/</a>  <a href="https://www.tiktok.com/@azerbaijanguymnastics?lang=ru-RU">https://www.tiktok.com/@azerbaijanguymnastics?lang=ru-RU</a></p>



	<a href="https://t.me/azegymnastics">https://t.me/azegymnastics</a>
<p><b>OTHER INFORMATION</b></p>	<p><b>Currency</b> The currency in Baku is Azerbaijani Manat (AZN). For more information's, please, visit: <a href="http://www.cbar.az/">http://www.cbar.az/</a></p> <p><b>GMT:</b> UTC + 4 Hr</p> <p><b>Temperature</b> Average minimum: 2° C Average maximum: 6° C</p> <p><b>Power supply:</b> Voltage 220 volts; frequency 50 Hz. An adapter might be needed.</p>  <p><b>Information About Azerbaijan:</b></p> <ol style="list-style-type: none"> <li><b>1. Top day trips in Azerbaijan</b> <a href="https://www.tripadvisor.com/Attraction_Products-g293934-t11889-zfg11867-Baku_Absheron_Region.html">https://www.tripadvisor.com/Attraction_Products-g293934-t11889-zfg11867-Baku_Absheron_Region.html</a></li> <li><b>2. Top attractions in Baku</b> <a href="https://www.tripadvisor.com/Attractions-g293934-Activities-oa0-Baku_Absheron_Region.html">https://www.tripadvisor.com/Attractions-g293934-Activities-oa0-Baku_Absheron_Region.html</a></li> <li><b>3. Top shopping malls in Baku</b> <a href="https://www.tripadvisor.com/Attractions-g293934-Activities-c26-t143-Baku_Absheron_Region.html">https://www.tripadvisor.com/Attractions-g293934-Activities-c26-t143-Baku_Absheron_Region.html</a></li> </ol>
<p><b>APPENDICES</b></p>	<p><b>Appendix 1 - TRA IND Qualification and Final Competition Cards (2 pages)</b> <b>Appendix 2 - TRA SYN Qualification and Final Competition Cards (2 pages)</b> <b>Appendix 3 - TUM Qualification and Final Competition Card (1 page)</b> <b>Appendix 4 - Change of Start List</b> <b>Appendix 5 - Request for Accreditation Changes</b> <b>Appendix 6 - Layouts</b> <b>Appendix 7 - Provisional Podium Training Schedule</b> <b>Appendix 8 - Provisional Detailed Competition Schedule</b></p>

With Best Wishes,



**FIG TRAMPOLINE GYMNASTICS & TUMBLING  
WORLD CUP AGF TROPHY  
BAKU (AZERBAIJAN)  
FEBRUARY 23-25, 2024**



**Nurlana Mammadzade**  
**OC Executive Director**