

Program of acrobatic gymnastics competition

8:30 - 9:30	accreditation (in the office in the gym)
8:30 - 10:00	warm up (available for all Youth / AG 11-16 competitors)
9:30	judges meeting (in the office)
10:00	start of the competition (one representative of each club in tracksuit is required to Opening ceremony – 9:50 in ballet hall)
10:15	Youth (combined exercise) – each session (5-7 units) has 3 minutes warm up on competition floor
12:00	Age group 1st routine (Pairs - balance/ Groups - dynamic)
13:15	Youth category results announcement (all competitors in leotards are going to the competition floor, best 6 goes to the podium)
	All pairs are ranked togetherAll groups are ranked together
11:30-14.30	lunch will be served in the restaurant Kafárna Na Kus řeči (200 metres from gym hall (tickets will be handed out in the morning during accreditation)
13:30-14:30	break/ warm up (available for Master class competitors / AG 11 - 16)
14:30	Master class – 1 st routine (balance OR tempo)
15:50	Age group- 2 nd routine (Pairs - dynamic / Groups - balance)
17:05	Master class – 2 nd routine (combined)
18:30	Age group, Master class results announcement (all competitors in leotards are going to the competition floor, best 6 is going to the podium)

- All pairs are ranked together
- All groups are ranked together





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Parking (Slovenská street):

https://maps.app.goo.gl/rzb3wRboyqD41u2M6



Entrance to the gym hall (Slovenská 2, Praha):



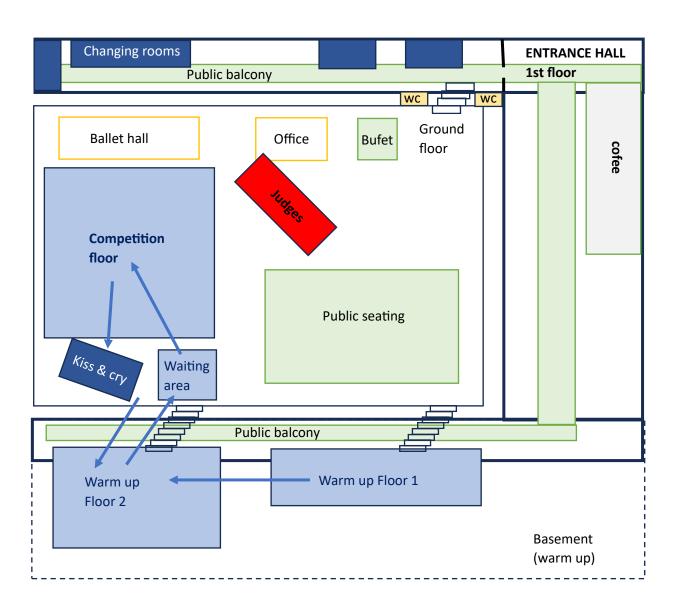




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Gym hall plan:







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Gym hall:

