

**1ST ISTANBUL AEROBIC
OPEN CUP 2024
NATIONAL DEVELOPMENT
ND, AGE GROUPS & JUNIORS & SENIOR
30 MAY-02 JUNE 2024 / İSTANBUL-TÜRKİYE**

DIRECTIVES

Dear FIG affiliated Member Federation,

Turkish Gymnastics Federation has the pleasure to invite your Federation to participate in the 1st İstanbul Aerobics Open Cup 2024 aforementioned International Event.

DISCIPLINE	Aerobic Gymnastics
HOST FEDERATION	Turkish Gymnastics Federation Contact Person : Yiğit ERSOY Tel:+90 (312) 310 44 70 Fax:+90 (312) 310 16 30 E-mail: turkishgymfed@yahoo.com
LOCATION	İstanbul / TÜRKİYE
DATE	30 May-02 June 2024
VENUE	TCF Kamp Eğitim Merkezi - Sancaktepe/İstanbul Turkish Gymnastics Federation Camp Training Center -Sancaktepe/İstanbul
APPARATUS SUPPLIER	Competition& Training Hall; GYMNOVA
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• Licence rules (except for non competitive events)• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events• FIG Medical Guidelines for FIG Competitions and Events• Media Rules• Apparatus Norms• Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules• Regulations for Award Ceremonies• Accreditation Rules <p style="text-align:center"><i>and subsequent decisions of the FIG Executive Committee</i></p>

FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles:</p> <p>All FIG Members Federations in good standing;</p> <p>All regional federations affiliated in their respective national federation;</p> <p>All clubs affiliated in their respective national federation.</p>																										
AGE LIMITS	<p>ND.9-11 Years /AG: 12-14 Years / Juniors 15-17 years / Senior 18+ ND, Age Groups, Junior and Senior gymnasts don't need to have a valid FIG licence.</p>																										
JUDGES AND JURIES	<p>Every Nation should register at least one judge with a valid FIG Brevet for the current cycle. Failure to do so may result in a fine of 700 Euro to be paid to the Local Organizing Committee in order that the LOC invites neutral judge/s. The fine for missing a judge should be paid to the LOC no later than 29th of April 2024.</p> <p>The number of Judge's panels will be decided depending on the number of participating competitors and judges.</p> <p>The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p>																										
REGISTRATION DEADLINES	<table border="1" data-bbox="438 842 1505 981"> <tr> <td data-bbox="438 842 794 909">Definitive registration:</td> <td data-bbox="794 842 1145 909">29 March 2024</td> <td data-bbox="1145 842 1505 909">2 months prior the event</td> </tr> <tr> <td data-bbox="438 909 794 981">Nominative registration</td> <td data-bbox="794 909 1145 981">29 April 2024</td> <td data-bbox="1145 909 1505 981">1 month prior the event</td> </tr> </table> <p>Registrations and payments made after the gymnast's drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.</p>			Definitive registration:	29 March 2024	2 months prior the event	Nominative registration	29 April 2024	1 month prior the event																		
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ENTRY FEES	<p>Entry fees are the same for Seniors and Juniors but are different for those accommodated via the LOC and those accommodated by themselves.</p> <table border="1" data-bbox="438 1187 1436 1541"> <thead> <tr> <th data-bbox="438 1187 699 1290">Category</th> <th data-bbox="699 1187 1098 1290">Entry Fee – accommodated Via the LOC</th> <th data-bbox="1098 1187 1436 1290">Entry fee – not accommodated via the LOC</th> </tr> </thead> <tbody> <tr> <td data-bbox="438 1290 699 1323">Individual Women</td> <td data-bbox="699 1290 1098 1323">30 Euro</td> <td data-bbox="1098 1290 1436 1323">100 Euro</td> </tr> <tr> <td data-bbox="438 1323 699 1357">Individual Men</td> <td data-bbox="699 1323 1098 1357">30 Euro</td> <td data-bbox="1098 1323 1436 1357">100 Euro</td> </tr> <tr> <td data-bbox="438 1357 699 1391">Mixed Pairs</td> <td data-bbox="699 1357 1098 1391">45 Euro</td> <td data-bbox="1098 1357 1436 1391">180 Euro</td> </tr> <tr> <td data-bbox="438 1391 699 1424">Trios</td> <td data-bbox="699 1391 1098 1424">55 Euro</td> <td data-bbox="1098 1391 1436 1424">240 Euro</td> </tr> <tr> <td data-bbox="438 1424 699 1458">Groups</td> <td data-bbox="699 1424 1098 1458">65 Euro</td> <td data-bbox="1098 1424 1436 1458">350 Euro</td> </tr> <tr> <td data-bbox="438 1458 699 1491">Aero Dance</td> <td data-bbox="699 1458 1098 1491">80 Euro</td> <td data-bbox="1098 1458 1436 1491">480 Euro</td> </tr> <tr> <td data-bbox="438 1491 699 1525">Aero Step</td> <td data-bbox="699 1491 1098 1525">80 Euro</td> <td data-bbox="1098 1491 1436 1525">480 Euro</td> </tr> </tbody> </table> <p>100% of the Entry fee must be paid to the LOC not later than 27 MARCH 2024. The entry fee is calculated based on the number of units in the Definitive registration. In case of cancelations after the Definitive entry deadline there is no reimbursement.</p>			Category	Entry Fee – accommodated Via the LOC	Entry fee – not accommodated via the LOC	Individual Women	30 Euro	100 Euro	Individual Men	30 Euro	100 Euro	Mixed Pairs	45 Euro	180 Euro	Trios	55 Euro	240 Euro	Groups	65 Euro	350 Euro	Aero Dance	80 Euro	480 Euro	Aero Step	80 Euro	480 Euro
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ACCREDITATION	<p>The accreditation will take place at the Hotel Event Info Desk. The accreditations will only be handed out to the Head of Delegation.</p> <p>All delegations must deliver 2 memory sticks with the musics of all routines, national anthem and flag, medical insurance, passports of all members</p>																										
EVENT FORMAT	<p>The Aerobic Gymnastics International Competition will have Qualifications and Finals in all categories.</p> <p>Aerobic Gymnastics Categories: IM, IW, MP, TR, GR, AD</p> <p>Qualifications: Participation max 3 athletes/units per country per nation in each /category.</p> <p>The participation in the finals is max. 2 athletes/units per country per nation in each category</p>																										

SIZE OF DELEGATION

The number of units per category and nation in Seniors and Junior for the Qualifications is limited as follows, except for the Organizing Federation. There is no limitation on the number of units for the Qualifications for the Organizing Federation.

The maximum number of **units** and officials is as follows:

Officials	ND	AG	Junior	Senior
Individual Women	3	3	3	3
Individual Men	3	3	3	3
Mixed Pairs	2	2	2	2
Trios	2	2	2	2
Groups	1	1	1	1
Aerobic Dance	-	1	1	1
Head of Delegation	1			
Team Leader	1			
Coaches	2	2	2	2
Judges	2			
Medical Staff	1			

Every federation **must send at least 1 judge with a valid FIG Brevet,**

EVENT FORMAT

The competition consists of Qualifications and Finals in Seniors and Juniors in all 6 categories. In case that there are less than 9 participants per category in the Qualifications, no Qualification is necessary.

QUALIFICATIONS

The participation in Qualifications is limited to **the units mentioned in the paragraph "Size of delegation"** except for the Organizing Federation. There is no limitation to the number of units for the Organizing Federation.

FINALS

The top 8 (eight) competitors from the Qualifications in Seniors, Juniors, Age & ND groups in categories of IW, IM, MP, TR will take part in the Finals (maximum two per Category and Nation).

Top 8 (eight) competitors from the Qualification in categories of GR and AD will take part in the finals.

EVENT MANAGER

Yiğit ERSOY
+90 533 666 31 47
yigit.ersoy@tcf.gov.tr

PROVISIONAL SCHEDULE	<ul style="list-style-type: none"> - Day 1, 28 May 2024: Arrival of Delegations - Day 2, 29 May 2024: Podium Training, Orientation & Judges Meeting - Day 3, 30 May 2024: Podium Training (Junior and Senior categories), Qualifications (ND, AG: IW and IM and MP categories) - Day 4, 31 May 2024: Podium Training (Junior and Senior MP,TR,GR,AD categories) Qualifications (ND, AG: TR, GR and AD, Junior and Senior; IW,IM categories) - Day 5, 01 June 2024: Qualifications (Junior, Senior MP,TR, GR, AD categories) Finals (ND, AG categories) - Day 6, 02 June 2024: Finals (Junior, Senior IW, IM, MP, TR, GR, AD), Farewell Party - Day 7, 03 June 2024: Departure of Delegations (All Day)
MEDICAL SERVICES	<p>During all days – trainings and competition official medical persons who will be in the training and competition halls will be provided by the LOC</p> <p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions.</p> <p>The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>Additional information concerning the safety and the requirements for entering the host country will be given in the Workplan, during accreditation as well as the Orientation meeting.</p>
VISA	<p>Türkiye has changed visa regulations as of April 2014 and all the visa applicants should now apply via an online site: https://www.evisa.gov.tr/en/</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 30 € per person/day.</p>

INTERNATIONAL TRANSPORTATION	The invited participating federation or club is responsible for their own transportation and costs. The Travel Schedule Form must be returned to the LOC by 29 April 2024												
LOCAL TRANSPORTATION	The local transportation will be provided by LOC from/to the İstanbul Airport (IST) or İstanbul Sabiha Gökçen Airport (SAW). All the competitions take place in the Sancaktepe Gymnastics Hall. Distance from Sabiha Gökçen Airport to Competition Hall is 18 km, Distance from Kapıkule-Edirne border crossing to Competition Hall is 300 km. Distance from İstanbul Airport to Competition Hall is 65 km. It is the recommended to use the North Marmara road for participants who will drive.												
ACCOMMODATION	Accommodation will be in the Sancaktepe Kamp Eğitim Merkezi next to gymnastics hall. The costs per person / night in this first Hotel are as follows: 150 € (single room, full board) 110 € (double room, full board) 90 € (triple room, full board) The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 29 march 2024 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis. The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodations must be paid to the LOC by 29 April 2024 at the very latest.												
CANCELATION POLICY	Full reimbursement until 29 April 2024 . No imbursement shall be made after this date.												
TIE BREAKING RULES	In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied.												
FINAL BANQUET	The Final Banquet will be free of charge. All the accredited participants are welcomed to the Final Banquet.												
BANK ACCOUNT INFORMATION	The participating federation is responsible for covering all bank fees in connection with the bank transfers. <table border="1" data-bbox="448 1473 1485 1697"> <tr> <td>Beneficiary</td> <td>TÜRKİYE CİMNASTİK FEDERASYONU</td> </tr> <tr> <td>Account number</td> <td>138 – 113 7451 63</td> </tr> <tr> <td>Bank</td> <td>TÜRK EKONOMİ BANKASI A.Ş.</td> </tr> <tr> <td>Address:</td> <td>GAZI MUSTAFA KEMAL BLV. NO:7/1 CANKAYA/ANKARA</td> </tr> <tr> <td>Iban</td> <td>TR25 0003 2000 0000 0113 7451 63</td> </tr> <tr> <td>Swift code</td> <td>TEBUTRIS138</td> </tr> </table>	Beneficiary	TÜRKİYE CİMNASTİK FEDERASYONU	Account number	138 – 113 7451 63	Bank	TÜRK EKONOMİ BANKASI A.Ş.	Address:	GAZI MUSTAFA KEMAL BLV. NO:7/1 CANKAYA/ANKARA	Iban	TR25 0003 2000 0000 0113 7451 63	Swift code	TEBUTRIS138
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MARKETING MEDIA	FIG advertising and publicity norms must be respected. Only journalists and photographers holding an official and valid press card will be accredited. All media representatives (journalists, photographers, TV) must request an accreditation from LOC Media Office as soon as possible to have access to the media centre on the competition venue.												
SOCIAL MEDIA	Our home page you will get updated information about the competition – www.tcf.gov.tr Facebook : TurkCimFed Instagram : @turkcimfed Twitter : @turkcimfed												

**DEADLINES
SUMMARY**

Definitive Registration	29 March 2024
Nominative Registration	29 April 2024
Accommodation Form	29 March 2024
Travel Schedule Form	20 May 2024
Accommodation Form by Name	29 April 2024
Visa Request Form	20 May 2024
Payment of the local transportation	20 May 2024
Payment of the Accommodation Costs – 50%	29 March 2024
Payment of the Accommodation Costs 50%	29 April 2024
Payment of the fine for missing judge	29 April 2024

Sincerely Yours,

Ankara, January 2024



Recep ŞAHİN
Secretary General