

Time schedule ICC in TeamGym 2024

Plzen 12.5.2024

Accreditation (TEAM, MICROTEAM)	07:00	-	08:30
Orientation meeting (Head of delegations, coaches)	07:30	-	08:00
General warm-up for TEAM competition	07:30		
Judges' instruction meeting	08:00	-	08:20
Official training for TEAM competition - GROUP 1	08:20	-	09:30
TEAM competition - GROUP 1	09:30	-	10:30
Official training for TEAM competition - GROUP 2	10:40	-	11:30
TEAM competition - GROUP 2	11:30	-	12:10
General warm-up for MICROTEAM competition	12:10		
Award Ceremony (TEAM)	12:20		
MICROTEAM training and competition - GROUP 1	12:50	-	13:45
MICROTEAM training and competition - GROUP 2	13:50	-	15:00
MICROTEAM training and competition - GROUP 3	15:05	-	16:15
MICROTEAM training and competition - GROUP 4	16:20	-	17:30
MICROTEAM training and competition - GROUP 5	17:35	-	18:45
Award Ceremony (MICROTEAM)	18:50		
Competition closing	19:20		

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Competition **ICC TEAM - GROUP 1 (YOUTH II, YOUTH I, OPEN)**

Number of teams 10
Training duration 0:07
Training start 8:20

Rotation duration 0:06
Competitions start 9:30

TRAINING			
Time (hrs)	Floor	Tumble	Trampet
8:20	1	2	3
8:27	4	5	6
8:34	7	8	9
8:41	10	1	2
8:48	3	4	5
8:55	6	7	8
9:02	9	10	1
9:09	2	3	4
9:16	5	6	7
9:23	8	9	10

Training end: 9:30

COMPETITION			
Time (hrs)	Floor	Tumble	Trampet
9:30	1	2	3
9:36	4	5	6
9:42	7	8	9
9:48	10	1	2
9:54	3	4	5
10:00	6	7	8
10:06	9	10	1
10:12	2	3	4
10:18	5	6	7
10:24	8	9	10

Competition end: 10:30

- 1 FLIK - FLAK PLZEŇ
- 2 FRÝDEK-MÍSTEK - PRUŽINKY
- 3 TJ CHROPYNĚ
- 4 TJ SOKOL VYŠEHRAĐ
- 5 SPORT KLUB STARS F-M
- 6 GYM CLUB REDA
- 7 GYM DOBŘIČOVICE
- 8 FLIK - FLAK PLZEŇ
- 9 FLIK - FLAK PLZEŇ - O
- 10 TJ CHROPYNĚ - O

Competition **ICC TEAM - GROUP 2 (JUNIOR, SENIOR)**

Number of teams 7
Training duration 0:08
Training start 10:40

Rotation duration 0:07
Competitions start 11:30

TRAINING			
Time (hrs)	Floor	Tumble	Trampet
10:40	11	12	13
10:47	14	15	16
10:54	17	11	12
11:01	13	14	15
11:08	16	17	11
11:15	12	13	14
11:22	15	16	17

Training end: 11:30

COMPETITION			
Time (hrs)	Floor	Tumble	Trampet
11:30	11	12	13
11:36	14	15	16
11:42	17	11	12
11:48	13	14	15
11:54	16	17	11
12:00	12	13	14
12:06	15	16	17

Competition end: 12:10

- 11 GYM CLUB REDA
- 12 TJ ROŽNOV POD RADHOŠTĚM
- 13 GINNASTICA GYMNOVA - JUNIOR
- 14 NUOVA OLIMPIA GAMBETTOLA - BARBIES
- 15 TVT MOTION
- 16 FLY GYM - VENICE TEAM MIX
- 17 GINNASTICA GYMNOVA - SENIOR MIX

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Competition **ICC MICROTEAM - GROUP 1 (YOUTH II)**

Number of teams 7
Training duration 0:08
Training start 12:50

Rotation duration 0:03

TRAINING			
Time (hrs)		Tumble	Trampet
12:50		18+20	19+21
13:04		22+24	23
13:18		19+21	18+20
13:32		23	22+24

COMPETITION			
Time (hrs)		Tumble	Trampet
12:58		18	19
13:01		20	21
13:12		22	23
13:15		24	---
13:26		19	18
13:29		21	20
13:40		23	22
13:43		---	24

18 GLOXI CLUB TJ SOKOL BEDŘICHOV
19 TJ AVIA ČAKOVICE A
20 TJ SOKOL ŘEPORJYE - GYMSTAR
21 TJ AVIA ČAKOVICE B
22 TVT MOTION
23 GYMNASTX YOUNG
24 NUOVA OLIMPIA GAMBETTOLA - INKA MIX

Competition end: 13:45

Competition **ICC MICROTEAM - GROUP 2 (YOUTH I)**

Number of teams 7
Training duration 0:10
Training start 13:50

Rotation duration 0:04

TRAINING			
Time (hrs)		Tumble	Trampet
13:50		25+27	26+28
14:08		29+31	30
14:26		26+28	25+27
14:44		30	29+31

COMPETITION			
Time (hrs)		Tumble	Trampet
14:00		25	26
14:04		27	28
14:18		29	30
14:22		31	---
14:36		26	25
14:40		28	27
14:54		30	29
14:58		---	31

25 FRÝDEK-MÍSTEK - PRUŽINKY
26 GYMNASTIKA DOBŘÍŠ
27 TVT MOTION 1
28 TJ SOKOL VYŠEHRAD
29 YUPPIES ZAVATTARO - BEREALS
30 TJ AVIA ČAKOVICE A
31 TJ SOKOL ŘEPORYJE - GYMSTAR

Competition end: 15:00

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Competition **ICC MICROTEAM - GROUP 3 (YOUTH I, OPEN)**

Number of teams 7
 Training duration 0:10
 Training start 15:05
 Rotation duration 0:04

TRAINING			
Time (hrs)		Tumble	Trampet
15:05		32+34	33+35
15:23		36+37	38
15:41		33+35	32+34
15:59		38	36+37

COMPETITION			
Time (hrs)		Tumble	Trampet
15:15		32	33
15:19		34	35
15:33		36	37
15:37		38	---
15:51		33	32
15:55		35	34
16:09		37	36
16:13		---	38

32 TJ AVIA ČAKOVICE B
 33 TVT MOTION 2
 34 GYMNASTX - MIX
 35 TJ HOSTIVICE - MIX
 36 NEWTEAM - O
 37 ADS PLANET GYM - BABY GIRLS - O
 38 FLIK - FLAK PLZEŇ - O

Competition end: 16:15

Competition **ICC MICROTEAM - GROUP 4 (JUNIOR)**

Number of teams 6
 Training duration 0:10
 Training start 16:20
 Rotation duration 0:05

TRAINING			
Time (hrs)		Tumble	Trampet
16:20		39+41	40+42
16:40		43	44
16:55		40+42	39+41
17:15		44	43

COMPETITION			
Time (hrs)		Tumble	Trampet
16:30		39	40
16:35		41	42
16:50		43	44
16:50		---	---
17:05		40	39
17:10		42	41
17:25		44	43

39 GYM DOBŘICHOVICE
 40 OLŠANY JUNIOR WOMEN
 41 YUPIES ZAVATTARO - GOSSIPGIRLS
 42 TJ SOKOL VYŠEHRAD A
 43 TJ SOKOL VYŠEHRAD
 44 FRÝDEK-MÍSTEK - PRUŽINKY

Competition end: 17:30

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Competition **ICC MICROTEAM - GROUP 5 (JUNIOR, SENIOR)**

Number of teams 6

Training duration 0:10

Training start 17:35

Rotation duration 0:05

TRAINING			
Time (hrs)		Tumble	Trampet
17:35		45+47	46+48
17:55		49	50
18:10		46+48	45+47
18:30		50	49

COMPETITION			
Time (hrs)		Tumble	Trampet
17:45		45	46
17:50		47	48
18:05		49	50
18:05		---	---
18:20		46	45
18:25		48	47
18:40		50	49

45 TJ SOKOL VYŠEHRAD B

46 TJ SOKOL ŘEPY

47 TURRIS - MIX

48 TÝM SGP HRADEC KRÁLOVÉ

49 TJ SOKOL ŘEPY

50 TJ SOKOL VYŠEHRAD - MIX

Competition end:

18:45