



**DINAMIC GYM**  
Società Sportiva Dilettantistica  
IO SONO FRIULI VENEZIA GIULIA



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Open International Teamgym – Italy – Lignano Sabbiadoro

## INVITATION

**TEAM and MINI TEAM  
OPEN INTERNATIONAL TEAMGYM FOR CLUBS  
AND NATIONAL TEAMS  
Youth, Junior and Senior**

**Lignano Sabbiadoro (ITALY)  
6-7-8 September 2024**

Dear friends, the Dinamic Gym S.S.D. in collaboration with the Italian Federation of Gymnastic, and Bella Italia EFA Village, has the honor to invite you to the Open International Teamgym for Clubs and National Teams, which will be held 6-7-8 September 2024 in Lignano Sabbiadoro. The Event will also serve as a Test Event for the European Championships 2024.

## Directives

To the OPEN INTERNATIONAL TEAMGYM FOR CLUBS are invited all teams whose clubs are members of the national FIG member federation in Europe and who have permission to participate from their national federation.

The competition will be organised according to the EG Teamgym Code of Points.

Also, we refer to the Teamgym Directives for Equipment 2022.

**Teams are not allowed to bring their own trampets.**

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## 1. LOCAL ORGANISING COMMITTEE (LOC)

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Organizer: DINAMIC GYM S.S.D. A R.L.  
FGI – Federazione Ginnastica d'Italia  
Bella Italia EFA Village



Contact Person: Ms. Ornella Padovan  
+39 328 333 7834  
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Open International Teamgym

## 2. LOCATION OF THE COMPETITION

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Name: **BELLA ITALIA EFA VILLAGE SPORTS & FAMILY**

Address: Viale Centrale n. 29 – 33054 Lignano Sabbiadoro



The competition halls and the accommodation are inside the pine forest of Lignano Sabbiadoro, immersed in 60 hectares of greenery, with a private beach and private waterpark.

Lignano is about an hour's drive from the international airports of Venice - Marco Polo and Trieste - Ronchi dei Legionari.

Both are connected to the beach by train and bus.

[Aeroporto Trieste - Ronchi dei Legionari Km. 65](#) Train to Latisana-Lignano-Bibione and then Bus connection with Lignano.

[Aeroporto Venezia - Marco Polo Km. 95](#) Train to Latisana-Lignano-Bibione and then Bus connection with Lignano.

## 3. EQUIPMENT

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According to European Gymnastics requirements.

The LOC has an exclusive agreement with **Euro Gymnastics Equipment – supplier to the 2024 European Championships.**

The LOC will provide two landing areas for trampet.

#### 4. PROVISIONAL PROGRAMME (subject to modification)

Friday, September 6 <sup>th</sup> , 2024	
Accreditations	morning/afternoon
Guided Training (Youth, Junior, Senior)	afternoon/evening
Coaches meeting	evening
Judges meeting	afternoon/evening
Opening Ceremony	evening
Saturday, September 7 <sup>th</sup> , 2024	
Late accreditations	morning
Competition	morning-evening
Award Ceremony	evening
Sunday, September 8 <sup>th</sup> , 2024	
Competition (if there will be many teams)	morning
Award Ceremony	morning
Free Time to the beach and sea	afternoon
Departure	afternoon

#### 5. PARTECIPATION RIGHT AND ACCREDITATIONS

All the federations, which are affiliated to the European Gymnastics and FIG have the right to participate.

#### 6. AGE LIMIT OF GYMNASTS

For the Youth: 8-13 years (only Clubs no National Teams)  
For the Junior: 13-17 years  
For the Senior: 16 years and more

The gymnasts have the right to participate if they reach the determined min/max age during the year of the competition.

#### 7. REGISTRATIONS AND ENTRY FEES

Registrations can only be made by Clubs affiliated of the Member Federations of European Gymnastics in good standing. **Please ensure registration is done either with the full consent of the National Federation.**

**PRELIMINARY REGISTRATION until July 6<sup>th</sup>, 2024 at the very latest.**

By filling out the **GOOGLE FORM (one for each team)** at the link:

<https://forms.gle/4811b6ePoQAV1pbj8>

**NOMINATIVE REGISTRATION until August 6<sup>th</sup>, 2024 at the very latest.**

By filling out the **GOOGLE FORM (one for each team)** at the link:

<https://forms.gle/oPsYch2pHirZRYUd9>

<b>Entry Fees</b>	<b>€ 150.- for Team</b>	<b>€ 105.- for Miniteam</b>
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The total amount of the entry fees must be paid until the date of the nominative registration deadline, **August 6<sup>th</sup>, 2024 at the very latest on the Dinamic Gym bank account.**

Beneficiary	Dinamic Gym SSD a RL
Bank Account / IBAN	IT34J0862212400000000868473
Bank name	Cassa Rurale FVG
BIC	CCRTIT2T96A

Please state the name of the Club and the payment purpose on the transfer (ex. DinamicGym\_OPEN\_ITC entry fees).

In case of non-participation or partial participation the entry fee will not be reimbursed.

## 8. WORK PLAN

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The Workplan will be sent to the clubs **four weeks at the latest before the start of the competition.**

## 9. JUDGES

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Each Club/team must ensure **1 judge** with knowledge of Code of points for TeamGym EG (national brevet or higher), which will be judging for whole competition day. **In case of not observing this condition there is additional fee 180 EUR.**

All judges must participate at the judges meeting prior to the competition. Tariff forms will be distributed to the judges on the evening prior to the competition day.

All judges will apply the **European Gymnastics TeamGym Code of Points, current edition 2022.**

## 10. TECHNICAL REGULATIONS

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- For Clubs: EG TeamGym Code of Points, edition 2022 Revision A, February 2024, and program with lower level rules (see attachment)
- For National Teams: EG TeamGym Code of Points, edition 2022 Revision A, February 2024.

## 11. COMPETITION FORMAT

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Teams: **Women's team (8-10 gymnasts) and miniteam (4-7 gymnasts)**  
**Mixed team (8-10 gymnasts) and miniteam (4-7 gymnasts)**  
**Men's team (8-10 gymnasts) and miniteam (4-7 gymnasts)**  
(each team can have 2 additional reserves)

A gymnast can only represent one club and be part of one team.

Apparatus: Each team must perform 3 apparatus:

Floor	Tumble	Trampet
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**All gymnasts participating in the competition must perform the Floor programme.**

## 12. MUSIC

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Each team must send the music in mp3 format **by August 6<sup>th</sup>, 2024 at the very latest** to the email address: [fbrezigar@gmail.com](mailto:fbrezigar@gmail.com) reported with the category, section, club's name and apparatus. A copy of all music files should be brought to the event on a USB stick.

**EXAMPLES:**

Y\_W\_MINI\_DINAMICGYM\_TR.mp3  
J\_MIX\_TEAM\_DINAMICGYM\_FLOOR.mp3  
S\_M\_MICRO\_DINAMICGYM\_TU.mp3

## 13. RANKING

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A winning club will be announced for each of the sections. (the total score of the team is the sum of final score of all three apparatus).

Trophy for the top three club teams and medal for the gymnasts

## 14. PUBLICITY RULES AND CLOTHING DURING THE PRACTICE

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The event will follow the FIG rules for publicity. However, the National emblem is optional, as are competitor numbers.

During all practice in the competition hall, a similar, neat and proper athletic appearance should be the overall impression of the teams.

## 15. INSURANCE

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Each club must have valid insurance of their gymnasts and be affiliated to a member Federation of European Gymnastics.

## 16. ACCOMMODATION

At Bella Italia EFA Village

Viale Centrale n. 29 – 33054 Lignano Sabbiadoro

Single room	€ 89,00
Double room	€ 69,00
Multiple room	€ 56,00

The prices are per night/per person (including breakfast, lunch and dinner).

Free parking inside the Village.

The **Accommodation Request** must be submitted by **July 6<sup>th</sup>** by filling out the Google Form at the link: <https://forms.gle/Ux8nXkzjdV23eMbt5>

### Payment deadlines accommodation:

- The first 50% of the total accommodation costs – **July 6<sup>th</sup>**
- Settlement of the remaining 50% of accommodation costs – **August 6<sup>th</sup>** Payment for the accommodations must be made through bank transfer to:

Beneficiary	Bella Italia EFA Village
Bank Account / IBAN	IT90X0871512300000000724439
Bank name	Banca di Udine Credito Cooperativo
BIC	ICRAITRRJV0

Each participating Club is kindly requested to write on the transfer document the payment's purpose as follows: **CLUB\_OPEN\_ITC** (ex. DINAMICGYM\_OPEN\_ITC)

## 17. SUMMARY OF THE DEADLINES AND PAYMENTS

Requests	Pay to or sent to	Deadline
<b>Preliminary Registration</b> Google Form	<a href="https://forms.gle/4811b6ePoQAV1pbj8">https://forms.gle/4811b6ePoQAV1pbj8</a>	<b>July 6<sup>th</sup></b>
Accommodation Request Google Form	<a href="https://forms.gle/Ux8nXkzjdV23eMbt5">https://forms.gle/Ux8nXkzjdV23eMbt5</a>	
Accommodation costs (first 50%)	Bella Italia EFA Village IT90X0871512300000000724439	
<b>Nominative Registration</b> Google Form	<a href="https://forms.gle/oPsYch2pHirZRYUd9">https://forms.gle/oPsYch2pHirZRYUd9</a>	<b>August 6<sup>th</sup></b>
Payment Entry Fees	Dinamic Gym SSD a RL IT34J0862212400000000868473	
Music – sent by email	<a href="mailto:fbrezigar@gmail.com">fbrezigar@gmail.com</a>	
Accommodation costs (last 50%)	Bella Italia EFA Village IT90X0871512300000000724439	

Gorizia, March 2024



**DINAMIC GYM**  
  
Ornella Padovan  
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