| TEAM |  |  | MINI TEAM |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Youth | Junior | Senior | Youth | Junior | Senior |
| 8-13 years | 13-17 years | 16+ years | 8-13 years | 13-17 years | 16+ anniyears |
| 8 to 10 gymnasts (+ 2 reserves) |  |  | 4 to 7 gymnasts |  |  |
| There can be up to $50 \%$ of the gymnasts of the lower category |  |  | There can be up to $50 \%$ of the gymnasts of the lower category |  |  |
| M, W and Mix compete in ONE DIVISION <br> Mix: 50\% M/W | M, W, Mix <br> Mix: 50\% M/W | M, W, Mix <br> Mix: 50\% M/W | M, W and Mix compete in ONE DIVISION Mix only need 1 gymnast of opposite sex | M, W, Mix <br> Mix only need 1 gymnast of opposite sex | M, W, Mix <br> Mix only need 1 gymnast of opposite sex |

FLOOR

|  | TEAM |  |  | MINI TEAM |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Category | Youth | Junior | Senior | Youth | Junior | Senior |
| Area | $14 \mathrm{~m} \times 12 \mathrm{~m}$ | $14 \mathrm{~m} \times 16 \mathrm{~m}$ |  | $14 \mathrm{~m} \times 12 \mathrm{~m}$ | $14 \mathrm{~m} \times 16 \mathrm{~m}$ |  |
| Time | 1:45-2:45 | 2:15-2:45 |  | 1:45-2:45 | 2:15-2:45 |  |
| Dificult Elements | $\begin{gathered} 1 \text { (HB201, HB801, HB1001), } \\ 1 \text { SB, } 1 \text { (DB/SB/HB), } \\ 2 \text { J, } 1 \text { A, } 1 \mathrm{G}, 1 \mathrm{~F} \end{gathered}$ | As EG code |  | $\begin{gathered} 1 \text { (HB201, HB801, HB1001), } \\ 1 \text { SB, } 1 \text { (DB/SB/HB), } \\ 2 \text { J, } 1 \text { A, } 1 \text { G, } 1 \text { F } \end{gathered}$ | As EG code |  |
| Composition | RS, 2 Piani, 5 Formazioni <br> + 1 CF, 1 LF, 1 SF | As EG code |  | RS, 2 Piani, 5 Formazioni + 1 CF, 1 LF, 1 SF | As EG code |  |

TUMBLE

| Category | Youth | Junior Senior |
| :---: | :---: | :---: |
| Equopment | TeamGym Tumble Track with 16 m run up |  |
| Gymnasts per round | TEAM - 6 gymnasts, MINI TEAM - 4 gymnasts |  |
| CoP | CoP EG with following changes |  |
| Changes | 1. 3 rounds (at least 1 Fwd \& 1 Bwd) <br> 2. Team Round <br> 3. 2 rounds consisting of at least 2 acrobatic elements. 1 round consisting of at least 3 acrobatic elements <br> 4. $180^{\circ}$ twist required | TEAM : As EG code <br> MINI TEAM MIX : At least one gymnast of the opposite sex in each round |

TRAMPET

| Category | Youth | Junior Senior |
| :---: | :---: | :---: |
| Equopment | TeamGym Trampet and Vault |  |
| Gymnasts per round | TEAM - 6 gymnasts, MINI TEAM - 4 gymnasts |  |
| CoP | CoP EG with following changes |  |
| Changes | 1. 3 Round (at least 1 Round with Vault and 1 Round without Vault, h 135 minimum) <br> 2. Team Round <br> 3. NO Double salto requirement <br> 4. $360^{\circ}$ twist required on single saltos or $180^{\circ}$ on double saltos | TEAM : As EG code <br> MINI TEAM MIX : At least one gymnast of the opposite sex in each round |

