



38th FIG TRAMPOLINE GYMNASTICS WORLD CHAMPIONSHIPS

Pamplona (ESP)
5 – 9 November 2025



TRAMPOLINE
WORLD
CHAMPIONSHIPS
2025
PAMPLONA

WORK PLAN

Revised
14.10.2025

ID 17772

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2. **FOREWORD**

This work plan for the **38th FIG Trampoline Gymnastics World Championships** to be held in Pamplona from 5 until 9 November 2025 has been developed jointly the FIG headquarters, the FIG TRA-TC and the Local Organising Committee (LOC) in accordance with the following FIG regulations and rules (as valid in 2025):

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations (TR)
- Judges' Rules (General and Trampoline Gymnastics Specific)
- Trampoline Gymnastics Code of Points
- Trampoline Gymnastics Newsletters
- Apparatus Norms
- Advertising and Publicity Rules
- Rules for Accreditation
- Medical Organization of the FIG Competitions and Events
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- Anti-Doping Rules
- Regulations for Award Ceremonies
- Media Rules
- License Rules

and subsequent decisions of the FIG Executive Committee and TRA Technical Committee.

All participating Federations commit to respecting the FIG Statutes and all FIG rules and regulations, particularly those concerning the age and nationality of gymnasts, and the requirements related to insurance, as outlined in Article 11.6 of the Technical Regulations.

Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, non-refundable entry fee, etc) and the LOC will not be allowed to participate in these World Championships.

The official language of these World Championships will be English. Interpretation from and into any other language must be organized by the Delegations. Announcements will be made in English.

This Work Plan is available in English ONLY.

If there are any changes, a revised work plan, starting order(s), and schedules will be sent to the Head of Delegations via email addresses and WhatsApp numbers provided at the Accreditation. This information will also be regularly updated on the www.tra25.com.

The Head of Delegation/delegation members have to bring his/her/their own work plan and all appendices.

3. **FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)**

Contact persons: Rui VINAGRE and Alexandre COLA

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CH-1003 Lausanne

SWITZERLAND

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E-mail: rvinagre@fig-gymnastics.org and acola@fig-gymnastics.org

Website: www.gymnastics.sport

FIG OFFICIALS

President	Morinari WATANABE
Jury of Appeal and Competitions' Supervisory Board President	Suat CELEN
Jury of Appeal and Competitions' Supervisory Board Member	Eirini AINDILI
Anti-doping, Medical and Mental Health Commission Member	Kimberly KRANZ
Secretary General	Nicolas BUOMPANE
Apparatus Commissioner	Jakob RAAB

FIG TRAMPOLINE TECHNICAL COMMITTEE (TRA-TC) and SUPERIOR JURY

TRA-TC President	Christophe LAMBERT
TRA-TC 1 st Vice-president	Tatiana SHUYSKA
TRA-TC 2 nd Vice-president	Miguel VICENTE MARIÑO
TRA-TC member	Mariela STOYCHEVA
TRA-TC member	Clive MORGAN
TRA-TC member	Nikolai MAKAROV
TRA-TC member	Shinya MUTO

FIG TRAMPOLINE ATHLETES' REPRESENTATIVE

Athletes' Representative	Rosannagh MACLENNAN
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FIG STAFF

TRA Sports Manager	Rui VINAGRE
Sports Manager	Alexandre COLA
FIG Head of Communications	Paul O'NEIL
TV & Marketing Manager	Carolina VELA
TV Coordinator	Laura MERRIN
FIG Editor	Blythe LAWRENCE
FIG Official Photographer	Volker MINKUS

TV – HOST BROADCASTER

Host Broadcaster	TV Director	Rosana ROMERO
	Host Broadcast Producer	Javier SERRANO
	International Broadcast Liaison	Silvia EXPOSITO

SCORING PROVIDER – IRCOS

Swiss Timing Team Leader	Vincent PILLOUD
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4. LOCAL ORGANISING COMMITTEE (LOC)

REAL FEDERACION ESPANOLA DE GIMNASIA (ESP)

Contact Person: Simon Richman

C/ Ferraz 16-7 derecha

28008 Madrid - Spain

Tel./ Mob: + 34622207058

E-mail: rfeg@rfegimnasia.es

E-mail (for general questions): tra25@rfegimnasia.es

E-mail (for accommodation & transport): delegations@rfegimnasia.es

Website: www.tra25.com

LOCAL ORGANISING COMMITTEE

Venue: Navarra Arena

Address: Plaza Aizagerria, 1 31006 Pamplona / Spain)

Tel: +34948066200

Website: <https://www.navarrarena.com>

LOCAL ORGANISING COMMITTEE OFFICIALS

President of the LOC	Jésus CARBALLO
Vice President of the LOC	Josu ROS
Executive Director	Ramón URDIAIN
Director of Operations	Javier DE LA FUENTE
General Coordinator	Simon RICHMAN
Competition Director	João MARQUES
Competition Manager	Sergio GARCIA
Head of Operations	Maria URZAINQUI
Head of Marketing & Communications	Paloma BARRIOS
Head of Technology	Vicente POLINIERE
Sport Services Manager	Maria Jose BAENA
Head of Protocol	Isabela APORTA & Raquel EMBID
Head of Press	Jorge PUÉRTOLAS
LOC TV Manager	Manuel MORENO
Security	Pablo BRAVO
Head of Catering	Jon ZARRANZ
Medical Services	Raquel MORENO
Head of Cleaning Services	Lujan REGUERA
Accreditation Manager	Diana PLAZA
Transport & Accommodation Manager	Ana GIMENO
Safeguarding Officer	Ignacio MARRÓN
Volunteers	Covadonga MENÉNDEZ
Warm Up & Training Hall Managers	Inmaculada PAZOS & Mónica ANTOLÍN
Field of Play Manager	Sergio ALONSO

LOC Office & Sport Information Center & Desk (SID)

The LOC Office and Sport Information Desk - SID will be located at the competition venue and will be in operation from November 1st until November 10th, 2025. It will be open approximately 30 minutes before the start of the first training and 30 minutes after the last training / competition session.



The LOC phone number is as follows: [+34 665509799](tel:+34665509799)
Emergency number (out-of-office hours): [+34 665509799](tel:+34665509799)

Delegations' Mail Boxes will be set up at the SID.

A special "Mail Box" authority card will be issued during accreditation to each Head of Delegation or his/her representative. This card must be shown by the Head of Delegation or his/her Representative when collecting new information from their Delegation' Mail Box. The Delegation member designated to collect the information from the Delegation' Mail Box will be required to sign each time he/she collects a document.

No hard copies of any documents (start list, results & other relevant documents) will be available for distribution. The relevant documents will be distributed electronically via Swiss Timing.

All STARTING ORDERS, intermediate RESULTS and FINAL RESULTS' BOOK will be sent ONLY via email to the National Federations' official email and Head of Delegations' (or his/her representative) email. Delegations will be requested to inform the LOC about the correct email address upon arrival.

In addition, all the necessary information will be communicated via WhatsApp group (mobile phone numbers of HoD will be collected for this purpose). Information desks and boards, including transport, will also be set up at each official hotels' lobby.

Delegations Microsite

All of the information relating to the event will be available on the dedicated delegation's microsite:

[Delegation Microsite](#)

This will include the following information:

- Competition Schedule
- Warm up and Training schedules
- Results
- Contact Details
- Tourist information
- Venue Information
- Safeguarding information

National Federations are strongly encouraged to distribute this website address to their delegation members. However, please note that the site is not intended to be used by the public or spectators.

Liaison Officers

The Official Language will be English. Interpretation from and into any other language must be organized by the Delegations.

5. PROGRAMME

Saturday, November 1, 2025		
All day	Arrival of Delegations Accreditations	Accreditation Centre
Sunday, November 2, 2025		
All day	Arrival of Delegations Accreditations	Accreditation Centre
09:00 – 19:00	Free training in the Training Hall	Training Hall
Monday, November 3, 2025		
All day	Podium training as scheduled	Training/Warm-up/FOP
All day	Athletes' portrait photo session	Official Photo Area
16:00 – 17:00	LOC Medical meeting and workshop	Physio Room
18:00 – 19:00	Orientation Meeting (OM)	Meeting Room
19:00	Deadline to submit Competition Cards (right after OM)	SID
Tuesday, November 4, 2025		
All day	Podium training as scheduled	Training/Warm-up/FOP
All day	Athletes' portrait photo session	Official Photo Area
11:00 – 12:00	Round table: Medical aspects and fight against Doping	Judges' Lounge
17:30 – 18:00	Athletes' Representative Election	Judges' Lounge
18:00 – 19:00	Athletes' Meeting	Judges' Lounge
Wednesday, November 5, 2025		
All day	Podium training as scheduled	Training/Warm-up/FOP
10:00 – 11:30	TRA TC Round Table	Judges' Lounge
13:30 – 14:30	Judges' Meeting and Draw (DMT)	Judges' Lounge
14:30 – 15:30	Judges' Meeting and Draw (TUM)	Judges' Lounge
16:00 – 17:30	Judges' Meeting and Draw (TRA)	Judges' Lounge
18:00 – 19:30	<u>Qualifications</u> Mix SYN Groups (1 & 2)	FOP
19:30 – 20:00	<u>Opening Ceremony</u>	FOP
20:00 – 21:30	<u>Qualifications</u> Mix SYN (Groups 3 & 4)	FOP
Thursday, November 6, 2025		
10:00 – 18:00	Training as scheduled	Training Hall
10:00 – 21:00	<u>Qualifications – Q1</u> TRA Men, TRA Women	FOP
10:00 – 13:45	TUM Women	FOP
14:00 – 17:20	DMT Men	FOP
18:00 – 20:40	DMT Women	FOP

Friday, November 7, 2025		
09:00 – 19:00	Training as scheduled	Training Hall
10:00 – 15:00	<u>Qualifications – Q1</u> SYN Women, SYN Men and TUM Men	FOP
16:00 – 17:20	<u>Qualifications – Q2</u> SYN Women, SYN Men	FOP
17:30 – 18:25	<u>TUM and DMT Team Finals</u> TUM Women Team Finals	FOP
18:25 – 19:05	DMT Men Team Finals	FOP
19:05 – 19:25	Award Ceremony TUM Women, DMT Men (Team Finals)	FOP
19:25 – 19:55	DMT Women Team Finals	FOP
19:55 – 20:50	TUM Men Team Finals	FOP
20:50 – 21:10	Award Ceremony DMT Women and TUM Men (Team Finals)	FOP
21:10 – 22:00	<u>Qualifications – Q2</u> Mix SYN	FOP
Saturday, November 8, 2025		
09:00 – 19:00	Training as scheduled	Training Hall
10:30 – 11:30	<u>Qualifications – Q2</u> TUM Women / DMT Men	FOP
11:30 – 12:30	DMT Women / TUM Men	FOP
12:30 – 13:50	<u>Qualifications – Q2</u> TRA Women / TRA Men	FOP
15:00 – 15:30	<u>Mix SYN, DMT and TUM Finals</u> DMT Men Finals (F1 & F2)	FOP
15:30 – 16:00	TUM Women Finals (F1 & F2)	FOP
16:00 – 16:30	Mix SYN	FOP
16:30 – 17:00	Award Ceremony Mix SYN, TUM Women and DMT Men	FOP
17:00 – 17:30	TUM Men Finals (F1 & F2)	FOP
17:30 – 18:00	DMT Women Finals (F1 & F2)	FOP
18:00 – 18:30	Award Ceremony TUM Men and DMT Women	FOP
18:30 – 19:50	<u>TRA Team Finals</u> TRA Women Team Finals	FOP
19:50 – 21:10	TRA Men Team Finals	FOP
21:10 – 21:30	Award Ceremony TRA Teams	FOP

Sunday, November 9, 2025		
09:00 – 10:30	FIG Presidente Round table (tbc)	Judges' Lounge
12:00 – 12:30	<u>SYN Finals</u> SYN Women Finals	FOP
12:30 – 13:00	SYN Men Finals	FOP
13:15 – 13:45	<u>TRA Finals</u> TRA Women Finals	FOP
13:45 – 14:15	TRA Men Finals	FOP
14:20 – 14:45	Award Ceremony SYN Women, SYN Men, TRA Women, TRA Men	FOP
16:00 – 16:30	<u>All Around Team Finals:</u> Round 1 (SYN W + TUM W + DMT M)	FOP
16:30 – 17:00	Round 2 (SYN M + TUM M + DMT W)	FOP
17:00 – 17:30	Round 3 (IND TRA M + IND TRA W)	FOP
17:30 – 17:50	Award Ceremony All Around Team Finals	FOP
17:50	Closing Ceremony	FOP

Note: All timings are subject to slight adjustments

6. PARTICIPATION RIGHT and ACCREDITATIONS

Participation Rights

Please refer to the directives and relevant rules in force for details regarding participation rights, maximum delegation size, supplementary accreditations, payment procedures, and insurance deadlines.

A list of all medical personnel duly approved by the FIG is available on the FIG website. Medical personnel seeking accreditation for these World Championships who are **not** included on this list must submit the following to the FIG office (Attention: Mr. Loïc Vidmer at lvidmer@fig-gymnastics.org)

- A copy of their medical certificate or diploma, duly translated into English or French
- The completed “**Form to be accredited as Medical Doctor or Paramedical staff at FIG Events**”, which can be downloaded from the FIG database (after creating a profile for medical staff)

Please refer to the FIG Database User Instructions available on the FIG Administration website for guidance.

These documents must be submitted **as soon as possible**, and no later than the **nominative registration deadline**.

Accreditation will not be granted without these completed documents.

Accreditation Principles

FIG Accreditation Rules must be strictly respected and applied, particularly regarding the number of accreditations and **Transferable Access Cards (TACs)** allocated per federation.

Accreditation serves to:

- Identify individuals in good standing from FIG-affiliated federations participating in the event
- Define and indicate each individual's access rights to specific zones according to their role and responsibilities

All participants and officials are required to wear their accreditation card at all times.

The accreditation card is:

- **Personal and non-transferable**
- **Mandatory** for access to the training and competition halls, official functions, and (if applicable) the Local Organising Committee's transport system

Access to the **warm-up hall** is strictly limited to:

- Gymnasts scheduled to compete in the specific session

- Delegation members holding the appropriate Transferable Access Card, in accordance with the official warm-up schedule

Additionally, the accreditation card is required to:

- Pass through security controls
- Access meals (lunch and dinner), if provided

Accreditations for the World Championships will not be valid for the Junior World Championships and / or the World Age Groups Competitions

Any **misuse of an accreditation**—including unauthorized access to zones, incorrect timing, or improper transfer—will result in the **immediate withdrawal** of the accreditation and a **fine of CHF 2,500 per case** to the respective federation. Further disciplinary actions may be taken, such as referring the case to the **Gymnastics Ethics Foundation**.

In the event of a **lost or stolen accreditation**, the **LOC must be informed immediately** in order to block access.

Replacements may be issued at the **cardholder's expense** (please refer to the event directives for the applicable fee).

Accreditation Procedure

The accreditation process will be handled and accepted **only** if completed by:

- The **Head of Delegation**
- The **Team Manager**
- Or another officially designated person who presents **Appendix 5**, duly **filled in, stamped, and signed** by the **National Federation President** or **Secretary General**.

Transferable access cards (TAC)

- TACs are **only transferable** within the national federation's official delegation and must correspond to the appropriate function.
- They must be used **together with a valid personal accreditation card**.
- **Lost or stolen TACs will not be replaced.**

Lost or stolen transferable cards shall not be replaced.

- **No additional accreditations** will be issued without **prior approval from FIG**, particularly for changes made **after the online nominative registration** (refer to section #8 of the directives).
- Accreditations will only be delivered once **all financial, organizational, and insurance obligations** have been fully met.
- Delegations choosing to complete the accreditation process at a later time will be assisted by the LOC as soon as possible. However, **priority will be given** to delegations that:
 - Arrive at the agreed time
 - Have fulfilled all financial obligations in advance

A schedule to complete accreditation will be produced and shared by the LOC with all delegations to guarantee a smooth distribution of the accreditations.



Late Submission of Accreditation Information

If the accreditation information has not been submitted **in accordance with the instructions** by **11 October 2025**, a fee of **25 EUR** will be charged **for each photo taken at the Accreditation Center**.

Please note that **member profiles without an uploaded photo will not be handled as a priority**, and you may be required to **wait at the Accreditation Center**.

The FIG will provide the LOC with the accreditation photos for the following delegation members. Therefore, **no photo submission is required** for individuals in these categories:

- Gymnasts
- Coaches
- Medical Personnel
- Judges

Each Federation must upload a picture online for all other members of the delegation to the LOC via the online form, which has also already been sent to the NF email address. These include:

- Head of Delegation
- Head of Delegation - NF President
- NF President
- Accompanying Person of NF President
- Team Manager
- Mental Health Professional
- Guest for Delegations or VIP Guest
- Chaperone (WAGC Only)

The LOC will contact the Federations which have not completed the procedure.

The picture requirements are as follows:

- Colour portrait photo
- Naming Convention: country code_surname_firstname, for example: *GBR_Smith_John*
- File format: .jpg ONLY
- Dimensions: Min 150 x 180 Pixels to Max 1500 x 1800 Pixels or 35mm x 45mm
- Max file size 2MB

Accreditation Procedure – Onsite Requirements

Upon accreditation, **Heads of Delegation** or their designated substitutes (**maximum 2 persons**) will be required to complete the following:

-  **Verify the correct names** of all delegation members
-  **Present valid passports** for all delegation members (for proof of identity and nationality), if not already submitted via email
-  **Confirm National Federation (NF) contact details** (email and mobile phone) for proper and timely delivery of gymnasts' start lists, judges' lists, and results
-  **Provide proof of fulfilment of all financial obligations** to the LOC and finalize any pending payments, including (but not limited to):
 - Insurance
 - Additional accreditations
-  **Verify accommodation and meal arrangements**
-  **Verify return flight information**
-  **Confirm the accuracy of the Federation's national anthem and flag** as presented by the LOC, and sign the confirmation form
-  **Submit** one (1) copy of each official **Difficulty – Competition Card** (Appendix 4) as follows:
 - **IND & SYN:** Q1 + Q2
 - **TUM & DMT:** All exercises for Q1 + Q2 + Individual Finals

 All other Competition Cards must be submitted to the LOC (SID) **within one hour after the respective Qualifications – Q1 and/or Q2, at the latest.**

Please refer to Section #6 of the relevant Code of Points for further details.

Additionally, during the accreditation process, the LOC will distribute and display information regarding the gymnasts' safeguarding plan.

The National Federations are requested to send passport copies of each member of their delegation to the LOC via mail: delegations@rfegimnasia.es

The LOC will contact the Federation which have not finalized the procedure.

Delegation Seating

Delegations are requested to use only the appropriate area – Zone 6.

7. **INSURANCE**

Please refer to the **Directives** for full details on insurance coverage requirements.

8. **REGISTRATION CHANGES**

Please refer to **FIG TR– Section 4, Article 5** for details regarding registration changes.

All modification requests must be submitted **online via the FIG DB**.

The system will be accessible from **2 October 2025** until **29 October 2025**.

 **Note:** Access to the system is granted only to the **National Federation**, which is responsible for forwarding the information to the **Head of Delegation (HoD)** on site, if needed.

9. **VENUE**

For an overview of the venue layout—including:

- Offices and back-of-house areas
- Training and Warm-up Zones
- Field of Play (FoP)

please refer to **Appendix 1**.

10. **TRANSPORTATION and VISA**

or detailed information on:

- **Visa requirements**
- **International and local transportation**
- **Shuttle services**
- **Related deadlines**

please consult the **Directives**.

For delegations with **early or late arrivals/departures**, please contact the LOC directly at:

 delegations@rfegimnasia.es to discuss possible local transport arrangements.

Arrivals

LOC personnel will be stationed at all official arrival points, holding **welcome signs** to greet delegation members **who booked their accommodation through the LOC and submit their travel schedule for arrival and departure by 20 October 2025 at the latest**. Delegations should proceed directly to meet them upon arrival.

All delegations will be informed of their assigned **accreditation time**, based on the **Accreditation Schedule** prepared by the LOC.

Departures

For delegations entitled to official transport, the LOC will coordinate transfers from the official hotels to the departure points based on flight information confirmed by the **Head of Delegation** during accreditation.

A detailed **departure schedule** will:

- Be sent to the dedicated HoD WhatsApp group.

 **Please note:** Accreditation cards **do not grant access to public transportation in Pamplona**.

Transport Office and Phone Numbers

Transportation Managers will be present at the **SID (Sports Information Desk)** and at the designated **pick-up/drop-off areas**.

The **Transport Office phone numbers** will be printed on the **back of each delegate's accreditation card** and are as follows:

 : +34 665509835.

Official Arrivals and Departures

Accredited delegations who have booked accommodation through **and who have provided the LOC with their complete travel details will be offered local transportation between Pamplona Airport (PNA) and the other locations mentioned in the Directives to the official hotels**, based to the information received.

The **LOC will contact any federations** that have not completed this procedure.

 **This transport service is guaranteed by the LOC as long as the conditions described above are met.** Once travel information is received, the LOC will provide further instructions to the delegations as necessary.

Non-Official Arrivals

Delegations or individual members **not arriving on the official arrival date** (as indicated in the General Schedule) may request additional transportation.

This service may be arranged by the LOC **at the delegation's expense**, in accordance with the Directives.

✉ Please contact the LOC for additional information: delegations@rfegimnasia.es

Internal Transportation

The LOC will provide **event local transportation services** (shuttles):

- Between **official hotels** and the **competition venue**
- To and from any other **official activities**

This service is available **only to delegations who booked their accommodation through the LOC** and are staying in **official hotels**.

 **Accreditation cards do not allow access to public transport in Pamplona.**

11. ACCOMMODATION

Please refer to the **Directives** for:

- The list of **official hotels**
- **Their locations**
- **Payment** procedures and banking information
- The **cancellation policy**

Check-In Procedures

Each official hotel will receive a **rooming list** from delegations that submitted the required information to the LOC.

- **Room keys** and hotel information will be distributed upon check-in.
- A **credit card imprint** may be requested to cover incidental costs.
- **Check-in time** is from **15:00**.
- All delegations are expected to respect the **check-in times** of their assigned hotel.

Check-Out Procedures

- All **extra services** (e.g., minibar, room service) must be **settled directly with the hotel** during check-out.
- **Check-out time** is **12:00**.
- The LOC recommends checking out **at least one hour before** scheduled transportation to the airport.

12. MEALS

Please refer to the **Directives** for information on:

- **Meal pricing**
- **Reservation and payment procedures**
- **Cancellation policy** and deadlines

The LOC will contact federations that have **not completed** their meal booking procedures.

~~Delegations that booked meals through the LOC will receive **meal cards** at accreditation. These will be required to access dining facilities and will be **validated at the dining area**.~~

~~Delegations who booked full board or a lunch package through the LOC will have a specific icon on their accreditation, which will be validated at the Arena dining hall.~~

Meal Schedule

At Official Hotels

Specific breakfast and dinner timetables for each hotel will be confirmed with each delegation before their arrival to Pamplona.

At the Arena

- Lunch: 12:30 – 16:00

The LOC will provide the Delegations with free water in the training and in the warm-up hall. Delegations are requested to provide plastic re-fillable water bottles for all of their delegation members. Bottles will not be available at the venue. The LOC will provide the judges with refreshments throughout the event.

13. FAREWELL BANQUET

There will be no Farewell Banquet for these World Championships

14. TRAINING

Official Training Schedule

Please refer to **Appendix 2** for the full training schedule and training groups.

Note:

- The training schedule **may be adjusted after the nominative registration deadline**.
- After **Qualification Round 1 (Q1)**, training will be available **only for those who qualify for Q2 and/or the Finals**.

⊘ No changes to the official training schedule will be accepted.

Delegations must strictly follow the **designated training times and assigned training zones**.

15. WARM-UP

For **Qualification Rounds (Q1 & Q2)** and **Finals**:

- A **45-second "One Touch" warm-up** on competition equipment is permitted for TRA (Trampoline).
- **One exercise** is allowed for TUM (Tumbling) and DMT (Double Mini-Trampoline).

This is in accordance with **Article 12.1 of the Code of Points**.

⚠ For the **All-Around Team Final**, **no warm-up** will be permitted. The competition will begin **immediately after the march-in** of the finalists.

Any **abuse of warm-up privileges** may result in **penalties**, as per the **Code of Points 2025–2028**.

16. COMPETITION OPERATIONS

Competition Oversight

The **Competition Manager** and **Field of Play (FoP) Team** are responsible for managing the competition, warm-up, and training areas.

✅ **All instructions issued by them must be strictly followed**, especially during **televised broadcasts**, including:

- March-in and march-out procedures
- Movement in the **Score Zone (Kiss & Cry)**
- General activity around the FoP

Warm-Up Area Access

Access to the **warm-up areas** is restricted to:

- **Gymnasts** scheduled to warm up or train at the designated time
- **Delegation officials** with valid accreditation and a Transferable Access Card (TAC), as per FIG Accreditation Rules

✗ Other delegation members or unauthorized individuals **will not be allowed** in the warm-up areas.

Announcements, Roll Calls and March-in

- **All competition announcements** will be made in **English**.
- **Roll Call Procedure:**
 -  **First Roll Call:** In the warm-up hall, **10 minutes** before the start of the respective competition
 -  **Second Roll Call:** At the entrance of the competition hall, **5 minutes** before the start
 - During the final 5 minutes, **gymnasts must remain in position and are not permitted to leave**

 **Gymnasts must wear their competition attire** during the march-in.

Competitions will be conducted according to:

- The **2025 FIG Technical Regulations**, including **Section 4 for Trampoline Gymnastics**
- The current **FIG Trampoline Gymnastics Code of Points (2025–2028)**

 Please note: The **start signal** for the gymnasts, in accordance with §12.1 of the Code of Points, is given **after their name is announced** by the speaker and **when the Chair of Judges Panel signals permission to start**.

Competition Draw & Adjustments

The **drawing of lots** for the gymnasts was conducted on August 21, 2025, in Lausanne by:

- **Christophe LAMBERT**, President of the FIG Trampoline Gymnastics Technical Committee
- **Rui VINAGRE**, FIG Sports Events Manager

Based on the **Definitive Registrations** and in consultation with the **TRA-TC and LOC**, the **FIG reserves the right to adjust the starting order** if required for organizational reasons (e.g., training, warm-up, or competition conflicts).

Team Finals (TRA / TUM / DMT)

- The names and order of performance for the **Team Finals** must be submitted online via the official FIG system.
- A **personal login and password** will be sent to each participating National Federation by the FIG IT Department.
- The relevant **Competition Cards** for Team Finals will be available at the **Sports Information Desk (SID)**.

Reserve individual gymnasts and teams

- Reserve athletes and teams are designated based on Qualification Results.
- The **first reserve** individual and team must:
 - Be present in the **Training Hall**
 - Be ready to compete in case of substitution
- **If called upon**, reserves will follow the competition order of the athlete or team they replace.
- Reserve athletes may use the **Training Hall until the start** of the respective Final.

Competition Schedules

Please refer to **Appendix 3** for the detailed competition schedule.

17. KISS & CRY

Each apparatus will have a designated **Kiss & Cry Zone (K&C)** where all gymnasts currently competing on that apparatus will be seated together.

After completing their routine, gymnasts are requested to return promptly to the **K&C area**, specifically to the seating positioned in front of the backdrop displaying the **sponsor logos**, to receive their scores.

18. FIG CERTIFIED APPARATUS

Trampolines:

Manufacturer Supplier: Trampolines: Eurotramp Ultimate 4x4 Trampoline - FIG ID: 271
Trampoline Measurement System Eurotramp - FIG ID: 269
Mats around Trampoline - FIG ID: 285

Tumbling Track:

Manufacturer Supplier: Gymnova: Tumbling Track - FIG ID: 645
Landing Area: Gymnova: Landing Area - FIG ID: 645
Springboards: Gymnova Hard Vaulting Board - FIG ID: 581
Gymnova Soft Vaulting Board - FIG ID: 580

Double Mini-Trampolines:

Manufacturer Supplier: Eurotramp Ultimate DMT 6x6 - FIG ID: 493
Landing Area: Eurotramp Landing mats - FIG ID: 566

Spotter Mats:

Manufacturer Supplier: Eurotramp

19. JUDGES' PANELS, SUPERIOR JURY and JURY of APPEAL / COMPETITION SUPERVISORY BOARD

Superior Jury

For each event, the **Superior Jury** will be composed of:

- The **Technical Committee President**, Mr. Christophe Lambert, who will serve as **President of the Superior Jury**
- Three members of the **FIG Trampoline Technical Committee (TRA-TC)** and/or appointed **Category 1 and Category 2 Judges**

TRA TC Members:

- Tatiana SHUYSKA
- Miguel VICENTE MARIÑO
- Mariela STOYCHEVA
- Clive MORGAN
- Nikolai MAKAROV
- Shinya MUTO

Judges (All)

General Instructions

- Judges are requested to arrive in **Pamplona** at least **one day prior** to the Judges' Instruction session and must remain available until the last day of the competition.
- Judges who **do not attend the Judges' Meetings or Briefings will not be permitted to participate** in the judging panels.
- All judges will be **labelled by their nationality**, representing their National Federation (NF) on:
 - Scoreboards
 - Printed judges' lists and results
 - TV graphics

Chairs of Judges' Panels

- Chairs will be **nominated on site** by the FIG Trampoline Technical Committee (TRA-TC).
- The nominations will be **announced publicly during the Judges' Meeting**.

Difficulty and Execution Judges

- The draw for **Difficulty (D) and Execution (E) Judges** for the respective Qualification Rounds will take place during the **Judges' Meeting on November 5, 2025**.
- For the finals' draw, if possible, only **Execution judges whose federations are not represented in the final** will be selected.
- Priority in all draws will be given to the **highest-ranked judges present** at the competition.

Jury of Appeal / Competitions' Supervisory Board

The Jury of Appeal will be composed of:

- **Suat CELEN (President)**
- **Eirini AINDILI (Member)**
- A **third member**, designated depending on the specific matter of the appeal.

 In the case of an appeal involving a judge, the third member will be someone **not involved** in the Superior Jury's decision or the judging process for the apparatus concerned.

20. SCORING

Swiss Timing will provide the official scoring equipment for the 2025 World Championships. This equipment will be utilized for managing the list of participants, start lists, judges' assignments, as well as scoring and results. The **IRCOS system** will be operated in full accordance with FIG rules.

21. INQUIRY

Inquiries regarding **difficulty scores only** are permitted, in accordance with the FIG Technical Regulations. All inquiries must be submitted following the specific procedure outlined in the Technical Regulations.

22. CEREMONIES

Please refer to Section 5: General Programme for the exact date and time of the Opening Ceremony. Additional details will be provided during the Orientation Meeting.

The Judges', Coaches', and Athletes' Oath will be read during the Opening Ceremony, following Technical Regulations, Regulation 7.12.

Presentation of the Finalists

The LOC will present all finalists across categories prior to their respective finals. The dress code for this presentation is **competition attire**. Further information regarding meeting points and athlete circulation will be given at the Orientation Meeting.

Award Ceremonies

All award ceremonies will be conducted according to the General Programme and in compliance with FIG Regulations for Award Ceremonies. Awards will be presented on the podium to the medal winners as follows:

- **Individual / Synchro:** Gymnasts/Pairs ranked 1st to 3rd
- **Teams and All-Around Team:** Teams ranked 1st to 3rd and one coach per team

Gymnasts and teams must be punctual for their award ceremonies as scheduled. Absence without justified reason will result in disqualification.

Dress code for award ceremonies: **National tracksuit**.

The national flags of the top three competitors per category will be hoisted, and the national anthem of the winner(s) will be played.

Closing Ceremony

The Closing Ceremony will take place on **November 9, 2025**. For exact timing, please refer to the General Programme. Additional information will be provided at the Orientation Meeting.

23. MEDICAL SERVICES

Medical services will be provided by the Local Organising Committee (LOC) in accordance with the Medical Organization guidelines of FIG Competitions and Events. Please also refer to the insurance coverage details available at:

<https://www.gymnastics.sport/site/pages/medical-insurance.php>

Upon accreditation for the World Championships, each delegation will receive the document “**Medical and Anti-Doping Practical Information**”, which contains details on accessing medical care and useful emergency contact information.

While the name and address of the official hospital are specified in the Directives, the official LOC Medical Doctor will be **Dr. Raquel Moreno (+34 665509865)** and the official FIG Medical Doctor will be **Dr. Kimberly Kranz**, Member of the FIG Anti-Doping, Medical and Mental Health Commission.

All of the NF medical personnel are invited to an orientation meeting and workshop at 16:00, on November 3, in the Physio Room, which can be accessed via the Stretching Area. We encourage all medical personnel to attend this informative, education and fun activity.

24. SAFEGUARDING

From the official arrival date until the official departure date of the event, all participants (gymnasts, coaches, judges, and delegation members) may contact the Safeguarding Officer via phone, WhatsApp, or email in case of harassment, abuse, or any concerns affecting their comfort or safety.

The LOC Safeguarding Officer is:

- Ignacio Marron, reachable from accreditation day onwards via phone/WhatsApp at **+34 665509815**

The FIG Safeguarding Officer is:

- **Rosie MacLennan**, reachable from accreditation day onwards via WhatsApp at **+41 79 483 34 58**

Additionally, posters featuring the “**10 Golden Rules of Gymnastics**”—the FIG campaign promoting youth protection awareness—will be displayed at multiple locations, including training halls, warm-up areas, and public zones.

25. DOPING CONTROLS and THERAPEUTIC USE EXEMPTIONS

Anti-doping controls will be organized by the **International Testing Agency (ITA)** on behalf of FIG and conducted in accordance with the current **WADA Code**, **WADA International Standards**, and **FIG Anti-Doping Rules**.

Doping controls may be conducted at any time throughout the event.

In line with the FIG Therapeutic Use Exemption (TUE) procedures applicable to FIG events, any gymnast requiring a TUE must submit their request—together with their National Federation—to FIG **at least 30 days prior** to the start of the competition.

No TUE requests will be accepted or approved on-site, except for duly justified emergency cases.

For further assistance regarding TUE submissions, please contact FIG at: antidoping@fig-gymnastics.org

26. PRIZE MONEY

The following Prize Money (free of deductible taxes) will be transferred after the end of the WCH by FIG in CHF to the NFs' bank account concerned:

Individual: Trampoline (per medallist)	Gold	CHF 3'000
	Silver	CHF 2'000
	Bronze	CHF 1'000
Individual, Synchronised, Tumbling and Double Mini-Trampoline (per medallist)	Gold	CHF 1'500
	Silver	CHF 1'000
	Bronze	CHF 500
TRA Team (per team)	Gold	CHF 3'000
	Silver	CHF 2'000
	Bronze	CHF 1'000

TUM and DMT (per team)	Gold	CHF 2'000
	Silver	CHF 1'000
	Bronze	CHF 500

The following Additional Prize Money in USD will be allocated as follows:

TRA Team (per team)	1 st place	USD 5'000
	2 nd place	USD 4'000
	3 rd place	USD 3'000
	4 th place	USD 2'000

27. MEETINGS and INSTRUCTIONS

Personal Devices

It is highly recommended that the Head of Delegation, judges, and any other accredited persons attending meetings bring their personal computers and/or tablets to Pamplona. Meetings may be held online, and the LOC will **not** provide any computers or tablets. It is the responsibility of each individual to have the necessary equipment and internet access to participate.

Orientation Meeting

- For timing, please refer to the General Schedule.
- Attendance is **compulsory** for every delegation.
- Participants will have the opportunity to ask questions at the end of the meeting.
- Judges may **not** represent their country at the Orientation Meeting.
- If a federation consists only of a gymnast and a judge, the gymnast must attend the Orientation Meeting.
- Important organizational information for the World Championships will be provided by the LOC and FIG.
- The meeting will be held exclusively in English.
- As per Technical Regulations, Section 1, Reg. 5.11, unjustified failure to attend will result in a **CHF 1,000.-** sanction payable by the Federation to FIG.

Judges' Meetings

Judges' Meetings, Draws and Briefings

- Judges' meetings will be held according to the general schedule.
- All registered judges must participate in judges' meetings, briefings, and draws.
- Judges who fail to participate will **not** be authorized to judge and may face warnings or sanctions.
- Draws for Judges' Panels for Qualifications and Finals will be conducted by the Superior Jury.
- Judges must adhere to the FIG dress code during competition days.

Superior Jury (TC) Meeting and Video Analysis

- The Superior Jury will continuously evaluate judges' work using the Judges Evaluation Program (JEP) during competitions.
- A comprehensive video analysis will be performed after the competitions by the Superior Jury members.

Swiss Timing Instruction

- Scoring instruction will be held in the Judges' Meeting Room (to be confirmed), as indicated in the general programme.
- Judges must attend their respective instructions as scheduled.

28. ROUND TABLES

Three round tables will take place. For location and timing, please refer to the General Programme unless otherwise specified below.

Registration link: <https://forms.gymnastics.sport/index.php>

FIG TRA Technical Committee (TC) Round Table

- Participation limited to two (2) persons per National Federation.
- Agenda: will be distributed later
- A link with login credentials will be sent by the FIG IT Department to each NF for online access.

FIG President Round Table (to be confirmed later on)

- Directed by FIG President Mr. Morinari WATANABE, with FIG representatives and TC members present.

Medical, Anti-Doping, and Education Round Table

- Topic: Anti-doping and Athlete Wellbeing
- Hosted by Kimberly Kranz, Member of the FIG Anti-Doping, Medical and Mental Health Commission.
- Open to all accredited National Federation medical doctors and paramedical staff.
- This session provides valuable information on medical topics, anti-doping efforts, and education and is highly recommended.

Athletes' Meeting

Organized by FIG and Athletes' Representative for Trampoline Gymnastics, Ms. Rosie MACLENNAN

- Open to athletes from all participating Federations (maximum three per NF).
- Intended to share information and discuss the future of trampoline disciplines.

29. ATHLETES' REPRESENTATIVE ELECTION

The election of the TRA Athletes' Representative will take place throughout the event and will be conducted by **secret ballot**.

- **Voting period:** 4 November 2025 from 17:30 until 18:00
- A ballot box will be available in the meeting room located in the competition venue.
- Each NF is encouraged to have their gymnasts vote, with **one (1) vote per federation**.
- It is important that gymnasts participate to ensure they are represented and heard.

30. MEDIA and TV

Media representatives of FIG member federations

The FIG delivers a limited number of media credentials (max. 2 EF and 1 EFP) per federation to the communications staff of FIG member federations.

The registration timeline is **26 September to 17 October 2025**.

Media representatives as well as federations' communications staff are requested to submit their requests for media credentials during the registration period online at <https://media.gymnastics.sport>. In addition, federations are requested to send a confirmation letter for their editorial staff and photographers to the FIG Media Department at mediafig@fig-gymnastics.org.

Late requests and incomplete registrations will not be accepted.

The FIG Accreditation Rules and Media Rules have to be strictly respected.

Media Positions

Mixed Zone

Gymnasts must exit the Field of Play through the Mixed Zone after training sessions in the competition hall and after competitions. This is where journalists collect flash quotes from the competitors.

While there is no obligation for a gymnast to STOP for interviews, it is compulsory for them to pass through the mixed zone according to the FIG TR 2025, Reg. 4.10.15.

Federations are responsible for the proper and timely appearance of their gymnasts at press and media opportunities, such as the mixed zone and press conferences. Any federation whose athletes do not

appear as stated above will be fined for each infraction. The amount of the fine has been fixed by the FIG Council in 2002 at CHF 2'000.-.

Cooperation with the press is most appreciated. To assist gymnasts to talk to the press, each participating federation may ask for one Mixed Zone Card, which allows staff to accompany gymnasts on the athletes' lane of the mixed zone. The cards are distributed onsite by the FIG Media staff.

Training halls

Media are welcome to follow training sessions before competition start from a designated area in the training halls where available.

Warm-up halls

Warm-up halls are a No Go Zone for the media. Access will not be authorised.

Training in the competition hall

All accredited media representatives have free access to the Field of Play during the training sessions in the competition hall. ENR card holders are accepted with cameras.

Kiss and Cry Area

Gymnasts are requested to go to the Kiss and Cry Area immediately after the end of their exercise. The coaches are requested NOT TO STOP the gymnasts before they are seated in the K&C.

Award ceremonies

After the playing of the national anthem, gymnasts are requested to face all directions, together, to wave to the spectators and to allow photographers to take photos of all medallists.

Opening and Closing press conferences

No opening or closing press conferences will be held at this event.

Medallists' press conferences

No medallists' press conferences are scheduled for this event.

Television

Live television production of the finals is guaranteed. Competitors are requested to strictly follow the instructions of the Local Organising Committee.

Broadcasting operations are managed by FIG TV, in collaboration with the LOC and the host broadcaster, and according to the [Host Broadcaster Obligations manual](#).

Broadcasting and filming

Filming within the competition hall is reserved exclusively to the host broadcaster and accredited event-specific TV rights holders. Accredited TV non-rights holders may use their cameras but only in dedicated non-right holder areas, such as the mixed zone.

All routines will be recorded in high definition by digital video cameras (IRCOS).

Photos without flash may be taken from the seats in the competition hall.

In the training and warm-up halls, coaches may only take videos of their own gymnasts.

Personal filming in the competition hall:

To protect television rights, any video or TV recording inside the competition hall, including from spectator and delegation areas, is strictly forbidden, except for personal, private use.

Any commercial, promotional, or public use is prohibited.

Publishing, broadcasting, licensing, or sharing such footage, including on social media or online platforms, is strictly forbidden.

The only exceptions to these restrictions are recordings made by the host broadcaster, accredited rights holders, and IRCOS cameras.

Only the host broadcaster, accredited rights holders, and IRCOS cameras are **authorised to film** within the competition hall.

Publicity on competition attire – National Emblems

Publicity and national identification rules on attire and equipment must be strictly respected as per the FIG Advertising Rules. As the Code of Points foresees deductions should the FIG Publicity Rules not be followed, each NF may fill in the online Publicity form if deemed necessary by **30 October 2025** in order to have it approved.

Please refer to the Directives for additional information on the Publicity Rule Chart and contact details.

Reminder National Identification:

- Must be in the form of a flag or the country name (abbreviated with FIG 3-letter federation code or in full)
- The national emblem or crest (even NOC logo) if the country has one, or its coat of arms, may be worn in addition to the required flag or country name

Athletes' images for improved sports presentation

The FIG has developed a system that allows us to use athletes' profile photos for improved sport presentation during our World Championships.

The images will be shown on the scoreboards and video screen in the competition hall, during the TV broadcast and on the https://www.gymnastics.sport/site/athletes/bio_view.php as part of the athletes' biographies.

In order for us to promote your athletes and sponsors in the best possible way, an official and compulsory athlete photo session for all gymnasts will be organised during training days on **3 and 4 November**. Photos will also be taken from the discipline's teams which will compete in the various Team events (TRA, DMT and TUM both Men and Women), we therefore ask the respective teams to come by team at their dedicated photo session times.

Your athletes are requested to wear their national tracksuit and any visible branding must meet the FIG Advertising Rules.

31. USEFUL INFORMATION

Event website: www.tra25.com

Ticketing

The online ticket sale is available [here](#).

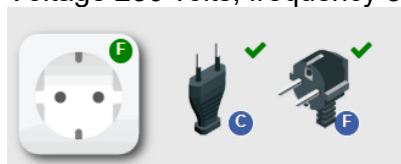
Currency:

The currency is the EURO (code EUR).

Power supply:

For Spain, the plug type are C and F

Voltage 230 volts; frequency 50 Hz. An adapter might be needed.



Temperature

Average minimum: 5 °C

Average maximum: 13 °C

32. SUMMARY OF REMAINING DEADLINES

For the FIG	Deadline
Nominative Registrations	1 October 2025
Nominative Registrations Changes	29 October 2025
Online Publicity (not compulsory)	30 October 2025
Media Accreditation	22 October 2025
TRA TC Round Table Registration	03 November 2025
FIG President Round Table Registration	04 November 2025
Medical Round Table Registration	04 November 2025
Athlete's Meeting Registration	04 November 2025

For the LOC	Deadline
Travel Schedule (Arrivals)	01 October 2025
Travel Schedule (Departures)	01 October 2025
Accommodation & Meal Costs (Final Payment)	01 October 2025
Accreditation at the charge of the Delegations	01 October 2025



The logo for the 38th FIG Trampoline Gymnastics World Championships takes inspiration from the horizontal and vertical jumps with twisting elements performed by gymnasts, coming together as one and forming an infinite loop. Our reach is infinite.

Lausanne, 14 October 2025

List of Appendices

- Appendix 1: Layout of FOP, Offices and “back of the house”
- Appendix 2: Training Schedules and groups
- Appendix 3: Competition Schedules
- Appendix 4: Competition Cards
- Appendix 5: Accreditation release form

(end of document)