



**European
Gymnastics**

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2025 EUROPEAN AEROBIC SENIOR CHAMPIONSHIPS

NOVEMBER 14 – 16

IN GANJA (AZE)



Work Plan

EVENT ID Seniors: 17966

European Gymnastics Aerobic Technical Committee
O.C. of the AER European Championships, Ganja (AZE)

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1. Officials and Organizing Committee

1.1 European Gymnastics and Official Delegates

European Gymnastics

Avenue de la Gare 12

CH - 1003 Lausanne

Contact person: Mrs Linda Davila

Tel: +41 (0)21 613 10 24

Email: ldavila@europeangymnastics.com

Website: info@europeangymnastics.com



**European
Gymnastics**

Officials European Gymnastics	
President	Farid GAYIBOV
Vice-President, President Jury of Appeal	Edvard KOLAR
Member Jury of Appeal	Kineret TZEDEF
General Director	Lisa WORTHMANN
Head of Media	Tina GERETS
Sports Coordinator	Linda DAVILA
Official Doctor	Gal DUBNOV-RAZ
Aerobic Technical Committee (AER-TC)	
President	Alina DRAGAN
Vice-president	Dimitrios POLYZOS
Member	Dimitrina KANDEVA
Member	Monika SIPOS
Member	Monica Maria DARONE
Member	Sara MORENO

1.2 Host Federation & Local Organising Committee

AZERBAIJAN GYMNASTICS FEDERATION

Contact Person: Ms. Shafiga Yolchuyeva

Address: 178, Heydar Aliyev Avenue

MGA – Milli Gimnastika Arenasi (National Gymnastics Arena)

AZ1029 Baku, Azerbaijan

Tel: +99412 493 30 11

Email: shafiga.yolchuyeva@agf.az

Website: www.agf.az



AGF
AZERBAIJAN GYMNASTICS
FEDERATION

Local Organizing Committee	
Function	Person
President	Mehriban ALIYEVA
Vice-President	Altay HASANOV
Executive Director	Fatima SHAFIZADA
Administration	Shafiga YOLCHUYEVA
Event Organization Company	Tadbirchi – Surkhay GARAYEV
Competition Secretariat	Elmira LALAYEVA
Head of Finance	Viktoriya ABUSHOVA
Head of Accreditation	Fuad ABBASOV
Venue Manager	Emil MUSTAFAYEV
Head of Press	Sara SHUKUROVA
Medical Officer & Head of Security	Namig BADIRKHANOV
Ceremonies / Event Organization Company	Tadbirchi – Surkhay GARAYEV
Venue Branding	Fuad ABBASOV
Delegation Services Manager	Elmira LALAYEVA
Sport Presentation	Fidan SIRAJZADA Narmin HUSEYZADA Farid ISMAYILOV
Transport	Fuad ABBASOV
International Relations Manager	Mehman ALIYEV Aylin MAMMADLI

2. The competition

2.1 Competition Schedule

Wednesday, 12.11.2025		
All day	Official arrival day for delegations and accreditation	
Thursday, 13.11.2025		
As per schedule	Official podium training Seniors by nations & athletes / units photo session for sport presentation	Training & Warm-up Hall, FOP
09h15-10h15	Judges briefing and instruction, CJP	Judges’ Room,
10h15-11h00	Judges scoring system instruction	FOP
11h20-12h20	Judges briefing and instruction, Difficulty	Judges’ Room
12h40-13h40	Judges briefing and instruction, Execution	Judges’ Room
15h00-16h00	Judges briefing and instruction, Artistry	Judges’ Room
17h00-18h00	Orientation meeting	Meeting Room, venue
18h00-19h00	Meeting AER-TC	AER-TC office
Friday, 14.11.2025		
As per schedule	Podium Training MP, TR, GR, AD Seniors by nations	Training & Warm-up Hall, FOP
13h30-14h30	Meeting AER-TC	AER-TC office
14h30-15h30	Judges Draw Seniors	
15h30-16h00	Official Opening Ceremony	FOP
16h00-18h30	Qualifications IW	FOP
18h45-20h00	Qualifications IM	FOP
20h00 -20h30	Meeting AER-TC	AER-TC office
Saturday, 15.11.2025		
10h00-11h30	Training by request for the finalists	Training hall
14h00-15h00	Judges briefing & Draw	Judges’ Room
15h30 -16h30	Qualifications Mixed Pairs	FOP
16h40 -17h55	Qualifications Trio	FOP
	Break	
18h15-18h55	Qualifications Groups	FOP
19h05-19h30	Qualifications AER Dance	FOP
19h40-20h00	Medal Award Ceremony Team Ranking	
20h00 -20h30	Judges Analyses AER-TC	AER-TC office

Sunday, 16.11.2025		
10h30-11h30	Meeting AER-TC	AER-TC office
09h00-11h00	Training for the finalists by request	Training hall
11h30-12h30	Judges briefing & Draw - Senior Finals	Judges' Room
13h00-13h35	Presentation of the finalists Senior Finals IW	FOP
13h35-14h10	Presentation of the finalists Senior Finals IM	
14h20-14h40	Medal Award Ceremony Senior Finals IW, IM	
14h50-15h25	Presentation of the finalists Senior Finals MP	
15h25-16h00	Presentation of the finalists Senior Finals TR	
16h10-16h30	Medal Award Ceremony Senior Finals MP, TR	
16h40-17h15	Presentation of the finalists Senior Finals GR	FOP
17h15-17h50	Presentation of the finalists Senior Finals AD	
18h00-18h20	SmartScoring Shooting Star Award	
	Medal Award Ceremony Senior Finals GR & AD	
18h30-19h00	Meeting AER-TC	AER-TC office
20:00	Farwell Party	TBC
Monday, 17.11.2025		
All day	Departure	

2.2 Competition format

1st day, Friday, November 14th

Senior ECh Qualification (IW/IM)

The maximum number for the Qualifying Round is:
three per category and federation for IM, IW

2nd day, Saturday, November 15th

Seniors ECh Qualification (MP/TR/GR/AD)

Senior ECh Team Ranking

The maximum number for the Qualifying Round is:
two per category and federation for MP, TR
one per category and federation for GR, AD

3rd day, Sunday, November 16th

European Championship Senior Finals

The top eight of IW, IM, MP, TR, GR, AD may participate in the finals.
If there are less than 12 entries in a category, only 6 will proceed in Final - TR Art. 3.1
max. 2 per NF for IM, IW, MP, TR
max. 1 per NF for Groups and AD

2.3 Team Ranking Seniors

- To participate in the Team Ranking, federations must participate with at least one unit in the qualifications of the following categories:
 - **Aerobic Gymnastics:** Individual Men and/or Individual Women, Mixed Pair, Trio, Group
 - **Aerobic Dance.**
- The team ranking list will be established by adding the 5 best places (rankings) – Individual Men or Individual Women+ Mixed Pair+ Trio+ Group+ Aerobic Dance.
- The Federation with the lowest total of ranking places will be declared European Team Champion.

Tie breaking rules for the team ranking:

In case of a tie in points at any place in the Team Ranking, the ranking will be determined by the following criteria:

1. the best ranked Group
 2. the best ranked Trio
 3. the best ranked counting Aerobic Dance.
- If there is still a tie, the tie will not be broken.

2.4 Qualifications

- The drawing of lots for **the starting order of the qualifications** took place in Bucharest, August 29th, 2025. Please note that the order indicated on the nominative entry form will determine the place of the competitor(s) and the number of the draw (starting list). No changes will be allowed.
- If a National Federation reduces the number of participating gymnasts after the definitive inscriptions, the European Gymnastics/AER-TC has the right to adjust the starting order to ensure the best possible running of the competition.
- In case of a tie at any position at the end of the qualification see FIG TR. Sec. 6 – 1.2
- The order of all categories for SENIOR qualifications will be:
 - 1st day: IW / IM /
 - 2nd day: MP / TR / GR / AD

2.5 Finals

- The starting order of the finals is made according to the draw of lots carried out in Bucharest, August 29th, 2025 by the official representatives of European Gymnastics.
- The top eight of IW, IM, MP, TR, GR, AD categories are qualified for the final.
- The order of all categories for competitions in senior finals will be:
 - 3rd day: IW, IM, MP, TR, GR, AD
- The list of the finalists, with three reserves, will be distributed to the head of delegation after each qualification.
- In case of a tie at any position at the end of the Finals see FIG TR. Sec. 6 – 1.2

2.6 Equipment

The Manufacturer Supplier will be Spieth.

Please refer to the List of Apparatus which was distributed together with the directives.

2.7 Scoring and distribution of results

SmartScoring will provide the official scoring service and management of the start lists, scores and results.

All lists and results will be sent by E-mail to the Heads of Delegation (contact info of the HoD will be collected at accreditation for this purpose).

At the end of the European Championships, the results book including the judges' individual scores for all competitions will be sent by e-mail to the Heads of Delegation.

2.8 Award ceremonies

The ceremonies will take place in the competition venue according to the competition schedule.

For all award ceremonies gymnasts must wear their **national tracksuits**.

2.9 SmartScoring Shooting Star Award

The SmartScoring Shooting Star Award will take place right after the last final on **Sunday, November 16th**, **right before the medal ceremonies** in the Venue.

2.10 Athletes' Portraits

A photo of each unit **in national track suite** shall be taken after podium training on Wednesday, November 13th. For this purpose, the athletes are requested to follow the dedicated volunteers to have their pictures taken. These photos will be used by the Scoring provider for the display on the screen during the events.

2.11 Access to the competition area

- The competition area is accessible to members of the various juries, competing gymnasts and their accredited coaches, to local group leaders, to the auxiliary personnel of the Jury, to the President of European Gymnastics' Medical Commission, to the official doctor, to the team doctors, medical staff and to persons concerned with the apparatus. A team medical person is permitted to accompany the gymnasts and coaches during all Competitions.
- Interpreters may not enter the competition area without permission of the President of European Gymnastics AER-TC.
- The competition area is strictly forbidden to all other persons.
- During the duration of official European Gymnastics competitions (which is defined as starting the moment the first gymnast enters the field of play and ending the moment the last score is publicly displayed):
 - Judges on the field of play are absolutely prohibited from using mobile phones and any other kind of electronic communication devices.
 - Other delegation members (gymnasts, coaches, medical staff) are prohibited from using cellular phones and any other kind of electronic communication devices, except for when listening to music (with earphones and at a sound level which is not observable for surrounding persons). Other delegation members are also allowed to take photos (but no videos), without flash and must not interrupt the running of the competition.
 - If these rules are violated, the persons concerned will receive a verbal warning followed by a written warning if repeated.
 - If this behaviour is repeated after the written warning is issued, those persons concerned will be excluded for the rest of the competition.
 - The Superior Jury is responsible to decide these disciplinary measures.
 - Appeals against these decisions have to be submitted to the Jury of Appeal whose decision is final

2.12 Music

- All music used during the 2025 Aerobic Gymnastics European Championships must be submitted online via SmartScoring Digital [Platform](#) by no later than **October 14th, 2025**.
- MUSIC must be uploaded in the following file format: .mp3 or .wav
- Name of file must contain:
 1. The name of the nation (official abbreviation of the country)
 2. The first and last name of the individual competitor/s and the last name of MP, TR, GR, AD
 3. The category (IM, IW, MP, TR, GR, AD)
 4. Senior (e.g: AZE_HUSEYNOVA_Narmina_Senior_IW2.mp3)
- If you need help, you can write to the following e-mail address: shafiga.yolchuyeva@agf.az
- Delegation members are requested to keep in their possession a USB key of their music for their training sessions and in case of a technical problem.
- By uploading the music on the SmartScoring Digital Platform, each Federation will also have to confirm that the music used does not violate any copyrights and that it can be broadcasted within sports.

2.13 Presentation of the nations

Detailed information (video clip) will be presented at the Orientation meeting.

3. The jury

3.1 Jury composition

Jury A

Chair of judges	fixed by draw
2 difficulty judges	fixed by draw
6 artistry judges	fixed by draw
6 execution judges	fixed by draw
2 line judges	fixed by draw
1 time judge	fixed by draw
1 artistic reserve judge	fixed by draw
1 execution reserve judge	fixed by draw

Jury B

Chair of judges	fixed by draw
2 difficulty judges	fixed by draw
6 artistry judges	fixed by draw
6 execution judges	fixed by draw
2 line judges	fixed by draw
1 time judge	fixed by draw
1 artistic reserve judge	fixed by draw
1 execution reserve judge	fixed by draw

3.2 Jury of Appeal

President of the Appeal Jury	Edvard KOLAR, Vice President/European Gymnastics
Member of the Appeal Jury	Kineret TZEDEF, EC Member/European Gymnastics
Member of the Appeal Jury LOC	Fatima SHAFIZADA, Secretary General/Azerbaijan Gymnastics Federation

3.3 Superior Jury

European Gymnastics AER TC President	Alina DRAGAN
European Gymnastics AER TC Vice-president	Dimitrios POLYZOS
European Gymnastics AER TC Member	Monica Maria DARONE
European Gymnastics AER TC Member	Sara MORENO
European Gymnastics AER TC Member	Dimitrina KANDEVA
Invited judge	Viktorija TREIGYTE
Invited judge	Olga KYSELOVICOVA

3.4 Judges' instruction and drawing of lots

All judges must participate in the briefing sessions as described in the Competition Schedule. Short judges' briefings will take place before each competition.

According to the FIG/TR, the presence of the judges to the judges' instruction is mandatory.

The judges' instruction will be held in English.

The judges' oath will be carried out at the end of the judges' instruction, by one of the host federation judges.

3.5 Judges' meetings

According to the Competition Schedule:

Thursday, 13th November

09h15-10h15	Judges Briefing and Instructions, Chair
10h15-11h00	Judges scoring system instruction
11h20-12h20	Judges Briefing and Instructions, Difficulty
12h40-13h40	Judges Briefing and Instructions, Execution
15h00-16h00	Judges Briefing and Instructions, Artistry

Friday, 14th November

14h30-15h30 Judges Briefing and the draw for Seniors ECh Qualification

Saturday, 15th November

14h00-15h00 Judges Briefing and the draw for Senior ECh Qualification

Sunday, 16th November

11h30-12h30 Judges Briefing and the draw for Seniors ECh Finals

3.6 Inquiries procedure

- European Gymnastics applies the relevant TR/FIG Article.
- The detailed procedure is laid down in the Technical Regulations of the FIG.
- inquiries will be submitted electronically
 - before the score for the next gymnast, group or unit is displayed or,
 - for the last gymnast, group or unit in a rotation, within two minutes after the score is displayed.
- If the inquiry is refused, the amount will be invoiced by European Gymnastics (in Euro) at a later date and must be paid within one month.

3.7 CODE OF ETHICS

Any close family relative to a competitive gymnast may not judge that gymnast or this group at this European Gymnastics sanctioned event. If a conflict should or could appear, the European Gymnastics President is to be informed, so appropriate action can be taken.

4. The organization of the event

4.1 Competition Venue

Ganja Sports Palace
Nizami Ganjavi
AZ2000 Ganja, Azerbaijan

4.2 Accreditation

Accreditation cards will be distributed **at LOC Office located at Ganja Sports Palace upon arrival** of the delegations.

For the accreditation process, only the Head of Delegation (and/or his representative) is requested to present him/herself at the LOC Office. Maximum 2 persons per delegation are allowed to be present at the accreditation process. Athletes are not allowed to enter the LOC office during accreditation process. The following items will be checked here with the Heads of Delegations:

- Passport of all members of the delegations
- Medical insurance for all delegation members (except for gymnasts and judges)
- Proof of the fulfilment of all financial obligations to the LOC
- Music check; the form with the duration and the author of the music has to be filled in; official titles/interpreters have to be indicated;
- National anthem and national flag
- Email address and phone number of Head of Delegation
- Departure confirmation

In order to accelerate the process of the accreditation, each participating Federation is kindly requested to send photos and passport copies of each member of its delegation via email to shafiga.yolchuyeva@agf.az.

The deadline for the photos & passport copies submission (identity colour photo in JPG format, size – 45mm x 35mm, resolution: 800x600plx) is **October 14th, 2025**.

Please clearly indicate the corresponding full name (with correct spelling) in the file title.

Each NF **must also** register the full delegation on the European Gymnastics **GymData Online** registration system by the stated entry deadlines for Definitive & Nominative entry (see point 7 below).

- Guest accreditations are at the charge of the Federation.
- For additional accreditations, we refer to the European Gymnastics Accreditation Rules.

Media Accreditations

International and local media representatives as well as federations' communications staff who are interested in covering the event can register online at [Media | European Gymnastics](#).

Deadline: November 2nd, 2025

The European Gymnastics Accreditation Rules and Media Rules have to be strictly respected.

4.3 Delegation boxes

The Main Information Desk will be available at the Competition Venue (near the delegations' entrance). Information Desks will also be available at the official hotels.

Mailboxes will be set up at the competition venue where the delegations' members can find all necessary information.

No hard copies of any documents (start list, results & etc.) will be distributed. All documents will be sent by e-mail to the responsible person from each delegation provided that the correct e-mail address was submitted at accreditation.

All the necessary information will also be communicated via WhatsApp group (mobile phone numbers of HoD will be collected for this purpose).

4.4 Orientation Meeting

- The orientation meeting for the Heads of Delegation will take place on Thursday, November 13th, 17h00 at the competition venue.
- It is mandatory for all Heads of Delegation of the federations or their representatives to attend (max 3 members per delegation). Unjustified failure to attend will result in a sanction against the federation of Euro 1000.
- The orientation meeting will be held in English only.
- Judges may not represent their countries at the Orientation meeting.
- In case a federation is composed only by a gymnast and a judge, the gymnast must attend the orientation meeting.

4.4 Training information

- The training will start on Thursday, November 13th in the training and competition halls.
- Detailed competition schedules (Appendix 6, to be provided later) will be sent shortly after the Nominative Registration deadline in order to respect the 10-minute rules according to the FIG TR.
- The form for training on request for the finalist IW and IM must be submitted no later than November 14th, at 21h00.
- The form for training on request for all finalists must be submitted no later than November 15th, at 21h00.
- Delegations must respect the designated training times and the allocated training halls.
- Delegations must also show respect to the other gymnasts sharing the same floor.
- Access to the competition hall and to the training locations will be given only to the members of the delegation and only during their respective training times.
- Judges are not allowed to access the training and warm-up halls.
- During the training sessions in the training halls, athletes must use their personal USB music stick.

4.5 Ceremonies

Opening Ceremony

The Official Opening Ceremony will be held on November 14th, at 15:30.

Presentation of the finalists:

The LOC will make a presentation of the finalists (in all categories) before the respective finals on screen, using the athletes and unit portraits done by Sports Presentation during official podium training on Thursday 13th of November.

Medal ceremonies

The medal ceremonies will be held as per the schedule of this work plan.

The competitors requested to attend the medal ceremonies are:

- All units: ranked 1st to 3rd.
- All gymnasts of the team ranking competition (1 Individual Men, 1 Individual Women, 1 Mixed Pair, 1 Trio and 1 Group, AER Dance and one coach) in the respective teams, as registered until the accreditation are invited to attend – ranked 1st to 3rd.

4.6 Medical

Medical Service will be provided at the official competition, warm-up and training venue. Trained medical staff will be in place during the opening hours. If a medical emergency occurs, please search for the medical centre or approach the nearest medical team.

If a medical emergency occurs and an athlete needs to go to the hospital the athlete MUST be accompanied by a person from his/her delegation.

On Call Number:

Outside the official opening hours at the official venue, there is a 24/7 on-call number available for all athletes. This Number can be called if medical advice is needed.

For urgent medical emergencies, which occur outside of competition or training call +994 50 373 45 65.

Official Hospital

Name: Ganja Joint City Hospital

Address: Nizami avenue, 412, AZ 2003, Ganja

Tel: +994 22 266 57 70

Doping Controls

Any doping is prohibited. A doping control can be requested at any time. Doping controls will be carried out in accordance with the WADA/FIG regulations.

Medical certificate – official doctor

Only the official doctor or his representatives are authorised to establish the necessary medical certificate.

- Official doctor of the LOC: Shahnaz MAMMADOVA
- Official doctor of European Gymnastics: Gal DUBNOV-RAZ

4.7 Hotels

The official hotel of European Gymnastics is the:

Ramada Plaza by Wyndham Gence*****

Address: 237 Nizami Ganjavi St. Ganja 2019

Tel: +994 22 267 00 05

For a full list of the delegation's hotels, please see the official event Directives.

4.8 Meals

Breakfast will be served at the hotels; the price is included in the cost of each hotel booking.

Lunch will be served at the hotels or at the venue according to the booking.

Dinner will be served at the hotels according to the bookings.

Lunch boxes can be prepared exclusively for delegations training/competing within the lunch hours and ordering the lunch boxes in advance one day earlier at the latest.

Meal schedules:

	Breakfast	Lunch	Dinner
All hotels	06:00 – 10:00	13:00 – 16:00	19:00 – 22:00

4.9 Farewell Party

The closing evening will be organised on November, 20:00. The venue of the Farewell Banquet to be confirmed later. A dinner will be served at the Banquet.

Transportation to the banquet will be organized from each official hotel.

The legal drinking age in Azerbaijani is 18. Gymnasts will seat separately from the other official members of delegations and they will not be served with alcohol.

Accredited Delegation members who stay at one of the official hotels and book their accommodation through the LOC will receive a free ticket for the Farewell Banquet.

Extra tickets for the banquet can be purchased for 85 EUR per person, provided that a request is sent to the LOC email address (shafiga.yolchuyeva@agf.az) well in advance.

4.10 Transportation

The invited participating Federations must pay for the air travel costs of their delegation members. European Gymnastics and the LOC strongly recommend that each Federation take a cancellation insurance for their travel.

The official arrival airport is:

Heydar Aliyev International Airport located in Baku (about a 4h30 drive to Ganja City Centre)

The travel details must be submitted via the Smart Scoring Digital Platform until **14 October 2025**.

Local Transportation

Event local transportation service from the official hotels to the venue and back, as well as to any other official activities and back, will be provided to all delegations that stay at one of the official hotels and submit their Travel Schedule for Arrival and Departure to the LOC by **14 October 2025** via the Smart Scoring Digital Platform.

4.11 Insurance

The Host Federation, the LOC, European Gymnastics and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation.

Delegation members with insufficient insurance cover must inform the LOC until **14 October 2025**.

The LOC will subsequently offer insurance at the Federations own charge as follows: € 5.- per person/day for the official event dates.

4.12 Safeguarding

A safe environment for all participants is a top priority at the 2025 European Championships!

From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.

In case you experience or see any form of violence you can contact the LOC Safeguarding Officer Mr. Namig Badyrkhanov (namig.badyrkhanov@agf.az).

4.13 Appendixes

- App 1: Venue Layout (will follow asap)
- App 2: Training schedule Seniors
- App 3: Training Form & Additional Training Requests form
- App 4: Replacement & Withdrawal form
- App 5: Inquiry Form (only used in case of problems with the electronic inquiry procedure)
 - App 5.1: Request for time and Line
- App 6: Detailed competition schedules (will be distributed after nominative registration)

4.14 Regulations

The 2025 European Senior Aerobic Gymnastics Championships, Ganja (AZE), will take place under the **FIG/European Gymnastics rules as listed in the Directives**.

The members of the European Gymnastics/EC/TC will handle unforeseen incidents or events that might occur during these championships.

Kind reminder for important deadlines:

FOR EUROPEAN GYMNASTICS

	Opening Date	Closing Date
Nominative Registration <i>GymData Online</i>	August 15th, 2025	October 14th, 2025
Entry Fee	October 14th, 2025	

FOR THE LOC

	Deadline
Accommodations by Numbers	August 14, 2025
Meal Request	October 14, 2025
Travel Schedules	October 14, 2025
Accommodations by Name	October 14, 2025
Accreditation (online application)	October 14, 2025
Music upload	October 14, 2025
Visa Request	October 14, 2025
Insufficient Insurance Cover	October 14, 2025

Payment (to be made to the LOC)	Deadline
50% Payment	August 14, 2025
100% Payment	October 14, 2025

European Gymnastics

Alina DRAGAN

AER TC President