



# TREFOIL INTERNATIONAL CAMP IN TALLINN, ESTONIA

JULY 10th-13th, 2025

[Registration](#)

## ABOUT THE CAMP

We are happy to invite everyone aged 13 years and older to the International Camp that will be held In [Sport Club Trefoil \(Akadeemia Tee 30, Tallinn, Estonia\)](#).



This camp is made for anyone who is into TeamGym and wants a little variety. The camp will feature lots of teamwork, cool jumps, technical stations, trampoline trainings and lots of fun.

## WHAT ARE THE GOALS?

1. To practice and improve the technique in tumbling and trampette.
2. To do a lot of cool jumps and learn new elements.
3. To have a lot of fun together and make new acquaintances.
4. To expand your knowledge in the field of TeamGym and Trampoline Gymnastics.
5. To learn about a possibly new country for you :)

## DETAILS

**Who can participate in this camp?**

To participate in this camp you must be at least 13 years old, you must be able to at least do a roundoff to flick flack to back somersault / forward handspring to front somersault on tumbling and front somersault / handspring on trampette and vault.

## Price

The price for a 4-day camp with 3 trainings a day (including only breakfast in the gym. For lunch, dinner and sleeping in a gym you should pay extra) is **240€** (which is 20€ per training x 3 times a day x 4 days in a camp).

To confirm your registration you need to pay 50% of the camp fee (120€) within the 3 work days, which will be considered as registration fee. If no payment was made by the deadline, the registration is cancelled automatically.

If you cancel your registration after 22.06.2025, the registration fee is non-refundable.

After the confirmed registration you have time to pay remaining 50% by the deadline of 22.06.2025. The penalty for not following the established deadlines is 25% of the whole camp fee (60€).

## Payment for registration for the camp:

**SK Trefoil EE682200221033451023**

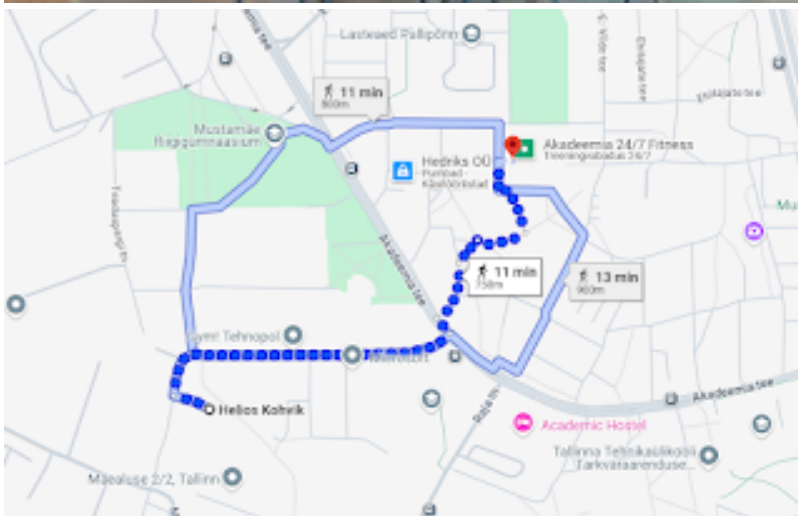
**in the payment explanation:** registration for international camp / your full name like in passport / your country / your date of birth

Payment and registration deadline: 22.06.2025

## Accommodation and meals

We offer overnight stay in our gym for 10€ per night with all the conditions (shower, toilet and a place in our gym). Please bring your own pillow, sleeping bag or blanket. If you do not want to sleep in the gym, you can book a hotel / hostel or apartments of your choice by yourself (please inform us if you will do so and also the place of your stay).

The breakfast will be in the gym, but lunch and dinner in the restaurant ([Helios Kohvik](#)), which is located 11 minutes walk from the gym.



### For gymnasts under 18

If you are under 18 years old and are not a resident of Estonia, please prepare a document of parental consent for your participation in this camp. If you are not going to spend the nights with everyone in the gym, please prepare your and parent/coach contacts along with your place of residence for the duration of the camp.

If you have any questions i`m happy to help you. Contacts: [gogijr.v@gmail.com](mailto:gogijr.v@gmail.com) / [+372 58001728](tel:+37258001728) / [@gogijr](#) / [Vladislav Semjonov-Gogoladze](#)