FEDERATION INTERNATIONALE DE GYMNASTIQUE



11TH CANTANHEDE FIG WORLD CUP 2026 AEROBIC GYMNASTICS PORTUGAL 27th TO 29th MARCH 2026



DIRECTIVES

Event ID: 18232

Dear affiliated Member Federation,

Following the decision of the FIG Executive Committee, the Gymnastics Federation of Portugal has the pleasure to invite your Federation to participate in the aforementioned official FIG World Cup.

FIG	Fédération Internationale de Gymnastique (FIG) Contact Person : Alexandre Cola Avenue de la Gare 12 A - 1003 Lausanne - Switzerland Tel: +41 (0) 21 321 55 10 / direct line: +41 (0) 21 321 55 18 e-mail : acola@fig-gymnastics.org website: http://www.gymnastics.sport/site/
HOST FEDERATION	Gymnastics Federation of Portugal Contact Person: Bruna Coelho Rua Alfredo da Silva, 8 2610-016 Amadora - Portugal Tel: +351218141145 e-mail:federacao@ginastica.org bruna.coelho@ginastica.org web site: http://www.ginastica.org
LOCAL ORGANIZING COMMITTEE	Academia CantanhedeGym Rua da Concórdia, Lote 12 3060 – 149 Cantanhede / Portugal Contact Person: João Dias Mobile: +351 925123182 E-mail: academia.cantanhedegym@gmail.com Website: www.cantanhedegym.com
LOCATION	City of Cantanhede – Coimbra – Portugal
DATE	From 27 th to 29 th March, 2026
VENUE	Sports Hall "Os Marialvas" Rua Luís de Camões, nº19 3060 – 183 Cantanhede Portugal Tel: +351 231 422 101 E-mail: academia.cantanhedegym@gmail.com Website: www.cantanhedegym.com Venue capacity: 850 seats Vertical clearance above the performance area in the Competition Hall: 7 meters Vertical clearance above the performance area in the Warm-up Hall: 5 meters.

APPARATUS SUPPLIED	Please refer to the attached app Minimum 2 competition floors of t	paratus list. he same manufacturer and product will be available.		
PROVISIONAL	- Day 1, Tuesday 24 th March:	Arrival of the FIG Technical Delegate		
SCHEDULE	- Day 2, Wednesday 25 th March:	Arrival of the Delegations		
	- Day 3, Thursday 26 th March:	Training and Podium training		
	-	Orientation meeting		
	- Day 4, Friday 27 th March:	Judges' instruction Qualifications		
	- Day 5, Saturday 28th March:	Qualifications		
	- Day 6, Sunday 29 th March:	Finals		
DADTIOIDATION	- Day 7, Monday 30 th March:	Departure of the Delegations		
PARTICIPATION	The World Cup Competitions con	sist of Qualifications and Finals in all 5 categories.		
	Participation in the Qualifications:			
	All competitors must take part in the qualifications.			
	Participation in the Finals:			
		rom the qualifications qualify for the Finals.		
	In addition, if the Organizing Mem nominate one participation in max	hber Federation has not qualified in any category, it may		
		ls is therefore 8+1 participants in one category and 8 in		
	the other four categories.			
	·	ust have participated in the respective category in the		
	qualification. "Wild Card Participants" will receive medals and prize money, but they will not receive any World Cup Points.			
	If there are less than 4 units participating in a category, no medals, prize money and World Cup Points will be awarded. In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied.			
	The Organizing Member Federation may cancel the competition in the respective category if at the time of the definitive entry, there are less than 4 units registered in a category. In case of such a cancelation, the Organizing Member Federation must reimburse, in full, the entry fee and payments made for accommodation. Should flights have to be cancelled due to the above, the risk is at the charge of the participating member Federations. World Cup Competitions are combined with other Competition, but clearly separated in the competition schedule.			
"HORS CONCOURS" GYMNASTS	concours" competitors. These con Organizing Member Federation's closing of the nominative registra start first, they are not eligible to re not appear on the official results I	tion is allowed to add only for the qualifications "hors mpetitors are in addition to the official participants of the competitors, they must be named at the time of the tion and cannot qualify for the final. They will have to eceive World Cup Points and prize money and they must ists. tion is allowed to name 1 Individual Men, 1 Individual		
		1 Group as "hors concours" competitors.		
FEDERATIONS INVITED		on must invite all FIG Member Federations who have		
SIZE OF DELEGATION AND FIG LICENSE	The maximum size of each deleg	ation is as per FIG Rules for Accreditation.		
AGE LIMITS	18 years in the year of the compe	tition		

JUDGES AND The number of Juries (judges' panels) may be decided by the Organizing Member **JURIES** Federation depending on the number of participating competitors and judges. The Juries are set up by a draw - directed by the FIG Technical Delegate - from the judges present at the event. Priority will be given to the judges of the highest category. A jury must consist of one Chair of Judges' Panel, 4 Artistic, 4 Execution and 2 Difficulty judges. A federation may not have a judge on both the execution and artistic panels. The Chair of Judges' Panel and the difficulty judges should also be from different federations. Only in exceptional situations can the Technical Delegate make the decision to deviate from this. For categories and eligibility, please refer to the FIG General Judges Rules, Art 5 If, on the day of the competition, there are no sufficient number of judges in the requested categories, the Technical Delegate may take whatever action needed to secure the running of the event. Each participating federation must provide a minimum of one judge Cat. 1, 2 or 3*. Failure to do so, or if a participating Federation sends a judge with a Cat. 4 (instead of Cat. 1, 2 or 3) will result in a fine of CHF 2'000.- to be paid to the Organizing Member Federation. *Member Federations who have only Cat. 4 judges are allowed to send a Cat. 4 judge who may be used as Time and Line judge only. The Organizing Member Federation is responsible that there are enough FIG brevetted judges present with the appropriate category of brevet for their function. Should there not be sufficient judges, the Organizing Member Federation may propose to the FIG for approval the name of neutral additional judges to complete the panels (plus 1 reserve). These judges, once approved, have to be invited at the cost of the Organizing Member Federation. Such invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the FIG will invite such judges at the cost of the Organizing Member Federation. **COACHES** No coaches will be accepted in this World Cup without a valid coach-sport profile at the deadline of the Nominative Registration. In order to be considered, the coach-sport profile (including all relevant documents) must be submitted in FIG Database on 11th February **2026** at the very latest (two weeks prior to the deadline for Nominative Registration). FIG TECHNICAL The FIG Technical Delegate and EC member (if applicable) will be designated by the FIG. **DELEGATE AND** The FIG Technical Delegate will serve as President of the Superior Jury. **EC MEMBER** REGISTRATION Provisional, Definitive and Nominative Registrations must be made exclusively on-line via **DEADLINES** the FIG database. These registrations will only be accepted from FIG Gymnastics Member Federations. 26, November, 2025 Provisional registration (4 months prior to the event) (23:59 GMT) 21. January. 2026 Definitive registration (2 months prior to the event) (23:59 GMT) 25, February, 2026 Nominative registration (4 weeks prior to the event) (23:59 GMT) Last registrations are subject to fines as follows: Fine for missing or late Provisional registration CHF 500.-Fine for missing or late Definitive registration CHF 750.-Fine for missing or late Nominative registration CHF 500.-

Registrations and payments made after the gymnasts' drawing of lots will not be accepted

and the Delegation members concerned will not be authorized to participate.

DRAWING OF LOTS	The drawing of lots will take place at the FIG Headquarters in Lausanne (SUI) two weeks after the closing date of the nominative registration. After publication of the draw on the FIG website, the member Federation will be given an			
	opportunity to modify the position of their gymnasts' starting order within 3 days by using the official document to be found on FIG website			
ENTRY FEES	The non-reimbursable cost for the Entry Fee is per unit, as follows: IW/IM: 45 EUR - MP: 70 EUR - TRIO: 80 EUR - GROUP: 90 EUR			
ACCOMMODATION	It is mandatory for all delegations to book their accommodation through the LOC			
	The Organizers will arrange at a determined fee, accommodation and meals from the 23 rd March to 30 th March, see Entry Forms (see attached) as follows: B&B Hotels Cantanhede / Coimbra: - Av. Comandante Xavier Gomes Gama, 1 * 3060-209 Cantanhede - (+315) 231410220 - e-mail: hotel.cantanhedecoimbra@hotelbb.com - web site: www.hotel-bb.es			
	The costs per person/night in this first Hotel are as follows: • 100 EUR (single room, including breakfast) • 80 EUR (double room, including breakfast) Hotel Quinta da Lagoa: - Quinta da Lagoa * 3070-150 Mira - (+351) 231458688 - e-mail: hotelquintadalagoa@sapo.pt - web site: www.hotelquintadalagoa.pt			
	The costs per person/night in this second Hotel are as follows: • 100 EUR (single room, including breakfast) • 80 EUR (double room, including breakfast) • 65 EUR (triple room, including breakfast) Herdade Lago Real: - Rua das Palmeiras * 3070-153 Mira - (+351) 231488269 - e-mail: geral@lagoreal.pt - web site: www.lagoareal.pt			
	 The costs per person/night in this second Hotel are as follows: 100 EUR (single room, including breakfast) 80 EUR (double room, including breakfast) 65 EUR (triple room, including breakfast) The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 21, January, 2026 at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis. The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodation must be paid to the LOC by 21, January, 2026. 			
MEALS	The invited participating federations must pay for the meals expenses of their delegation members. Lunch – at ETPC – 24 EUR Dinner – at the Hotel of Accommodation – 24 EUR The Meals Form must be returned to the LOC by 21, January, 2026 at the very latest. The costs for the meals must be paid to the LOC by 21, January, 2026.			
FINAL BANQUET	There will be tickets for the Final Banquet available at the entry cost of 30 EUR/person. The tickets for the Final Banquet must be paid to the LOC until 21 , January , 2026 . Tickets for the Final Banquet are not refundable.			

INTERNATIONAL The invited participating federations must pay for the travel costs of their delegation **TRANSPORTATION** members. The Travel Schedule Form must be returned to the LOC by 21, January, 2026. LOCAL It is mandatory for all delegations to book their local transportation through the **TRANSPORTATION** The Organizers will arrange at a determined fee, the transport service from the LISBON International airport and OPORTO International airport to the accommodation place in Cantanhede and to the competition hall The costs are per person. Transportation from Oporto Airport to the competition venue or hotel and back – 80€ (eighty Transportation from Lisbon Airport to the competition venue or hotel and back – 100€ (hundred Euros). The LOC only ensure the Local Transportation between the hotels and the hall of the competition to all the participants. The invited participating federations must pay for the transportation expenses of their delegation members until 21, January, 2026. **VISA** Please verify immediately with your travel agent or the **Portugal** Embassy or Consulate in your country if a visa is required for your travel to Portugal. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 21, January, 2026 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to. **INSURANCE** The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation. Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical- insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay. Delegation members with insufficient insurance coverage must inform the LOC in advance. The LOC will subsequently offer insurance coverage at the Federations own charge as follows: 50€ (fifty euros) per person/day. The accreditation will take place at the Sports Hall "Os Marialvas" upon arrival to **ACCREDITATION** Cantanhede. The accreditations will only be handed out to the Head of Delegation. All delegations must deliver 2 memory sticks with: the musics of all routines, the national anthem and the national flag. Also the SPORTIVE INSURANCE declaration with the respective names and passports of all members. In addition, the LOC will distribute information regarding the safeguarding Officer operations plan upon accreditation. **MUSIC** The LOC is responsible to comply with the local laws of music copyright, to obtain the broadcast and online rights, and to secure and retain all clearances required with respect to any and all music or sounds displayed during any phase of the event. The ClickNClear system will be used at all World Cups 2025 to upload the music of all unit(s), to inform on the music data, and to assist the National Federations (NFs) to ensure that the music is appropriately licensed for use in competition. While the Appendix 1 of these Directives (i.e., the ClickNClear "How To" document) will guide Federations, the procedure to be completed 10 days before the start of the competition, can be summarized as follows:

:
 The link to access the ClickNClear platform will be sent by e-mail to the participating NFs after the closing date of the definitive registrations NFs will be required to create an account and add their unit(s) NFs will be asked to upload the music for their unit(s) NFs will be able to provide a music license agreement and supporting information for each of their unit(s) Information will be given to check whether the unit(s)' music has been properly licensed. The usual Music Form (excel) will therefore no longer be used for this event. Those who were not able to attend the live webinar organised by FIG and ClickNClear on 06 February 2024 can click here to follow it. For technical support, contact support@clicknclear.com. During Podium training, NFs will be able to verify that the music for their gymnasts/group
units is correctly played.
Federations which have not fulfilled their financial obligations towards the FIG or the LOC may not be allowed to participate in this FIG World Cup. Federations which have not fulfilled their financial obligations towards the Organizing Member Federation by the given deadlines mentioned in these Directives may still have the possibility to participate, but the Organizing Member Federation will not guarantee the hotel booking, meals, and local transportation. Federations which have not fulfilled their financial obligations towards the Organizing Member federations upon arrival will not be accredited.
Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Account Name: ACADEMIA CANTANHEDEGYM Bank: Crédito Agrícola Agency: Cantanhede IBAN: PT50004530204023223856527 Swift code: CCCMPTPL Reference: CANTANHEDE AER FIG World Cup 2026_(Country) The participating federation is responsible for covering all bank fees in connection with the bank transfers.
50% of Accommodation cost shall be reimbursed if the cancelation occurs up to 1 month (February 25, 23:59 GMT) prior to the event. After, no reimbursement will be made. 50% of meals cost shall be reimbursed if the cancellation occurs up to 1 month (February 25, 23:59 GMT) prior to the event. After no reimbursement will be made.
In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied. If there is still a tie, the tie shall not be broken. Nevertheless, the gymnasts not qualified for the finals and with same final score will receive the same World Cup points.

PRIZE MONEY

The Organizing Member Federation must pay a minimum prize money per medallist as follows:

Total minimum 11'700.- (CHF):

The Prize Money, free of any deductible taxes, will be distributed in Euros as follows:

Individual Men Gold 7 x 1'100.- 7'700.-600.-Individual Women Silver 350.-Mixed Pairs Bronze 150.-Trios 400 -5 x 800.-Groups Gold 4'000.-Silver 250.-

The LOC will not be responsible for any local taxes payable in the beneficiary's residence country.

150.-

In case of a tie, the prize money will be added and divided by the number of units:

1, 1, 3 (prize money for rank 1 and 2 is added and divided by 2)

Bronze

1, 2, 2 (prize money for rank 2 and 3 is added and divided by 2)

No prize money, and no medals will be given, if there are less than 4 participating units per category

"Wild Card Participants" will receive medals and prize money.

"Hors concours competitors" will not receive prize money.

ASSIGNMENT OF WORLD CUP POINT FOR THE RANKING LIST

In principle, the results and the updated FIG World Cup Ranking List will be published on the FIG web site within 24 hours after the end of the competitions provided that all procedures before and after the competitions are duly respected by the Organizing Member Federation "Hors concours competitors" must not appear on the official results lists

Separate World Cup Series Ranking Lists are established for every category beginning with the first World Cup event of the year and ending with the last World Cup event of the year as follows:

- Men Individual
- Women Individual
- Mixed Pairs
- Trio
- Groups
- No World Cup points for AD and AS

For Individual competitors, World Cup Points are assigned to the competitor by name.

Mixed Pairs are listed by name, but considered as an entity.

In case of change of partner, the Mixed Pair is considered as a new Pair.

Trios are listed **by name**, but considered **as an entity**.

One change of name in a Trio is allowed, but in case of a second change of name, the Trio is considered as a new Trio.

Groups are listed **by Federation**. The World Cup Points are assigned to the Federation. If more than one Group per Federation starts at an event, only the better result will be considered.

	The World Cup Points are assigned to the competitors as follows:				
	Finals: ranking from 1st to 8th place				
	Qualifications: ranking from 9th to 16th place				
		Ranking	World Cups		
		1	30		
		2	25		
		3	20		
		4	18		
		5	16		
		6	14		
		7	12		
		8	10		
		9	8		
		10	7		
		11	6		
		12	5		
		13	4		
		14	3 2		
		15 16	1		
		17 and	1		
		below	ı		
	The units with same final score will receive the same World Cup points.				
	If there are less than four (4) units participating in a category no World Cup Points will be				
	awarded		4-"	. Marid Cor Dainta "Hara caractura	
			ts" will not receive any eive World Cup Points.	World Cup Points. "Hors concours	
			•		
WINNER OF THE				y is the individual gymnast / pair / trio /	
ANNUAL WORLD CUP	group with the highest number of points of the World Cup Series Ranking List after the last event of the year: In case of a tie at any place in the World Cup Series Ranking Lists after the last competition				
COI					
	of the year, the tie will not be broken.				
	A special award ceremony will be held at the last World Cup Competition of the year in				
	which the World Cup winner will receive the World Cup.				
EVENT MANAGER	João Dias				
		ia Cantanhede	•		
	:	Concórdia, Lote			
	3060 – 149 Cantanhede Portugal Mobile: +351925123182				
	1		nhedegym@gmail.com		
MEDIA				icial and valid press card recognized by	
	international press agencies such as the AIPS and official Sports Journalists Associations / National Federations will be accredited. All media representatives (journalists, photographers, TV) must request an accreditation				
	from the LOC Media Office as soon as possible to have access to the media center on the				
	competition venue. Ms. Márcia SOBRAL				
		marcia.sobral@	oginastica org		
SOCIAL MEDIA			/.facebook.com/ginasticap	ortugal	
			v.instagram.com/ginasticar		
			youtube.com/user/ginastic		
MEDICAL	The Local Organizing Committee will provide first aid medical services. A physiotherapist will be present during the competitions as well members of the Portuguese Red Cross specialized in first aids. Medical support is also available at 5min. distance.				
SERVICES					
	specializ	ed in first aids.	Medical support is also av	/aliable at 5min. distance.	

OFFICIAL HOSPITAL	Hospital Arcebispo João Crisóstomo R. Padre Américo, Apartado 61 * 3061-909 CANTANHEDE Phone number: +351 231 419 210
ANTI-DOPING	Doping controls Doping controls will be organized by the International Testing Agency (ITA) on behalf of the FIG and according to the World Anti-Doping Code (WADC), the international standards enacted by the World Anti-doping Agency (WADA) and FIG Anti-Doping Rules.
	Host federation WADC compliance The exploitation of any rights related to the hosting of an event is subject, at all times, to the compliance with the WADC and the international standards enacted by WADA. Regardless of whether the event has already been allocated or not, the FIG may terminate any collaboration with the host federation or the LOC, immediately and without paying any penalty and/or compensation or incurring liability of any kind, under the following circumstances:
	(i) if the National Anti-Doping Organisation (NADO) in charge in the concerned country is declared non-compliant by WADA(ii) if the relevant country has been ruled ineligible to host the event.In such cases, the FIG is entitled to reassign the event to any other host federation in another country where the WADC and the WADA international standards are fully respected.
SAFEGUARDING	From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site. In addition, posters of the "10 Golden Rules of Gymnastics", the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several
MADIZETINO	locations, including training and warm-up halls and public zones.
MARKETING	FIG advertising and publicity norms must be respected.
TELEVISION	The Organizing Member Federation must guarantee the production of a basic feed. The name of the Host Broadcaster and the person in charge of the TV production will be the following: Host Broadcaster: RTP Address: Av. Marechal Gomes da Costa, N° 37 1849-030 Lisboa – Portugal International TV Rights Distribution: IEC Mr. BARROSO Miguel Av. Marechal Gomes da Costa, N° 37 1849-030 Lisboa Tel.: +351 919 180 699 e-mail: mbarroso@rtp.pt
SCORING, RESULT SERVICE and VIDEO CONTROL SYSTEM	The Organising Member Federation will provide a scoring and result service, with appropriate outputs, including a high-quality video system (FIG TR), which will allow the recording, storage and provision of compilation of the recorded images for the Difficulty Judges and the President of the Superior Jury.
	Scoring system: SPORTTECH https://sporttech.io/explore?year=2025&country=POR&sport=AER
	The videos with music integrated will be sent to the FIG Offices within one week after the competition.
	Throughout the competition, the system will be able to redisplay in real time, normal speed, slow motion or fixed image, the different sequences and the registered scores of every exercise performed for the President of the Superior Jury. The scoring and result system must include a TV graphics generator. The presentation of the TV graphics on the international signal will be identical to those used at the FIG World Championships. The recording is done using the OBS software with a 4K camera and the video is visualized using VLC.

RULES AND REGULATIONS

The competition must be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations
- Code of Discipline
- Code of Points, relevant Newsletters, and Helpdesk
- General Judges' Rules
- Specific Judges' Rules for Aerobic Gymnastics
- Anti-Doping Rules
- Licence Rules
- Medical Organisation of FIG Competitions and Events
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- Apparatus Norms
- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Rules for Awards Ceremonies
- World Cup Rules for Aerobic Gymnastics

and subsequent decisions of the FIG Executive Committee

DEADLINES SUMMARY

Provisional Registration (online)	26, November, 2025
Definitive Registration (online)	21, January, 2026
Nominative Registration (online)	25, February, 2026
Accommodation Form	21, January, 2026
Travel Schedule Form	21, January, 2026
Visa Request Form	21, January, 2026
Meals Form	21, January, 2026
Payment of the Entry Fee	21, January, 2026
Payment of the Accommodation Costs	21, January, 2026
Payment of the local transportation	21, January, 2026
Payment of the Meals	21, January, 2026
Payment of the Final Banquet	21, January, 2026
Payment of the fine for missing judge	21, January, 2026

Sincerely Yours,

Place and date: Lisboa, 27.06.2025

Secretary General of the FIG affiliated NF