



Event ID 18340



Dutch Trampoline Open 2026

Individual | Synchronized | Team Competition Trampoline

<https://www.dutchtrampolineopen.com>



- **Invitation**
- **Rules**
- **Information**

In case information in this Invitation deviates from the current versions of the Directives, Competition Rules and Workplan, as published on the website, the latter shall prevail

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INVITATION

DUTCH TRAMPOLINE OPEN 2026



With great anticipation, we invite you to participate in the Dutch Trampoline Open 2026 in Alkmaar, The Netherlands. Since 2018, we have endeavored to deliver a top-level trampoline tournament in all important areas: level of

- competitors
- facilities
- accommodation
- transportation and
- hospitality

The 2026 Dutch Trampoline Open marks the fifth edition, and I am pleased to send you our invitation for this competition.

Additionally, I would like to highlight that the days preceding the Dutch Trampoline Open will feature the 2nd World Cup Trampoline Alkmaar at our venue. We offer the 2026 - Dutch Trampoline Open Delegations the opportunity to experience the Finals of the World Cup on Friday evening.

Together with all volunteers, the organizing committee, and everyone involved in making the Dutch Trampoline Open possible, I look forward to another exceptional trampoline week in Alkmaar and to creating unforgettable memories.

Yours sincerely,

Sven Mooij
President of the Local Organizing Committee

Dutch Trampoline Open 2026 - Alkmaar, The Netherlands - Venue: De Meent



ORGANIZATION

Organizing Committee

Stichting Dutch Trampoline Open

contact person: Sven Mooij | tel. +31 6 12425880

p/a Pater Schiphorststraat 25, 1827 NK Alkmaar

e-mail: info@dutchtrampolineopen.com

website: <https://www.dutchtrampolineopen.com>

Host Federation

Royal Dutch Gymnastics Federation

Ms. Ryanne Burghart

Papendallaan 60, 6816 VD ARNHEM

Tel. 00 31 885058800

e-mail: wedstrijden@kngu.nl

website: www.kngu.nl

[all communication directly with the OC]

FIG

Fédération Internationale de Gymnastique (FIG)

Contact person: Alexandre Cola

12A Avenue de la Gare, 1003 Lausanne - Switzerland

Tel: +41 21 321 55 10 / Direct: +41 21 321 55 32

e-mail: acola@fig-gymnastics.org

website: www.gymnastics.sport

Venue

Event Hall: De Meent, Terborchlaan 301, 1816 MH Alkmaar

phone number: 00 31 72 5489310

e-mail: info@alkmaarsport.nl

web site: www.demeentalkmaar.nl

Preparation Hall, Warm Up Hall (720 m2) and Competition Hall (1.344 m2) are on this location

Venue capacity: 1.000 seats

Vertical clearance above the performance area in the Competition Hall: **13m**

Vertical clearance above the performance area in Warm-up & Training Hall: **>12m**

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CLASSES AND COMPETITIONS

Classes

Age Group Competition:

Age Group	In the year of competition	Year of Birth
AG 1	11-12 years old	2014-2015
AG 2	13-14 years old	2012-2013
Juniors	15-16 years old	2010-2011
AG 3	17-21 years old	2005-2009

Senior Competition:

- 17+ years old in the year of the competition or older (2009 and before)

Parts of the competition The competition is divided into three (3) disciplines, for each discipline several "C"ompetitions have been defined. see below:

Age Group	Category	Comp IND	Comp SYN	Comp TEAM
AG 1	11-12 year old boys	C01	C11	C30
AG 1	11-12 year old girls	C02	C12	C30
AG 2	13-14 year old boys	C03	C13	C30
AG 2	13-14 year old girls	C04	C14	C30
Juniors	15-16 year old (Junior) boys	C05	C15	C30
Juniors	15-16 year old (Junior) girls	C06	C16	C30
AG 3	17-21 year old boys	C07	C17	C31
AG 3	17-21 year old girls	C08	C18	C31
Seniors	Senior Men	C09	C19	C31
Seniors	Senior Women	C10	C20	C31

Online registration:

Gymnasts who have been registered as competitor in IND/SYN/TEAM will be registered automatically in their competition parts, based on their year of birth and gender. For 17-21 age you have a choice between registration in AG3 or Seniors.

The competition parts will be automatically printed on the competitions cards that are available as a download. It's the responsibility of the delegation to check the placement of its competitors after publication of the starting lists.

TECHNICAL PROGRAM

according to Rules for Junior and World Age Group Competition (WAGC) 2025-2028

- **AG1 (11-12 years) - (C01/C02 & C11/C12)**

The first exercise consists of 10 different elements, only two (2) elements allowed with less than 270° somersault rotation. Each element meeting the three requirements below must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one (1) element landing on the front of the body,
2. one (1) element landing on the back of the body,
3. one (1) element with a minimum of 360° twist and a minimum of 360° somersault rotation.

- **AG2 (13–14 years) - (C03/C04 & C13/C14) and**
- **Junior category (15-16 years) - (C05/C06 & C15/C16)**

The first exercise consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the four requirements below must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one (1) element to front or back,
2. one (1) element from front or back – in combination with requirement N°1,
3. one (1) double front or back somersault with or without twist and
4. one (1) element with a minimum of 540° twist and a maximum of 450° somersault rotation.

- **AG3 (17–21 years) – (C07/C08 & C17/C18)**

The first exercise consists of 10 different elements, all of them with at least 270° of somersault rotation. Each element meeting the two requirements below must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

1. one (1) element to front or back,
2. one (1) element from front or back – in combination with requirement N°1,

According to 3.2.1.2, two (2) elements in the first exercise will be counted for D-scoring in this age group:

5.3.1 These two (2) elements must include the D-values in the competition cards; otherwise, no difficulty score will be entered.

5.3.2 If any of these two (2) elements is performed in the second exercise as well, the repeated element will not have difficulty value.

All AG and Juniors: **The repetition of an element** during the first exercise will result in a penalty of 2.0 points applied by the Difficulty Judges, for each repetition.

Seniors (C09/C10 and C19/C20): FIG Rules

Apparatus List

All apparatus are FIG certified:

Trampoline FIG ID 610

HDMD FIG ID 708

Safety Mats FIG ID 548

LOCATION

The city of Alkmaar is located 50 km from Amsterdam, and 10 km from the coast of the North Sea.

Alkmaar is famous for its cheese market, and offers a historical city center, for shopping and many restaurants

PROVISIONAL PROGRAM

Early arrival / acclimatisation is possible

Date	Event
Friday March 15	Arrival of Delegations World Cup Finals** Training Information meeting
Saturday March 16	Judges meeting Individual Qualifications*
Sunday March 17	Judges meeting Synchronized Qualifications* Synchronized Finals Team Finals Individual Finals
Monday March 18	Departure of Delegations

*(Qualifications: warm up/training in training hall and **2-touch** in competition hall before each group)

** Free entrance for all accredited Delegation members

Overview

Combined Schedule

World Cup (12th/13th March) / Dutch Trampoline Open (14th/15th March)



OVERALL SCHEDULE	[ARRIVALS]	ARRIVALS WELCOME & INFO MEETING	JUDGES- INSTR.	ALLOCATED TRAINING	COMPETITION	POST-TRAINING DEPARTURES
MARCH 10 - 15	FREE TRAINING					
MON 09	WC					
TUE 10	WC	WC	WC			
WED 11				WC		
THU 12		DTO			WC	
FRI 13		DTO		DTO	WC	
SAT 14			DTO		DTO	WC
SUN 15			DTO		DTO	
MON 16						DTO

PARTICIPANTS

From the first edition in 2018, the Dutch Trampoline Open is an international, for each age group FIG sanctioned Level 4 tournament with over 350 participants in each edition; many athletes at World- and Olympic level have already participated in our competition.

The Dutch Trampoline Open is open to Representatives of National Federations, District or Regional Associations, as well as to all clubs affiliated in the respective Federations.

The participating gymnast must all have

- a valid FIG license
- a valid insurance

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RULES AND REGULATIONS

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations
- Code of Discipline
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Trampoline Gymnastics
- Anti-Doping Rules
- Licence Rules (except for non competitive events)
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- FIG Medical Guidelines for FIG Competitions and Events
- Media Rules
- Apparatus Norms
- FIG Rules for Sanctioning (approval) of International Events
- Advertising and Publicity Rules
- Regulations for Award Ceremonies
- Accreditation Rules

and subsequent decisions of the FIG Executive Committee

DRESS FOR GYMNASTS

National Identification or Federation emblem as per 6.6 FIG Code of Points is not required for this competition.

FINALS

FIG Rules for Qualifying will be followed (including group winners in Senior Class)

TIE-BREAK

Tie-break rules defined in the FIG Code of Points 2025-2028 will apply.
(a print-out will be available in the Competition Office)

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PRIZES

Category	1st Place	2nd Place	3rd Place	Participation Certificate
Individual (IND)	Medal, Champion-Trophy	Medal	Medal	Yes
Synchronized (SYN)	Medal, Champion-Trophy	Medal	Medal	Yes
Teams (TEAM)	Trophy, Medals for team members and coach	Trophy, Medals for team members and coach	Trophy, Medals for team members and coach	No

PRIZE MONEY

in C09 and C10 prize money will be available: 1st € 250 / 2nd € 150 / 3rd € 100.

TEAM FINALS (C30 and C31)

From each Delegation, 1 AG team and 1 Senior team can be registered.

The best 5 teams of the Age Group and Senior class will compete in the Finals. Team coaches will be invited to be presented together with their team when marching in for the Team Finals.

The Individual qualifying round acts as qualification for Team Finals. In Senior Team Competition, the sum of the 3 (three) highest scores obtained by the team members in each round of the qualification will give the overall team score (sum of six (6)) after qualification.

Note: Due to the possibility of the Competition Office to rectify individual scores during the tournament, **the team qualification scores are final and complete after notification from the competition office.** Team scores in every other category only show the contribution from that category that is going to be exported to the overall team scores.

Teams in the finals consist of three (3) gymnasts. Each gymnast will perform one exercise.

Therefore, team finals are composed by three (3) rounds. The starting order for the teams in all three (3) rounds is in rank order, with the first gymnast from the team on 5th place going first, followed by the first gymnast representing the team on 4th place, etc.

The classification is determined by the sum of the ranking points (5, 4, 3, 2 and 1) a team achieves in each round. The winner is the team with the highest sum of ranking points in the Team Final.

In case of any tie, then tie break rules will apply (art. 4.4 TR).

JUDGES

Condition	Requirement	Penalty
3 or more competitors	Sign in at least 1 judge	€ 25 per competitor
10 or more competitors	Sign in at least 2 judges	€ 25 per competitor
Judges' availability	Available on both competition days	€ 25 per competitor
Withdrawal or absence of Judges	Not applicable	€ 25 per competitor

All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (TRA).

Service Packs, including lunch and dinner on competition days and local transportation, are provided at no cost for judges.

REGISTRATION / ENTRIES / DEADLINES

Entries

Entries will be considered on a first come first served basis (online registration program)

Registration Link as well as a manual for the registration program can be found on the website <https://www.dutchtrampolineopen.com/your-registration>

Entry opens November 1st, 2025.

Registration deadlines

Deadlines: "or earlier when the maximum number of competitors has been registered"

Definitive registration	31/12/2025
Nominative registration	31/01/2026

(in case the maximum number of competitors has been registered, Delegations can apply to be placed on the waiting list)

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Entree fee

Competition Type	Entry Fee	Additional Information
Individual	€ 60,00 / gymnast	
Synchronized	€ 60,00 / pair	
Teams	€ 0,00	
World Cup Finals tickets	€ 0,00	For all accredited Delegation members;

Deadlines Summary

Deadlines: **Or earlier when the maximum number of competitors has been registered

	starts	Deadline **
Definitive Registration	1/11/2025	31/12/2025
Visa Request Form	1/11/2025	31/12/2025
Nominative Registration*	1/11/2025	31/01/2026
Travel Schedule Form	1/11/2025	31/01/2026
<p>Payments to the LOC: (you will receive specified invoices at the registered club administration email address):</p> <ul style="list-style-type: none"> *Entry Fee *Local transportation *Meals at the venue *Airport shuttle service *Penalty for missing judge(s) <p><i>(all according to Definitive Registration)</i></p>		10/01/2026

Payments

Each participating Federation or Club is kindly requested to integrate the payment's purpose as follows:

Total amounts to be paid per bank transfer upon receipt of the invoice (by mail).
But latest January 10th. Please include the full name under which the delegation has registered.

Payments to:

Stichting Dutch Trampoline Open, Alkmaar.

Account number: IBAN: **NL21 RABO 0318 1574 46** Rabobank Alkmaar.

Bank Identifier Code (BIC/SWIFT code): **RABONL2U**

Bank charges are for the account of the applicant

The participating Federation is responsible for covering all bank fees in connection with the bank transfers

In case of cancelation after December 31, 2025 it will be obligatory to pay all costs..

Note: only payments by bank transfer will be accepted before the indicated closing date. Cash payment during the event cannot be accepted.

CANCELATION POLICY

The LOC will email the invoice for costs for the participation and services after deadline of Definitive Registration (31/12/2023). Cancelation after December 31, 2025 will not be taken into account and can/will not be reimbursed (and in case of late registration will still be invoiced and has to be paid).

In case of force majeure, the LOC is to settle unavoidable costs in the first place before proceeding to a refund to the extent that is possible.

After December 31 2025, the registration program cannot be used for cancelation; it will **only** stay open until January 31, 2026 for

- Notification of alteration of participants or services
- alteration in e.g. pairs and teams, and for
- filling out (and downloading) competition cards.

OTHER INFORMATION

Medical services

Medical services (Sports doctor, First Aid, sport therapist) will be provided by the Organizing Committee during allocated training and competition sessions.

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VISA

Please verify immediately with your travel agent or the **Dutch** Embassy or Consulate in your country if a visa is required for your travel to **The Netherlands**. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before **January 1st, 2026**

The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

Workplan

Detailed information about the competition will be available on the official website <https://www.dutchtrampolineopen.com/competition-info>

Other Facilities

During competition, coaches are served with free drinks (coffee/tea) and fruits. Athletes will be served with water and fruits.

SERVICES

Transportation

International Transportation

The invited participating federations must pay for the travel costs of their delegation members.

In case you book service packages for local transport/meals: The Travel Schedule Form must be sent to the LOC as soon as possible, but latest **31-01-2026**

Local Transportation

Airport shuttle service and a shuttle bus between the hotels and the venue can be booked in the registration module (separately or as a package together with meals). Services have to be booked and paid latest before deadline, (booking latest 31/12/2025; payment upon receipt of invoice, **latest 10/01/2026** by Bank transfer (see: Bank account information)

In case of cancelation after December 31, 2025 obligatory to pay all costs.

If extra, not avoidable costs* are incurred because of any circumstance, not due to the LOC, these will be passed on to the Delegation. (*F.i.: Delegations Travel schedule, divided into multiple- travel moments, late return of the Travel Schedule Form or any alteration which leads to extra costs*)

Cancellation and reimbursement Policy is identically to the Policy which applies to the Registration fee.

Accommodation

Except for Delegation members that have also participated in the Previous World Cup, Each Federation/Club will organize their accommodations themselves; bookings can be made at sales@zuiderduin.nl. [Use reference "Dutch Trampoline Open" to obtain children's discount and a special cancellation policy (up to 3 days before eta cancellation would be free of costs)].

Hotel rooms will be allocated on a "first come, first serve" basis.

Hotel Zuiderduin is the one with shuttle bus service as before mentioned as "local transportation".

Address of the preferred accommodation:

1) Hotel Zuiderduin ****

Zeeweg 52, Egmond aan Zee
0031 72 750 2000

sales@zuiderduin.nl

The costs **per person per night** in this hotel are:

€ 90,20 (single room, including breakfast and tourist taxes)

€ 62,70 (2/3/4-p room, pp, including breakfast and tourist taxes)

Children 3/14 years' old have a 50% discount when staying in a room with at least 1 adult.

The hotel offers wifi, saunas, swimming pool, fitness (all free of charge), bowling and pub;

200 rooms are available in this Hotel.

Parking is free of charge (based on availability) or (paied) in the surroundings.

Meals

The invited participating Federations must pay for the meal's expenses of their delegation members (meals for all registered judges on competition days are free).

***Times are provisional and depending on the definitive time-schedule.**

The LOC will arrange opportunity for lunch (€ 20,00) and dinner (€ 25,00) at the competition venue (either as part of the service packages or separately)

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- Friday, March 13: delegations' dinner: 17:00-20:30 *
- Saturday, March 14: delegations' lunch: 12:00-14:00 * /
Judges lunch: 13.00-13.30
delegation's dinner: 17:00-20:30 * /
Judges' dinner: 17:30-18:00
- Sunday, March 15: delegations' lunch: 12:00-14:00 * /
Judges lunch: 13.00-13:30
delegation's dinner: 16:30-20:30*/
judges' dinner: 16:15-17:00

Participants can obtain meals at the venue when booked and paid in advance; during the event it is almost sure not possible anymore to order extra meals as the quantity of meals is ordered in advanced at an external party.

The costs for the meals must be paid to the LOC upon receipt of the invoice, **latest 10/01/2026** by Bank transfer (see: Bank account information)
In case of cancelation after December 31, 2025 obligatory to pay all costs.
For coaches, both competition days coffee/tea/fruits will be provided without charge.

For additional services do not hesitate to contact us at info@dutchtrampolineopen.com

SOCIAL MEDIA AND LIVESTREAM

Platform	URL
Website	https://dutchtrampolineopen.com
Facebook	https://www.facebook.com/dutchtrampolineopen/
Instagram	https://www.instagram.com/dutchtrampolineopen/
Twitter	https://twitter.com/DutchTrampOpen
YouTube	https://www.youtube.com/channel/UCfDbUVgrAG-hpVL3WvfKdhw

Availability of Live stream: the LOC will inform you by social media before the competition.

A Media book (with results) will be available at the official website within 1 week after the competition

ADDITIONAL INFORMATION

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- Optimal conditions for athletes: training in limited groups, training prior to each competition rotation, 2-touch warm up in most competition parts.
- Possibility for training camp in week before or after the event (First come first served). Information about conditions: www.dutchtrampolineopen.com / training facilities. Request / interest can be mailed to info@dutchtrampolineopen.com
- **Judges service packs have to be booked but are free of charge, except for any additional airport shuttle costs**

LIVE SCORES on Sporttech.io

Link to the scores of the 2026 Edition:



TICKET SALE

Ticket sale will be announced at the website;
 Tickets per day or passepartouts can be booked in advance and (unless fully pre-booked) at the stand in the venue.

More information in the FAQ section on our website.

CONTACTS

Official Site <https://dutchtrampolineopen.com>
 Official Email info@dutchtrampolineopen.com

Address of the venue: De Meent, Ter Borchlaan 301, 1816 MH Alkmaar | Phone 00 31 72 5489310

