

3rd TRIANGLE TRAMPOLINE OPEN 28. 3. 2026

Organizer: Trampolíný Liberec, z.s., www.trampoliny.cz

Contact: mpatrmanova@gmail.com

Date: 28. 3. 2026

Location: Trampolínové centrum Orionka, Jizerská 250, Liberec, Czech republic

(<https://mapy.cz/zakladni?source=firm&id=13184785&ds=1&x=15.1115567&y=50.7822018&z=17>)

Photo from the last year:

<https://www.trampoliny.cz/galerie/fotogalerie/galerie/2nd-triangle-trampoline-open-22-3-2025/#!>

Categories:

Individual competition

7-8 Age: two voluntary routine - better counts

9-10 Age: two voluntary routine - better counts

11-12 Age: FIG rules C12/ compulsory routine D1

13-14 Age: FIG rules B/compulsory routine D2

15-16 Age: FIG rules B



D1 – criteria:

For the category 11-12 years

1. minimum difficulty value of 2.6 points
2. 3/4 forward somersault with landing on the back as desired or 3/4 somersault backwards with landing on the stomach as desired (position must be entered in the competition card)
3. 1/1 backward somersault arbitrarily (position must be entered in the competition card)
4. 1/1 forward somersault arbitrarily or 1/1 somersault forward with ½ screw arbitrarily (position must be entered in the competition card)

D2 – criteria:

For the category 13-14 years

1. minimum difficulty value of 3.8 points
2. 3/4 somersault forward with landing on the back arbitrarily or ¾ backward somersault with landing on the stomach arbitrarily (position must be entered in the competition card)
3. from the back 1 1/4 somersault forward with screw rotation or without screw rotation arbitrarily or from the stomach 1 1/4 somersault backward arbitrarily (position must be entered in the competition card)
5. 1/1 backward somersault crooked
6. 1/1 forward somersault with 1/2 screw straight

Provisional shedule:

Friday **27. 3. 2026**

- arrivals to Liberec
- free training 17:00-20:00

Saturday **28. 3. 2026**

- 8:00-9:50 free training
- 9:00 judges and coaches meeting
- 10:00-17:00 individual competition
- departure from Liberec

Entry fees: 35 euros per gymnast per class

T-shirt: Gymnasts/coaches/judges/others have opportunity to order T-shirt, it costs 20 euros
(order by 10. 2. 2026 using the form we will send you)

Judges:

Delegations will bring judges according to the instructions below:

1-4 = 1 Judge

5-14 = 2 Judges

15 and more = 3 Judges

If not, a penalty of € 25.- will be calculated for each competitor.

For example:

I bring 4 gymnasts and I have no judge -> penalty is 25 euros per each competitor (=100 euros)

I bring 5 gymnasts and I have only one judge -> penalty is 25 euros

Apparatus supplied:

2x Eurotramp ultimate for competition

2x Eurotramp for warm up

Accommodation: Not provided by the organizer. We can recommend:

Hotel Orion: <https://www.hotel-orion.cz/> (3 minutes by foot from the gym)

Inter Hostel: <http://www.interhostel.cz/> (10 minutes by car from the gym)

Meals: A buffet with a wide range of snacks, baguettes, fruits, soft drinks, and coffee will be located within the sports hall. It will be possible to pay in cash (Czech crown).

Insurance:

The Host Federation and the LOC will not be responsible for any liabilities in case of accidents, illness, quarantine, repatriation and the like. All participating Federations and clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.

Bank account information:

Bank: Komerční banka

IBAN: CZ7901000000438726810287

SWIFT BIC: KOMBCZPPXXX

In the note: TTO 2026, club name

Results: We will publish the results on the website: <https://www.trampolinescore.com/>

GDPR: Participants agree with taking photographs and video recordings of them.

Each competitor will receive a certificate.

Provisional registration: 31. 12. 2025 (Please let us know if you are interested, using the form here).

https://docs.google.com/forms/d/e/1FAIpQLSdoUfCGIH6irPWYARHrsy2MfApsX3t_L1Wjsc-UQN9wk8Vz5Q/viewform?usp=publish-editor

Nominative registration: 10. 2. 2026 (An invoice will be issued based on the nominative registration.)

Sincerely Yours
Ing. Miroslav Patrman
Trampolíný Liberec
1. 12. 2025