

Beskidy Cup 2026

Trampoline & DMT Tournament

Wilkowice (PL), 22-24 May 2026

PRELIMINARY DIRECTIVES

Uczniowski Klub Sportowy "Alfa" Wilkowice, a member of the Polish Gymnastics Association, is pleased to invite you to participate in the Beskidy Cup 2025 trampoline & DMT tournament.

Disciplines	Trampoline, individual and synchronized pairs, DMT																																								
Host Federation	Polski Związek Gimnastyczny Ul. Ratuszowa 11 03-450 Warszawa Tel. +48 691 843 320 E-Mail: kontakt@pzg.pl																																								
Local Organizing Committee	Uczniowski Klub Sportowy „Alfa” Wilkowice ul. Kościelna 10, 43-365 Wilkowice, Poland Contact person: Paweł Handzlik Phone: +48 606 933 754 e-mail: biuro@uksalfa.pl www.uksalfa.pl www.facebook.com/TrampolinaBielsko																																								
Date	22-24 May 2026																																								
Location	Sports Hall of the Municipal Sports and Recreation Center in Wilkowice ul. Szkolna 8a, 43-365 Wilkowice Poland www.gosir.wilkowice.pl																																								
Equipment	4 x Eurotramp Ultimate trampolines + 1 x Eurotramp DMT																																								
Age categories	<table border="0" style="width: 100%;"> <tr> <td style="width: 30%;">GR-O 1:</td><td style="width: 30%;">women</td><td style="width: 40%;">born 2016 and younger</td></tr> <tr> <td>GR-O 2:</td><td>men</td><td>born 2016 and younger</td></tr> <tr> <td>GR-O 3:</td><td>women</td><td>born 2014 – 2015 FIG</td></tr> <tr> <td>GR-O 4:</td><td>men</td><td>born 2014 – 2015 FIG</td></tr> <tr> <td>GR-O 5:</td><td>women</td><td>born 2012 – 2013 FIG</td></tr> <tr> <td>GR-O 6:</td><td>men</td><td>born 2012 – 2013 FIG</td></tr> <tr> <td>GR-O 7:</td><td>women</td><td>born 2010 – 2011 FIG</td></tr> <tr> <td>GR-O 8:</td><td>men</td><td>born 2010 – 2011 FIG</td></tr> <tr> <td>GR-O 9:</td><td>women</td><td>born 2009 and older FIG</td></tr> <tr> <td>GR-O 10:</td><td>women, men and mix synchro</td><td>born 2016 and younger</td></tr> <tr> <td>GR-O 11:</td><td>women, men and mix synchro</td><td>born 2012-2015</td></tr> <tr> <td>GR-O 12:</td><td>women, men and mix synchro</td><td>born 2010 – 2011</td></tr> <tr> <td>GR-O 13:</td><td>women synchro</td><td>born 2009 and older</td></tr> </table>		GR-O 1:	women	born 2016 and younger	GR-O 2:	men	born 2016 and younger	GR-O 3:	women	born 2014 – 2015 FIG	GR-O 4:	men	born 2014 – 2015 FIG	GR-O 5:	women	born 2012 – 2013 FIG	GR-O 6:	men	born 2012 – 2013 FIG	GR-O 7:	women	born 2010 – 2011 FIG	GR-O 8:	men	born 2010 – 2011 FIG	GR-O 9:	women	born 2009 and older FIG	GR-O 10:	women, men and mix synchro	born 2016 and younger	GR-O 11:	women, men and mix synchro	born 2012-2015	GR-O 12:	women, men and mix synchro	born 2010 – 2011	GR-O 13:	women synchro	born 2009 and older
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	<p>Participation in the tournament is open to competitors from FIG-affiliated federations and/or their clubs of good standing, with the exception of countries not permitted by FIG or European Gymnastics due to exceptional circumstances.</p> <p>Clubs must meet national eligibility rules to participate in international events.</p>
Judges and judge committees	<p>All judges must have a current FIG or national brevet (license) for the appropriate discipline (TRA, DMT) valid at the time of the competition.</p> <p>All participating delegations are required to provide 1 judge per club for each discipline in which the gymnasts from the club participate, i.e.</p> <ul style="list-style-type: none"> - 1 judge - if the club gymnasts participate in TRA only, - 2 judges - if the club gymnasts participate in TRA and DMT <p>If you are unable to provide a judge, please contact us in advance to discuss the situation.</p>
Registration:	<p>Pre-registration: 30 March 2026</p> <p>Final registration and payment deadline of entry fees and accommodation: 20 April 2026</p> <p>Nominative registration: 4 May 2026 (in an online registration system)</p> <p>All members of the delegation that attend the competition (athletes, coaches, judges) have to be registered.</p> <p>The interested clubs will receive an early link to the form in which they can provide the approximate planned number of participants / gymnasts in each category.</p> <p>Please provide this information as soon as possible, to enable early reservation of the accommodation and to streamline the organization process!</p>
Accreditation	<p>Accreditation will take place at the competition venue.</p> <p>During accreditation, the following will also be checked:</p> <ul style="list-style-type: none"> - presence of delegation members, - proof of insurance (photocopy of a valid insurance policy or a declaration of having the valid insurance) - payment of fees (we may ask you to present a confirmation of payment of the entry fee, accommodation fee, insurance, passport, ID card, etc.)
Rules and Regulations	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • General Judges' Rules • Specific Judges' Rules • Media Rules • Apparatus Norms • Accreditation Rules • Advertising and Publicity Rules
Tournament format	<p>Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category).</p> <p>Finals will start from zero. Tie-breaking rules as per FIG Code of Points.</p> <p>In each final, the best competitor from a given country takes part, along with the remaining best competitors to make up the maximum number.</p>

	<p>In addition, the host Club UKS ALFA Wilkowice can enter one gymnast per category in every final. If there is no athlete from home club in the final there will be nine (9) starters in the final (UKS ALFA Club Wildcard).</p> <p>Trampoline: In Trampoline competition "one- touch" will apply.</p> <p>DMT: In competition there will be no "one- touch" instead every category will have 15 minutes to warm up. In the finals there will be 10 minutes of warm-up time.</p> <p>Additional information:</p> <ul style="list-style-type: none"> • In synchronised competition, the age of the older gymnast determines the category in which the pair must enter. • Requirements for first routine as per FIG Junior and WAGC Rules (FIG 11- 12, 13-14), no first routine in synchro. • Difficulty limit per element in AG 11-12 & 13-14 category as per valid FIG Junior and WAGC Rules. • If 5 or less participants/pairs in the category, no qualification will be held (final only). If 3 or less participants/pairs in the category, the category may be joined to another category.
Provisional schedule	<p>Friday 22 May 2026 Arrival of the delegations 15:00 - 20:00 Free trainings and accreditation</p> <p>Saturday 23 May 2026 09:30 - 11:30 Warm-up and free training 11:00 Judges meeting (compulsory) 11:30 - 20:00 Qualifications IND TRA & DMT</p> <p>Sunday 24 May 2026 08:30 - 09:30 Warm-up and free training 09:30 - 12:00 Synchro training and qualifications 12:00 - 17:00 Finals and award ceremonies</p> <p>The final schedule may change depending on the number of participants. The exact schedule will be sent to the participating federations / clubs 2 weeks before the competitions by e-mail.</p>
Entry Fees	<p>The entry fee for this competition is 35€ for each Trampoline and 35€ for each DMT competitor. Entry fees are non-refundable in case of cancellation.</p> <p>Penalty for missing judge or late registration 35€ per participant of the team.</p> <p>All additional services such as accommodation, banquet and transfer service can be booked by the nominative registration. All coming delegation will be informed through an email.</p>
Medical services	<p>Medical care during training and the competition is provided by the Organizer.</p>

Insurance	<p>The Organizer shall not liable for any claims in the event of accidents, diseases, including Covid-19, quarantine, repatriation and the like.</p> <p>As per FIG Technical Regulations, all participating federations and clubs are responsible for assuring their own valid health, accident and repatriation insurance for all members of their delegation.</p> <p>The insurance will be checked upon arrival of the delegation members (e.g. confirmation of insurance or a photocopy of a valid policy, declaration).</p>
International transport	<p>Participating federations and clubs cover the travel costs of the members of their delegations. The organizer recommends that each delegation purchases appropriate travel cancellation insurance in international transport.</p>
Local transport	<p>On request, the Organizer can offer a transfer from Kraków Balice (KRK), Katowice Pyrzowice (KTW) or Ostrava (OSR) airport, as well as local transport between the hotel and the competition venue.</p> <p>Please contact us for a detailed offer.</p>
Accommodation / meals	<p>The organizer provides hotel accommodation with meals (breakfast and dinner) and lunch at the competition venue.</p> <p>The cost of accommodation and meals per person per day is €60.</p>

Looking forward to meeting you in Wilkowice!

President of UKS "Alfa" Wilkowice

Janusz Kruk