



*Arosa*



# 53<sup>rd</sup> Nissen Cup 2026

## Junior Competition Trampoline

### Provisional Schedule

#### **Wednesday**

All day Arrival of delegations and officials, accreditation

09:00 - 14:50 Free Training  
19:10 - 20:30 Junior free training

#### **Thursday**

All day Arrival of delegations and officials, accreditation

08:00 - 08:50 Junior free training  
14:00 Junior Orientation meeting  
14:30 Junior judges meeting and draw  
16:40 - 17:20 Junior general warm up  
17:30 - 22:00 AG2 (13-14) & Junior (15-16) - Individual qualification

#### **Friday**

14:35 - 15:20 Junior training & general warm up  
15:30 - 16:50 "AG2/Junior" - Synchro qualification

#### **Saturday**

12:00 - 12:40 Junior training for finalists  
12:50 - 15:20 Junior finals  
Individual AG2 (13-14) & Junior (15-16) girls & boys  
Synchro "AG2/Junior" girls & boys  
Junior award ceremony  
19:30 Banquet

#### **Sunday**

All day Departure of delegations and officials

*Last updated 15.03.2026/dm*