



# Czech Aerobic Open 2026

## 23<sup>rd</sup> – 26<sup>th</sup> April 2026

FIG ID 18487

Dear aerobic friends,  
The Czech Gymnastics Federation has the honor to welcome 18 countries to participate in the International Event – 19. Czech Aerobic Open.

CZECH NATIONAL AEROBIC GYMNASTICS CHAMPIONSHIPS

# CZECH AEROBIC OPEN

23. 4. 2026 – 26. 4. 2026  
SC Řepy, Prague

WORLD GYMNASTICS



## 1. PARTICIPATING COUNTRIES:

**AUSTRIA, AZERBAIJAN, BULGARIA, CZECHIA, FRANCE, GERMANY, GREECE,  
HUNGARY, ISRAEL, ITALIA, LATVIA, LITHUANIA, MOLDOVA, ROMANIA,  
SLOVAKIA, SWITZERLAND, TURKEY, UKRAINE**

## 2. COMPETITION VENUE

### **Sports Center Řepy**

Na Chobotě 420/16, 163 00 Praha 17, Czech Republic

## 3. COMPETITION DAYS: 23. – 26. April 2026

## 4. ORGANIZING COMMITTEE CONTACT

**Czech Gymnastics Federation, Zátopkova 100/2, 160 17 Praha 6**

Phone: +420 242 429 260

Email: [cgf@gymfed.cz](mailto:cgf@gymfed.cz)

### Contact person:

Mrs. Ing. Růžena Škrobánková

Phone: +420 732 941 505

Email: [aerobic@gymfed.cz](mailto:aerobic@gymfed.cz)

## 5. ACCREDITATION

The accreditation will take place at the SPORT HALL SC ŘEPY, PRAGUE upon arrival to the venue, **Thursday, 23<sup>rd</sup> April, 2026 from 10:00 to 12:00**. Please, respect the time. The accreditations will be handed out only to the Head of Delegation.

### CATEGORIES

New Generation	6 – 8 years
National Development	9 - 11 years
Youth	12 - 14 years
Junior	15 - 17 years
Seniors	18 years and older

## 6. SCHEDULE

### Wednesday, 22<sup>nd</sup> April 2026

All Day	Arrival of the delegations	Hotels
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### Thursday, 23<sup>rd</sup> April 2026

10:00 – 12:00	Accreditation	SC Řepy
08:00 – 13:30	Training by schedule	SC Řepy
<b>12:30 – 13:00</b>	<b>Orientation meeting – max. 2 people per nation</b>	SC Řepy
<b>13:00 – 13:45</b>	<b>Judges meeting and draw</b>	SC Řepy
14:00- 19:45	<b>NG - IW</b> Qualification <b>ND – IW, GR</b> Qualification	SC Řepy
19:55	Awards ceremony for Czech national Championship ND IW, GR, NG IW	SC Řepy

### Friday, 24<sup>th</sup> April 2026

<b>8:00 – 8:45</b>	<b>Judges meeting and draw</b>	SC Řepy
9:00- 12:00	<b>Qualifications</b> <b>ND – TR</b> <b>Youth TR</b>	SC Řepy
12:10	Awards ceremony for Czech national Championship ND TR, Youth TR	SC Řepy
<b>12:50</b>	<b>Official Opening &amp; Presentation of the nations (8 counts) – max. 5 gymnasts per nation + flag bearer</b>	SC Řepy
13:00-21:30	<b>Qualifications</b> <b>Youth – IW</b> <b>JUN – IW</b> <b>SEN – IW</b>	SC Řepy
21:40	Award ceremony for the Czech national Championship Youth, JUN, SEN, IW	SC Řepy

**Saturday, 25<sup>th</sup> April 2026**

8:00 - 9:30	Optional training (no music)	SC Řepy
9:00 – 9:45	Judges meeting and draw	SC Řepy
10:00 – 13:30	<b>Finals</b> NG – IM, IW, MP, TR, GR <b>Finals</b> ND – IM, IW, MP, TR, GR, DA	SC Řepy
13:40 14:00	Award ceremony for the Czech national Championship NG IM, MP, GR / ND IM, MP, DA Awards ceremony for Czech Aerobic Open NG and ND cat.	SC Řepy
15:00- 18:40	<b>Qualifications Youth</b> – GR, DA <b>JUN</b> – TR, GR, DA	SC Řepy
18:50	Awards ceremony for Czech national Championship Youth GR, DA, JUN TR, GR, DA	SC Řepy

**Sunday, 26<sup>th</sup> April 2026**

8:00 - 9:30	Optional training (no music)	SC Řepy
9:00 – 9:45	Judges meeting and draw	SC Řepy
10:00 – 16:50	<b>Finals</b> Youth, JUN, SEN (all cat.)	SC Řepy
17:00	Awards ceremony for Czech national Championship SEN GR  Awards ceremony for Czech Aerobic Open Youth, JUN, SEN (all cat.)	SC Řepy
20:00 – 23:00	Banquet	Hotel Pyramida

**Monday 27<sup>th</sup> April 2026**

All Day	Departure of the delegations	Hotels
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## 7. QUALIFICATIONS

### Age group, Junior and Senior:

There is no qualifications if less than 11 competitors (units) in category (IW, IM, MP, TR, GR, DA).

## 8. FINALS

Each final (IW, IM, MP, TR, GR): maximum of eleven (11) competitors: **8 best foreign competitors (max. 2 per nation) + 3 Czech competitors (maximum).**

**Aerobic Dance additional information:** 5-10 gymnasts are allowed to participate in each unit. An exception in the age is possible as follows: max. two (2) of the gymnasts could be from a lower / higher age group.

## 9. RULES AND REGULATIONS

- The competition is organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in the Directives:
- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations
- Code of Discipline
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Anti-Doping Rules
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- FIG Medical Guidelines for FIG Competitions and Events
- Media Rules
- Apparatus Norms
- Rules for Sanctioning (approval) of International Events
- Advertising and Publicity Rules
- Regulations for Award Ceremonies
- Accreditation Rules and subsequent decisions of the FIG Executive Committee

## 10. TRAINING AND COMPETITION AREAS

- Training areas as well as the competition podium are situated in a big multifunctional stage on the ground floor and marked 10x10m. The competition stage is equipped with the official aerobic floor and is divided from the training areas with a background. Please, note that there will be no music in the training area as it could disturb the competition. The Podium training will be organized according to the schedule (**App 1**). **Training session 1 - Thursday 23<sup>rd</sup> of April** for all the athletes. **Training session 2 - Saturday 25<sup>st</sup> of April** for that day competing athletes. **Training session 3 - Sunday 26<sup>rd</sup> of April** only for finalists.

Nations are requested to fill in the respective forms for the Order of the **Training session 1 - Thursday 23<sup>rd</sup> of April** (<https://forms.gle/e1YHTw8fQ3CXSBEP6>) by **April 15<sup>th</sup> the latest**.

During Thursdays and Fridays competition there will be a small gym under the Hotel Řepy section available for anyone not competing that day. Accessible by the tunnel from -1 floor where dressing rooms are in the Sports Hall. During Saturday and Sunday is this gym reserved for competitors as a warm up area.

Please respect the time table and use the training and warm up area only as stated above in order to keep as much space as possible for those ready to compete.

### 13. MUSIC

In order to simplify the management of the music and to limit the technical problems the federations are asked to submit the music in MP3 format ONLINE

<http://admin.gymaerobic.com>

Each music file will have to contain the following information:

- The name of the nation (official abbreviation of the country);
- The first and last name of the competitor/s;
- The category (IM, IW, MP, TR, GR, AS, AD);
- The Junior or Senior

Example: CZE\_DRAPAKOVA\_Sabina\_Senior\_IW1\_mp3

**If you have not done so yet, upload the music immediately (section – Starting list)!!!**

**If you have problems contact directly Mr. Ales Vykoukal [ales.vykoukal@gmail.com](mailto:ales.vykoukal@gmail.com)**

Delegation members are requested to keep in their possession a USB key of their music for their podium training sessions and in case of technical problems.

### 14. OPENING CEREMONY

The official opening ceremony will take place on **Friday, 24th of April at 12:50 before the beginning of the Qualifications.**

### 15. AWARD CEREMONIES

The ceremonies will take place in the competition venue according to the competition schedule. For all award ceremonies gymnasts must wear their national tracksuits.

### 16. INSURANCE AND MEDICAL SERVICES

The Host Federation, the Organizing Committee and the FIG will not be responsible for any liabilities in case of accidents, illness, repatriation and the like.

The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. During the Trainings and Competitions the LOC will provide medical services. Appointed person will be available during those times.

### 17. ACCOMMODATION

Please note that the **City Tax (Local Stay Fee)** is not included in the room rate and must be paid by the guest upon arrival; the current rate is **50 CZK per person per night**, though guests under the age of 18 and holders of disability certificates (ZTP/P) with their companions are exempt from this charge.

#### **Hotel Pyramida \*\*\*\***

Bělohorská 24, 169 01 Praha 6

Web: <https://www.orea.cz/hotel-pyramida>

#### **Hotel Golf \*\*\*\***

Plzeňská 103, 150 00, Prague 5

Web: <https://www.hotel-golf.cz/>

#### **Hotel Don Giovanni**

Vinohradská 2733/157a, 130 00 Praha 3-Žižkov

Web: <https://www.hotelgiovanni.cz/>

#### **SportHotel Břve Hostivice**

Hájecká 1866, 253 01 Hostivice-Břve

Web: <https://www.sporthotelhostivice.cz/cs/>

## **18. MEALS**

Lunches will be served at the SC Řepy venue – in the Hotel part with the restaurant right next to the competition hall. For those of you, who ordered meals through LOC, the meals will be served in these time slots starting with a lunch on 23<sup>rd</sup> of April

### **LUNCH:**

Regarding the schedule, **lunch times are currently unavailable and will be presented at the orientation meeting.**

### **DINNER:**

Dinners will be served at each hotel according to the delegation's orders. Dinners on 22nd April will be arranged individually based on the arrivals. The meals will be served in these time slots starting with a dinner on 23rd April. All delegations will receive Prague Guide with tips.

#### **Hotel Pyramida \*\*\*\***

Due to low interest, dinner is available as an a la carte menu in the hotel restaurant. Also Prague Guide will be provided.

#### **Hotel Golf \*\*\*\***

23. 4. 20:45 - 22:00  
24. 4. 21:15 - 22:30  
25. 4. 19:00 - 21:00  
26. 4. 18:00 - 20:00

#### **Hotel Don Giovanni \*\*\*\***

23. 4. 19:00 - 21:00  
24. 4. 19:00 - 21:00, later dinner for competitors will be arranged  
25. 4. 19:00 - 21:00  
26. 4. 19:00 - 21:00

#### **SportHotel Břve Hostivice**

Dinner is not arranged, LOC will provide Prague Guide including tips where to eat and translated menu.

**Farewell Dinner / Party** - The transportation of the participants will be from / to the Hotels of accommodation.

## **19. LOCAL TRANSPORTATION**

The LOC will provide transportation from the official hotels to the competition hall and back. Delegations will receive the time schedule of the buses. Further information will be given during the Orientation Meeting.

## 20. DISTRIBUTION OF INFORMATION, RESULTS, SCHEDULES

Each Nation is responsible to have the Work Plan in advance. Only changes to it and additional/ new schedules will be handed with one set of updated Starting tables for Qualifications (updates after the accreditation) will be given to each Nation at the end of the Orientation meeting. In addition, it will be sent to all by e-mail to the e-mail address given during the accreditation. The same will be done with the Starting tables for the Finals, Friday evening by e-mail and later. The complete set of Results will be sent to each participating Federation by e-mail, after the competition is over.

*If any other question concerning competition do not hesitate to contact us*

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**QSCORE**  
<https://admin.gymaerobic.com>

**WHATSAPP GROUP**  
[https://chat.whatsapp.com/  
CaxqlqYLCi8ldLeIWC8V0M](https://chat.whatsapp.com/CaxqlqYLCi8ldLeIWC8V0M)

**WEBSITE**  
[https://www.czechaerobicop  
en.cz/en](https://www.czechaerobicop.en.cz/en)

