
INVITATION

On behalf of the Royal Belgian Gymnastics Federation,
it's our great pleasure to invite your Federation and your athletes to participate in our
upcoming **Open Parkour Brussels**.



This *parkour speed competition* will take place as part of the prestigious **Brussels Urban Sessions**. This exciting event dynamically bridges the worlds of **urban sports and culture**. It brings together world-class athletes, artists, and passionate fans in a vibrant celebration of action sports, music, and street art!

Discipline: Parkour, Speed Format

Dates: Saturday 12 & Sunday 13 September 2026

Venue: Parc du Cinquantaire, Brussels, Belgium

Entry Fee: €10 per athlete

Official Categories:

- Men: Juniors, Seniors
- Women: Juniors, Seniors

Prize Money:

- 1st Place: €800
- 2nd Place: €500
- 3rd Place: €250

Schedule Highlights:

Saturday, September 12:

- Official training and qualification rounds.

Sunday, September 13:

- Final rounds
- Award ceremonies
- Jam Session: the run will remain open to tracers who wish to train with others and share their experience and passion!

Speed Challenge for Youth and those interested; for fun and competition spirit!

Outside of official competition hours, the field of play will host the "Speed Challenge". This activity is open to younger enthusiasts and amateur tracers who wish to test their skills and set their fastest possible time on a European-class setup. Price: €2 per run

Next Steps & Registration

- The official directives, technical regulations, and registration links will be shared with your technical departments shortly.

We kindly ask you to share this invitation with your national and federal Parkour athletes, coaches, and clubs. We are looking forward to sharing this experience with you all!

Should you have any immediate questions, please contact our organizing committee.

Yours sportingly,