



THE WOMEN'S ARTISTIC GYMNASTICS – NEW ELEMENTS
YOG Nanjing 2014 and World Championships Nanning 2014

2nd Youth Olympic Games 2014, Nanjing (CHN)

Apparatus	Gymnast	Nation	Element Description	Element No.	Element Value	Element Symbol
Balance Beam	YILMAZ, Tutya	TUR	Side straddle roll with grasp under the beam to finish in sit position.	4.208	B	

45th ART World Championships 2014, Nanning (CHN)

Apparatus	Gymnast	Nation	Element Description	Element No.	Element Value	Element Symbol
Uneven Bars	RETIZ HERNANDEZ, Karla Yanin	MEX	Hang on HB – Swing fwd with ½ turn (180°) and flight to hstd with ½ turn (180°) in hstd on LB	3.402 	D	
Balance Beam	KYSLA, Angelina FEDOROVA, Yana	UKR UKR	Mount: Jump with hand support, ¾ turn (270°) in support half split sit on one leg	1.103 	A	
	RUIKES, Maartje	NED	Mount: Free (aerial) cartwheel to front support - 90° approach to beam	1.215 	B	
	BECK, Sarah	IRL	Mount: Jump bwd through straddle position over the beam to front support	1.204 	B	
	SCHAEFER, Pauline	GER	Salto swd tucked - take off from one leg with - ½ turn (180°) to side stand	5.512 	E	
Floor Exercise	JURKOWSKA-KOWALSKA, Katarzyna	POL	Split jump with 1/1 turn (360°) to ring	1.409 To receive DV all ring requirements must be fulfilled 	D	 if turn not completed - recognize split jump to ring with half turn (B)
	MUSTAFINA, Aliya	RUS	3/1 turn (1080°) with leg held up in 180° split position	2.503 	E	