



# Czech Republic Championships in Acrobatic Gymnastics 11<sup>th</sup> November 2017



Dear Acrobatic Friends,

We would like to invite you for international competition in Acrobatic Gymnastics  
**Czech Republic Championships in Acrobatic Gymnastics 2017**

**Organiser:** Acrobatic Gymnastics Club TJ Bohemians Prague

**Date:** 10<sup>th</sup> – 12<sup>th</sup> November 2017

**Venue:** Sports Hall TJ Bohemians, Prague 10, Slovenská 2

**Programme:**

- Friday, 10<sup>th</sup> November      arrival of delegations (no training possibility)  
Accreditation (3 PM - 8 PM) and dinner (7 – 8 PM) at hotel Slavia
- Saturday, 11<sup>th</sup> November**      preliminary schedule  
**8:30 warm up**  
**9:00 judges meeting**
- 9:30 Start of the competition**  
9:35 School class (combined exercise)  
11:45 Age group 1<sup>st</sup> routine (balance/tempo)  
14:00 School class results announcement  
14:15 - 15:00 break  
15:00 Master class – 1<sup>st</sup> exercise (balance or tempo)  
15:45 Age group– 2<sup>nd</sup> exercise (balance/tempo)  
17:30 Master class – 2<sup>nd</sup> exercise (combined)  
18:45 Age group, Master class results announcement  
**20:00 dinner and party at hotel Slavia**
- Sunday, 12<sup>th</sup> November      departure of delegations

**Categories:** School Class, Age Group 11 - 16, Master Class (all juniors and seniors together)

School class :

**!!!NEW RULES!!! UPDATED VERSION 2017!!!**

- age limit is maximum 14 years
- one combined exercise due to the NEW rules:  
Czech Republic Acrobatic Gymnastics Development Plan 2017
- One combined exercise with one element from each row I to VI – see element table
- start mark due to the conversion table (7,9 – 10 points)

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## Age Group 11 - 16:

- age limit is maximum 16 years
- balance and tempo exercise due to the FIG WAGC Rules 11-16

## Master class:

- no age limits
- 2 routines
  - balance or dynamic exercise
  - combined exercise
- FIG rules, Code of points 2017 – 2021

## Additional information:

- Each delegation can bring maximum of 10 units (there is no limit for additional people)
- Each team must bring at least one judge
- All participants are advised to have adequate insurance coverage
- Each group pays travel expenses to Prague and back
- Transport hotel - gym hall on Saturday will be provided to the delegations who booked their accommodation through the Organizing Committee
- Medals and present for first three places, diploma and present for all participants
- Tariff sheets and music should be uploaded via dropbox till 31<sup>st</sup> October (more info will be send later)

## Costs:

25 € starting fee per participant

30 € per person per night, includes breakfast, local transport

(double, triple and four bed rooms, single room upon request – 40 € per night)

Accommodation: Hotel Slavia, Vladivostocká 1460/10, 10000 Praha 10

[www.slaviahotel.com](http://www.slaviahotel.com)

25 € meals: Friday dinner at hotel, Saturday lunch at gym, dinner and party at hotel (drinks included)

Single meals ticket: Friday dinner 6 €, Saturday lunch 6 €, Saturday party 20 €

Payment in cash upon arrival or bank transfer upon request.

## Entries:

Definitive entry should be send as soon as possible, latest till **September 17<sup>th</sup> 2017**

to [info@akrobatickagymnastika.cz](mailto:info@akrobatickagymnastika.cz)

We are looking forward to see you in Prague

Anna Malá  
Competition director  
TJ Bohemians Praha



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