		GENERAL PROGRAM OF THE European Gymnastics TRAINING CAMP FOR WAG JUNIORS						01-11.07.2022			
DATE	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON
	1-Jul-22	2-Jul-22	3-Jul-22	4-Jul-22	5-Jul-22	6-Jul-22	7-Jul-22	8-Jul-22	9-Jul-22	10-Jul-22	11-Jul-22
TIME											
7:30		W A K E UP									
8:00		B R E A K F A S T									
						Gr. I+II					
		8.00-8.50	9.00-09.50	9.00-09.50	9.00-09.50	8.30	9.00-09.50	9.00-09.50	9.00-09.50	8.15-9.00	
		ORIENTATION	PHYSICAL P.	PHYSICAL P.	PHYSICAL P.	V	PHYSICAL P.	PHYSICAL P.	PHYSICAL P.	BALLET	
		MEETING	Gr.I + Gr.II	Gr.I + Gr.II	Gr.I + Gr.II	I	Gr.I + Gr.II	Gr.I + Gr.II	Gr.I + Gr.II	COURSE	
		9.00-10.30	10.00-11.00	10.00-11.00	10.00-11.00	S	10.00-11.00	10.00-11.00	10.00-11.00	ONLY FOR	D
		CHOREOG.	CHOREOG.	CHOREOG.	CHOREOG.	I	CHOREOG.	CHOREOG.	CHOREOG.	COACHES	
	A	Gr. I+II	Gr. I	Gr. II	Gr. I	T	Gr. II	Gr. I	Gr. II	SHIRI	E
		10.40-12.30	11:10-12:30	11:10-12:30	11:10-12:30		11:10-12:30	11:10-12:30	11:10-12:30		
	R	BEACH	BEACH I	BEACH II	BEACH I	TO	BEACH II	BEACH I	BEACH II		P
		FOR ALL	9.00-12.30	9.00-12.30	9.00-12.30		9.00-12.30	9.00-12.30	9.00-12.30	9.00-12.35	
	R		TRAINING	TRAINING	TRAINING	F	TRAINING	TRAINING	TRAINING	TRAINING	A
13:00			Gr.II	Gr. I	Gr.II	L	Gr. I	Gr.II	Gr. I	Gr. I+II	
	I					O					R
		15.00-19.00	15.00-16.30	15.00-16.30	15.00-16.30	R	15.00-16.30	15.00-16.30	15.00-16.30	15.00-17.30	
	V	TRAINING	CHOREOG.	CHOREOG.	CHOREOG.	E	CHOREOG.	CHOREOG.	CHOREOG.	BEACH	T
		Gr. I+II	Gr.II	Gr. I	Gr.II	N	Gr. I	Gr.II	Gr. I	FOR ALL	
	A		16.40-18.40	16.40-18.40	16.40-18.40	C	16.40-18.40	16.40-19.30	16.40-19.30	18.30-19.15	U
			BEACH II	BEACH I	BEACH II	E	BEACH I	PISA II	PISA I	THE GYMNASTS	
	L		15:45-16:15	15:45-16:15	15:45-16:15		15:45-16:15	15:45-16:15	15:45-16:15	SHOW	R
			LECTURE	LECTURE	LECTURE		LECTURE	LECTURE	LECTURE		
			ZOLTAN	RICHARD	NICU		ZOLTAN	RICHARD	NICU		E
			15.45-19.15	15.45-19.15	15.45-19.15		15.45-19.15	15.45-19.15	15.45-19.15		
			TRAINING	TRAINING	TRAINING		TRAINING	TRAINING	TRAINING		
			Gr. I	Gr. II	Gr. I		Gr. II	Gr. I	Gr. II		
										19:30	
20:00		D I N N E R								BANQUET	
		THEORY	THEORY	THEORY	PARK	THEORY	THEORY	THEORY	THEORY		
20:30		LECTURE	LECTURE	ADVANCE	TIRRENIA	LECTURE	SELF	CODE	FLIGHTS		
		VAULT	PHYSICAL	ELEMENTS		ACROBATIC	AWARENESS	OF	ELEMENTS		
21:00			PREPARETION	FLOOR		DEVELOPMENT	COACHING	POINTS	UB		
		ZOLTAN	NICK	NICU		NICK	NICK	DONATELLA	RICHARD		
22:00											