

UNION EUROPÉENNE DE GYMNASTIQUE
EUROPEAN UNION OF GYMNASTICS
EUROPÄISCHE TURNUNION



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INVITATION

Mental and Physical Preparation Course for European Coaches

Women's Artistic Gymnastics



Saint Etienne / FRA

October 26th to 29th, 2017

EUROVISION
OPERATED BY EBU

SMARTSCORING



To the UEG Member Federations

Invitation to the 1st Mental and Physical Preparation Course WAG

Dear Madam, Dear Sir,

We have the pleasure to invite you to the 1st Mental and Physical Preparation Course for European Coaches WAG to be held from October 26th to 29th, 2017 in Saint-Etienne, France.

With this camp we would like to offer to the European coaches a “forum of improvement and exchange” with the following topics:

- ◆ Mental preparation for coaches and gymnasts
- ◆ Physical preparation of gymnasts
- ◆ Exchanges between participants, experts and the WTC.

The participants must take a training suit for the practical sessions.

Dates

Arrival on Thursday, October 26th (Opening of the course at 18h)

Course on Friday and Saturday, October 27th and 28th

Departure on Sunday, October 29th (after breakfast)

Venue

Pôle France de Gymnastique Saint Etienne

3 Bd des Frères Gauthier, 42000 Saint Etienne

E-Mail: contact@polegymsaintetienne.com

Tél.: +334 77 92 75 78

Site internet: www.polegymsaintetienne.com

Experts

2 experts will participate in this camp:

- Ulla Koch (GER), Head coach of the German National Team
- Nick Ruddock (GBR), Performance Gymnastics Coach & Consultant

as well as the members of the WTC/UEG.



Accommodation

Hôtel IBIS
35 Place Massenet
42000 SAINT-ETIENNE

The participants need to arrive at the **Lyon Saint Exupéry** airport or at the train station Saint Etienne Chateaucieux. The transport from the airport to the hotel will be organised by the OC.

The arrival/departure schedules have to be sent to the UEG Office (info@ueg.org) by **15.09.2017.**

Participation fee

Single room: EURO 355 (per person) - full board
Double room: EURO 255 (per person) - full board

50% of the participation fee are to be paid at the same time as the definitive registrations (01.08.2017). The remaining 50% at the same time as the nominative registrations (15.09.2017). The fee needs to be transferred to the bank account of the organisers:

CREDIT AGRICOLE LOIRE HAUTE-LOIRE

Beneficiary: Pôle France Gymnastique, Complexe Seralphe Berland
3 Bd des Frères Gauthier, 42000 St. Etienne, France
IBAN: FR76 1450 6033 1007 4430 4800 067
BIC: AGRIFRPP845

Registrations

Deadline for the definitive registrations: 01.08.2017

Deadline for the nominative registrations: 15.09.2017

Language

The camp takes place only in English. No translation will be organised.

Participants

The number of participants is limited to 30 persons. Therefore we have to limit the participation to 2 persons per federation. If a federation wants to come with more than 2 participants, please inform us until the definitive registration deadline. If there are vacancies these demands might be accepted.



Organising Committee

POLE FRANCE DE GYMNASTIQUE SAINT-ETIENNE

Madame Sylvie Anglard

3 Bd des Frères Gauthier

42000 St ETIENNE

Email: contact@polegymsaintetienne.com

The WTC/UEG hopes to have the pleasure to welcome many participants, representing numerous federations.

Sincerely yours,

UNION EUROPEENNE DE GYMNASTIQUE

The President

Georges GUELZEC

The President WTC

Yvette BRASIER

Lausanne, April 2017



Mental and Physical Preparation Course for European Coaches Women's Artistic Gymnastics

Saint Etienne/FRA – 26. to 29.10.2017

Inscription définitive / Definitive registration Definitive Anmeldung

La Fédération de / The Federation of / Der Verband von _____

annonce les participants suivants
enters the following participants
meldet folgende Teilnehmer:

	Nom/Name	Prénom / First name Vorname	M/W
1.			Man _____ Woman _____
2.			Man _____ Woman _____

Date/Datum: _____ Signature/Unterschrift: _____

A renvoyer au / To return to / Zurückzusenden an das
Secrétariat de l'UEG ~ info@ueg.org

Délai / Deadline / Frist: 01.08.2017



Mental and Physical Preparation Course for European Coaches Women's Artistic Gymnastics

Saint Etienne/FRA – 26. to 29.10.2017

Inscription nominative / Nominative registration Namentliche Anmeldung

La Fédération de / The Federation of / Der Verband von _____

confirme la participation de
confirms the participation of
bestätigt die Teilnahme von:

	Nom/Name	Prénom / First name Vorname	M/W
1.			Man _____ Woman _____
2.			Man _____ Woman _____

Date/Datum: _____ Signature/Unterschrift: _____

**A renvoyer au / To return to / Zurückzusenden an das
Secrétariat de l'UEG ~ info@ueg.org**

Délai / Frist / Deadline: 15.09.2017